

COSH ACTION MAGAZINE

CHURCH OF SCOTLAND HOSPITAL

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Valentine's gift from Mawele High School



Maternity staff singing with Mawele High School choir

“Be my Valentine” said students from Mawele High School during their visit to Church of Scotland Hospital patients. This visit organized by Mrs Madondo and the Principal of Mawele High School in Umsinga Top, Ms J Ngubane took place on the 14th February 2007.

According to Mrs Madondo the aim was to give love to sick people. It was also aimed at showing appreciation to the health workers for their dedication and hardwork in caring for the sick people. They visited Male Medical, Female Medical, Paeds, Surgical and Maternity. Red roses with verbal and written messages were presented to all visited ward. “We don't have money to give but we believe that love is more important than anything because it gives hope to those who need it” said Mrs J Ngubane, the Principal of Mawele High School. Also present were Ms CL Mfeka and Ms LP Ngubane who are educators in Mawele High

School.

On behalf of the hospital management, staff and patients, I would like to that Mawele High School for showing that they also care for the patients and health professional who are working under challenging conditions. What you did was unexpected and we thank for that.

Siyabonga
nikwenze
nakwa-
banye



Sister Mathe receiving red roses on behalf of staff.



TOP : Mrs J Ngunane (Principal of Mawele High School. BOTTOM : Mrs G Madondo



Staff Achievements!!!! Staff Achievements!!!! Staff Achievements!!!



Thully Mathenjwa (Pharmacy) was blessed with baby boy. His nickname is Boikie. He is a real charmza. In this photo he was only 4 months old

Siyanibongela



Florence Ndlovu known as MakaMsizi graduated in December 2006. She is now a qualified Community Rehabilitation Facilitator. She studied two years, doing both theory and practical blocks, and had to work very hard to succeed in graduating. The course covers all aspects of rehabilitation and disability prevention at a community level. She will now form the vital link between the hospital based therapists and the community, making rehabilitation services more accessible. Congratulations!!!!!!!!!!!!

Zamisile's corner

BELIEVE YOU CAN SUCCEED AND YOU WILL

In our March 2005 issue we highlighted the meaning of a positive attitude in life. We touched many things that go hand in hand with attitude. As individuals we need to develop the "I AM—POSITIVE", and "I CAN" ATTITUDE. The positive attitude generates power, energy, skills, strength and belief that you can do it and you are capable. When you believe "I can do it" the mind will develop the how to do it". This means that failure and prosperity are both in our hands, Let us not be defeated by fear. Lets build confidence and destroy fear. Let us think big and dream creatively. I believe every human being wants success and the best in life. Prosperity and success are determined by faith and belief. Belief in success is the only key to prosperity. Personal prosperity means freedom from being ignorant, fear of the unknown, and free from be-

ing a failure. If you believe you can move a mountain, you can do so. Disbelief in life is a negative power. When the mind has doubts, it attracts reasons to support the disbelief. Fear and anxiety are normal phenomenon that every individual undergoes when faced with circumstances and challenges in life. Fear is real but the things is that best we can recognize it before we can conquer it. Let us build confidence and believe that we all have potential. In anything that you plan to do in life you have to develop the following : I AM CAPABLE, I AM IMPORTANT and I AM A WINNER. These

When you believe "I can do it" the mind will develop the "how to do it".

attitudes will make you to be energetic and your mind will attract the reasons for prosperity. What are the effects of fear and disbelief in one's life?

- It stops one to capitalize his or her opportunity
• It causes people to accomplish little and enjoy little
• It prevents people from achieving what they want in life.
• It is a powerful force that can close your mouth,



Mrs Zamisile Mabaso Tutor and EA Member

Colleagues, brothers and sisters let us know that a person is product of his own thoughts. Negative thoughts and believing that you will not succeed can make you a real failure. Believing in success can make you the best most successful person

Submitted by Mrs Zamisile Mabaso

Look who has just joined us!!!!!!!!!!!!



Nontobeko Dlamini (HRO), Jabulani Gumede (Com-Serve OT), Driver Mntungwa (ASO) and , Busi Luswazi (Data Capturer)



Zannae Greyling (Com-serve Physio), Nokwanda Mbatha (Linen Orderly) , Fana Sithole (ASO) and Thembi-sa Mjenxane (Chief Radiographer)



Modi Ngubane (ASO), Sarika Bharath (Com-Serve Speech Therapist) Xolani Sthole (Linen Orderly), and Nokwazi Mbatha (CPN)

News in brief!!!!

HR NEWS—KWANDABAZABANTU

HUMAN Resource offices has moved to park-homes next to Gateway Clinic. HR is now divided into three subsection which are:

- Staff relations— where they deal with labour relations issues.
- HRD— where they deal with training, planning and development
- HR Practices - where they deal with staff issues like leave, salaries, recruitment etc.
- EAP—where they deal with staff problems for example counseling and other issues that affect employee performance.

Staff Satisfaction Survey

STAFF Satisfaction Survey was conducted in January and the results are now available at the PRO's office. The aim of the survey was to find ways to retain staff and to identify staff needs. Printed copies will be distributed to all departments. I would like to thank all those who participated in the survey. I must emphasize that this was not the only survey, we will continue to do more research on issues that affect staff. It is also important to understand that staff surveys are anonymous and **NO EMPLOYEE SHALL BE VICTIMISED FOR PARTICIPATING IN THE SURVEY.**

Your support in the next survey will be greatly appreciated and it will give us a wide response in some issues that might assist in developing staff retainment strategy.

The CEO of the hospital, Mr Human and management accepted the results in a positive manner and they thank staff for their participation.

Thank you!!!

Public Relations Office

Do you have comments or suggestions about CAM, then call
Sindy Sibiya @

033 493 0820 or e-mail :

sindisiwe.sibiya@knzhealth.gov.za

Hleka noCAMZA

Yini izingane zisifeyile kanje isiZulu. Inkinga sezifunda kuma Model C!!! Izwa nje

1. Yini umntwana wenyoka
Inyokie
2. Yini umntwana wengulube
Isidudla esincane esinga zithandi
3. Yini umntwana wenja
UBobby
4. Ubisi siluthola kusiphi isilwane
Ku Aquafresh

From: Nonhlanhla Sokhela
(Stores)

SPORTS AND ENTERTAINMENT

You are all invited to attend prayer meeting every Wednesday @ 18h00 Chapel. Bring your along friends and witness what believing in God can do for you!!!!!!!

Interested?????
Sizwe Makhunga
Ext 3062



Valentines Party on the 14th February 2006
Payments R40 pp excl drinks

Dress Code
Red and White
Enquiries Sindy PRO (3020) or Lungi Dumakude (3056)

Dance classes are now available every Wednesday at Dining Hall

For more information call

Chris Dube ext 3125

COSHIANS are reminded to get passport for trips to Mozambique and Swaziland. Enquiries

Walaza 3037 and Lungi 3056

Human Rights Day party
Tuesday 20 March 2007 @ 18h00. Damages are R40 pp. Enquire with Lungi Dumakude (Paeds) or Nonhlanhla Sokhela Stores. Walala wasala!!!!!!!

COSH Choral will soon start rehearsals. Interested? Call Zamisile Mabaso ext 3083

Do you want to contact us, want to submit stories for newsletter, have comments or suggestions please call 033 4930820 or send an e-mail to: sindisiwe.sibiya@kznhealth.gov.za

Ongakulindela kwi CAM elandelayo

- Umuntu nemoto yakhe
- Human Rights Day Celebration nokunye....