



CHARLIE J. NEWS

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Charles Johnson Memorial Hospital
Lot 92 Hlubi Street
Private Bag x 5503
Nquthu , 3135

Tel: 034-2716423
Fax : 034-2710234
E-mail :
sthabiso.ngwenya@kznhealth.gov.za
www.kznhealth.gov.za

HCT Launch at Charles Johnson Memorial Hospital



One of the Department Promotional materials that were displayed during HIV/AIDS, Counseling and Testing.

The HCT Launch was a great success, this launch was on 14 and 15 June 2010 at VA Makhoba Hall. This launch was hosted in conjunction with Aids Conference and HIV/AIDS dialogue by Nquthu Municipality. CJM Hospital Management, Nquthu Municipality Management, Councilors, Izinduna were the first people to check for HIV status. Approximately 80 community members got tested for HIV. This launch was hosted under the ; "***I am responsible***".

The launch was to encourage people to get tested to know their HIV Status, . This is following KZN department of Health to test over 3.5 million people before June 2011. People were also encouraged to take responsibility of their health status e.g. if one is HIV negative must stay negative and if one is HIV positive must immediately seek support and health services to ensure that he or she is healthy and don't spread the virus to others. The guest speaker of the day was on HCT was Ms. T.D.

Mbhele from Charles



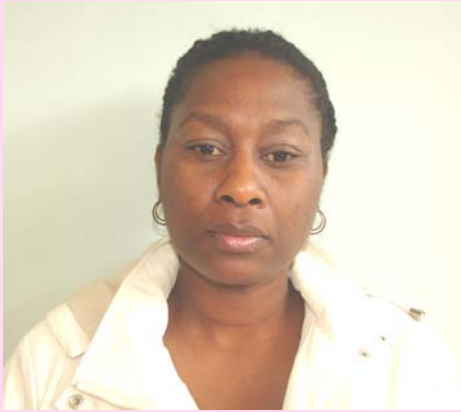
Audiences came in big numbers to attend HCT Launch , HIV/AIDS Dialogue and HIV Aids Conference.



Department of Health stall that were displayed to the HCT Launch

Johnson Memorial hospital who also emphasized that people who are HIV positive must not be discriminated but they must be supported. The event kept warm by the presence of CJM Hospital CEO, Cllr. N.M. Zungu (Municipality Mayor), Councilors, Amakhosi and Izinduna. The community of Nquthu came in big numbers to support the HCT Launch, HIV Conference and dialog on HIV.

Meet our New Nursing Manager



Mrs. H.S.L. Khanyi
The New CJM Hospital
Nursing Manager

You Are Welcome !!!

The management team of Charles Johnson Memorial Hospital would like to welcome Ms. Happy Khanyi as the New Hospital Nursing Manager. As a new employee of CJM hospital, you are now a member of our diverse community of Nquthu.

Mrs. Khanyi has been working at Niemer Hospital under Amajuba Health District.

The management team and hospital staff have a full confidence in her capabilities to ensure better health for all people of Nquthu, and to ensure that the 10 Point Plan

is achieved and implemented to fasten health service delivery.

Once again we feel strongly that your previous experience will benefit the community and you will enjoy working at CJM Hospital. Our management and staff will always avail themselves for any help and support that you may require.

We are very pleased that you have chosen to be a part of Charles Johnson Memorial Hospital and look forward to your contributions to its success!

2nd Quarter of Service Excellence Awards

On 20 January 2010 Charles Johnson Memorial Hospital held its first Service Excellence Awards Ceremony . Recognition is a valuable tool when it comes to boost staff morale in order to provide quality health care to our clients.

We want to recognize those staff members who consistently promoted Batho Pele Principles . Add to that recent leadership, vision, mission and core values of our hospital as these awards helps us to achieve our vision and goals that is why we have to recognize staff members that have worked beyond their call .

With this Awards, anyone can nominate a staff member whom he or she thinks they deserve it, anyone can be awarded and other nominees are being nominated by clients through suggestion boxes. Recognition has now become a part of everyday life for all at CJM Hospital. These Awards will be held quarterly only nominees and management who can attend this ceremony.



Matron Ntuli receiving certificate of recognition for Pediatric Ward.



Medical Male Circumcision at CJM

Medical Male Circumcision Camp at Umzinyathi Health District was a great success, this camp took place on 09 and 10 July 2010, this camp was to be conducted before the end of the winter School holidays as part of the provincial government's comprehensive HIV prevention strategy.

Male Circumcision is being practiced for various reasons, including hygiene, religion, tradition and culture. This camp was targeted 200 young men between the ages of 14 and 25 years of age, of which they were screened ahead of the procedure. This camp was blessed with the presence of Provincial Health MEC, Dr. Sibongiseni Dhlomo, Dr. Sandile Tshabalala, Mr. Jabulani Mndebele (Umzinyathi District Manager), Mr. B.S. Ngubane (Traditional Leader), Bishop T.N. Xaba and Mr. Z. Buthelezi (Flagship Chairperson at Umzinyathi). Dr. Dhlomo took his time to address + - 200 males during this camp addressing them on healthy risks and benefits of male circumcision, which includes behavioral issues such as what does it mean to be a man, how to treat women where he told them not to be involved on criminal behaviour which involved rape, but they must behave like a real men. The total number of 208 males were successfully circumcised on 09 July 2010.



Ngizwe Mchunu MMC Ambassador singing Traditional songs with 200 males during MMC Camp at Charles Johnson Memorial Hospital.



The arrival of Provincial MEC, Dr. Sibongiseni Dhlomo at MMC Camp accompanied by Dr. Tshabalala, Mr. J. Mndebele (District Manager) Mrs. M.Z. Khanyile (CJM CEO), Traditional Leaders, Bishop T.N. Xaba and Mr. M.A. Dube



MEC and Dr. Tshabalala having a briefing with Mr. J. Mndebele, Mrs. M.Z. Khanyile, Mr. M.A. Dube, Bishop T.N. Xaba and Traditional Leaders during MMC Camp.



Mr. J. Mndebele (Umzinyathi Health District Manager) commending Umzinyathi staff members after Medical Male Circumcision at CJM Hospital.

Farewell Message to Dr. M.D. Manana

The management team of CJM Hospital would like to bid Farewell to Dr. Manana (Medical Manager CJM Hospital), it's important for us as management and staff of CJM Hospital to take this time to say farewell to you.

As you are living at CJM we hope that you have enjoyed working at this hospital and we have appreciated having had the opportunity to work with you. Thank you for the support and encouragement you have provided to us during your stay at Charles Johnson Memorial Hospital.

We know that you will miss your fellow colleagues and clients. We know that you will be remembered as a person who always smile even when heart is broken.

Being staff members we know that : Goodbyes are not forever, goodbyes are not the end, they simply mean we are missing you, Until we meet you again!



Dr. M.D. Manana receiving his present from Matron Z. Ntuli



Mrs. MZ. Khanyile – CEO delivering a farewell speech



Charles Johnson Memoir Hospital Management team bidding farewell to Doctor M.D. Manana

Help Yourself to better Health Healthy Living

You already know that it's important to drink enough water. A minimum of eight glasses of water a day is recommended. You should aim for more if it is really hot, or if you are working out and sweating a lot.

By getting enough water in your body will prevent you from getting dehydrated. The early signs of dehydration are increasing thirst, dry mouth, sticky saliva and reduced urine output which caused yellow urine. You may also experience a lack of energy and headache.

None of these sound very fun. I know it is hard sometimes to drink that much of water; especially when sodas and coffee tempt us. However, to stay healthy and feel great, we should strive to drink those eight glasses of water a day. Here are a few tips to help you remember to drink the water, and to make it a little more pleasant or interesting : **Add some lemon juice, drink some water when you feel hungry , carry a water bottle, drinking more water if working on a sunny day.**

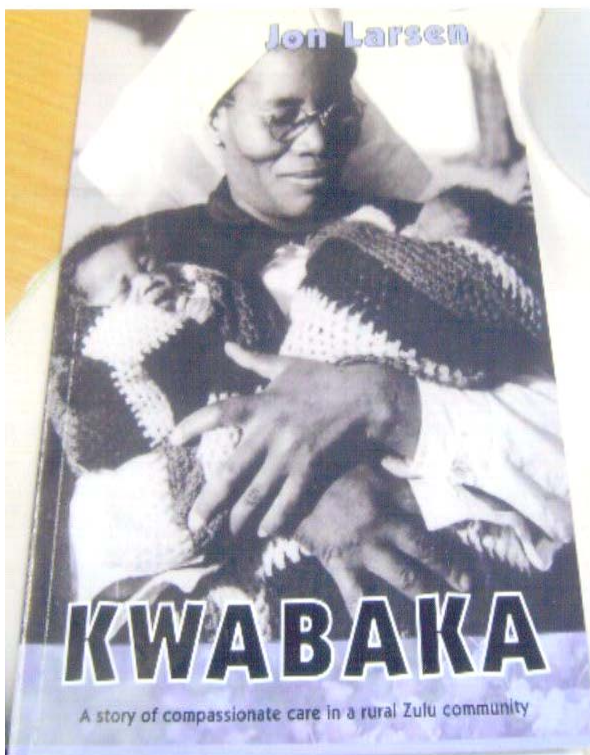


“Kwabaka” A Book with the History of CJM

“ A story of compassionate care in a Zulu community”

Jon Larsen's book *Kwabaka: A Search for Excellence in Caring* tells the story of the Charles Johnson Memorial Hospital in Nquthu from 1930 to 2006. It's a compelling mix of medical drama, social history and Christian witness. Larsen's initial reason for writing it was a pragmatic one “ I began to realize that the people who played a role in the history of that period were dying off. The sixties and seventies were critically important in South Africa—things happened that needed to be recorded”. At the core of the story are two couples, the Johnsons and Barkers. Charles Johnson was a teacher and Anglican lay catechist near Estcourt in the 1870's among the Tlokwa people a small Sotho-speaking clan, writes Larsen, “ who had initially been displaced from the Nquthu district in King Shaka's Time”.

The Anglican church decided to established a hospital in his memory which began life as little more than a clinic in 1930. It was another pioneering couple, Anthony and Maggie Barker, who built up the clinic into a hospital, affectionately known as the “Charlie J” and to the wider community as Kwabaka-the place of Barkers. Larsen first met Anthony Barker in 1960 while he was a student doctor at the University of Cape Town and subsequently, with his wife Jackie, he join the staff of the Charlie J in 1965. They now live in Howick and although technically retired after a long and distinguished career in obstetrics and gynecology, Larsen still works a couple of days a week at the Celimpilo Clinic in Howick



A book called KWABAKA written by Dr. Jon Larsen. “ A story of compassionate care in a Zulu community”



Charles Johnson Memorial Hospital staff members with Dr. Jon Larsen during the launch of his book “KWABAKA”



Dr. Jon Larsen talking to CJM staff members about his book (Kwabaka) with the history of CJM.

Vision, Mission and Core Values

Vision

To achieve optimal health status for all people of Nquthu Sub-District

Mission

To render sustainable comprehensive community centered quality care through:

Available resources

Cost effectiveness

Continuous staff development at all levels

Promotion of good interpersonal relations

Best intra and intersectional relations in a safe and health environment

Core Values

We believe in:

Commitment to performance

Open communication, transparency and consultation

Trust built on truth, integrity and reconciliation

Service Excellence

Human Dignity

Ubuntu

Respect for Socio-cultural and religious values

Sanctity of life

Courage to learn change and innovate

Safe and healthy environment