

LET THE BELL RING, IT'S ALL SYSTEMS GO TO **WELCOME LEARNERS BACK TO SCHOOL**

Siyayinqoba
CORONA VIRUS
COVID-19



Bells will ring for the first time in months since the groundbreaking announcement of the National Lockdown which also brought the national curriculum to a halt.

On The 1st of June 2020 schools will be a hive of activity again with the return of thousands of Grade 7 and 12 learners to their classrooms to resume their syllabus for the year. The province of KwaZulu-Natal is ready to welcome all learners back into the school environment under a set of strict guidelines that are aimed at preventing the spread of COVID-19.

With the opening of schools the Department of Education, in collaboration with the Department of Health and Social Development, has established Transversal Support Teams to respond to the psycho-social and health needs of learners. The main aim is to maximise resources from different government departments, NGOs and local communities so there is an integrated, efficient and effective response to COVID-19 in schools.

School Health Teams are part of these Transversal Support Teams which will focus on the following key activities among others:

- **Awareness and information on health developments related to COVID -19 and Guidelines for Safety and Precautions**
- **Psycho-social Support Services-counselling & social welfare services**
- **Testing of learners with suspected signs of COVID-19**
- **Establish standard operating procedures for inter-departmental engagement related to referrals of learners and educators positively screened and needing psycho-social support services**

KZN MECs are already hard at work in their respective districts preparing for the opening on Monday and to also monitor the situation to ensure a good start of the educational programme. All schools have been paired with health facilities in order to quickly handle and manage a potential case or transmission of the virus.

Schools visited by MEC Nomagugu Simelane-Zulu in Amajuba District were found to be ready to resume teaching and learning under COVID-19 guidelines.

She was pleased at the level of innovation by school management and the involvement of parents through the governing body.

GROWING KWAZULU-NATAL TOGETHER

GET BACK INTO THE SWINGS OF THINGS: A WORK ENVIRONMENT UNDER THE NEW COVID-19 SAFETY GUIDELINES



The working class gets back into business from the 1st of June 2020 after months of a compulsory shutdown due to the COVID-19 National Lockdown. Although essential services and select businesses have already been in operation, a large number of people are expected to resume work under level 3. All government workers are expected to operate at optimal capacity, as stated by the president.

There are new changes which now have to be integrated into every Organisational Culture to keep in line with the COVID-19 Precautionary Measures and Safety Protocols.

It's time for all those who will be returning back to work to adjust their frame of mind, be open minded about the new normal environment and conform to the new behavioral standards.

What are the responsibilities of the employers?

Generally, employers are expected to provide a safe environment for their staff. They are also required to develop a "COVID-ready" Workplace Plan as depicted by the Department of Employment and Labour.

This plan includes;

- Sanitary and social distancing measures at the entrance and exit of the workplace
- Screening facilities and systems
- The provision of protective gear such as cloth masks
- General hygienic environment, especially in ablution facilities

What is your responsibility as an employee?

- Comply with the measures put in place for your protection without complaining or

attempting to dodge certain procedures.

- Wear a cloth mask at all times
- Wash your hands regularly and use hand sanitisers
- Don't touch your eyes, nose and mouth
- Avoid contact with other employees as much as possible
- Avoid sharing kitchen utensils with other colleagues

If you have been working from home under Level 4, you may have attained some unhealthy habits such as sleeping late

and eating junk food. To ensure that you're ready to go on Monday morning;

- Set your alarm clock a bit earlier than normal. Traffic may be higher than expected as Grade 7 and 12 pupils will be returning to school
- Pack a healthy lunch and water to keep you energized for your first day back at work
- Pack your mask in your clothing or handbag that you will carry to work so you don't forget it in the rush of the morning

**GROWING
KWAZULU-NATAL
TOGETHER**

 KwaZulu-Natal Department of Health

 kznhealth

 KZN Department of Health

 @kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

NATIONAL LOCKDOWN MOVES TO LEVEL 3

President Cyril Ramaphosa addressed the nation, reaffirming that the national lockdown would be reduced to Level 3 on 01 June 2020. Although the entire country would move to this new level, he said that hotspot areas would be closely monitored, subjected to change to stricter levels where necessary.

WHAT DOES LEVEL 3 ENTAIL?

[@PresidencyZA](#) | www.stateofthenation.gov.za



South Africa will be placed on alert level 3

From:



1 June 2020

This means that all economic activity is allowed to resume, with some exceptions

[@PresidencyZA](#) | www.stateofthenation.gov.za



Alert Level 3 | Creating a safe workplace

To keep workers safe, employers must:



Make arrangements for **social distancing** at work



Provide **sanitiser** or facilities for hand-washing



Sanitise surfaces regularly



Screen employees for symptoms daily and **assist those at risk** to seek treatment

**GROWING
KWAZULU-NATAL
TOGETHER**

[f](#) KwaZulu-Natal Department of Health

[@kznhealth](#)

[KZN Department of Health](#)

[@kznhealth](#)

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

continued on page 04 >>>

www.kznhealth.gov.za



Alert level 3 | Play your part, stay safe

At Level 3, we need to take personal responsibility for our safety and the safety of others:



Keep a distance of 1 1/2 metres from other people



Wash or sanitise your hands regularly



Clean surfaces regularly



Wear a cloth mask in public



PROHIBITED

Crowds and gatherings prohibited



South Africa will be placed on alert level 3 from 1 June

This means that:



You must remain at home, except to travel to work, purchase goods, exercise and seek medical care



People can leave home to attend school or other educational institutions when these re-open



PROHIBITED

No gatherings are permitted



You should not visit family or friends, to protect them in case you are infected



South Africa will be placed on alert level 3 from 1 June

This means that all economic activity is allowed to resume, except for:



Consumption of food and alcohol in restaurants, bars, shebeens, and taverns



Cinemas, theatres, museums and entertainment venues



Hotels and accommodation for leisure



Gyms and fitness centres



Personal care services, where social distancing is not possible



Conferences, events and gatherings

MORE GUIDELINES @ <https://sacoronavirus.co.za/2020/05/24/alert-level-3-infographics-guidelines/>

GROWING KWAZULU-NATAL TOGETHER

KwaZulu-Natal Department of Health

kznhealth

KZN Department of Health



@kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

MAY 31 HAS BEEN DECLARED AS A NATIONAL DAY OF PRAYER FOR COVID-19

The president declared May 31 as the National Day of Prayer for COVID-19. This is one day before the country gets into new trajectory from level 4 to level 3 which will kick in on the 1st of June 2020. This was after calls from religious leaders for the country to unite in spiritual warfare against the pandemic.

  @PresidencyZA | www.stateofthenation.gov.za



“On this day, wherever you may be, I call upon you to turn your thoughts to all who have been affected by this pandemic. On this day, we should remember those who are working to keep us safe, those who are suffering and grieving, and those who are lonely and afraid.”

- President Cyril Ramaphosa
26 May 2020



REPUBLIC OF SOUTH AFRICA



**GROWING
KWAZULU-NATAL
TOGETHER**



KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



@kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.



GREENLIGHT FOR RELIGIOUS GATHERINGS BUT MINIMUM ATTENDANCE

On Tuesday (26/05/2020) President Cyril Ramaphosa notified the country that religious gatherings would now be permitted, under certain constraints. The president cited proposals by religious leaders for the amendment and the importance of spiritual support in communities during difficult times.

"After consideration following consultation with our religious leaders, we have therefore determined that as part of the regulations for alert level 3, the current restrictions on congregational worship will be eased in a carefully measured way.

Places of worship may re-open subject to strict restrictions, which are absolutely necessary if we are to prevent infections from rising in accordance with norms and standards that will be set out in the regulations.

Churches, synagogues, mosques, temples and other

recognised places of worship may resume services, but

- These will be limited in size to 50 people or less depending on the space available.
- Social distancing will have to be observed

- All worshippers and participants will have to wear face masks in line with the current regulations.
- All religious organisations must put protocols in place for, among other things, thoroughly cleaning and sanitising places for worship before and after services.
- Our faith communities must ensure that any religious rituals that carry even the slightest possibility of exposing worshippers to risk should be avoided, and that where they form an essential part of religious practice, that sanitisation is paramount."

- President Cyril Ramaphosa

**GROWING
KWAZULU-NATAL
TOGETHER**

 KwaZulu-Natal Department of Health

 kznhealth

 KZN Department of Health

 @kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

LOCALS AIR THEIR VIEWS ON COVID-19

The Health Chat team went out to speak to members of the public in around Durban to find out how the COVID-19 has affected their lives. There are mixed reactions and this is what they had to say....



**MY NAME IS
NOMPUMELELO
NGQOKO, 31 YRS OLD,
FROM PINETOWN.**

The Coronavirus has affected my daily routine big time; in fact I hardly go to the malls anymore to buy those nice things and everything of that sort. I haven't gone to work for the past 2 months. It's really hectic; I have never been indoors for so long. It's really draining and depressing as well. You never know how the economy will be like when you get back to work. You don't know whether you're still going to have a job. Companies are not doing well, especially the private sector. It's one of the most difficult and challenging things ever. The fact that my family is at Port Shepstone and I am stuck in here is tough. You don't even know when this pandemic will go away because there is no cure.



**BHEKANI JAMES
MTHEMBU, 55YRS OLD,
I AM STAYING IN
MAYVILLE AT CATOR
MANOR.**

I can't even go back to work; I am not getting paid as I am staying home. I am here to apply for a loan. I am staying with my wife, children and my grandchildren. This pandemic has affected me tremendously. I have tested for Coronavirus at the beginning of this month and the results came back negative. We are suffering big time and I am sensing that the poverty is still going to be more and crime will go higher.



**MORRIS JENDERDURE,
68 YRS OLD, FROM SEA
VIEW.**

I just did the test on Tuesday, I am negative. I'm not worried at all because I am very careful. I wash my hands regularly and sanitize. I practice hygiene. I would like to encourage the public to make sure that they protect themselves when they go out. Our lives are in our hands, we need to take extra precaution.



**JUSTINE FUNZEL, 36YRS
OLD, FROM BELLAIR.**

Coronavirus has not affected me at all. The only thing that I am waiting for is the school to reopen. My business has not been affected at all. We still manage to do work from home. We are still getting paid every month. My life is still normal.

**GROWING
KWAZULU-NATAL
TOGETHER**

 KwaZulu-Natal Department of Health

 kznhealth

 KZN Department of Health

 @kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

LET US ENSURE ADHERENCE TO HIV TREATMENT



HIV programmes are experiencing severe disruptions as a result of COVID-19. However, we must ensure continuity of treatment and support for viral suppression among people living with HIV, continue to identify undiagnosed individuals, initiate them on treatment and help the vulnerable avoid getting infected with HIV.



COVID-19 is a serious disease. Everyone, including people living with HIV, should take the recommended precautions to reduce exposure to COVID-19:

- Regular and thorough hand washing with soap and water or alcohol-based hand rub.
- Maintain at least 1-meter distance between yourself and anyone who is coughing or sneezing.
- Avoid touching your eyes, nose and mouth.
- Use your elbow or tissue when you cough or sneeze and dispose of

the used tissue immediately.

- Stay home! If you are not feeling well or seek medical attention from your local clinic or doctor

The Department will actively teach people about how HIV and COVID-19 together impact on their living with HIV. Lessons in rolling out innovations or adapting service delivery to minimize the impact on people living with HIV will be discussed with individuals as they visit their clinics.

People living with HIV - especially those not on

treatment or are not taking their treatment as directed - should be cautious and pay attention to the prevention measures and recommendations. It is also important that people living with HIV have enough refills of their HIV medication.

The Department has ensured that those in dire need are prioritized and get to receive their medication sooner. The Central Chronic Medicines Dispensing and Delivery (CCMDD) programme is working to ensure that those enlisted under it receive their treatment without fail. Information on HIV treatment

and literacy for people living on chronic medication and how they may prevent contracting COVID-19 will also be shared through a radio campaign to educate the public on how to get their treatment and emphasise the importance of adherence during the lockdown period and beyond. Healthcare users are urged to call the Provincial Call Centre 033 846 6000 if they experience trouble accessing their HIV treatment. HIV services continue to be available for people living with and at risk of HIV. This includes ensuring the availability of condoms, pre-exposure prophylaxis and HIV testing.

**GROWING
KWAZULU-NATAL
TOGETHER**

 KwaZulu-Natal Department of Health

 KZN Department of Health

 kznhealth

 @kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

Siyayinqoba

CORONA VIRUS

COVID-19



MS NOMAGUGU SIMELANE-ZULU
MEC FOR HEALTH

KZN HEALTH VACANCIES

- 1. PROFESSIONAL NURSE: **1700** **SPECIALITY NURSING:**
ICU and High Care (COVID-19) **6 months fixed term contract**
- 2. PROFESSIONAL NURSE: **2454** **GENERAL NURSING:**
Quarantine and Isolation (COVID-19) **6 months fixed term contract**

**FOR MORE DETAILS VISIT
DEPARTMENT OF HEALTH WEBSITE**
www.kznhealth.gov.za

**GROWING
KWAZULU-NATAL
TOGETHER**

KwaZulu-Natal Department of Health

kznhealth

KZN Department of Health

@kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

**GROWING
KWAZULU-NATAL
TOGETHER**

KwaZulu-Natal Department of Health

kznhealth

KZN Department of Health

@kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

KZN HEALTH IN PICTURES



**GROWING
KWAZULU-NATAL
TOGETHER**

 KwaZulu-Natal Department of Health

 kznhealth

 KZN Department of Health

 @kznhealth

www.kznhealth.gov.za

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

COMPILED BY:

CORPORATE COMMUNICATIONS
(KWAZULU-NATAL DEPARTMENT OF HEALTH)

TEL: 033 395 2547 OR 033 395 2653 | FAX: 033 342 9477

**SEND STORIES YOU WOULD LIKE TO FEATURE
ON THE KZN HEALTH CHAT BULLETIN TO:**

healthchatbulletin@kznhealth.gov.za

