



# ASIKHULUME-LET'S TALK

## KE VIII DONATES CLOTHES TO TRIPLETS

Parents of triplets delivered at G.J. Crookes hospital, Ntombikhona Gasa and Nicholus Sibisi of Umgababa, South of Durban, were left speechless by a surprise visit from G.J. Crookes PRO, Siyabonga Cele, to handover a donation of clothes from King Edward VIII hospital, on Friday, 12 May 2006.

This donation came after an article had appeared on the Rising Sun Newspaper and G.J. Crookes hospital website about a female who had delivered triplets at the hospital and was struggling to raise all three of them.

King Edward Hospital responded to the mother's plea by donating a bag full of baby clothing and other baby goodies.

According to Ntombikhona Gasa, mother of triplets, she has received a lot of assistance and sup-



Mr Siyabonga Cele handing over a donation from King Edward VIII to Mr Sibisi (father of triplets) and Ms N. Gasa (mother of triplets)

port from G.J. Crookes hospital since the day she delivered her triplets.

"I am very grateful for what G.J. Crookes and King Ed-

ward VIII have done for me. I would have struggled to raise all my three babies if they did not come to my rescue, thank you so much." Ms Gasa said.

## ISASASA KUGUJWA AMA-SIKO ESINTU KWADUMISA



Uqubule elikhulu isasasa umgubho walo nyaka wokuqhakambisa ukudla namasiko esintu njengezindlela ezingalekelela ekulweni nezifo.

Lo mgubho obubanjelwe endaweni yakwaDumisa esigodini seNkosi uProtas Duma ngomhlaka 17 KuNtulikazi, uchazwe njengeminye yemicimbi ebaluleke kakhulu ukwakha isifundazwe soGu esiphilile.

Lo Mcimbi ubuhlelwe ngokubambisana phakathi kwethimba lonompilo (abasesithombeni) abasebenzela indawo yakwaDumisa namaphethelo kanye nabaqondisi bohlelo lwezempilo emphakathini.

Okhulumela abahleli bomcimbi uMnu Albert Luthuli uthethe lomcimbi bebehlose ngawo ukugququzela umphakathi ukuba ubheke nezindlela zakudala zokuphila njengengxenye yezisombululo ezifweni ezikhungethe umphakathi.

"Uhlobo lokudla kwesimanje, nezindlela zokuziphatha kunomthelela omkhulu ezifweni eziningi esezikhona kulesi sikhathi samanje. Sithi thina mazibuyele emasisweni ukuze kunqotshwe lezi zifo esezidlangangaka." kuphetha uMnu Luthuli.

## PARKHOME TO ADDRESS SPACE PROBLEM IN HR

A SIGH OF RELIEF AS HUMAN RESOURCE STAFF RECEIVE KEYS TO THEIR NEW PARKHOME.

Hospital Manager, Mrs. S.P. Nyawo has officially handed over keys for the new parkhome to the Human Resource Directorate on 13 June 2006.

The new park home was purchased to address space problems at the HR department. According to Human Resource Manager Mrs. N. Moses, HR had been congested and staff were unable to maneuver.

"With the new park home in place I



Above: Mrs. S.P. Nyawo (HM) & Mrs N. Moses (HRM) officially opening the new parkhome

am positive that we will be able to get enough space

for the new officers that have recently joined our department" she says.

The staff at the Human resource department also expressed their thankfulness to Hospital Manager for addressing their problem.

"we all wish we could move to the new park home, it is so beautiful" says HR officers in a jovial mood.

# X-RAY RECEIVES NEW ADVANCED ULTRA SOUND MACHINE

X-ray department at G.J.Crookes hospital has acquired a top of the range ultra sound machine with Doppler facilities. This machine is the second best in the market and is currently used by top class hospitals like Inkosi Albert Luthuli hospital.

This all in one computerized ultra sound machine is able to draw a close examination of patient diagnosis in comparison to other products in the market.

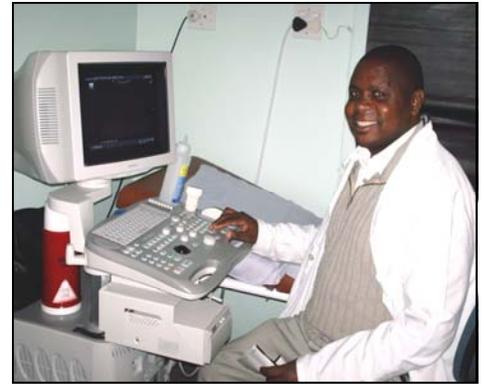
The machine, supplied by Tec Med company, is designed with a capacity to perform advanced obstetric studies, vascular studies as well as cardiac studies.

According to Mr F. Mudenda, Chief Radiographer, both doctors and patients will benefit from the new ultra sound machine as it is designed to give clear examination of even complex diagnosis.

" My assessment as a user is that this machine will be helpful for both doctors and patients because it gives more information on patient diagnosis . It is very informative and does more functions when compared to the previous ultra sound machine". Mr Mudenda said

The new machine has a linked Central Processing Unit to store images for future reference and for presentations. The machine also has an optional DVD facility to download and save images for DVD machines.

"With colour and Doppler facilities encompassed in the machine, patients will no longer be referred to Inkosi Albert Luthuli Hospital for Doppler services" He quipped



Above: Mr F.Mudenda (Chief Radiographer) getting a feel of the new Ultra Sound Machine

## SNIP VIEW



Above:Ms Thobeka Mbanjwa from Durban University of Technology is completing her in-service training at GJC.



Above: Technician Showing x-ray department how to explore features in their new machine

# PHUZEKHEMISI SAYS THANK YOU

A well renowned traditional music artist, Zibokwakhe Mnyandu, passionately known as Phuzekhemisi (pictured), has expressed his gratitude to the hospital for the excellent service he has continuously received, every time he visits this hospital for health care service.



Mr Phuzekhemisi, Mnyadu, last year's Grammy Award winner, and this year's Summer Award winner in Maskandi music, is proud to be one of the clients of G.J.Crookes hospital, and has shown this by always visiting this hospital whenever his family is need of health care.

Phuzekhemisi, who is well known for his exuberant talent in Maskandi music, is currently rated as the best Maskandi musician in South Africa and has even performed abroad.

When asked how he feels about the service at G.J.Crookes, he said "I appreciate your service, keep up the good work"

## CONGRATULATIONS THOBE & THAMI



Only a few would ever forget a glittering function to pronounce Thami and Thobeh husband and wife, held on the 08th July 2006, at Amanzimtoti Civic Centre. Thobeh, (working at G.J.C. PHC mobile) tied a knot with an ex-employee of G.J.C. Mr Thamsanqa Shange. The wedding was full of excitement and the couple was stunning.

## New appointments .....



Mr Nsindiso Msebeni has been appointed as our new Labour Relations Practitioner, joining the HR Team with effect from 01 August 2006.



Mr Mlungisi Ndlovu has joined the Human Resource team as our new HRD Practitioner with effect from 01 March 2006



We Welcome Mr Bhekizizwe Msibi, our new Assistant Nursing Manager to the nursing Component, Mr Msibi joined the institution on the 06 June 2006.



Ms Thandi Cele has been appointed as a new Finance Management Officer with effect from the 1st July 2006.



Ms Rosemary Weldon has been officially appointed as a Supply Management Officer with effect from 1st July 2006.



Mlungisi Ntshingila—our new assistant pharmacist joined us on the 03 March 2006



Jerrel Naidoo has joined pharmacy department as an assistant pharmacist with effect from 27 June 2006



Ms happiness Madlala— has been appointed as a Social worker for ARV clinic with effect from 1st June 2006.

**We wish you all the best**

## Message from the CEO



I take this opportunity to congratulate members of our staff that have progressed into higher positions of employment and to also warmly welcome new employees that have just joined our institution. I trust that the amount of skills that you have in your area of expertise and the level of diligence that you will apply in carrying out your duties will only translate into fruitful results for our clients. Your introduction into G.J.Crookes hospital family is considered a milestone towards better service delivery and I hope you have also chosen us because you know how well we can shape you into a custodian of good service delivery to our people. I wish you all the best in your quest to advance the interests of our people. **S.P.Nyawo**

### Other recent appointments

**Cynthia Khomo**— Pharmacist assistant—appointed on 28.06.06.

**Angie Pillay**— Pharmacist assistant-Appointed on 03.07.2006

**Princess Bera**— Pharmacist assistant—appointed on 29.06.2006

**Vusi Nzama**— Supply Officer— appointed on 01.07.2006.

**Bathabile Wella**- Human Resource Officer-appointed on 01.03.2006.

**Lungisani Sosibo**— Finance Service Officer—appointed on 01 June 2006

**Nosipho Maluleka**— Finance Service Officer- Appointed on 03 July 2006

**Jomo Bhengu**-Supply Officer – Appointed on 01 July 2006

## NEW FOOD TROLLEYS FOR CATERING DIVISION

*"NEW FOOD TROLLEYS FOR CATERING DEPARTMENT - A STEP IN THE RIGHT DIRECTION FOR OUR PATIENTS"*

New trolleys for catering department have come in as an answer to problems of food temperatures expressed by the patients in the food service survey conducted at the hospital last year.

According to the catering Manager, Mr Ready Mosikili, the new food trolleys are designed to keep patients meals warm for a longer period of time.

"After conducting a survey on the service we provide to the clients we discovered that most clients complained about the temperature of our food, hence we decided to purchase heat insulated trolleys", Mr Mosikili said.

With a new 'plating' system that the new trolleys have introduced, the department has envisaged a lot of improvement in their cost saving measures.

"A lot of food was being wasted when we were using the old type of trolleys because we unable to dish for the exact number of patients in the ward and there-



Mr Ready Mosikili showing the inside of new trolleys

fore some of the food landed in the wrong hands. The new trolleys will allow us to dish in plates" Mr Mosikili quipped.

However, Mosikili indicated that the current dishing up process is more time consuming, but promised that as soon as they receive a conveyer belt the process will move faster and the service will improve dramatically.

The new trolleys will also assist in bringing a professional system of presenting meals to the clients as the food is only accommodated in trays and plates, making it more presentable.

Send your letters to:  
The PRO  
G.J.Crookes Hospital  
P/bag X5501  
Scottburgh  
4180

E-mail:  
Siyabonga.cele@kznhealth.gov.za  
Phone: (039)9787004  
Fax:(039) 978 1295



*Letters to the Editor*

## I THANK YOU, NOW THAT I AM BETTER

**Dear Editor (Message to Card):** I, together with my family would like to express our sincere thanks and gratitude for the exceptional way in which you have assisted me through my stay in hospital. You have done an excellent piece of work and we are indeed proud of you. I am presently recovering very well. Please pass my regards to all the others that were involved during my stay in hospital. Keep up the good work. God bless you.

**Marimuthu Ramsamy  
Umkomaas**

G.J.Crookes Hospital choir is up and running again this year. If you have passion for classical music, join us every Friday afternoon from 2- 4pm, at G.J. Crookes Lecture room, for a bit of fun and a lot of music to take your stress away.

**Dear Editor:** We are visitors to Scottburgh and on the 2nd May 2006 my husband brought me to your Casualty Department as I had an accident and hurt my foot.

I would like to thank your staff from the security guard to the doctor and nurses for their caring and kindness in treating me, especially as it was a public holiday.

It was such a pleasure to be treated so well especially as they struggled with our accents. Thank you again.

**Mrs N. Pugh**

**(Tourist) Blue Marlin Hotel  
Message from the Editor:**

Thanks to all our staff who assisted the above clients. The hospital is proud of you and we are grateful that you are continuing to set a good example for all others to follow suit. Keep up the good work !! **Editor**

## THANDAZILE SCOOPES BEST COMMUNITY HEALTH WORKER AWARD



Diligence has paid dividends for a hard working Thandazile Antonia Chiliza, a community health worker of Malangen Area,

under Induna Ntusi.

Thandazile (pictured holding a trophy) was given an award for the best Community Health Worker for Ugu District at a prestigious event held in Durban on the 22 July 2006. This event was organized by the Progressive Primary Care Directorate.

Amongst other things,

Thandazile has always excelled in her duties and has put forward a performance that exceeds normal expectation.

According to Mr Albert Luthuli, Community Health Facilitator, Thandazile has managed to establish viable support groups within the Malangen area and has worked with more than 120 fami-

lies, which according to him is beyond a normal work load that is given to any Community Health worker. Mr Sfiso Mlaba also echoed Mr Luthuli's sentiments by commending Ms Chiliza for her extraordinary passion and her unprecedented diligence in discharging her duties.

"The whole district is proud of Ms Chiliza's achievement", Mr Mlaba concluded.

## Breastfeeding certificates for new staff



There was great jubilation early this year when a team of G.J.Crookes Employees received their certificates after they had completed a three day breastfeeding course offered by the Head of the Ante Natal Clinic, CPN C. Boikanyo (pictured wearing glasses).

This three day intensive course is offered to all new employees to the hospital and forms part of the orientation and induction programme.

According to CPN Boikanyo, the course includes both theoretical and practical aspects of breastfeeding. "New Staff are exposed to in-depth information about breastfeeding and how mothers should take care of their babies after they have delivered" she said.

Since attaining a baby friendly status in 2001, G.J. Crookes hospital has continually maintained a high profile in taking care of both mothers and their babies, and has managed to enforce the concept of exclusive breastfeeding to a large proportion of mothers who have delivered their babies at this hospital.

The course on breastfeeding is not only offered to female staff members but males have also attended the course and have acquired extensive knowledge in breastfeeding, which they have imparted on their families, friends and neighbors.

CPN Boikanyo believes that everyone in the institution should act as breastfeeding feeding champions, from the security at the gate to the hospital manger. "We want to ensure that our institution complies fully with the breastfeeding procedures by instilling knowledge to every employee who joins our institution. So far almost 70 percent of our staff have received basic training on breastfeeding". She said

## Words of wisdom- A true meaning of life

The paradox of our time in history is that we have taller buildings but shorter tempers, wider freeways, but narrower viewpoints.

We spend more, but have less, we buy more, but enjoy less. We have bigger houses and smaller families, more conveniences, but less time. We have more degrees but less sense, more knowledge, but less judgment, more experts, yet more problems, more medicine, but less wellness.

We drink too much, smoke too much, spend too recklessly, laugh too little, drive too fast, get too angry, stay up too late, get up too tired, read too little, watch TV too much, and pray too seldom.

We have multiplied our possessions, but reduced our values. We talk too much, love too seldom, and hate too often. We've learned how to make a living, but not a life.

We've been all the way to the moon and back, but have trouble crossing the street to meet a new neighbor.

We conquered outer space but not inner space. We've done larger things, but not better things. We've cleaned up the air, but polluted the soul. We've conquered the atom, but not our prejudice. We write more, but learn less. We plan more, but

accomplish less. We've learned to rush, but not to wait.

We build more computers to hold more information, to produce more copies than ever, but we communicate less and less. These are the times of fast foods and slow digestion, big men and small character, steep profits and shallow relationships.

These are the days of two incomes but more divorce, fancier houses, but broken homes. These are days of quick trips, disposable diapers, throwaway morality, one night stands, overweight bodies, and pills that do everything from cheer, to quiet, to kill.

It is a time when there is much in the showroom window nothing in the stockroom. A time when technology can choose either to share this insight, or to just hit delete.

Remember, spend some time with your loved ones, because they are not going to be around forever. Remember, say a kind word to someone who looks up to you in awe, because that little person soon will.

Remember, to give a warm hug to the one next to you, because that is the only treasure you can give with your heart and it doesn't cost a cent. Remember, to say, "I love you" to your partner and your loved ones, but most of all mean it.

A kiss and an embrace will mend hurt when it comes from deep. Remember to hold hands and cherish the moment for someday that person will not be there again. Give time to love, give time to speak, and give time to share the precious thoughts in your mind. AND ALWAYS REMEMBER: Life is not measured by the number of breaths we take, but by the moments that take our breath away.

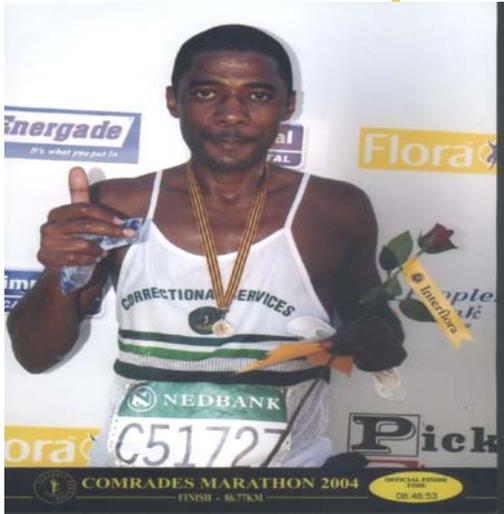
**Author Unknown:** but I thought I could just share it with you, it might inspire you when you read through the surface and get to deeper meaning.

## Our wards flourish



The combination of good colours in our wards has brought smiles to the faces of relatives of clients who are admitted in our wards. Not only do people smile about the conducive environment in our wards, but they have also expressed a lot of appreciation about the cleanliness in our wards.

## One of our own in Comrades Marathon



South Africa has always taken pride in hosting world class sporting events like this year's Comrades Marathon. Like all the years, this year was no different in terms of the preparations for the event.

Again this year, G.J. Crookes hospital took part in the comrades Marathon when one of our staff member, Gary Goldstone, raced amongst the best in the world and managed

to set a record of 9h00, putting our hospital on the map.

When asked how he feels about representing his hospital in the world's sporting event, he said "Even though I didn't win the first prize I feel very proud that I have represented my institution and the people of Umzinto in the world's sporting event.

Gary is currently employed by G.J. Crookes hospital as Finance Service Officer. He has participated in comrades marathon several times but this year was special to him as it was the first time that the hospital paid attention to his contribution.

According to Gary's supervisor, Mr Nsindiso Msebeni, all the staff at the Admitting department were in support of Gary on the 16th June when he took part in the Comrades Marathon.

" Gary has inspired a lot of people in the department to appreciate the athletics game. His contribution with his participation in Comrades is a very important one" Concluded Msebeni.

## Jokes for Folks

### Bayafunda Nge HIV/AIDS

Uthisha: "Bantwana ngoba seniyazi ukuthi i AIDS ibangwa yini. Akufanelanga ukuthi ulale nowesifazane ungafakanga i condom" uSipho umzuku kagogo, masekufanele ukuthi kuyolalwa, atshele ugoro ukuthi namhlanje akalali naye. Abuze ugoro "kungani ungafuni ukulala nami namhlanje Sipho"? Apendule uSipho "ingoba gogo angifakanga i condom"

### Jabus Affair hits back

Jabu was having an affair with the woman from next door. One weekend he tells his wife he is going to Durban for a seminar. He packs his bags and leaves Friday afternoon. Saturday morning after a lovely night with the woman next door. Wearing a gown as he goes to the bathroom. To his surprise through the window he sees a man walking around his yard wearing his gown. He screams " hey wena njandini what are you doing in my house wearing my gown?" The man replies " futsek wena ndabazabantu the man of this house is in Durban as we speak". Jabu replies "uzobona mangibuy'eDurban.

"Extracted from the mailbox."

## GJC NETBALL TEAM -SECOND BEST IN UGU DISTRICT



Sr Nopasika Ntloko holding a trophy and medals for the GJC Netball team.

G.J. Crookes hospital Netball team has scooped second prize at the Ugu District, soccer and netball tournament, played at Port Shepstone High School, on the 24 June 2006.

G.J. Crookes girls took the second prize after having achieved victory in five games out of the six they played. They were almost awarded the first prize after the officials discovered they had netted tops in all their five games and had scored the most goals in the tournament.

"The introduction of a point system led us down because if they only considered goals

scored and conceded we would have gone away with the first prize, Says, Thandi Cele, Captain of the netball team.

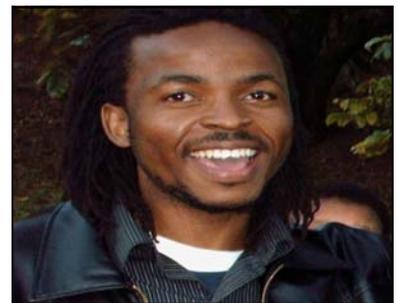
The First prize was awarded to St Andrews hospital in Harding who had a clean record of six victories in all six matches, but had been beaten in goal average by the G.J. Crookes girls.

When asked about this achievement, Mr Siyabonga Cele, hospital PRO responded: "the Girls have done us proud as an institution; they have shown by scoring the most goals and achieving second place that we are indeed the best in this district"



Above: This is the team that represented G.J.C at the Ugu District tournament at Portshepstone

## SOCCER STAR



An impressive performance by a youngster, Siphiwe Mthembu, at this year's Ugu District Soccer tournament has left a lot of soccer fans asking for more.

Siphiwe, who is currently employed by G.J. Crookes hospital as an AIDS counselor, has been on top form since last year and has impressed a lot of people with his magnificent on the ball moves and his discipline on the pitch.

He points out that his good performance is a result of his hard work at training coupled with a lot of support from his fellow team mates at G.J. Crookes hospital.