BRINGING GOLD HOME
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On the 01 June 2018, staff members from Grey’s hospital attended the MEC Service Excellence Awards at the ICC. Grey’s hospital brought home 5 awards, namely; 1st position in the category National Core Standards, 1st position in the category: Best implemented programme project (Clinical) for the Hospital Acquired Infection in ICU QIP, 1st position in the category: Best performance in Compliance with Minimum standards for Safe Caesarean, 2nd position in the category: Best Implemented programme (Clinical) Rationalization of Blood use Strategic programme, 4th position in the category: Best performing Paediatric Outpatients Department. Congratulations to each one of you and thank you.
Recognizing Our Stars

Mrs Mpho Mbhele : Assistant Director Oncology Radiotherapy and Mr Nhlakanipho Mdletshe : Deputy Manager Oncology Medical Physics graduated on the 19th April 2018 with a Master in Business Administration (MBA) Degree at UKZN Westville Campus. Congratulations to you both.

ELECTROCARDIOGRAPHY

Electrocardiography (ECG) is the process of recording the electrical activity of the heart over a period of time using electrodes placed on the skin. These electrodes detect the tiny electrical changes on the skin that arise from the heart muscle's electrophysiologic pattern of depolarizing and repolarizing during each heartbeat. It is very commonly performed to detect any cardiac problems. - Medicine Health
CELEBRATING HEALTH EVENTS AT GREY’S

SUNSMART SKIN CANCER AWARENESS

During the month of January 2018, Occupational Health Clinic embarked on a mission to educate Grey’s staff members on the dangers of skin cancer. Pamphlets, posters and pictures were distributed to staff members.

NATIONAL EPILEPSY WEEK

National Epilepsy day is observed globally and Grey’s hospital observed this event during the month of February. Screen displays were set up with pamphlets and posters at the Outpatient Department. Patient’s were educated on Epilepsy by personnel from Social Work department.

Ms Nonhlanhla Ntuli addressing the audience
World Cancer Day was celebrated at Oncology Lodger Facility on 05 February 2018 together with All Saints Church, CANSA and Oncology Lodger patients. It was a wonderful day to see patients smiling and getting more information about how they can deal with cancer.

Left Picture: CHOC Social Worker with Oncology Patients listening to the presentation
Right Picture: St Church members, oncology management, social workers and patients singing and dancing

SEXUAL TRANSMITTED INFECTIONS (STI) CONDOM/PREGNANCY AWARENESS

This awareness was celebrated at Antenatal Clinic on 15 February 2018 and it was well attended by pregnant mothers and staff members. The focus was to educate pregnant mothers and staff members about sexual transmitted infections and the importance of condom use. Mothers were encouraged to attend clinic as the service ensures good outcomes for both mother and baby and they were informed about the importance of testing during pregnancy, drug adherence, infant feeding and the importance of practicing safe sex during the period of pregnancy. Some IEC materials like pamphlets and posters were distributed to mothers. It was well coordinated by Antenatal Clinic.

Antenatal Clinic distribute pamphlets and posters containing information about STIs and the importance of condom usage to mothers.
INTERNATIONAL CHILDHOOD DAY

In collaboration with CHOC SA the Social Work Department commemorated International Childhood Cancer day on the 15 February 2018. This day is celebrated internationally to raise awareness and to express support for children and adolescents with cancer, survivors and their families. The information about childhood cancer was forwarded to patients, staff and public. The main aim was to support and keep hope alive to children living with cancer and their families.

WORLD TUBERCULOSIS DAY

The Occupational Health Clinic compiled a display featuring valuable information and pictures on tuberculosis to raise public awareness about the devastating health, social and economic consequences of tuberculosis (TB). The display was filled with relevant literature to ensure that staff members gain knowledge regarding tuberculosis. Relevant pamphlets were made available for staff members to take home to aid in educating family members as well. The 24 March 2018 marks the day in 1882 when Dr. Robert Koch announced that he had discovered the bacterium that causes TB, which opened the way towards diagnosing and curing this disease.

WHO HEALTH ORGANIZATION: Theme: "Wanted: Leaders for a TB-free world"
WORLD KIDNEY AWARENESS DAY

The Renal Unit and Social Work Department coordinated Kidney Awareness Outreach Campaign on 08 and 23 March 2018. Modern Minds Study and Encouragement Centre was visited by the Renal Team and Social Work on 23 March 2018. They also conducted an outreach to the Liberty Midlands Mall. The focus was to educate school children between age 5 - 19 years, and the public about kidney diseases, healthy lifestyle, treatment and prevention.

EBOLA PREPAREDNESS

The Infection Control and Prevention team conducted a Viral Hemorrhagic Fever mock drill on the 13 July to assess the facilities response time and coordination. Ebola virus disease (EVD), also known as Ebola hemorrhagic fever (EHF) or simply Ebola, is a viral hemorrhagic fever of humans and other primates caused by ebolaviruses. Signs and symptoms typically start between two days and three weeks after contracting the virus with a fever, sore throat, muscular pain, and headaches. Vomiting, diarrhea and rash usually follow,
In 1985, Dr Gordy Klatt decided that he had to do something to stop the endless pain, suffering, and loss caused by cancer. He decided to start doing something that he enjoyed; running marathons, and spent 24 hours running around a track. He invited friends, family and associates to join him and this was the beginning of the RELAY FOR LIFE. Today, the RELAY FOR LIFE is recognized worldwide and is one of the largest fundraising activities in the world. It affords the community the opportunity to participate in the fight against cancer. It represents HOPE that all of those lost to cancer will never be forgotten, and those who are fighting cancer will be supported and that one day cancer will be eliminated. Teams are made up of 10-15 members, both young and old, who take turns to walk or run around a track for 12 hours. The main goal is to keep one member on the track at all times; as cancer never sleeps. On 10th & 11th March 2018, the CANSA RELAY FOR LIFE was held at the Carbineers field in Pietermaritzburg, and commenced at 2pm to 2 am, an overnight event. Fifty two teams participated, 180 survivors and caregivers registered. They and the more than 800 supporters made the event a success.

Grey’s Nursing Campus team: “WOMAN OF COURAGE”

Ten staff members of Grey’s Nursing Campus embraced this and participated in the event. It was very encouraging to see so many people gathering to support the walk. The members of each team were clad in colourful attires and held up their eye catching banners with their thought provoking slogans. Grey’s Nursing Campus slogan read “WOMAN OF COURAGE” “JOIN THE FIGHT, KNOW YOUR BODY, TOGETHER WE CAN FIGHT”. Our team members were proudly dressed in bright pink tops with black pants and a pink sash that read WOMEN OF COURAGE. Participants enjoyed camping out, good food, entertainment and community camaraderie.

From left: Mrs. S. Pillay, Mrs. U. Sooruth, Mrs. A. Ramanand

The highlight of the event was the Luminaria ceremony. This very emotional ceremony is in remembrance of, or a dedication to a very special warrior who lost their battle to cancer, and in honour of those who won and those who are still fighting the disease. Luminaria bags were personally decorated with photographs and messages to loved ones and formed the outline of the track. Candles were placed into each bag and were lit after dark. These candles burnt throughout the night, reminding us why we continue to fight the disease.
We the staff of Grey’s Nursing Campus were very proud to have been part of this very emotional day. A very special thank you to the organizers of a successful CANSA RELAY FOR LIFE. The night was defined by a clear message “Cancer can be beaten”.

We would like to take the opportunity to honour all the cancer survivors and the dedication of all health care workers, family, colleagues and friends who are involved in the care of the cancer patients. May the souls of all those who lost their battle with cancer RIP.

We would like to invite more teams from Grey’s Hospital to join us in the cancer relay in 2019. For more information on the relay kindly contact Mrs. V. Sewkarran at Grey’s Campus.
THE REVENUE TEAM STANDS TOGETHER & SAYS NO TO GUN VIOLENCE
DANCING COMPETITION

A Dance Competition was co-ordinated by Grey’s Dance Committee which was held on the 10 March 2018 at the Grey’s Recreational Hall with the aim of promoting a healthy lifestyle. The event was well supported by spectators and members of the provincial dance federation, FEDANSA, as well as representatives from the Department of Sports and Recreation. They were extremely pleased with the show and expressed that they would love to be hosted by Greys in the future.

Participants showcased their ballroom dancing skills

HEAMOPHILIA AWARENESS DAY

Heamophilia Awareness day was celebrated on 09 April 2018 at the Outpatient Department and the event was coordinated by Paediatrics Department. The main focus was to educate patients, staff members and the public on issues relating to Heamophilia. Heamophilia is a bleeding disorder in which the blood does not clot normally, it is a genetic disorder that impairs the body’s ability to make blood clots. It affects males, meaning males only have one copy of most of the genes on the X Chromosome whereas females have 2 copies.

Sr Nkomonde and Sr Hemmero

Children of the Paediatric Outpatient Department
HAND WASHING DAY RELAY

As part of a major effort to improve hand hygiene in health care, Grey’s Hospital personnel participated in the hand washing relay that took place on 04 May 2018 in conjunction to Global Hand washing day. The relay was a huge success and it was coordinated by Grey’s Hospital Infection Prevention and Control Team. The organizers wished to educate participants on the importance of good hygiene in preventing the spread of deadly diseases.

BURNS AND EPILEPSY OUTREACH

Social Work and Psychosocial Counselor arranged a combined outreach to Mental Health Society on 10 May 2018. The focus was to educate the public about the link between epilepsy and burns because there is a clear connection between epilepsy and burns. Informative pamphlets were available in English and isiZulu. In this combined outreach, 20 staff members from the Mental Health Society received training.
CAREER OPEN DAY

Grey’s Hospital hosted a student career open day in May 2018 at the Recreational hall. The event was coordinated by Mr MntUngwa (PRO) and the Events committee with the intention to inform and educate high school learners about services rendered at Grey’s hospital and the Department of Health as well as career opportunities in the Health sector. Departments displayed their exhibitions to allow learners to ask questions and interact with staff members and get immediate answers. Four (4) high schools attended the event.

ENJOY THE BELOW PICTURE STORY THAT TELLS IT ALL
INTERNATIONAL CANCER SURVIVORS DAY

CANSA Pietermaritzburg - in collaboration with the Grey’s hospital Social Work Department hosted a presentation by Cancer survivors at the Oncology Clinic on the 3rd of June 2018. This event is celebrated to commemorate International Cancer Survivors day. The day is meant to “demonstrate that life after a cancer diagnosis can be a reality”. The event was coordinated by Ms N Mbele and team.
CHILD PROTECTION WEEK

The Department of Social Work and Clinical Psychology at Grey’s Hospital hosted an event commemorating National Child Protection Week. The event ran from the 28th of May to the 1st of June 2018 and aimed to raise awareness on children’s rights and responsibilities, parenting and child abuse through various activities. A Health promotion banner was setup at OPD, an educational talk was held at GOPD for expecting mothers. Educational materials were distributed to POPD and the Paediatric wards to promote awareness, an outreach was conducted at St Joseph Baynes Children’s Home and the awareness activities were well received both internally and externally, which helped achieve the aim of raising awareness.

SCHOOL OUTREACH AWARENESS CAMPAIGN

This outreach awareness took place on the 12th of June 2018 at Mt Pleasant Primary School. The focus was to create an awareness about the social problems namely, illegal drug usage, teenage pregnancy, escalation of HIV, domestic violence and crime related challenges. The following stakeholders participated in the campaign, Thornville SAPS, Health Grey’s Hospital, Nicro and Department of Education. The campaign was well attended by school teachers and learners, learners were participatory and asking questions in different presentations.
KZN HEALTH MEC Dr Sibongiseni Dhlomo has conveyed his gratitude to MTN SA for their sponsorship of a R1.2 million multi-media centre dedicated for training of nurses Grey’s Hospital, saying that this will result in “improved public healthcare service delivery through the production of suitably equipped and skilled nurses”. The donation, at this KZN College of Nursing sub-campus, was handed over to the Department on 22 June 2018, and includes a high-tech computer laboratory with 41 computers, free data, and specialized anatomy and physiology online learning software for the more than 400 nursing students. The laboratory also consists of two interactive whiteboards, two laptops and two printers. Lecturers have also been trained in its use. According to MTN SA, this is the ninth such donation in the country. And everywhere that it is launched, the initiative leads to “a massive academic improvement with nursing students averaging a 90% pass mark in challenging subjects such as physiology and anatomy”.

Speaking at Grey’s Hospital, MEC Dhlomo said the “donation comes at the right time, with plans afoot for the KZN College of Nursing to receive accreditation by the Council of Higher Education [CHE] and the South African Nursing Council [SANC] to offer new nursing qualifications”. “The computers donated by MTN will contribute immensely towards the development of competent and efficient nurses who are able to use technology when they are qualified. “This generous gesture will go a long way in the strengthening modern ways of teaching and learning of our nursing students as it fosters modern and technological teaching methodologies in the education and training of the nurses”.

Dr KB Bilenge welcomes the MEC and MTN
Mrs Shezi with the MEC and MTN

The unveiling of MTN Multimedia Centre by MEC and MTN
Nursing students showing MEC their computer skills
“You did not choose me, but I chose you” (John 15:16)

Indeed, these words are very comforting for a hard working angel in times of:

- Staff shortages, dirty wards, insufficient linen, insufficient food portions, out of stock medication, unsafe environment/communities-working and pushing through bio-psycho-social stressors, but come rain or shine—you are still compassionate, caring, empathetic, loving, smiling and nurturing because you are “the chosen”. I salute you

- Nurses, you are the greatest—not only the backbone but the heart of the health care system—without you not minding no job description the system would be on its knees. I salute you

- You catch a new born baby with your warm loving hands and you close the human being’s eyes with dignity during last offices. I salute you

- Ask the nurse about the uncleaned ward, for the failed audit, for the broken equipment, for the cancelled surgery, for no linen, for increased infections, for bed sores— you are the jack of all trades. I salute you

- You are the mouth piece for those who cannot talk, the legs for those who cannot walk, the ears for those who cannot hear, the eyes for those who cannot see. I salute you

- Nurses, you are evidence based angels, touching people’s lives, you are there 24 hours for the continuity of care, for your families, church members, your communities/society, never minding of who takes care of the carer, you are amazing. I salute you

- A health setting without nurses is unimaginable. I salute you

You are special, appreciated, loved and thank you so much for your hard work, dedication and unfailing support that you give this institution. God will bless you and I salute you.

Submitted By Mrs TB Mathonsi

“Happy belated nurses day Angels”

TB Mathonsi (ANM Critical Care)
REVIVING BATHO PELE AT GREY’S

Batho Pele Facilitators conducted a batho pele workshop on 13 July 2018 at Grey’s Hospital Recreational Hall. All staff members attended the workshop participated in all activities and it was interesting to see attendees presenting their presentations from various groups about how they understand the Batho Pele Principles as a service delivery policy. Objectives of the workshop were to orientate Public Servants to the Batho Pele Programme, to deepen the understanding of Batho Pele as a service delivery policy, to change the culture/behavior/attitudes of public servants, to overcome resistance to change, to embrace the Batho Pele Belief Set and Principles, to motivate officials to go beyond the call of duty, and To pull together the pieces of uncertainties/misconceptions/misconception about Batho Pele.

ENJOY THE BELOW PICTURE STORY

Let us together beat the drum for service delivery because we belong, we care, we serve to make a better lifer for all
We would like to encourage your participation in creating a culture of Quiet at Grey’s Hospital. Noise has proven to be detrimental to patients healing process and contributes towards decreased confidence in clinical competence of staff. We need to do everything possible to ensure our patients experience a pleasant stay at our hospital and improve on their overall recovery.

We are therefore embarking on a facility wide noise reduction initiative to improve the environment for both patients and staff. The initiative will be called SHHH (Silent hospital help healing)

S=Silent  
H=Hospital  
H=Help  
H=Healing

**SHHH**

**SILENT HOSPITAL HEALPS HEALING**

**KHULUMELA PHANSI UNGAPHAZAMISI IZIGULI**

- Ward Quiet times 12h00-14h00 (activity and conversation is minimized)
- Reduce phone volume
- Where possible, television and music are allowed for patients only when headphones or earphones are used
- Congregating and speaking loudly outside the Lecture Theatre or after meetings is discouraged
- Shouting in corridors and passages is discouraged
- Answer alarms promptly
- Be conscious of opening and closing doors
- Staff are encouraged to police one another in observing reducing noise levels
- Staff in all Admin Offices to also maintain low noise levels
CELBRATION OF MANDELA DAY AT GREY’S

Mandela Day calls for action on the part of all South Africans and is celebrated in many ways at Grey’s, one of these is by opening our doors to the public. Allowing the public to make an impact on Mandela Day with donations and gifts for Grey’s patients. We would like to extend our appreciation to all organizations and companies that spent their 67 minutes at Grey’s Hospital.

Boxer Retailers surprised our little patients with the biggest cake

Venns Attorneys handed out yummy pre-packed sandwiches in the OPD
CELEBRATION OF MANDELA DAY AT GREY’S CONTINUES:
Grey’s Executive Managers opted to spring clean the Grey’s chapel and Montgomery windows as their 67 minute contribution towards Mandela Day.

Dr KB Bilenge (CEO) showing his skills as a window cleaner

Mrs G Anderson (Finance manager) gets down onto her hands and knees

Mr S Norman (Acting Systems Manager) is a polisher

Dr L Naidoo (Medical Manager) and Mrs T Mathonsi (ANM) are not even conversing.

Cleaning crew
Dear Sir

I hope this correspondence finds you in the best of health. I have had the misfortune three times in the last year, when family members were admitted to the health care facilities at Greys Hospital, with the latest incident being yesterday, 13th May 2018. On all three instances I have found the staff at Greys Hospital to be highly efficient. I would be failing in my duty if I neglect to recognize and commend the excellent service received yesterday. From the time my family member was taken into casualty and then admitted to MAW. The manner in which the staff in MAW attended to the patient was sterling. The nurses took the utmost care in processing the paperwork, and then doing the necessary vitals but what stood out the most was their empathy towards the patient and me. I humbly request that the powers that be recognize the following individuals for their dedication, communication and exemplary service delivery. Sr. Ngcobo, Sr. Mnduna, Nurse Latha, Nurse Mthembu, Dr Bhola. These individuals have restored my faith in the government health facility amidst all negative publicity I have read. Thank you is too small a word to express my sincere appreciation and gratitude. God bless Greys Hospital and its staff”.

From Shanaz Bux
Ref. No: Go6409

“I just want to thank the staff of Ward F2 for taking care of me. Everything was done in such a dignified manner. The staff was friendly and always responding in time when you need help. Thank you again for the instruction that were given to us on how to take care of ourselves when we are discharged. Thank you for the cleanliness”.

Sincerely
Z. Gabela
Ref. No: G06427


Obhalile Ms Noziphos Msomi
Ref. No: Go6480

Nginakekelwe kahle ngaluthola lonke usizo ebengiludinga, abasebenzi banenhliziyo enhle nesineke, odokotela bayafika njalo bezobheka ukuthi isimo sihamba kanjani. Konke kusabukeka kuhamba kahle abasebenzi bayaqhubeka nokuphatha kahle iziguli.

Siyabonga
Ms Sanelisiwe Buthelezi
Ref. No: G064104

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**WELL DONE**
Mrs TF Phungula completed 45 years in Nursing in February 2018 and begins her retirement on a positive note. She states her mother was the driving force behind her decision to embark on a Nursing career. She began her nurse training in 1973 at King Edward hospital, and after various employment at other institutions she commenced duties at Grey’s hospital in 2007 in ward H1 and advanced to Night matron in 2000. When asked how was her stay at Grey’s hospital she stated “challenging at times but educational”.

Her parting words, "Nursing is the best choice, it opens up doors for you anywhere in the world. There is no match to the satisfaction one gets when seeing a sick one heal. We must try and accommodate for our patients needs and understand they do not want to be sick. Refrain from judging our patients when you do not know the facts or backgrounds or their financial status, just provide the best possible care for them.”

Thank you Mrs Phungula for your invaluable service to Grey’s hospital. We wish you an enjoyable and relaxing retirement.
Mr Polly Pillay (Assets Manager)

We say goodbye to one of our treasures this month of July. Mr Polly Pillay (Assets Manager) serviced Grey’s for 43 years. The Greypevine interviewed him:

When did you begin your career at Grey’s Hospital?

“On the 15th December 1975 in the Admitting department (addressograph-printing labels for in-patients). I then transferred to Stores department in 1981 after the birth of my daughter (demanding wife did not want me to work shifts-joking). I then worked in various sections in the Stores department viz. Receiving and issuing of goods, buying, payment of accounts. I was then promoted to Chief Clerk in the warehouse on 01st July 1997, and again promoted to Assets Manager on 09th October 2006.”

What are some of the major changes that have occurred over time at the facility that you will always remember?

“The Medical Superintendent was in charge of the hospital together with a hospital secretary and senior hospital secretary and Matron. There was no CEO, Medical Manager, HR Manager, Finance manager and Systems Manager during those earlier times. Changes in the procurement procedure which has more control measures in place now, however, this causes delays in obtaining supplies”.

What made you stay at Grey’s hospital for so long?

“Passion for people and finding great joy in assisting people irrespective of their rank or status. I thank God for the strength, knowledge and good health He has given to me for the past 43 years at Grey’s”.

What memories of Grey’s do you take with you?

“The amazing staff that I worked with and the knowledge that was exchanged. The excellent relationship that was built over the years that we eventually became family. I will always admire the caliber of doctors that work at Grey’s, they are solely dedicated to their patients. I will definitely miss all the guys and dolls”.

What parting words would you like to share with personnel of Grey’s hospital?

“Continue to do your best in spite of the challenges and difficulties along the way. Make Grey’s the number one hospital and be proud to be associated with Grey’s. Continue to work not as onto yourself but unto God, and He will give you daily strength”.

ISAIAH 40:31

THEY THAT WAIT UPON THE LORD SHALL RENEW THEIR STRENGTH.
THEY SHALL MOUNT UP WITH WINGS AS EAGLES.
THEY SHALL RUN AND NOT BE WEARY, THEY SHALL WALK AND NOT FAINT
Farewell Dear Ones

Mr Kersa Pillay who retired at the end of February after 40 years of service. Pharmacy Clerk in Pharmacy. We wish you all the best for your retirement.

Mr T Gwele (Monitoring and Evaluation Manager)
IN LOVING MEMORY

On the 11 May 2018, Grey’s hospital held a memorial service for Dr Graham Ducasse the Father of Neonatology, who passed away on the 25 March 2018 at 63 years of age. The outpouring of grief for Dr Ducasse was marked by memories of shared experience. He will be remembered as a doctor who passionately dedicated himself to his work and captivated the hearts of his patients, the staff he worked with and the community of Grey’s hospital. The Grey’s hospital Kangaroo Mother Care unit which was built to house mothers and babies during their admission was named after Dr Ducasse. We will miss you kind soul.

Dr Graham Ducasse
IN LOVING MEMORY

Sr ZP NTULI-WARD F2

ENA NZ MBHELE-WARD F2

XP MAHLOBA-PHARMACY DEPARTMENT
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