



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

GREYTOWN HOSPITAL

GTN UMLEVO

NEWS

STAY INFORMED

OCT-DEC 2018

16 DAYS OF ACTIVISM



BIGGEST LOSER

[READ MORE ON PAGE 05](#)



NUTRITION WEEK

[READ MORE ON PAGE 04](#)



DECEMBER FEVER

[READ MORE ON PAGE 08](#)

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE



Commission session

Topics: HIV & AIDS, Substance Abuse, Child Abuse & Neglect, Gender Base Violence and Crime

16 Days of Activism is a WORLDWIDE Campaign set to OPPOSE VIOLENCE against WOMEN and CHILDREN held from 25 November to 10 December annually in order to eliminate violence against women and children. The past quarter Umvoti had disturbing high number of sexual assaults towards children. Hence, Greytown Hospital in partnership with Life Line and Action Aid held an awareness campaign on the 10 December 18 at Nseleni under Municipal ward 05. The purpose of the day was to let the community dialogue on the contributing factors that lead to women and children abuse under the theme *"Breaking the silence"*.

Ms. Nomcebo Shange who is now a Social Worker at Life Line shared her unbearable child hood she experienced, as a result found herself raped at 10 years old by a 25 year old male neighbor. However, her circumstances did not determine her future. Her Christian faith and determination made her who she is today. Many were motivated and moved by her testimony.

After the commissions each group presented the discussed challenges and possible solutions to women and children abuse. Observed with concern was the major contributing factors, specifically was lack of employment, alcohol abuse and lack of parental supervision and love. Possible proposed solutions were to close down all illegal tavern, not to sell alcohol to under age children, establish a men's forum and parents to start parenting (practice what they teach their children) and be responsible parents.

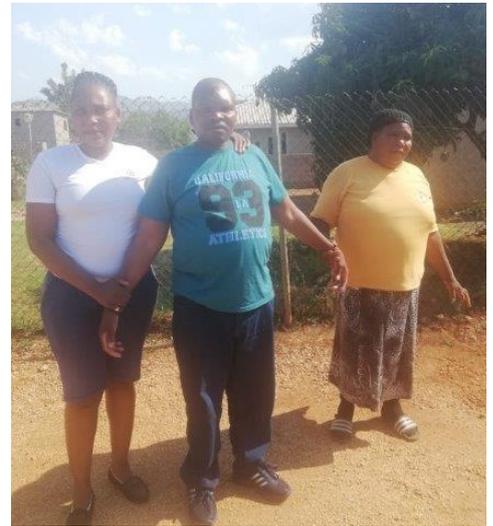
The Greytown Hospital team hereby express heartfelt gratitude to our partners, the local councillor (Cllr. MS Yengwa), Mr. B Chonco - who was representing the National Association of People Living with HIV and AIDS (NAPWA) and Treatment Action Campaign (TAC) organisations and lastly thank the community of Nseleni for attendance and participation despite the cold weather on the day.



Mr. Mzwandile Shabalala in 2017



Mr. Mzwandile Shabalala reaction when informed and shown of his found family



Mr. Mzwandile Shabalala reunited with his family

The call of duty & beyond

Mr. Mzwandile Shabalala was found in April 2017 by Buffalo Security officers trespassing by the Mispah plantation. When asked what he was doing there, he could not give a sound answer. Therefore, the Buffalo Security sent him to SAPS who also had a challenge communicating with him. He was later referred to Greytown Hospital by SAPS.

On arrival, he was seen by Mental Health nurse Sir MS Mtsi. Who assessed him and found that he had incoherent speech, and was started on treatment immediately. For months he could not recall who he was or where he was from or what had happened to him. By July he indicated that he was John Shongwe from Cosmo at Nyamvuko. Later changed stating he was Mzwandile Shabalala from Rietvlei. Social Worker and PRO were engaged on the matter and search for his relatives began.

An article was published in the local newspaper (Greytown Gazette) on the 26 July 2017; his search was announced on the local radio stations (Radio Khwezi) numerous times in the month of July but with no luck. Department of Home Affairs was contacted to assist by taking his finger prints, which was done. Constant follow up with Home Affairs was done but to date there has not been any positive feedback. All avenues attempted went void. However, Sir MS Mtsi never gave up the search. He continued to interview him.

Only in 2018 Mr. Shabalala recalled his memory, stating that he was from Sheba Side in Barberton Mpumalanga Province. Sir MS Mtsi contacted the Barberton Post Office who referred him to the local journalist Mr. Tom Zwane. Who wrote an article on the Barberton Newspaper and announce his search on the local radio station. Few months later a community member contacted Mr. Tom Zwane with information and it turned out positive. Excitement and relief was the order of day when Mr. Shabalala was reunited with his family on the 18 December 2018. Emotions were on the high as many have thought that he had died and they will never see him.

The family said he left home in March 2014 to attend his father's funeral in Ladysmith and never came back. They have searched for him for 04 years with no luck till now. The family thanked Greytown Hospital for taking good care of their relative and bringing him home.



National Nutrition & Obesity Week - Breakfast Bar

The 9 to the 11 October 2018 was National Nutrition week (NNW) and Obesity week. The week was dedicated to create awareness, educate clients and staff on healthy eating; and what better way to do this then to engage with staff in fun educational activities.

The activities started with a BMI screening on the 09 October 2018 where staff was weighed and given necessary advise on the findings followed by photo booth on the 10 October 2018 where staff took selfies, group pics & striking poses with the fun props that were available and the 11 October 2018 closed off with a well prepared healthy breakfast bar.

The day was fun and highly interactive. Staff and outside visitors participated in all the activities. Nutritionist & Dietician prepared a variety of healthy breakfast items, where each item was sold at a cost of R1-R2 as a small donation towards the costs bearded by the Nutrition team.

The bar was highly successful as the food was sold out within 1 hour. It was a great learning experience enjoyed by all, to discover how easy it is to have a healthy breakfast with minimal effort. The staff requested that we have a breakfast bar more often. This also motivated the biggest loser contestants to continue with the challenge regardless of the obstacles faced.





Mrs. D Govender, 1st place: Mbali Ntshingila, 3rd place: Zinhle Khumalo 2nd place: : Pinky Jona

The competition was initiated by Mrs. Denisha Govender (Nutritionist) after seeing the high number of obese employees as per BMI index. The challenge started in August 2018 with a total number of 17 employees registered. The purpose of the challenge was to promote and encourage healthy eating. Hence, the challenge was purely based on Healthy Diet Meal Plan. No banting, fad diets or supplements were allowed during the challenge. The biggest loser competition was also linked to the staff wellness activities where contestant participated on every Wednesdays.

Weekly weight -in's were done to monitor the weight lose and give support. Out of the 17 contestants 02 dropped off and 04 gained weight. Prizes were awarded to the 03 biggest losers on the 20 December 2018. The 3rd place lost 3.45 kg in 04 months, 2nd place lost 6.38 kg in 04 months and the winner lost 7.55kg in 04 months. The winners all shared similar challenges all stating that it was not easy. They thanked Denisha for starting such a life changing challenge.

Denisha Govender wishes to thank all staff who entered the competition including those who were cheering on the contestant and expressed sincere gratitude to Management for supporting the initiative. The next challenge is starting in May 2019; entries are now open to all staff.



Farewell to Mrs. SG Ngubane (PHC Supervisor), Ms. SP Khumalo (Monitoring & Evaluation Manager) and Dr. MA Govender (Medical Manager)

On the 30 November 2018, Greytown Hospital staff bid farewell to three members of the Executive Committee. All three have dedicated over 20 years of service in the Department of Health under the Umzinyathi Health District. Saying goodbye is often not easy and often comes with shedding a few tears. Thus this bid farewell was no different.

Hospital Management shared moving sendoff on the time they have shared together, reminiscing on unforgettable events and treasured moments. Ms. TA Gcisa, Hospital Board member commended and thanked managers for their sacrifice, and noticeable hard work they have put in. To ensure that Umvoti community receives quality health care.

The District Director’s message read by Mrs. D Govender left everyone speechless as the DD quoted out each ones person traits to detail. The Greytown Hospital staff as always sent off the manager’s with well organised event. The entertainment items left all present rolling with laughter and excitement. We wish them all the best as they reap the fruits of their labour. Management express sincere gratitude to all staff for the contributions and effort made to ensure the success of the day.



Greytown Hospital Soccer Team -The Champions

Sanlam hosted a soccer tournament on the 30 November 2018 at the Dalton Sport grounds. The tournament was open to both private and public sector, where GTN boys competed against 08 teams under two streams.

The team won the knockouts and proceeded to the finals to play against Ntunjambili Hospital. The champs won the tournament 04 - 03 on penalties. Well done to the team you have made our Hospital proud.

The practice sessions are starting 1st week of February 2019, every Wednesday from 15H00 to 16H00. To those interested, are to contact Menzi Nene on 033 413 9400 ext. 277 / 060 688 4290



His Church giving gifts to the children



Father Christmas and his assistant



Nonkazimulo Mavimbela (CSO Physiotherapist), Kelly Slater (CSO Occupational Therapist) and the children during the Christmas Party

December fever

A jolly season started with a wave of gifts for our pediatric clients. On the 29 November 2018, Wembley College students led by teacher, Mr. Johan Labaschagne visited Greytown Hospital bringing cupcakes and toys for our children.

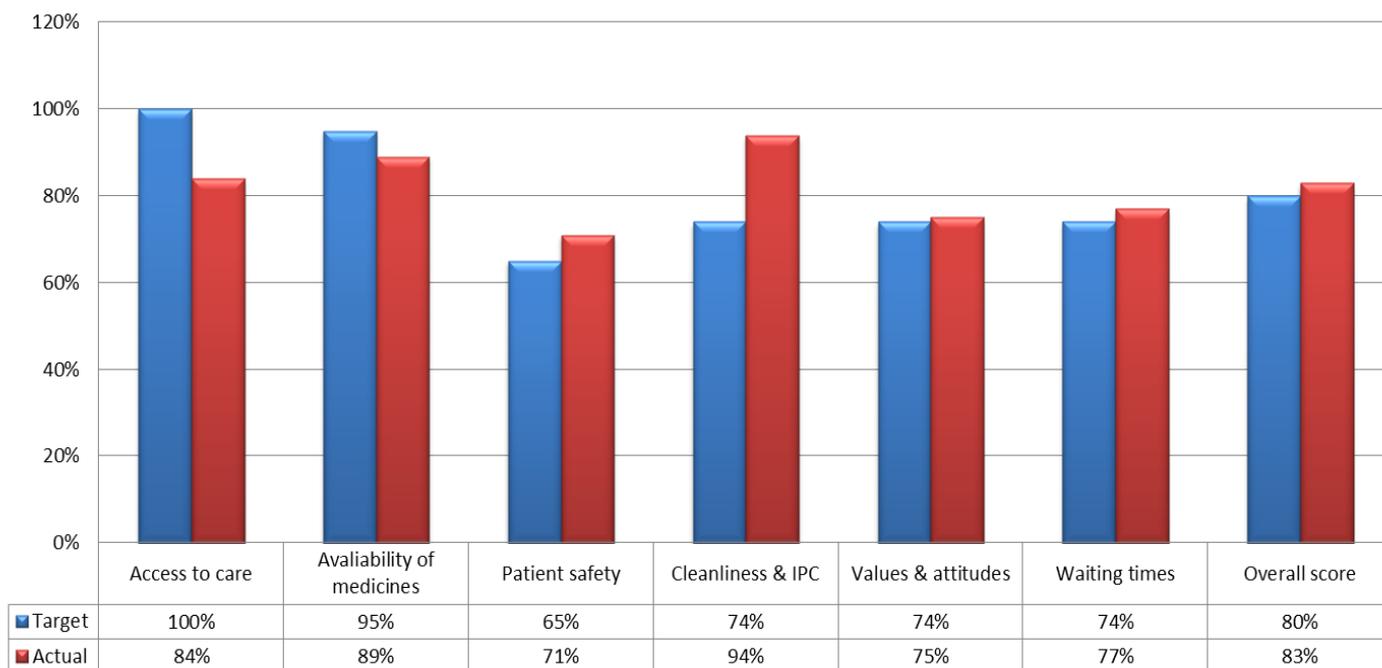
Followed by a Christmas Party hosted by the Greytown Hospital Rehabilitation team for Cerebral Palsy and Down Syndrome clients on the 19 and 20 December 2018. The two respective parties were for all the children including their caregivers who have attended the group sessions regularly throughout the year. The program included a toy-making workshop, a pampering session for the caregivers, lunch for children and caregivers, an award ceremony and of course lots of fun and games.

The fun was not yet over; the His Church Greytown congregation came bearing more gifts, cakes and many more goodies. By this time our children did not want to be discharged. What an awesome experience they had.

To top it off, Father Christmas and his assistant decided to leave the North Pole and join in on the fun on the 21 December 2018. The Children were over joyed, “angizazi nokuthi ngenzenjani, injabulo” one child shared. For many it was for the first time to see Father Christmas in reality. As always he came with toys, fun and games enjoyed by both mother and child.

The Greytown Hospital Management and Staff hereby express gratitude to the Hospital Board Committee for ensuring that the Christmas Party is a success, to the sponsors (Engen Garage, Pannar, Min Cash, Face First Media and Plenegy) of the Christmas Party, Wembley School, His Church and Father Christmas; we thank you.

UMVOTI SUB DISTRICT PEC RESULTS



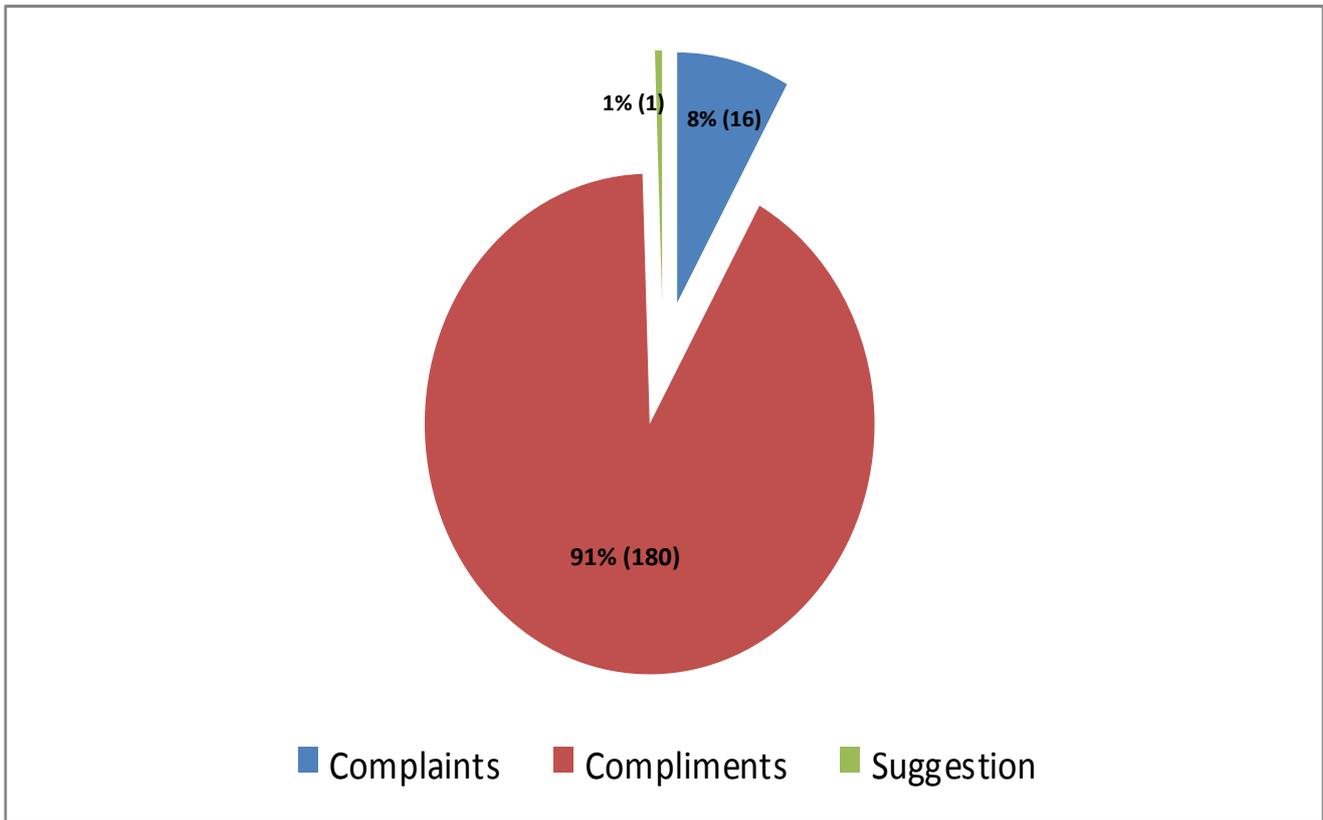
UMVOTI SUB DISTRICT PATIENT EXPERIENCE OF CARE RESULTS 2018 – 2019 FINANCIAL YEAR

Last year 2nd quarter the National Department Health embarked on the Patient Experience of Care (PEC) Survey, following the new National Guideline on PEC. The PEC survey seeks to determine patients' experience of care and their level of satisfaction to guide service delivery improvements.

As we know, every citizen of SA has a right to receive health care service that is of the best quality and standard. Hence, the PEC survey guideline describes the process to be followed in order to seek feedback from patients and use such feedback to resolve potential problems timeously and to identify matters that require a better explanation to patients.

For the authentic of the results our partners (Umvoti AIDS Centre, LETCEE and World Vision) conducted the survey. The Hospital Management is pleased to announce that 83% client satisfaction rate for Umvoti Sub District. Which means 83% of Umvoti community according to the survey is satisfied with the service they received. However, much effort and improvement is crucial in order to obtain 100% client satisfaction.

Management hereby expresses sincere gratitude and appreciation to partners for continued support and outstanding working relationship. Not forgetting the community who participated; we are thankful and kindly ask for similar participation and involvement the following financial year.



Complaints, Compliments & Suggestion 2018 - 2019 financial year 3rd quarter data

It give us great pleasure to witness our clients exercising their democratic right to complain if dissatisfied with the service received, compliment for the pleasant experience and give a suggestion. The numbers do not lie, it is evident that majority of our clients are happy with the service they receive at Greytown Hospital. Also confirmed by the PEC results of 83% client satisfaction rate.

As an institution we pride ourselves on the quality of care we give our clients in line with the Batho Pele principles. We can never say we have arrived or we are perfect, but we continue to strive for excellence utilising the resources made available to us.

Mbatha Sebenzile *“bangiphatha kahle bonke Futhi banothando thina ziquli basiphatha ngendlela efanayo akekho oncono kunomunye, ngakho ngidlulisa ukubonga okukhulu”* Mwelase Nokukhanya
“Greytown lapho engifike ngathola ukusizakala khon. Kanti Futhi onesi bakhona bayaphila Futhi umuntu bayamazi abasho ukuthi thina singama nesi, ubungathi ngisekhaya indlela abaphathana ngayo kahle”

Management commends the staff for the hard work and commitment they put in, it does not go unnoticed. May we continue this fashion and serve our Umvoti community with a smile. *“I thank each and everyone of you, who made our clients experience a memorable one”*

Ms. KJ Mngadi –CEO

Greytown Hospital Management welcomes all new employees including community service employees who have joined the GTN team in 2019.

Greytown Hospital prides itself in provision of quality health care service to clients as per the guiding principles of Batho Pele and Patient Rights Charter.

We hope you will join in the culture of serving and going beyond the call of duty utilising the resources available to you.

We wish you a pleasant stay and it is a pleasure to have you.



"May we continue to uphold the standard, serve our clients with compassion and love". I wish you all the best in the year 2019.

- PRO -

Season's Greetings

Compiled by: Mrs. MS Ntshingila



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address:

Bell Street
Greytown, 3250

Postal Address:

Private Bag x5562,
Greytown 3250

Web Address: www.kznhealth.gov.za

SWITCHBOARD:

033 – 413 9400

FAX NUMBER:

033 – 413 2809

Email: sethabile.ntshingila@kznhealth.gov.za



FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE