



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Eshowe District Hospital

Siyacobelelana

NEWS

STAY INFORMED

July–September 2018

HERITAGE DAY CELEBRATION



MOPD TEAM



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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

CEO's INPUT

Welcome to another edition of our Newsletter.

We must thank God Almighty for keeping us up to this far. First and foremost, I would like to thank all staff for working with dedication during trying times including during the disasters that have struck near our hospital. You have demonstrated that disaster drills that are conducted frequently in our facility are really helping us to sharpen our skills in dealing with mass casualties. Dedication shown by all staff both who were on duty and those who were off-duty demonstrated that you were called to be health workers. 'Ningadinwa nangomuso'.

The current situation still demands us to do more with little because not only Department of Health is experiencing financial constraints but also even the international world is experiencing global economic melt-down. We need to be cautious how we handle the finances we have and still deliver to our communities the services expected as per the mandate of Department of Health.

It is my pleasure to mention some of our achievements inter alia, the installation of an On-site Gateway Clinic park home through collaboration with MSF in an attempt to re-introduce the Gateway Clinic to reduce long waiting times that are caused by PHC patients that are unnecessarily seen in the MOPD. Secondly, MDR TB park home has also been installed responding to the call to decentralize these services to the lowest possible level. From now on, not all MDR TB patients will be sent to Catherine Booth Hospital but this park home will assist us save time and money for our communities who require these services.



Mr. PN Sangweni
Chief Executive Officer

New initiative to boost our Bed Utilization Rate (BUR) is already showing some positive signs and we will continue to address this problem until we meet the expected norms.

The installation of the new X-Ray machine is also in the pipeline and will be up and running soon and this will also reduce strain put on the already overburdened very old X-Ray unit that breaks frequently.

Successful campaigns that have been hosted include among others the Teenage Pregnancy Dialogues that were held at KwaMaqhwakazi and King Dinuzulu Township were very relevant following the visit by KZN Legislature who also noticed the trend of increased teenage pregnancy around Eshowe area in the presented statistics and observations at KDC

CEO's INPUT conti.....

We really hope this campaign will bear much needed fruits. MMC campaigns are still held religiously and we are still leading with statistics. Cervical cancer screening campaign was also held in August 2018 as part of celebration of Women's month consequently 121 women were done PAP smears. Next cervical cancer screening campaign will also be held on the 24th of October 2018 following good response shown by women in August 2018. The introduction of Ideal Hospital Framework will make work easy for us all when we only have one integrated assessment tool even though we are still getting ourselves acclimatized with the tool, we all need to embrace it for the benefit of our communities as it is aligned to the recently promulgated norms and standards for hospitals.

Ukubambisana okuhle esibe nakho engathi singaqhubeka nakho. Imiphakathi yethu iyatusa futhi ukuphathwa okuhle ekutholayo esibhedlela sethu kodwa noma kusekhona izikhalazo ikakhulukazi ngokungaphathwa kahle. Lokhu kufanele sizame ukukushintsha ngoba iningi lalemiphakathi ayinayo enye indawo engayisebenzisa uma befuna usizo lwezempilo ngaphandle kwesibhedlela saseShowe. Keep up the good work. Phambili ngomsebenzi omuhle. Kuze kube okuzayo.

HANDING OVER OF ON-SITE GATEWAY PARKHOME AND MDR TB PARKHOME

It has always been a great concern from Eshowe Hospital Management Team to see patients flocking to Medical Out Patients Department even for minor illnesses. Even the total number of unreferral patients has been abnormally high. This caused great delays and lot of complaints from the patients who were waiting in long queues to be seen by doctors. This Gateway Clinic seeks to improve this situation that PHC patients are seen at PHC level.

This clinic is planned to open its doors on the 1st of November 2018. The extension is inside the hospital and it will be rendering PHC services. This could not

have been possible if it was not for the donation offered by MEDISINS SANS FRONTIERES (MSF) who was kind enough to donate a 2 park homes to Eshowe Hospital (Gateway Clinic and MDR TB Clinic). Both park homes were handed over to Hospital Management on the 02 October 2018.



Mr. PN Sangweni (CEO) officially receiving keys for the park homes from Liesbet Ohler

KWAKUSINDWE NGOBETHOLE KUGUJWA USUKU LWAMAGUGU ESIBHEDLELA SASESHOWE

Zazidlana imilala esibhedlela saseShowe kugujwa usuku lwamagugu (Heritage Day Celebration). Umcimbi wawungomhlaka 21 ku Mandulo 2018 ngaphakathi esbhedlela eBoardroom. Kwakuyintokozo yodwa kubasebenzi base Showe ukuhanjelwa usaziwayo uZimiphi Biyela owaziwa ngelika Zim Dollar 'Intokazi yesibhono' woKhozi FM okunguye owayephethe uhlelo ekugcineni kwanandisa umculi osafufusa ka Maskandi uCelokuhle Gcaba owaziwa ngelika Mjikileli insizwa edabuka eNkandla.

Inhloso yalosuku lokugubha amasiko kuwukufindisa kabanzi ngamagugu ahlukahlukene ezizwe ezihlukene kwazise kusemqoka kunoma ubani ukwazi kanzulu ngemvelaphi namagugu obuzwe bakhe. Ekwenzeni lolusuku lube impumemelelo ama Departments ayegqugquzelwe ukukhangisa ngokudla okuhlukene abakuphekile nokuhlobisa kahle indawo lapho bezobeka khona izidlo zabo. Kuwo lomkhangiso abasebenzi bathola ukufundakabanzi ngokupheka ukudla okuyizinhlobonhlobo kwezinhlanga ezahlukeni okubalwa kukho ama chilli bites, izindlubu, uqudasi, isithwalaphishi, isijabane, isijingi sebhece, izinkobe zezindlubu njalo njalo.

Abasebenzi baphinda banandisa ngemidlalo eyehlukene amaqembu ayenandisa kwakubalwa kuwo isinsizwa zase Ntenjane uMenzi no Bongumenzi ezazenza inkondlo, Abasemzini (hospital interns), Denver Hostel (MOPD), Skizozo (Dr. Kavuala ne Qembu) kanye no Dr Khanyile ecula umaskandi singasho nje ekwenza konke ngoba nengoma hhayi uhamba yedwa uNgwane.



Nksz. Z Biyela 'AKA Zimdollar' owayephethe uhlelo

Ekugcineni kwaklomeliswa labo ababenze kahle umbukiso wokudla abakuphekile okwaba iWellness clinic, Human Resource kanye ne Management Block (Mrs ETB Mkhize) eyadla umhlanganiso. Kwabe seyanandisa uMjikijeli neqembu lakhe .



Nksz. Z Biyela ekanye no Mjikijeli

TEENAGE PREGNANCY AWARENESS



According to statistics King Cetshwayo District has a high number of teenage pregnancy rate. This was also attested to by the KZN Legislature visit that was held at KDC Hall on the 19th June 2018. Maqhwakazi area under Ndlangubo has three high schools and four primary schools. This area is perceived to be the main contributor to Teenage Pregnancy statistics. To mitigate this problem, Eshowe School health teams (Ndlangubo and King Dinuzulu) held two successful teenage pregnancy dialogues on the 27th September and 11th October 2018 respectively.

On the 27th September 2018, dialogue was held at Maqhwakazi Hall and the participating schools were Queen Nandi Primary and Bhekeshowe High School. The last dialogue on the 11/10/2018 was held at King Dinuzulu Hall and schools that participated were Bonamumva Primary, Zwelithini High, Bambiswano High, Gcwalulwazi High School and Umfolozi TVET College. Teenage pregnancy is viewed as a more social problem with an assumption that there are underlying societal problems that directly/ indirectly contribute to this inflated rate.

The targeted grades were from Grade 6-12 in both schools and parents were also invited in this dia-

logue. The dialogue is viewed as a learners' platform that affords learners time to engage and debate different social factors at home, in the community, at school, in church, in social networks etc. that influences teenagers and may lead to high or low teenage pregnancy rate. Noted from the dialogue was that teenagers lack information on the importance of contraceptives due to religious and cultural beliefs. Another thorny issue is that parents do not discuss sexual issues and family planning with their children i.e. teenagers and this plays a huge role in teenagers succumbing to peer pressure from friends at school and in communities.

In summing up the dialogue learners were encouraged to prioritize their needs and focus on their life goals and to engage themselves in programmes that encourage youth participation, sexual reproductive health and family planning in particular. Much gratitude to Child Care South Africa, MSF, DSD, DOE, Shinning Star, KRCC, TVET and parents for availing themselves and be part of the dialogue.

UMVUZO WOKUNCCELISA IBELE



Hospital Staff during Breastfeeding March

Kusukela mhlaka 01-07 kuNcwaba umhlaba wonke usuke unomkhankaso wokugqugquzela omama ngokubaluleka kokuncelisa ubisi lwebele. Ekuqaliseni lomkhankaso abasebenzi basesibhedlela baba nemashi mhla zingu 03 ku Ncwaba ngaphakathi esibhedlela lapho babecula besho neziqubulo eziphathelele nokugqugquzela ukuncelisa ibele.

Umtholampilo wase Showe obizwa nge Gateway nawo ngokuhlanganyela noSomsoco basesibhedlela nasemitholampilo abasalanga ngaphandle nabo baba nomcimbi omkhulu wokufundisa nokukhuthaza omama enkunceliseni ubisi lwebele mhla zingu 17 ku Ncwaba 2018. Ngalolusuku omame babethola ukufundiwa nolwazi ngemivuzo yokuncelisa ibele. Umvuzo utholwa uye umama kanye nomntwana okubalwa kuyo: ukuvikeleka ekuguleni, ukuvikeleka ekukhishweni isisu, ukuvikela kuma allergies, ukusiza umntwana ekukhuleni ngendlela efanele nokugqugquzela izinsini nolimu ukuba kukhule.

Umnu Mbali ongosomsoco ngokuhlanganyela nabakwa Shine babenandisa nge edutainment okuyilapho uMbali wayechaza ngokubeka umntwana ebeleni nangokumisa okubalwa kuko uku-

gona, ukubamba njengebhola noma ukulala ngaseceleni komntwana. Wayesechaza ngezigaba zobisi ezibalulekile ekumele zitholwe umntwana okuwubisi oluphuze olubizwa ngomthubi lolubisi luphuma emabeleni izinsuku zokuqala ezimbalwa emva kokuteta, ubisi lokuqala okuwubisi olwamanzi oluphuma ebeleni kuqala kanye nobisi lwakamuva okuwubisi olushubile olunomsoco.

UMnu Mlamuli Zuma wachaza kabanzi komama ukuthi ubisi lwebele uyakwazi ukuluncelisa noma unegciwane lesandulela ngculaza, umntwana umncelisa isikhathi esingangezinyanga esiyizinyanga eziyishumi nambili 12 months . Kusemqoka ezinyangeni eziyisithupha zokuqala zempilo yomntwana ukuze akhule kahle futhi enempilo ukuncela ubisi lwebele lungaxutshwa nalutho akudingeki ngisho amanzi.

Usuku lwaba impumelelo enkulu ekupheleni kohlelo kwakunemibuzo omama bazitholela amathoyizi abantwana, izinto zokugcoba kanye nesikhwama esihle sokufaka izingubo zomntwana . Umcimbi wawuxhaswe abakwa Shine kanye nabakwa Child Care South Africa .



Gateway OM : S Pillay together with Nutrition Team

OPERATION MBO



The school principal and community from Ndlovini Primary School were very pleased by the intervention done by the Primary Health Care Team when they visited their school after receiving a report of a huge number of learners with impetigo, scabies and minor illnesses. The drive behind PHC integration of services is to improve accessibility of health care to the public.

Services that were provided included minor ailments, TB Screening, Immunization (EPI) and for the parents family planning, cervical cancer screening and HIV testing was rendered. Once again integration of PHC services continues to be a pivotal strategy towards the achievement of National goal transformation of health services and the attainment of comprehensive and seamless public health system. Teams that visited Ndlovini Primary were Ward Based Outreach Team, Community Care Givers and School Health Team from King Dinuzulu & Ndlangubo Clinic.

Article submitted by: Sir. S Tembe

VISIT BY DISTRICT DIRECTOR

Mrs. NE Hlophe District Director King Cetshwayo paid a special visit to Eshowe Hospital Management and staff on the 22 August 2018. Since Mrs Hlophe has recently joined King Cetshwayo District she saw it fit to do an orientation based visit.

During the visit District Director was joined by Ms. P Dlwati and Dr. R.O Ogunyinka and had a tour around Eshowe hospital whereby Director interacted with staff and also visited a site for a proposed internal gateway clinic. One must commend director for her dedication as Eshowe is such a big institution but she made sure not to miss any ward/department including the very last department laundry which is at the far end .



Front: Mrs. NE Hlophe (District Director), Mrs E. Reynecke, Ms PPT Dlwati,
Back Row: Dr. R.O Ogunyinka & Dr. MS Buthelezi (Medical Manager EDH)

Mental Health Awareness Month



To commemorate Mental Health Awareness month which is July, Mental Health team that was led by Sir S. Ndlela (Mental Health Nurse) conducted the awareness from the 02-10/07/2018 in different departments within the hospital. Theme was “ Mental Health at Workplace, the awareness targeted all staff within the hospital with an aim of equipping them with the basics of how to support colleagues with mental health problem, health coping skills and the use of referrals and support system. The word **PERSONALITY** was used as a tool one can use to weight their mental health state using a scale out of 10. Breakdown of the word :

P– Pleasant smile

E— Eager

R– Responsibility

S– Sense of Responsibility

O– Orderly mind

N– Neatness

A– Accuracy

L— Loyalty

I—Intelligence

T—Tacts

Y– Yearning to be a role model.

The awareness was of great benefit to hospital staff as they all learned different things when it comes to mental care and the importance of being tolerant and supportive to colleagues that are affected by Mental Health Illness.

2018 PHARMACY WEEK



Mxolisi Thabethe and Smangele Mpanza

In commemoration of pharmacy month the hospital pharmacy department held presentations at Outpatients departments from the 17-20 September 2018. Theme for 2018 was 'KNOW YOUR MEDICATION, ASK YOUR PHARMACIST'. Under the theme pharmacists had components which are towards the Quality Care, Use your Medicine Wisely, Store your Medicine correctly and Travel safely with your Medicine. The target group was both chronic and acute patients, knowing the different chronic days e.g. Monday is Asthma and Epilepsy, the presentation was then based on Asthma and Epilepsy medicines, Tuesday it was based on

Antibiotics (precautions and side effects), Wednesday it was Diabetes etc. The aim was to ensure that patients are well informed about the medicine they are taking and are able to use their medication correctly e.g. Asthavent pump for asthma (Demonstration was provided by pharmacists).

The team made sure that the message is effectively passed to the targeted audience. The use of the designed cupboards with the boxes of different medication for each condition and translation was given to those who required it. In the end questions were asked and prizes were given to those who answer correctly.



PICTURE GALLERY—HERITAGE DAY 2018



PICTURE GALLERY



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