

TB INDABA: KEY ROLE PLAYERS ASSEMBLE TO FIND WAYS TO STRENGTHEN FIGHT TO CURB THE SPREAD OF TB



The Department, in partnership with the eThekweni Municipality, kicked off the commemoration of TB Month by hosting an inaugural TB Indaba in Durban on Monday, 4 March 2019.

The TB Indaba brought together different stakeholders from communities, health sector partners, Traditional Leaders, Religious Leaders, Traditional Healers and Civil Society. This multi-sectoral engagement focused on curbing the spread of TB in the District. In a direct response to this year's TB Month Theme which says "It's Time for Leaders to End TB," stakeholders in EThekweni deliberated on strategies to curb the spread of TB, with a common vision to achieve the following:

- Build public consciousness about TB through health education and awareness campaigns;
- Increase the rate of TB screening in our communities;
- Provide love, care and support to people infected and affected by TB;
- Encourage people living with TB to complete their TB treatment
- Help us find those who are lost to treatment and bring them back into the system.



ANECDOTES FROM LOCAL SURVIVORS

The Department has made many strides over the years in decreasing the number of new infections and the number of people successfully treated. Nontsikelelo Nandi Khumalo, from Umlazi, is one such beneficiary of the Department's efforts. An urbane and sophisticated woman, she discovered she has Multidrug Resistant TB in December 2016, after experiencing a persistent cough.

She says she never would have suspected to contract TB. "I'm not all over the place, I don't drink, I don't smoke, I don't consider myself to be a person who is a party animal." Today her views have changed. "This thing is real; the face of TB has changed. TB is not something that affects someone in a shack, who drinks or



NONTSIKELELO NANDI KHUMALO AND MEC FOR HEALTH, DR SM DHLOMO // TB INDABA 2019

smokes. I did none of those things but I still got it. The first thing to accept is that it's here but even better, it's treatable." She continues to encourage those who are on treatment to complete it, and never give up the fight.

"Don't be someone who needs to be harassed to follow their treatment. This is your life. Make sure you submit yourself to whatever the doctors say because they are helping you."

ON DRIVING THE MESSAGE HOME: KZN DOH TB AMBASSADOR PREACHES ADHERANCE TO TREATMENT

Departmental TB Ambassador Prince Nhlanganiso Zulu also reiterated the importance of adhering to treatment. Prince Zulu appealed to the audience to spread the message among ordinary residents in the villages.



TB AMBASSADOR PRINCE NHLANGANISO ZULU

KZN DEPARTMENT OF HEALTH CONDEMNS JOBS SCAM AROUND ITS NEW HOSPITAL DR PRIXLEY KA ISAKA SEME

BE CAREFUL OF FAKE JOB ADVERTS

OFFICIAL COMMUNICATION

There is currently a Public Service Announcement of the Department on Ukhozi FM and Lotus FM, which addresses the issue of when and how the recruitment process for Dr Pixley Ka Isaka Seme Memorial Hospital will unfold.

PLEASE BEWARE... DO NOT FALL VICTIM TO THESE HOAX ADVERTS!

Together let's fight corruption...

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE.



The Department has been made aware of fresh new attempts to mislead the public by offering fake jobs at the Dr Pixley ka Isaka Seme Memorial Hospital (DPKISH), which is due to open in the Bridge City area of KwaMashu, north of Durban.

Following a fake online advert which was circulated in early February – and quickly denounced by the Department as a blatant lie - new messages continue to emerge and be widely circulated on social media.

The recent false message invited people from Ntuzuma, KwaMashu, Lindelani and Inanda to a meeting was held on the hospital premises on 03 March 2019. The message urged the public to bring CVs and IDs and refers to “all kinds of job categories” that will ostensibly be discussed or offered.

This causes confusion.

The KZN Department of Health wishes to make it officially known that it has

absolutely NOTHING to do with such adverts and meetings and that this is actually an illegal process. The Department has NOT yet issued any kind of invitation for people to submit their CVs for consideration for employment. The ONLY posts for which recruitment processes have so far been started are those of the Executive Structure (CEO, Nursing Manager, Financial Manager, HR Manager etc) of this hospital, which are extremely senior posts. These meetings are therefore NOT sanctioned by the Department, and can only be the work of people with nefarious intentions and a hidden agenda.

The Department wishes to warn the public that attending these meetings equate to a waste of time. The Department calls upon the public to disregard invitations to these meetings, and to guard against such misleading information, and rather be patient until the jobs recruitment process for the DPKISH officially begins. This will be done through official channels and

recruitment processes, which will be soon.

The Department is aware that the rate of unemployment is high in the province, and country. The caring ANC-led Government is trying its best to address the challenge of unemployment by stimulating economic growth and job-creation through establishments such as this hospital – while addressing the health needs of our community. To ensure that the recruitment process is inclusive, legal and above board, relevant structures and leadership will be appraised of these processes.

The Department wishes to plead with communities to understand that even this recruitment process will not singularly solve the challenge of unemployment, but it will make a meaningful difference.

The posts for Dr Pixley kalsaka Seme Memorial Hospital will be advertised soon, on reputable newspapers and official government online platforms.



MAPPING NEW TARGETS IN THE 2019/20 ANNUAL PERFORMANCE PLAN (APP)

As the fourth quarter of the year comes to a close the Department's Strategic Planning Unit wishes to thank all staff for their support and hard work in 2018/19.

2019/20 ANNUAL PERFORMANCE PLAN:

Performance information is important for effective management and to ensure optimum productivity. Planning, budgeting, implementation, reporting, monitoring and evaluation are all a crucial part of this. Annual Performance plans identify the performance indicators and targets that the institution will seek to achieve in the upcoming financial year, and are aligned to the department's strategic plan.

The 2019/20 Annual Performance Plan is currently in its third draft, and will look – more or less- as follows:

APP NEXT STEPS	DATE
Final Annual Performance Plan	Submitted to National Department of Health -8 March 2019 Present to Health Portfolio Committee -March 2019 Submit to Office of the Premier - 29 March 2019 Submission of APP for tabling - To be advised
Submit APP and Provincial Operational Plan for publishing on the intranet	To be Advised
Submit to Auditor General of South Africa	To be advised

The 2019/20 APP priorities are:

PROGRAMME 1 ADMINISTRATION

- Finalise the integrated Long Term (Service Transformation) Plan
- Improve Human resources for Health
- Improve Financial and Supply Chain Management
- Improve Information Communication Technology
- Improve Information Management including Data Quality, Monitoring, Evaluation, Reporting and Research
- Implement Strategy to reduce Medico-Legal Risks
- Partnership with the University of KwaZulu-Natal
- Strengthen Risk Management and internal controls
- Active participation in Radical Agrarian Socio-Economic Transformation (RASET)



PROGRAMME 2 DISTRICT HEALTH SERVICES

- Re-engineering of PHC
- Provincialisation of clinics
- Expedite development and implementation of key elements of the National Health Insurance
- Rationalisation of Hospital Services to improve Equity, Efficiency and Quality
- Reduce HIV Incidence and Manage HIV Prevalence; Improve TB Outcomes
- Reduce Maternal, Neonatal and child morbidity and mortality and improve women's health
- Reduce Incidence of Non-Communicable Diseases and Manage Prevalence
- Reduce Malaria Incidence
- Strengthen Mental Health Services
- Strengthen Forensic Pathology Services

PROGRAMME 3 EMERGENCY MEDICAL SERVICES

- Review Emergency Medical Services Model
- Improve the Efficiency of Emergency Medical Services
- Improve Data and Information Management

PROGRAMME 4 PROVINCIAL HOSPITALS (REGIONAL AND SPECIALISED)

- Rationalisation of Hospital Services (All levels of Care) to improve Efficiencies and Quality
- Improve Quality of Services
- Improved Human Resources for Health

PROGRAMME 5 CENTRAL AND TERTIARY HOSPITALS

- Rationalisation of Hospital Services
- Improving Human Resources for Health
- Implementation and Monitoring of the National Core Standards

PROGRAMME 6 HEALTH SCIENCES AND TRAINING

- Accreditation of KZN College of Nursing (KZNCN) as Institution of Higher Education
- Implement the Provincial Human Resources Development (HRD) Strategy
- Improve Emergency Medical Training

PROGRAMME 7 HEALTH CARE SUPPORT SERVICES

- Improve management of laundry services
- Clinical Support Services
- Improving efficiencies within Fleet Management
- Decentralisation of Orthotic and Prosthetic Services
- Improve Pharmaceutical Services Management

PROGRAMME 8 HEALTH FACILITIES MANAGEMENT

- Specialised TB Hospitals, Decentralised MDR-TB Units and Infection Prevention and Control
- New clinical buildings and infrastructure, Upgrading and Maintenance of Existing Infrastructure

PROVINCIAL OPERATIONAL PLANS 2019/20

We wish to remind all programmes that 2019/20 operational plans are due. If you have not done so already, please submit your operational plans to strategic.planning@kznhealth.gov.za no later than the 8th March 2019.

RESOURCES

Some valuable resources have been released recently. The links are shared below should you wish to use them in your planning processes:

- The South African Health Review 2018
(Available on the HST website:
<http://www.hst.org.za/publications/Pages/SAHR2018.aspx>)
- The District Health Barometer 2017/18
(Available on the HST website:
<http://www.hst.org.za/publications/Pages/HSTDistrictHealthBarometer.aspx>)

PORT SHEPSTONE HOSPITAL ENCOURAGES PATIENTS ON CHRONIC MEDICATION TO REGISTER ON ITS CCMDD PROGRAMME



BRIAN NOEL SAPSFORD REGISTERED FOR CCMDD PROGRAMME BY PSH PHARMACY ASSISTANT, BAWINILE ZONDO. PIC TAKEN ON 19/02/2019

The management of Port Shepstone Hospital encourages patients to grab the opportunity to register for the facility's thriving Central Chronic Medication Dispensing and Distribution programme (CCMDD).

The CCMDD programme distributes stable chronic patients' medication to collection points closer to patients' homes such as schools, churches and community pharmacies by a contracted pharmaceutical company. This system has improved access to chronic medication for many of the hospital's patients since it eliminates patients' travelling fees and time to far health facilities as well as long waiting hours for medication collection. There are already several collection points which are currently being used. Many other alternative collection points are being piloted in some areas and to further ensure these processes run smoothly, the new Pharmacy Manager – Mrs Mamo Mokheseng has allocated a Pharmacy Assistant staff member in the Out Patient section to assist in explaining and registering patients on the CCMDD programme.

MEC DHLOMO TAKES ANTI-ILLEGAL TERMINATION OF PREGNANCY MARCH TO PORT SHEPSTONE



KZN Health MEC Dr Sibongiseni Dhlomo says that although he is pleased that the town of Port Shepstone has hardly any posters promoting illegal termination of pregnancy, a strong message still needs to be sent out to young girls and women in the area that there are a number of safer reproductive health options available to them.

MEC Dhlomo led a march on Tuesday from Port Shepstone Primary Health Care Centre to the taxi rank in the CBD, where he found fewer posters than he expected. This followed a similar march in Pinetown yesterday, where the MEC personally removed a number of such posters and stickers. The re-launch of the Anti-Illegal

Termination of Pregnancy campaign follows several recent incidents where new-born babies have been found discarded.

Speaking at Ugu District today, MEC Dr Dhlomo said: "This is our second round of anti-illegal abortion marches. We are encouraging our young girls that if they cannot abstain from sex,

they must visit our nearest health facilities to get advice from the nurses regarding the options available to them. They can either put the baby up for adoption... or choose to terminate their pregnancy safely, by using services available from the KZN Department of Health.

"I am very pleased that the town of

Port Shepstone town is very clean, and it does not have those illegal stickers that encourage youth to do unsafe termination of pregnancy. Therefore, we are encouraging youth to come forward and seek the best advice from our health facilities."

WOMEN'S CLINIC APPLIES HOLISTIC APPROACH TO WOMEN'S HEALTH



MR ALEX SHOBEDE – PROFESSIONAL NURSE RUNNING PORT SHEPSTONE HOSPITAL WOMEN'S CLINIC.

To curb the dangers of illegal abortions, Port Shepstone Regional Hospital opened a Women's Health Clinic in September last year to offer a variety of women's health services to the population of Ugu District. Services offered include family planning, cancer screening, sexually transmitted infections, HIV/Aids testing and termination of unwanted pregnancy.

This clinic operates from 08:30 am to 16:00, from Monday to Friday on an appointment and non-appointment basis. The hospital encourages healthcare users in the district to take advantage of the service instead of opting for back-street abortions which often

result in serious medical conditions. "We are providing our patients with a free, better and more comprehensive health service package, which also allows them to access more services from within the hospital", stated Mr Alex Shobede, the Professional Nurse who runs the Clinic. Port Shepstone Hospital management is proud to provide this service, which is a direct response to the community's needs. Since its opening, more than a thousand people have been consulted and 194 safe terminations of unwanted pregnancies have been performed.

YOUR SENSE OF HEARING IS IMPORTANT AND MUST BE PRESERVED: TIPS ON HOW TO ACHIEVE THIS FROM WORLD HEARING DAY

On 3 March, World Hearing Day was commemorated to raise awareness on how to prevent deafness and hearing loss and promote ear and hearing care across the world. Many of the causes that lead to hearing loss are preventable. In children, 60% of hearing loss can be prevented through public health strategies. Here are some tips the WHO provides on protecting your ears:

What can you do to avoid hearing loss?



As an individual:

- Do not insert any object into the ear
- Use earplugs and earmuffs in noisy places
- In case of any ear problems, consult a doctor immediately
- Check if medicines you take can affect your hearing
- Have your hearing tested regularly
- If advised to do so, use a hearing device as indicated



As a child carer:

- Do not insert anything into a child's ear for any reason including to clean it
- Teach children never to insert anything into their ears
- Take your child to see a doctor in case the child complains of pain or blockage or has discharge coming from the ear
- Do not allow children to swim in dirty water
- Do not hit or slap a child
- Protect children's ears from loud sounds
- Teach children to listen safely through personal audio devices



As a community worker:

- Learn about hearing loss and share information on ear and hearing care
- Know where ear care services are provided and guide people on how to access them
- Refer to a doctor people reporting with ear pain or discharge
- Learn about hearing devices and help people to use them properly
- Encourage deaf people to use sign language and organize support groups



As a teacher:

- If a child is inattentive in class, it could indicate hearing loss; consider suggesting a hearing test
- Educate children on ear care and on the risks of inserting objects in the ear and of listening to loud sounds, including music
- Respect children: hitting a child or slapping him might result in hearing loss
- Refer the child to a doctor immediately in case of discharge or pain in the ear

WORLD COMMUNITY COMMEMORATES THE 2019 INTERNATIONAL WOMEN'S DAY

The International Women's Day 2019 theme is #BalanceForBetter which encompasses celebrating the social, economic, cultural and political achievements of women.

Women from era to era have without fail shown immense resilience and strength in numbers and have taught us how to manage being a leader and also being a nurturer. Women often take up more roles primarily in the family unit to ensure consistency, whilst also working a 8h00-1600pm job.

The KwaZulu Natal Department of Health joins the world community in

commemorating this very important day. The Department has programmes that cater for the unique needs of women in enhancing their health so that they can realise their maximum potential in pursuit of the different responsibilities they assume in society. Health facilities throughout the province are equipped with medical personnel and services to assist and support women with their health needs and conditions. The following services are readily available at our health facilities Family Planning Services (contraceptives), Phila Ma (Cancer awareness - screening and

testing to ensure early detection and treatment), Antenatal Care Services; Human Milk Banks etc.

The Department also extends good wishes to all its women employees in all disciplines ahead of the International Women's Day Commemoration.

Let us all continue to make big strides towards ensuring the health of our nation by protecting and supporting the center of our society's balance – our women out there in communities.

LET'S CONNECT: LIBRARY AND WEB

Sabinet African Journals is a full-text collection with trade and scholarly publications relating to medicine and health. The package consists of 95 titles and includes publications relating to fields of disability, general health, health profession education, illnesses, nursing and many more.

Access the Journals via the Online Library
Username and Password to access the journals : z380h (case-sensitive!)

For further assistance or information regarding the library, please contact Mondli on

**033 395 2571 or
 Mondli.Dube@kznhealth.gov.za**



HEALTH TIPS

AVOID STROKE BY EATING THE RIGHT FOOD



The food that we eat contributes enormously to our health; if we eat healthy foods we stand a greater chance of being protected against stroke. A stroke is a sudden interruption in the blood supply of the brain which can have various effects on the body dependent on the part of the brain that was damaged and the amount of damage done.

Because fruits and vegetables contain substances that help to prevent strokes by protecting blood vessels, heart and brain tissue, eat a wide variety of vegetables and fruit every day. However, preparation is also important when opting for fruits and vegetables; when using canned or dried vegetables and fruit, choose varieties without added salt and sugars and also avoid overcooking

vegetables and fruit as this can lead to the loss of important vitamins

Avoid unhealthy foods such as sugary drinks; smoked and processed meats, fried foods, high fat dairy products, such as cream and creamy cheeses and limit alcohol intake.

Visit a health facility near you if you notice any of these symptoms of a stroke in yourself or a loved one:

1. Sudden weakness or numbness of the face, arm or leg, most often on one side of the body
2. Confusion
3. Difficulty reading or understanding speech
4. Difficulty seeing with one or both eyes
5. Difficulty walking
6. Dizziness
7. Loss of balance or coordination.



IMPORTANT DATES

- TB AMBASSADORS LAUNCH 15 MARCH
- HUMAN RIGHTS DAY 21 MARCH
- WORLD TB DAY 24 MARCH



GALLERY

TB INDABA 2019
@DBN EXHIBITION CENTRE



ANTI ILLEGAL ABORTION MARCH
@PORT SHEPSTONE

