



UMTHOMBO WASEKOMBE NEWSLETTER



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CEO DESK

Thank you again for having been with you for another year long. It has been a year of commitment, a year of hard work and dedication

We have had our challenges as individuals, institution and as a family but the most important part is that we have been able to overcome most of those challenges and gave our work, undivided attention. We must remember that if you want to fly a kite you always fly it against the wind and exert weight to keep it from turning somersault. The same with us, no man will succeed unless he is ready to face and overcome difficulties, challenges, and prepared to assume responsibilities.

Our achievements have been outstanding also. The appointment of a Social Worker has helped in rendering holistic care, to our com-

munity. The appointment of an EAP Practitioner is showing that we care about our workers. Everything else will fall into place perfectly.

Lastly, but not least, please take up your positions passionately. Give all that you've got. Let us be the winning team!!

Thank you.



MABHUQWINI GARDENS

On the 12 of December 2007 Mduduzi Buthelezi from District Office who specializes on nutrition came to Mabhuqwini Clinic accompanied by Ekombe Hospital PRO, Philani Mhlungu to see the progress in the vegetables gardens. On arrival we realized that there was a lot of progress. People of Mabhuqwini are industrious abad-

lali.

Mduduzi spoke about the importance of vegetables gardens and nutrition in order to fight poverty and diseases. He also demonstrated posters for children who are not well fed, who ended up having diseases like Marasmus, Kwashiorkor and Pellagra.

Mabhuqwini people who are having gardens at the clinic received seeds for spinach, beans, pumpkin, onion, beetroot and potato. They also received working coats as another way to encourage them to take their job seriously. Izithombe ziyixoxa kahle lendaba.



SIYAPHAMBILI SUPPORT GROUP

Siyaphambili Support Group was formed in September 2006, it's a group of people who are living with HIV & AIDS. This Support Group is headed by Nomvula Mpungose and Bongiwe Mchunu who are doing an excellent job. On the 12 of December 2007 Mabhuqwini Clinic hosted the closing function for Siyaphambili Support Group. The programme director was Nomvula Mpungose who was on top of her game, she said forming this group was not easy.

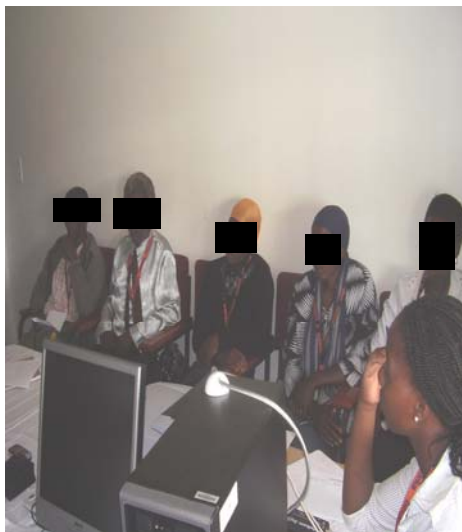
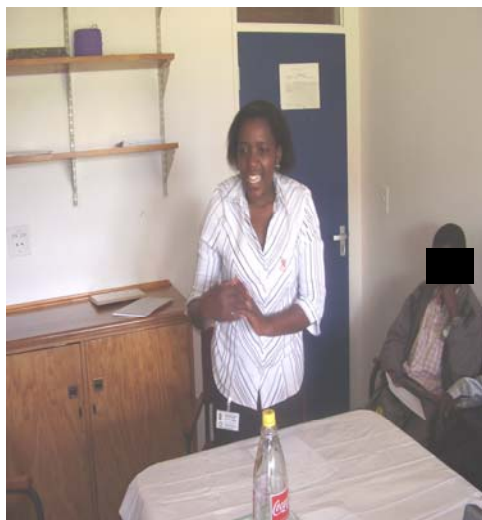
Sister F.F. Mngomezulu welcomed everyone who was present. Support Group members were given a chance to tell us about their experiences. Mr B. Mchunu who is also a member emphasized on eating healthily and encouraged his fellows to have vegetables gardens at home. He thanked Nomvula Mpungose for her support and bravery, he also emphasized unity to Siyaphambili Support Group.

Mduduzi Buthelezi who is a Nutrition Advisor gave words of encouragement to everyone who attended the function. He spoke about the importance of eating healthily in order to live longer if you are infected with HIV & AIDS.

Umzimba womuntu udinga amandla, umsoco, amanzi, ukuzivocavoca kuqhuba uMduduzi. Waphinda wahamba emazwini kaMr B. Mchunu ngokubaluleka kokuba nezingadi zezithelo emakhaya.

Mduduzi thanked members of Siyaphambili Support Group for disclosing and living a positive life. Phambili NgeSiyaphambili Support Group.

SIYAPHAMBILI SUPPORT GROUP PHOTOS



EMPLOYEE ASSISTANCE PROGRAMME

We are chatting with our new EAP Practitioner, Mrs Bonakele Nene. She will be telling us about this programme which some of the employees are not yet familiar with.

What is EAP ?

EAP is a worksite based program designed to assist the Department in addressing the productivity or performance issues and resolving personal concerns which may affect job performance.

Udingani ukuze ube i-EAP Practitioner nokuthi kuthatha isikhathi esingakanani ukuyifundela ?

Ukuze ube i-EAP Practitioner udinga ukufunda izifundo zeHuman Behavioural Studies ezifana neSocial Science, psychology neSociology ifundelwa iminyaka emithathu.

What is the role of the EAP ?

- Training of the managers, supervisors and organized labor on EAP.
- Time problem identification.
- To use confrontation, motivation and short intervention with employees to address problems that affect job performance.

Yini izinhlelo ze-EAP ?

- Ukweluleka
- Izinhlelo ze HIV & AIDS
- Ukusiza abanezikweletu
- Ukusiza abanenkinga yotshwala nezidakamizwa
- Ukusiza abahlukumezekile emoyeni
- Abanezinkinga zomshado



Ngabe i-EAP isiza baphi abasebenzi ?

I-EAP isiza abasebenzi baseSibhedlela nabaseMitholampilo.

What is interesting about being an EAP Practitioner ?

To solve other people's problems and at the end of the day you make a difference to someone's life. You meet people from all walks of life.

Yini izinselelo ze-EAP Practitioner ?

Abantu kwesinye isikhathi abethembi izinto obatshela zona. Kwesinye isikhathi bazitshela ukuthi uzokhipha izimfihlo zabo.

How much does this programme costs?

The EAP is free of charge and its also extended to family members.

Utholakala kuphi uma sifuna isizo ?

Okwamanje ngitholakala eStaff Clinic ext 8047.

DONATIONS TO ORPHANS

PEP Stores donated clothes to orphans of surrounding areas of Ekombe. Mrs V.G. Kholoane, Ekombe Hospital Senior Social Worker said the purpose was to give orphans who are in need of care and clothes. The reason being high rate of mortality, unemployment, poverty and abandoned children.

The variety of clothes were donated to orphans from the age of 3 years to 18 years. This event was attended by 52 children accompanied by their guardians.

Injabulo yayibhalwe emehlweni kulabantwana ngesikhathi benikwa izimpahla zokugqoka kusukela ezikibheni, amabhulukwe, amajacket. Ekupheleni komcimbi abantwana bazithokozisa ngokudla.

We would like to thank PEP Store for taking this initiative which helped Ekombe Hospital to fight poverty and give hope.



NEW APPOINTEES



This is Lindiwe Zondi from Greytown, she is our new Telcom operator. She was working in the private sector as an Admin Clerk. She is single but unavailable. Usekhaya MaGagashe.



Lona nguMrs Bonakele Nene intombi kaNyambose, she is from Resevor Hill in Durban. She is our EAP Practitioner, she was working at Ezemvelo KZN Wild Life. She is married and she is passionate about reading. Be at home Dingiswayo



Lona ke uKhulekile Langa from Msinga, she joining us as HR Officer. Previously she was doing voluntary work at Greytown Hospital. Siyakwamukela MaDubandlela.



This is Nelly Zwane our Senior HR Practitioner, she is from PMB. She was working in the Department of Education specializing in HRD. Welcome home MaNtshosho.



Manje sethula uSir Jabulani Ngobese ophuma Emthunzini. He was working at Bethesda Hospital, he is our new ARV's Project Manager. UMqungebe is single and available so ladies nani niyazi wemantombazane. Be at home Mqungebe.



This is Phumzile Nxumalo from Mvutshini. She is a Staff Nurse, single but unavailable. She likes R&B and Kwaito music. Siyakwamukela MaMkhatshwa usekhaya.

NEW APPOINTEES



Lapha sethula uMrs Silindile Radebe our new Staff Nurse at Gateway Clinic. She is from Ntunjambili in Kranskop. She is married with three children two boys and one girl. Uthi uyazifela ngamaTalk shows especially Oprah Winfrey and Tyra Banks, she also likes music. Welcome home Bhungane.



Lona uBonginkosi Khumalo from Mahlabathini. He joining our family from Escourt Hospital. Umtungwa is our new Senior Radiographer. He is single and available. He likes Hip Pop and R&B music, he is also a motivational speaker. Zizwe usekhaya Donda.



This is our new Staff Nurse Sin-disiwe Sangweni ophuma Olundi olumahlikihliki. She is single with one child. She is so passionate about music and she likes reading newspapers and magazines. Siyakwamukela emndenini waseKhombe Hospital.



This is Herchelle Fish from Cape Town, she is joining us as an Occupational Therapist. She studied Bsc Degree in Occupational Therapist at UCT. She is single but not available and she has a two year old daughter. She likes rugby, cricket and swimming. Be at home Hercelle

TB BLITZ CAMPAIGN

Ekombe Hospital team and the team from the District Office conducted TB Blitz from the 21– 23 of January 2008. According the statistics obtained from TB OPD it showed that most people diagnosed as PTB are from Ntingwe Area that's why the area was targeted.

The team consisted of the staff, volunteers and youth ambassadors. Each team consisted of five members.

Manje siyixoxa ngezithombe



Mrs CB Makhoba, PHC Supervisor educating about TB



TB BLITZ Team



Mrs JE Mfuphi educating about TB



EN Buthelezi, HAST Co-ordinator



Employees from Ntingwe Tea Estate listening attentively

VISITORS FROM DENMARK



CEO, Mrs NP Ngcobo, Sir J Ngobese, Ms B Sandegaard, Mr Mchunu and Prince V Shange



Ekombe choir with Prince Shange



Izintombi zengoma



Izintombi zengoma dancing for Denmark visitors



Theatre staff, CEO and Ms B Sandegaard



Mr Mchunu, Ms B Sandegaard and Prince V Shange

PRO DESK

Firstly let me introduce myself, I am Philani Mhlungu from Madadeni in Newcastle. Previously I was working in the private sector in the marketing and public relations department. I would like to thank the management of Ekombe Hospital for giving me this platform to share my ideas. I am humbled to be part of this loving family.

While compiling this newsletter I had fun, that's why I am looking forward to the next issue. I would also like to thank everyone who contributed to the success of this newsletter. Should you have newsworthy stories my door is open. Let 2008 be a year of hard work and conquering in all aspect of life.

Yimi okaNdaba umntwana. Lets continue fighting diseases, poverty and give hope.



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