



FEBRUARY 2021

## UMPHATHISWA WEZEMPILO UHLABEKE UMXHWELE NGEGUMBI ELISHA CEKE LOKUBELETHISA ELISESIBHEDLELA I-GENERAL GIZENGA JUSTICE MPANZA

WAPHINDE: WANXUSA UMPHAKATHI UKUTHI ULANDELE INDELELA YOKUHLELELA UMNDENI; WATHI AKUKHO MNTWANA OKUSAMELE ATHELELEKE NGESANDULELANGCULAZA NGESIKHATHI EZALWA KULESI SIKHATHI SAMANJE; WANXENXA NABESIFAZANE UKUTHI UMA BEKHULELWA KUMELE BASHESHE BAVAKASHELE IMITHOLAMPILO BAYOXUKUZA UKUZE IZIFO ZIZOSHESHE ZITHOLAKALE BESE ZIYELASHWA NGOKUSHESHA.



GROWING  
KWAZULU-NATAL  
TOGETHER

# UMPHATHISWA WEZEMPILO UHLABEKE UMXHWELE NGEGUMBI ELISHA CEKE LOKUBELETHISA ELISESIBHEDLELA I-GENERAL GIZENGA JUSTICE MPANZA

**UMphathiswa wezeMpilo**  
**KWAZULU-Natal, uMhlonishwa, uNomagugu Simelane-Zulu unxuse abesifazane abazithwele (abakhulelw)**  
**ukuba balekelele isifundazwe ukuba siqede nya ukutheleleka kwezingane ngegciwane lesandulelangculaza ngesikhathi zizalwa lisuka konina ngokuthi basheshe bavakashele imitholampilo bayoxukuza.**

UMphathiswa uphinde wathi ukushesha kwabesifazane abazithwele (abakhulelw) ukuthi bavakashele imitholampilo nezibhedlela kungehlisa izinga lokushona konina bezingane nezingane uqobo esifundazweni.

Ekhuluma ngesikhathi somkhankaso owaziwa ngokuthi yi-#OperationSiyahlola ('We are inspecting') evakashele isibhedlela i-General Justice Gizenga Mpanza Memorial (phambilini esasaziwa ngokuthi yi-Stanger) kuleli sonto, uMphathiswa unxuse abesifazane abakhulelw (abazithwele) ukuthi akumele bashaywe ngamahloni uma kumele bavakashele izikhungo zezempiro kodwa kumele baye ukuze bezosizakala.

"Lokhu kuqinisekisa ukuthi sizokwazi ukubanakekela ngendlela efanele futhi uma benezifo ezithile, sizokwazi ukusheshe sizithole lezo zifo bese siyazelapha ngaso lesi sikhathi.

"Sesike sabona kwezinye izehlakalo, onina bezingane beshona singekho isidingo, ngenxa nje yokuthi baya ezikhungweni zezempiro sekuhambe isikhathi. Kodwa siphinde sabona futhi kwezinye izigameko ezimbalwa – futhi ezingeningi neze – lapho kuzalwa khona izingane sezishonile zinegciwane lesandulelangculaza, okuyinto ngempela okungamele ngabe isenzeka ngalesi sikhathi ngenxa yokuthi njengamanje sesinayo imishanguzo efanele yokunqanda ukutheleleka kwezingane ngesikhathi zizalwa ngegciwane lisuka kunina."

IKwaZulu-Natali isikwazile ukwehlisa izinga lokutheleleka kwezingane ngegciwane lesandulelangculaza lisuka konina bazo lisuka emaphesentini angama-20 ngonyaka wezi-2008 lehla laze lafika emaphesentini ayi-0.6 ngonyaka wezi-2021. Ngekwa yesibili yonyakazimali wezi-2020/21,



izinga lokushona kwabesifazane abakhulelw (abazithwele) esifundazweni lalilinganiselwa kubantu abayi-112.9 ebantwini abayi-100 000, okungabantu abangama-65, kwasekuthi ngekwa yesithathu laguquka izinga laba ngabantu abayi-113 kubantu abayi-100 000, okuwukushona kwabantu abangama-59.

"Ngakho-ke siyabanxusa abesifazane ukuba baluthathe njengento emqoka lolu daba, futhi beze kusenesikhathi ezikhungweni zethu zezempiro, ukuze bezothola imishanguzo abayidingayo yokuvikela ukwehla kwalezi zigameko ezinjalo," kusho uMphathiswa.

Yamhlaba umxhwele kakhulu ingqubekelaphambili eseyenziwe ophikweni olusha ceke Iwesibhedlela i-GJGM okungekubelethisa olunezinsiza nosizo ezisezingeni eliqhathaniseka nolwalezo ezitholakala ezibhedlela ezizimele.

Lolu phiko olusha Iwaphothulwa ngonyaka wezi-2019 Iwase luqala ukusetshenziswa ngonyaka wezi-2020. Ngaphansi kophahla olulodwa Iwalolu phiko sekutholakala izinsiza phambilini ezazitholakala ezindaweni ezahlukene njengokubelethiswa kwabesifazane abakhulelw nokunakekelwa kwezinsana.

## Ezinye zezinsizangqangi zalolu phiko yilezi ezilandelayo:

- Amagumbi (amawodi) okubelethisa azimele ayisishiyagalolunye (kuba unina wengane nengane yakhe egunjini elilodwa, njengoba kweneka ezibhedlela ezizimele);
- Indawo yokulalisa onina bezingane enemibhede eyi-15;
- Igumbi (iwodi) lokuxukuza kwabesifazane abazithwele (abakhulelw) elinembhede engama-43;
- Igumbi (iwodi) labesifazane abaqedu ukubeletha (ukuteta) elinembhede engama-63; kanye- Nenani lemibhede engama-33 egunjini (ewodini) lokwelaphela izifo zabesifazane.

Luphinde lube nendawo entsha sha yokuhlala indiza enophephela emhlane, indawo egcina ubisi Iwebele olukhanywe kubantu kanye negumbi elihlelelw abasebenzi abafisa ukuzokhama ubisi lokondla izingane.

UMphathiswa uSimelane-Zulu uphinde wezwakalisa ukubonga kwakhe kumlingani wakhe, uMphathiswa wezemibeni kaHulumeni, uMhlonishwa uNkz. Peggy Nkonyeni, ngokungenelela kwakhe ngesikhathi ukuphothulwa kokwakhiwa kwalolu phiko kwase kunokubambezeleka.

"Baqala ngonyaka wezi-2013 ukwakha lolu phiko, kodwa bekuloku kuhubeka kubhekana nezinselelo... obekuholela ekutheni ukwakhiwa kwaalo kuhubeka kuphinde kumiswe. Sakwazi ukukhulumisana noMphathiswa uNkonyeni ngonyaka ophelile futhi sacela nosizo Iwakhe ukuginisekisa ukuthi ukwakhiwa kwalolu phiko kuyaphothulwa.

"Sikushayela izandla ukungenelela kwakhe futhi sihlabeke umxhwele ngengqubekelaphambili eseyenziwe. Njengamanje sesinemibhede elinganeselwa e-177, lokho osekwenze ukuthi kuvuleke izikhala kwezinye izibhedlela, ukuze lawo magumbi (mawodi) akulezo zibhedlela assetshenziselwe ezinye izinto. Sikutusa kakhulu ukuphothulwa kokwakhiwa kwalolu phiko, ukuxukuza nokubeletha kwabesifazane abakhulelw (abazithwele) manje sekwenzenka ngaphakathi esakhwiwi esisodwa.

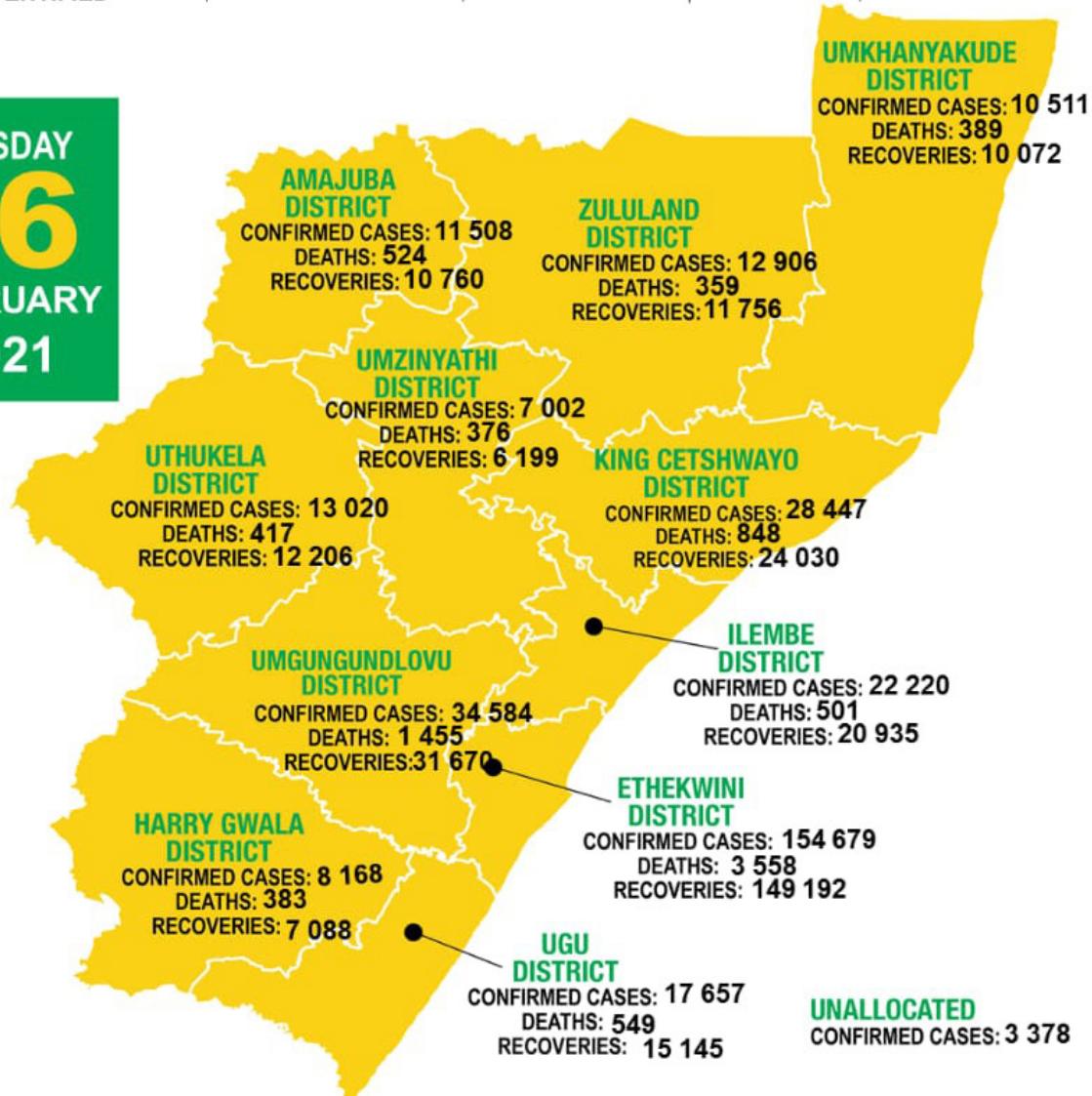
"Kodwa akusilo udaba Iwemibhede nje kuhela... Empeleni, uma ukhuluma ngalolu phiko, uphinde ubheke nezingaqeqesho longoti abasebenza kulo njengamanje. Odokotela bayakwazi ukusiza iziguli zethu.

"Ziningi kakhulu izinto ezintsha esezenziwe kulolu phiko. Enye yezinto engishiye ngithokoze kakhulu ukuthi kulolu phiko kunendawo egcina ubisi Iwebele olukhanywe kwabesifazane, engenzelwe iziguli nje kuhela, kodwa ngisho nabasebenzi abafisa ukukhama nabo bavumelekile. Konke lokhu kuseyizinkomba zokuba wuHulumeni onakekelayo lo esiwuyenya. Uma ubuka lezi zindawo okuhlala kuzo onina bezingane... zehluke kakhulu kunazo zonke esesake sabanazo esikhathini esedlule. Manje lokhu kuyinkomba ecace bha yokuthi siwuMnyango wezeMpilo e-KZN... lapho siqala khona ukwakha... imali siyifaka ekwakheni ingqalasizinda eseqopheleni eliphezu, ukuze isithunzi sabantu bakithi sizohlala sivikelekile ngaso sonke isikhathi."

# COVID-19 STATISTICS IN KZN

<b>324 944</b>	<b>15 668</b>	<b>299 053</b>	<b>9 359</b>	<b>190</b>
POSITIVE CASES IDENTIFIED	ACTIVE CASES	RECOVERIES	DEATHS	NEW CASES

TUESDAY  
**16**  
FEBRUARY  
2021



Learn more to Be READY for #COVID19:  
[www.sacoronavirus.co.za](http://www.sacoronavirus.co.za)

NICD Hotline: 0800 029 999  
WhatsApp 'Hi' to 0600 123 456



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

**GROWING  
KWAZULU-NATAL  
TOGETHER**

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# UHLELO LOKUGOMA: INDLELA KUBONA NGOKOBUDOKOTELA KUKASOLWAZI ONGUSOSAYENSI WASE-UKZN U-MOSA MOSHABELA

**I**Ningizimu Afrika yayisezinhllelweni zokuthi yethule ngokusemthethweni ukusetshenziswa komgomo wobhubhane i-COVID-19 ngesonto lesibili enyangeni kaNhlolanja wezi-2021, emva kokuthola umthwalo wokuqala womgomu i-“Astra-Zeneca” ngosuku lokuqala Iwenyanga kaNhlolanja wezi-2021 uvela e-‘Serum Institute’ yaseNdiya. Lo mgomo wawuzoqala ngokusetshenziswa kubasebenzi bezempilo okuyibo abasophondwenu lokulwa nempi yalolu bhubhane njengengxene yesigaba soku-1 sokusatshalalisa kwalo mgomo kuzwelone. Ngesikhathi lo mthwalo wokuqala womgomu usalandeliswa imibandela yokuhlola izingabunjalo lawo lo mgomo elabhorethri elilawula ukusetshenziswa kwemithi likazweloneke elise-Bloemfontein, kwabe sekudedelwa imiphumela yocwaningo Iwezingakusebenza komgomo i-Astra Zeneca eNingizimu Afrika.

Imiphumela yocwaningo yakhombisa ukuthi ukusebenza kwalo mgomo kwakwehlile kusuka kumaphesenti angama-75 kwaya kumaphesenti angama-22 kubantu abanezifo ezijwayelekile abangekho engcupheni yokuhlaselwa yicciwane i-Covid-19. Ucwaningo Iwaveza ukuthi lo mgomo i-Astra-Zeneca esikhundleni sokuvikela abantu abathathu kwabane ekuhlaselweni yilolu bhubhane i-COVID-19 lona mhlampe lungavikela umuntu oyedwa nje vo kubantu abane noma abahlanu ekuhlaselweni wubhubhane. Isizathu sokwehla kwamandla ukusebenza kwalo mgomo savezwa ngokuthi sidalwa wumthelela wegciwane elisha eselitholakele eNingizimu Afrika elaziwa ngokuthi yi-501Y.V2, okubonakala libhebhetheka kalula kakhulu kunezinye izinhlobo zegciwane i-COVID-19.



**USOLWAZI U-MOSA MOSHABELA**

Ngesikhathi kuzwakala lezi zindaba ngasekuqaleni kwenyanga kaNhlolanja wezi-2021, saphoxeka sonke kwase kuthi uNgqongqoshe washeshe walumisa uhlelo lokusatshalalisa kwawo lo mgomo. Ngokuphazima kweso nje abantu base beqala besabalalisa ulwazi olungamampunge, okungenzeka ukuthi kwakungenxa yokuthi babengaqondi noma babenikwe ulwazi olungamampunge. Yize kunjalo, kodwa kubalulekile ukuthi kucaciswe ezinye zezinto ngomphumela walolu cwaningo nomthelela osube nawo ohlelweni lokusatshalalisa kwalo mgomo obekulindwe ngabomvu.

- Okukualo, ukusatshalalisa komgomo kusamisiwe, akuchithiwe. UNgqongqoshe usafuna ukuxhumana nososayensi ukuze bamsize bameluleke ukuthi angabhekana kanjani nalesi simo ngendlela yezobusayensi obusezingeni eliphezulu obaziwayo besikhathi samanje, futhi lokhu kwaba yisinqumo esiphuse kakhulu.
- Okwesibili, ukumiswa kwalolu hlelo akusikhona ukuthi yingoba lo mgomo usuzophelelwa yisikhathi ekupheleni kwenyanga kaMbasu. Isikhathi esihlalwa wumgomu ungonaqali emashalofini esiyizinyanga ezilinganiselwa kweziyisithupha besilindelekile futhi umgomu obhaliswe ngenyanga kaZibandlela kungalindeleka ukuthi uphelelwе yisikhathi ekupheleni kukaMbasu. Kanti futhi ukube umphumela wokuhlolwa kokusebenza komgomo i-Astra-Zeneca eNingizimu Afrika waba muhle, udaba lokuphelelwa yisikhathi ngabe aluzange lube yinkinga nakancane futhi umgomu wawuzobe ususatshalalisiwe ngesikhathi futhi waze wasetshenziswa waphela ngasekupheleni kwenyanga kaNdasa wezi-2021. Empeleni nje ionke lolu daba lokuphelelwa yisikhathi komgomo bekuyitulo lokuphazamisa umqondo odabeni olumqoka oluukubaluleka komgomo.

- Okwesithathu, umphumela wocwaningo udale ukudideka kancane, ikakhulukazi ngenxa yokuthi ubungasinikezi ubufakazi obucace kahle. Ucwanningo ngokwezinga lwezokwelapha lusebenzise isibalo esincane kakhulu sabantu abalinganiselwa ezi-2000 futhi lwehlulekile ukucacisa ukuthi umgomo uyawuvikela yini umkhuhlane onamandla nasekubulaweni wubhubhane i-COVID-19. Kubalulekile lokhu ngenxa yokuthi noma ngabe yimuphi umgomo osebenza ngendlela efanele kumele okungenani ukwazi ukuvikela abantu emkhuhlaneni ohlasela ngamandla nasekubhujisweni yiwo umkhuhlane kanti umphumela wocwaningo ongazicacisi lezi zinto udala ukudideka okukhulu.

Ukucacisa nje, lo mphumela walolu cwaningo kawukuqinisekisi ukuthi lo mgomo awubavikeli abantu ekuhlaselweni wumkhuhlane onamandla, kodwa awusondeli nakancane nje ekuphendulenlo mbuzo, ngakho-ke lo mbuzo ulokhu usamile nje. Kwaba yisinyathelo esihle futhi ukuthi lolu cwaningo lwenziwe lapha eNingizimu Afrika ngalo leli gciwane lengabadi eseliziguqulile.

- Okokugcina, ukumiswa kokusatshalaliswa komgommo kwasiza ekutheni kuphinde kubhekwe nezinye izinhlobo zazo, ezifana nomgomo owaziwa ngokuthi yi-'Johnson and Johnson', nawo futhi owahlolwa khona lapha eNingizimu Afrika.

Lo mgomo unikezele ngemiphumela emihle kakhulu, yokuthi uvikela cishe abantu abayisithupha kwabayishumi ekuhlaselweni yimikhuhlane ejwayelekile, bese futhi uvikela abantu abayisishiyagalolunye kwabayishumi ekuhlaselweni nasekubhujisweni wumkhuhlane onamandla. Lo mgomo ujowa kanye nje vo uma uqhathaniswa nomgomo i-Astra-Zeneca wona ojovwa kabilo. Ngakho-ke kwenza umqondo ophusile ukuthi kusatshalaliswe lo mgomo uma usubhaliswe ngokusemthethweni lapha eNingizimu Afrika. Kubalulekile futhi ukuthi ungabe usuchithwa unomphela umgomo i-Astra-Zeneca kodwa uhlolwe amandla awo ekuvikeleni abantu eNingizimu Afrika ekuhlaselweni nasekubulaweni wumkhuhlane onamandla.

## How some of the Covid-19 vaccines compare

Company	Type	Doses	Storage
Oxford Uni-AstraZeneca	Viral vector (genetically modified virus)	x2 	2 to 8°C (6 months)
Moderna	RNA (part of virus genetic code)	x2 	-25 to -15°C (7 months)
Pfizer-BioNTech	RNA	x2 	-80 to -60°C (6 months)
Gamaleya (Sputnik V)	Viral vector	x2 	-18.5°C (liquid form) 2 to 8°C (dry form)
Sinovac (CoronaVac)	Inactivated virus (weakened virus)	x2 	2 to 8°C
Novavax	Protein-based	x2 	2 to 8°C
Janssen	Viral vector	x1 	2 to 8°C (3 months)

Source: UK government, Reuters

BBC

GROWING  
KWAZULU-NATAL  
TOGETHER



# INHLOKO YOMNYANGO UDKT. SANDILE TSHABALALA EKHULUMA NGOKUSATSHALALISWA KOMGOMO



**Futhi yasakazwa  
nasemsakaweni i-East Coast  
Radio ngomhla wesi-09  
kuNhlolanja wezi-2021**

**Kunokudideka okuningi  
mayelana nomgomo  
njengamanje.**

**Ungake usicacisele ukuthi  
kwenzekani?**

Kafushane nje, umgomo i-Astrazeneca wahlolwa ngesikhathi sehlandla lokuqala lobhubhane. Ngaleso sikhathi kwatholakala ukuthi lo mgomo wawusebenza kahle kakhulu kuloluya hlobo Iwegciwane esasibhekene nalo.

**GROWING  
KWAZULU-NATAL  
TOGETHER**

Ngesikhathi sehlandla lesibili sobhubhane, sahlaselwa yigciwane lesibili. Ngesikhathi sithola umgomo, kwahlolwa ukusebenza kwavo ngohlobo Iwamagciwane akhona ezweni kwase kutholakala ukuthi lo mgomo usebenza kahle kuzo zonke izinhlobo zamagciwane ngaphandle nje kohlobo olulodwa olwaziwa ngokuthi yi-B.1.351.

Ezinye izinhlobo zomgommo, ezifana ne-'Johnson & Johnson' kutholakale ukuthi zisebenza kahle kakhulu kune-Astrazeneca, ngakho-ke izinhlelo zethu zizothubeka kodwa singahle sizithole sesisebenzia lona wakwa-'Johnson & Johnson'.

**Ngabe luhazamiseke kanjani  
uhlelo lokusatshalaliswa?**

Isikhathi esizoqala ngaso singahle siphazamiseke, kuzoya ngokuthi siwuthola nini lo mgomo omusha. Noma kunjalo, kodwa bese sithenjiswe ukuthi umgomo i-'Johnson & Johnson' uzofika ngenyanga kaNhlolanja. Izikhungo zethu ezingama-91 sezime ngomumo kodwa kungaba yisikhathi sokuqala nje esingaguquka.



# IMIBONO YOMPHAKATHI MAYELANA NOKUGOMELA UBHUBHANE I-COVID-19?



Yize uMengameli Cyril Ramaphosa ekubeke kwacaca ukuthi izakhamuzi ngeke ziphoqwe ukuthi zigomele ubhubhane i-COVID-19, kodwa uMnyango wezeMpilo e-KZN ucelisisa izakhamuzi ukuba zikhetho ukugoma ukuze zizivikele zona futhi zivikele nabathandiweyo bazo kuleli gciwane elingumashayabhuqe.

**Abacoshele bezindaba zezeMpilo baphumele emigwaqeni yaseMgungundlovu ukuyothola ukuthi izakhamuzi zisolugomela yini noma cha lolu bhubhane i-COVID-19.**

**Qondi (45)**



**UMBUZO:** Ngabe usuyazi ngalo mgomo wegciwane i-COVID-19 okuzohlinzekwa ngawo izakhamuzi zaseNingizimu Afrika na?

**IMPENDULO:** Sengizwile ngawo

**UMBUZO:** Ngabe wena uzogoma na?

**IMPENDULO:** Yebo, ngoba uzosivikela.

**USithabile (35)**



**UMBUZO:** Ngabe usuyazi ngalo mgomo wegciwane i-COVID-19 okuzohlinzekwa ngawo izakhamuzi zaseNingizimu Afrika na?

**IMPENDULO:** Yebo

**UMBUZO:** Ngabe wena uzogoma na?

**IMPENDULO:** Angiboni ukuthi ngizogoma mina ngenxa yokuthi sengizwe izinto eziningi ezimbi ngawo. Ngezwa kuthiwa ngenyanga kaNdasa (kaMashi) uzobe usuphelelwe yisikhathi. Ezinkundleni zokuxhumana bathi uzoba nemiphumela emibi nabo abangayazi.

**U\$bonelo (25)**

**UMBUZO:** Ngabe usuyazi ngalo mgomo wegciwane i-COVID-19 okuzohlinzekwa ngawo izakhamuzi zaseNingizimu Afrika na?

**IMPENDULO:** Yebo

**UMBUZO:** Ngabe wena uzogoma na?

**IMPENDULO:** Yebo, uma kuzosiza. Yize mina ngikholelwa ekutheni umgomu kwakumele ngabe wakhishwa ngaphambi kokuthi leli gciwane libhebhethetheke ezweni lonke.

Njengamanje sidinga imithi yokulelapha kakhulu kunomgommo.

**USfundo (28)**

**UMBUZO:** Ngabe usuyazi ngalo mgomo wegciwane i-COVID-19 okuzohlinzekwa ngawo izakhamuzi zaseNingizimu Afrika na?

**IMPENDULO:** Yebo sengizwile ngawo kodwa angikaze ngiwubona ngaphambilini.

**UMBUZO:** Ngabe wena uzogoma na?

**IMPENDULO:** Yebo, kodwa uma kuzoqala kugome osombusazwe (osopolitiki) abadala kuqala. Sogoma kuphela uma sibona labo abasePhalamende nabo begoma, sobe sesiyagoma-ke nathi. Noma kunjalo, kodwa angiwufuni lo ovikela amaphesenti angama-22 kuphela, ngifuna i-'Johnson & Johnson' kuphela.

**U-Amara (24)**

**UMBUZO:** Ngabe usuyazi ngalo mgomo wegciwane i-COVID-19 okuzohlinzekwa ngawo izakhamuzi zaseNingizimu Afrika na?

**IMPENDULO:** Yebo sengizwile ngawo

**UMBUZO:** Ngabe wena uzogoma na?

**IMPENDULO:** Cha, ngoba awukahlolisawa kahle. Abantu banefizo eziningi ngakho-ke uma ungakafinyeleli kubo bonke abantu, ngeke ngigome.

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# ISITATIMENDE ESIKHISHWE NGUMPHATHISWA WEZEMPILO E-KZN UNKZ. NOMAGUGU SIMELANE-ZULU, MAYELANA NOMBIKO WOMVIKELI WOMPHAKATHI OMAYELANA NEZINSOLO ZOKUNGAKHISHWA KWEZIBALO ZOBHUBHANE I-COVID-19 ZANSUKU ZONKE ZASE-KZN



**SIFISA ukuthatha leli thuba samukele umbiko wokuvala okhishwe kamumva nguMvikeli woMphakathi, u-Adv Busisiwe Mkhwebane, ngophenyo olwenziwe yihhovisi lakhe, olusikhiphe phambili ngokungatholi lutho oluukwephula umthetho mayelana nokukhishwa kwazibalo zobhubhane i-COVID-19..**

Uphenyo Iwaqalwa emva kwasimmangalo esafakwa yiqembu i-DA sokuthi Mina njengoMphathiswa wezeMpilo e-KZN, "ngephula umthetho wokuziphatha kwamalungu esigungu esiphezulu ngokungakhiphi izibalo eseziqinisekisiwe zobhubhane i-COVID-19 ezingeni lesifundazwe, lesifunda nelakomasipala bendawo, yize ngase ngiceliwe ukuba ngenze kanjalo."

Lesi simmangalo sasifikwe kuMvikeli woMphakathi yilungu lePhalamende le-DA uDkt. Rishigen Viranna (ongummangali), ngomhla we-19 kuNhlangulana wezi-2020.

Umbiko woMvikeli woMphakathi usakhombisa kona ukuthi i-DA yiqembu elihluleka wukucabanga nelizikhathalela nje Iona kuhela futhi elizifunela udumo nanganoma yini nje ekhona – ngisho

nangesikhathi sisabhkene nalo mbhedukazwe ongumashayabhuqe emhlabeni wonke jikelele onjengalolu bhubhane i-COVID-19.

Kuyishwa elikhulu kabi ukuthi leli qembu lisazikhapha inyumbazana futhi kalikwazi ukubeka ukuhlukanza ngokwezombusazwe (ngokwepolitiki) eceleni, ngisho nangesikhathi la izwe lidinga ukuthi libe yimbumba kakhulu kunakuqala.

UDkt. Viranna wafaka lesi simmangalo yize besihlale sixhumana ngokuvulelekile futhi ngendlela ecacile ngalolu lwazi.

Ubesola phakathi kokunye lokhu okubizwa ngokuthi "ukunqaba" obekudalwa wukusetshenziswa kwamandla budedengu bese kuholela ekwephulen i umthetho osesigabeni sesi-2.1(c) nesesi-2.1(d) wokuziPhatha kwamalungu esigungu esiPhezulu.

Empendulweni yethu, eyayibhalwe ngomhla zi-3 kuMandulo wezi-2020, saphawula ngokushiwo wuMthetho wokuBhekana neziNhlekelele (Disaster Management Act) kanye neminye imithetho ehambisana nawo futhi saveza ukuthi emva kokumenyezelwa ukuthi iZwe lonke laseliBhekene neNhlekelele, lonke ulwazi nezibalo eziphathelene nombhedukazwe i-COVID-19 yayisikhishwa nguNgqongqoshe wezeMpilo ezweni lonke.

Sagcizelela ukuthi ulwazi olumayelana nobhubhane i-COVID-19 olukhishwa nguNgqongqoshe wezeMpilo ngaso sonke isikhathi iuhlale lucace bha futhi Iusaqhubeka nokukhishelwa uhulumeni kazwelonke kanye nabezifundazwe.

Lokhu kwensiwa ukuze lapho kunesidindo khona kuthathwe izinyathelo ezifanele zokubhekana nalo mbhedukazwe.

**GROWING  
KWAZULU-NATAL  
TOGETHER**



Sakubeka kwacaca ukuthi kusukela ngomhla we-19 kuMbaswa wezi-2020, uMkhandlu wesiFundazwe iKwaZulu-Natal obhekelele ezobhubhane i-COVID-19 wawusuqalile ukuqinisekisa imininingwane ephathelene nobhubhane i-COVID-19 esuke ikhishwe nguNgqongqoshe wezeMpilo nge-KZN; kwase kuthi kusukela ngomhla wama-20 kuNhlangulana wezi-2020 uMkhandlu wesiFundazwe iKwaZulu-Natal obhekelele ezobhubhane i-COVID-19 wawusuqalile ukhaphipa yonke imininingwane nsuku zonke, usulikhipha lolu Iwazi ngokwezifunda nasezingeni lomasipala bendawo.

Saphinde sabakhombisa ukuthi lezi zinsolo abazenzile ngathi kazinasisekelo sezomthetho, nesibopho sezomthetho, noma ukwesekwa yisinqumo soMkhandlu weziPhathimandla zesiFundazwe iKwaZulu-Natal okungathiwa sisephulile, sase sengeza ngokuthi "awukho umthetho ongiphoga ukuthi ngikhiphe izibalo zezifunda nezasezingeni lomasipala bendawo."

Sisalokhu sibambelele ekukholelweni ukuthi konke esikwenzayo sikwenza ngokwethembeka futhi silusingathe ngobuqotho lonke ulwazi olumayelana nobhubhane i-COVID-19.

Ngakho-ke siyasithokozisa kakhulu futhi siyasikhuthaza isitatiende esenziwe ngu-Adv Mkhwebane embikweni wakhe esicaphune kuso enye ingxenyanefundeka kanje:

"Akuphikwanga ukuthi uNgqongqoshe wezeMpilo kuzwelonek uzikhipha nsukuzonke izibalo eziqinisekisiwe zabantu asebehaqekile (asebethelelekile), ezabashonile nezinga lasebeluleme ezweni lonke jkelele.

"Asikho isigatshana soMthetho obhekelele ukusingathwa kweziNhlekelele noma soMthetho esithwesa uMphathiswa ijoka lokuthi kube nguye okhipha izibalo zansukuzonke eseziqinisekisiwe zesifundazwe, zezifunda noma zasezingeni lomasipala bendawo.

"Ngaphezu kwalokho ummangali akazange akuphike ukuthi uHulumeni wesiFundazwe iKwaZulu-Natali uyaziqinisekisa njalo nje izibalo ezikhishwa uNgqongqoshe wezeMpilo.

"UMthetho obhekelele ukusingathwa kwezinhlakelele neminye imithetho kayivezi lutho olumayelana nokwephulwa kwelungelo elikumthethosisekelo lokutholakala kolwazi olugcinwe uhulumeni, njengokulandela isigatshana sama-32(1) soMthethosisekelo, esimayelana nokubhebhethuka nomthelela wobhubhane i-COVID-19, njengoba ucacisa ngokusatshalaliswa kolwazi emphakathini okwensiwa ezingeni likahulumeni kazweloneke. "Izinsolo zokuthi uMphathiswa unesibopho somthetho sokuthi akhiphe nsukuzonke izibalo eziqinisekisiwe ezimayelana nobhubhane i-COVID-19 zesifundazwe, eezifunda nezomasipala bendawo KwaZulu-Natali kazinasisekelo solwazi, sobufakazi futhi akukho mthetho osetshenzisiwe ohambisana nazo.

"Ngakho-ke uMphathiswa akehlulekanga ukukhipha izibalo eziqinisekisiwe zobhubhane i-COVID-19, njengoba ubenganasibopho sokwenza lokho.

"Akukho lapho ephule khona isigatshana sesi-2.1 nesesi-2.3 somthetho wokuziphatha kwamalungu esigungu esiphezulu njengokusho kwezinsolo zikaMmangali."



# USUKU LWE-“VALENTINE” NGESIKHATHI SOBHUBHANE

Inyanga kaNhlolanja yaziwa njengenyanga yokuzalisana kanti futhi ibizwa ngokuthi ‘Yinyanga Yothando’ ngenxa yosuku Iwe-“Valentine” olungomhla we-14 kuNhlolanja wezi-2021. Njengoba sesikulowo muzwa wokugubha ezothando, kumele sikhumbule ukuthi lo MBHEDUKAZWE i-COVID usekhona futhi ulindele ukuhlasela noma ngabe ngubani ozibeka engcupheni. Ngeshwa-ke igciwane kalilugubhi usuku Iwe-Valentine noma ngabe yimuphike nje umcimbokhethekile esinawo. Yingakho nje kumele siziqaphele ngempela izinto esizenzayo ngosuku Iwe-Valentine nakuyo yonke le nyanga ukuqinisekisa ukuthi ekugcineni kasizitholi sesibhekene nokukhulelwka okungahleleliwe, izifo ezithathelwana ngokocansi (STI), isandulelangculaza/nengculaza uqobo noma ubhubhane i-COVID-19. Masingalingeki ukwenza izinto ezinomphumela omubi ohlala isikhathi eside.

Lo mbhedukazwe kawuchazi ukuthi sekumele siyeke yonke imigubho esijwayele ukuba nayo kodwa kumele sithole izindlela eziphephile zokuyenza leyo migubho. Nanka amanye amacebo okuthi ungalugubha kanjani usuku Iwe-Valentine kulo nyaka ngendlela ephephile, ngisho noma ngabe unothondiwewo wakho, unomngani noma unelungu lomndeni:

 **Ukusebenzisa Izivikeli Zezocansi –** Umhla ziyi-12 kuya kumhla ziyi-16 kuNhlolanja waziwa ngokuthi yisonto lokuqwashisa ngezifo ezithathelwana ngokocansi (STI) noma yisonto lokukhuthaza ukusetshenziswa kwamajazi ezocansi (amakhondomu). Kuhloswe ngalo ukufundisa nokwazisa abantu ngokubaluleka kokusetshenziswa kwamajazi ezocansi (amakhondomu), okungezukwehlisa izinga lokuthelelana ngezifo zocansi nje kuphela kodwa kunqande nokubhebhetheka kwesandulelangculaza nengculaza uqobo (HIV/AIDS) kanye nokukhulelwka okungahleleliwe. Ngokusebenzisa izivikeli zezocansi kawuzivikeli nje wena kuphela kodwa uvikela nanomlingani wakho wezocansi futhi.

 **Ukuzivocavoca –** uma unyakazisa umzimba, umzimba wakho ukhipha i-“endorphins”, ephinde yaziwa ngokuthi ‘yizigqa zenjabulo’ futhi yaziwa ngokuthi iyisigqa esibuyisa ithemba kumuntu, sehlise ingcindezi, sibuyise ukuzethemba futhi senza nokuthi behle kahle ubuthongo kumuntu. Umzimba ungawunyakazisa ngokuthi uzihambele nje negezinyawo, ngokugibela ingqayika (ibhayisikili) noma ngokuzigijimela nje ngalapho uhlala khona.

 **Ukuzihlalela Ekhaya –** Ukuhlala ekhaya kungenye yezindlela zokuzivikela ekuthelelekeni ngegciwane le-COVID-19, futhi akumele kukuphathise nesizungu. Ziningi kakhulu izinto ongazenza, njengokubuka uchungechunge lwemidlalo yethelevishini oyikhonzile, ukufunda incwadi noma ukudlala imidlalo yokuzijabulisa nothandiwewo wakho noma namalungu omndeni.

 **Izinto Ongazijabulisa Ngazo –** Ukuba nosuku lokuthi unakekele umzimba wakho ngokuphelele ekhaya kungenye yezindlela ezingabizi zokugubha usuku Iwe-Valentine. Ungakhetha nokuthi bakuwotawote (bakucumbaze) umzimba wonke kusethenziswa amafutha alekelela



ukwehlisa ingcindezi njengalawa abizwa ngokuthi yi-“lavender oil” noma i-“lemongrass oil”. Bangakwenza ubuso noma ngokuthokomalisa umzimba ngokungena emanzini anamagwebu amaningi futhi amakhulu noma bakwenze izinzipho ezandleni nasezinyaweni ukuze uzozizwa kahle ukuthi ube nosuku la uwunakekele kahle wonke umzimba wakho.

# UMPHUMELA WOKUNGELASHWA KWESIFO SOMDLAVUZA UNGABA YINGOZI ENKULU

Izibhedlela ezinezinsiza zokwelapha isifo somdlavuza KwaZulu-Natali zenza konke okusemandleni ukwehlisa ingcuphe yokuhlaselwa wubhubhane i-COVID-19 ezigulini nakubo bonke abavakashela lezi zibhedlela ngalesi sikhathi salo mbhedukazwe.

UMnyango wezeMpilo e-KZN bewubheka ukuthi ngabe ukwelashwa kweziguli ezinesifo somdlavuza kuthikamezeke kanjani wulolu bhubhane i-COVID-19 ngoSuku lokugubha isifo somDlava za emHlabeni wonke jikelele olwalungomhla wesi-4 kuNhlanja 2021.

Yize sikutusa ukwesaba kwabantu ukutheleleka (ukuhaqeka) ngalolu bhubhane i-COVID-19, kodwa iziguli ezelashelwa isifo somdlavuza zona ziyakhuthazwa (ziyaggugqzelwa) ukuba zingaphuthi ngezinsuku ezibekelwe zona ukuba ziyobonana nodokotela bazo ngenxa yokuthi isifo somdlavuza esingelashwanga singaba yingozi enkulu.

Uphiko olwelapha isifo somdlavuza ezibhedlela zombili i-Addington nesaseNkosi Albert Luthuli Central bezilokhu zivulive ngesikhathi sobhubhane i-COVID-19, ngisho nangesikhathi samahlandla ama-2 okuhlasela ngamandla kwalo mbhedukazwe.

“Yize kunjalo, kodwa ukuzibophezelu nokubekezela kwamathimba abasebenzi bezempilo ophikweni olwelapha ngemisebe (radiation) nolwelapha ngemithi/ngemishanguzo (medical oncology) kuyammangalisa.



**UMNU KANDASAMY MARRY**

Kusithokozisa kakhulu ukuthi sisakwazi ukuqhube ka nokusebenza ngisho nangalesi sikhathi ngenxa nje yokuwelana neziguli zethu” kusho uDkt. Bhadree waseNkosi Albert Luthuli Central.

“Kube nokwenyuka kwasibalo seziguli ezeqiwe yizinsuku obekumele ziyo bonana ngazo nodokotela bazo ngalesi sikhathi ngenxa yezi zathu ezahlukene: ukwesaba kweziguli ukuthi zizotheleleka ngegciwane ezibhedlela, izinselelo zezithuthi zomphakathi ikakhulukazi ngesikhathi semvalelwakhaya (lockdown) yesigaba sesi-5, iziguli zikhetha ukuhlehlisa izinsuku zazo zokuyobonana nodokotela bazo, iziguli ebezibhekene nezinkinga zangokomnotho ngenxa yomthelela walolu bhubhane, lokho obekwenza ukuthi kubabizele kakhulu ukuya esibhedlela,” kusho uDkt. Bhadree.

Ukwelapha iziguli ezipethwe yisifo somdlavuza ngalesi sikhathi kunezinselelo ezinkulu kabi ngenxa yokuthi isiguli sisuke sesibhekene nengcuphe yokubulawa yiso isifo somdlavuza uqobo noma sibulawe yizifo ezihambisana nobhubhane i-COVID-19.

“Yize sesizihlehlise cishe ngezinyanga ezi-3 izinsuku zokubonana nalezo ziguli ezinezimo ezingadingi ukwelashwa ngokushesha eziningi emva kokubonisana nazo, kodwa itiyetha nomtholampilo weziguli ezingalali esibhedlela zona zivulelwie iziguli ezelashelwa umdlava kanye nalezo ziguli esezigulela ukufa.

Ngakho-ke iziguli ezinesifo somdlavuza zibekwe eqhulwini futhi ngokwejwayelekile nje azikaze zithikamezeke”. Kusho uDkt. David Batuule wasesibhedlela e-St Aden’s eThekwini.

Ezinye iziguli ezinomdlavuza kungenzeka ukuthi zagejwa yizinsuku zazo zokuya esibhedlela ukuze ziyolashwa ngenxa yokuthi lezo ziguli zazinokwesabela ukuthi zizoba sendaweni “enengcuphe enkulu” yokutheleleka ngegciwane i-COVID-19.

UMnu. Kandasamy Marry, oneminyaka engama-66 yobudala wase-Chatsworth eThekwini welashelwa isifo somdlavuza wamankwahla esibhedlela e-St Aiden’s naseNkosi Albert Luthuli Central.

“Esibhedlela e-St. Aiden’s bangithatha isicuthshana ukuze siyohlolwa, kwase kutholakala ukuthi nginesifo somdlavuza wamankwahla esesisabalele ngamaphesenti ayi-10. Akukho vele okutheni engangikulindele ngoba ngangivele ngenenkinga yamankwahla,” kusho u-Marry.

Kwatholakala ukuthi unesifo somdlavuza wamankwahla kulo nyaka ngenyanga kaMasingana esibhedlela i-St Aiden’s.

“Ngisanda kupuma nje etiyetha ngomhla wesi-3 kuNhlanja wezi-2021 ngenxa yomdlavuza wamankwahla. Base bengihlelela ukuthi ngomhla wama-22 kuNhlanja (2021) ngiye esibhedlela eNkosi Albert Luthuli ukuze beyoqhubeka nokungelaphela umdlava,” kusho uMnu. Kandasamy.

Wathi isifo sakhe somdlavuza sisheshe sasukunyelwa yize kunalo mbhedukazwe i-COVID-19

Wathi into ebalulekile eyenzwi yisibhedlela i-St Aiden’s kwaba wukuhwaya indlala yakhe ye-‘prostate’ ngaphambhi kokuthi ayoqala ukwelashwa kwakhe esibhedlela iNkosi Albert Luthuli Central.

# QAPHELANI

## IZIKHANGISO ZOMSEBENZI EZINGOMBOMBAYI NEZINCWADI ZOKUQASHWA EZIKHWATSHANISIWE

UMnyango wezeMpilo e-KZN ufisa ukuxwayisa abantu abafuna umsebenzi ukuba baqaphele izikhangiso zezikhala zomsebenzi ezikhishwa kungathi ngezoMnyango kanti zingombombayi. UMnyango usuphinde waba yinkundla yokudlalela amaqola awaka abantu ngezikhala zomsebenzi ngokuthi athi umnyango uyaqasha. Izikhangiso zikhishwa ezinkundleni zokuxhumana ezahlukene futhi zifakwe nakwizizindalwazi ezidumile ezinjenge "Gumtree" ne- "Indeed". Umphakathi uyexwayiswa ukuthi ungangeni ogibeni Iwalamaqola kodwa uezjwayeze inqubo esemthethweni yokuqasha yoMnyango.

UMnyango izikhala zawo uzikhapha emaphephandaBeni aziwayo futhi ahamba phambili, nakwizizindalwazi soMnyango weMisebenzi kaHulumeni nokuPhathwa kwayo (dpsa.gov.za), nakwizizindalwazi (website) sawo uMnyango esisemthethweni esithi: kznhealth.gov.za, bese kuzoba nasekhasini lika- "Facebook" lawo uMnyango kodwa ngezikhathi ezithile kuphela.

Ngale kwaloko, abahlinzeka uMnyango ngemisebenzi ethile nabu bayanxuswa ukuba baqaphele izincwadi ezikhwatshanisiwe ezibhalwe zafakwa neqophasikhungo (ilogo) yoMnyango. Kwesinye isikhathi, lezi zincwadi bazithola bengakaze bazifake izicelo zalowo msebenzi.

Kuleyo ncwadi labo abasuke 'sebenikezw' iwo msebenzi (thenda) bayacelw aukuba bakhokhe imali 'yokukhanyisa'. UMnyango ucela abahlinzeka ngemisebenzi ukuba baqinisekise ukuthi ama-'surety bond' bawakhokha kuma-akhawunti oMnyango afanele. UMnyango ulandela inqubo eqinile yophiko olulawula ukudayiswa nokuthengwa kwempahla ngokuhambisana noMthetho wezezimali zikahulumeni uma ukohkhela impahla nemisebenzi. Umuntu othola incwadi emnikeza umsebenzi kumele aqaphele lokhu okulandelayo:

- Uhlelo lolimi olungekho ezingeni
- Izinombolo zokuxhumana ngocingo ezsolisayo
- Incwadi eniminingwane yoMnyango engelona iqiniso

UMnyango wezeMpilo e-KZN uphinde uyakucizelela ukuzibophezelwa kwawo ekulweni nokukhwabanisa nenkohlakalo.

**The KZN Department of Health reiterates its commitment towards combatting fraud and corruption. Uma kukhona obona kwephulwa umthetho njengokukhwabanisa, ukukhokha intshontsho (ukugwaza), ukusetshenziswa budedengu kwempahla, ukwephulwa kwamalungelo abantu, ukubandlulula, uyacelwa ukuba abikele iNhloko yezobuqotho boMnyango kule nombolo ethi (033) 395 2589 kanye noPhiko oluPhena amacula abuCayi (SIU) ku (031) 761 6600. Konke okubikiwe kugcinwa kuyimfihlo.**



**GROWING  
KWAZULU-NATAL  
TOGETHER**



KwaZulu-Natal Department of Health



KZN Department of Health



@kznhealth



@kznhealth



KWAZULU-NATAL PROVINCE  
HEALTH  
REPUBLIC OF SOUTH AFRICA

**COMPILED BY:**

CORPORATE COMMUNICATIONS  
(KWAZULU-NATAL DEPARTMENT OF HEALTH)

TEL: 033 395 2547 OR 033 395 2653 | FAX: 033 342 9477

**SEND STORIES YOU WOULD LIKE TO FEATURE  
ON THE KZN HEALTH CHAT BULLETIN TO:**

[healthchatbulletin@kznhealth.gov.za](mailto:healthchatbulletin@kznhealth.gov.za)

