



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

GREYTOWN DISTRICT HOSPITAL

ISBANI SETHU NEWS

LEAVING NO ONE BEHIND

NOVEMBER 2023

HOSPITAL LAUNCHES SUCCESSFUL PATIENT CENTERED GARDEN



From 9 to 15 October 2023, the Umvoti Sub district and its partners observed National Nutrition Week 2023, National Nutrition Week 2023 with its theme, 'Feel Good with Food'. The Umvoti teams had a variety of activities during

the week, the highlight of the week was the launching of the patient centered garden in the TB hospital. The team emphasized during this launch that there are many easy ways, and small changes we can make, to boost our

physical and mental health through better daily food choices. The patients were very excited about this new initiative that took place on the 12 October 2023

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OCTOBER IS SOCKTOBER

OCTOBER IS MENTAL HEALTH AWARENESS MONTH

The Doctors at Greytown District Hospital did something “crazy” like wearing novelty socks to work to show their support for mental health. This initiative aims to break the stigma associated with the word “crazy” and mental illness. Lets talk about mental illness. You are NOT “crazy” if you suffer from a mental illness condition.



GREYTOWN DISTRICT HOSPITAL TEAM HELPS PATIENT REUNITE WITH FAMILY

The Greytown hospital mental health department are excited to announce the reuniting of a patient who was admitted at the facility as an unknown patient over a year ago, and has been reunited with family in the eCala rural village area in Eastern Cape. The patient was admitted as an unknown patient who was involved in a car accident

involving a truck. The clinical nurse practitioner and mental health nurse sir Mtsi explained that when the patient arrived he had fractures that needed attention and intervention at the Greys hospital, which resulted in the patient being transferred to Greys. The patient was returned to the facility of Greytown District Hospital and his mental state

was assessed by the mental health team and relevant interventions were made. Upon investigation it was established that the patient is from the Eastern Cape, and reasonable steps were then made by the team to reunite him with his family. We would like to thank all the staff members who participated in the recovery of

the patient especially where he was receiving most of his care at the Male Ward, the mental health nurses, the social worker and the Management of the Greytown District Hospital for supporting the initiative and making sure the patient is sent back home.



UMVOTI SUBDISTRICT 'ISIBHEDLELA KUBANTU' INITIATIVE IN RURAL MBULWANE AREA A MAJOR BOOST IN THE REALISATION OF UNIVERSAL HEALTH COVERAGE

Universal Health Coverage (UHC) in Umvoti sub district is real, this is evident in the recent Isibhedlela Kubantu initiative, held on Saturday the 12th of August 2023 in the rural village of Mbulwane ward 1, outside Greytown, under Umvoti Local Municipality.

The initiative saw scores of beneficiaries of health services being screened for health conditions in the area. A total number of 403 beneficiaries were registered at the help desk (point of

entry) and channelled to various services within the outreach hospital in Mbulwane.

The Greytown hospital and district teams were in full swing offering various services like dental care, eye screening, dietetics, social worker services, mental health screening, Chronic Medical services, Medical Male Circumcision Marketing, health screening and doctors and clinicians were onsite to see to patients on the day.

The health initiative also saw some households in the Mbulwane area being visited under the 'QOH QOH QOH sikhulekile ekhaya' initiative. Umvoti Local Municipality ward one (1) councillor Mr Mbongiseni Makhaye was extremely excited that the initiative took place in the rural area of Mbulwane, as the village is mired by health issues and people often have to travel for health services. He added that he was grateful for receiving his eye screening and receiving his

new pair of spectacles during this outreach.

According to the World Health Organisation, Universal health coverage (UHC) means that all people have access to the full range of quality health services they need, when and where they need them, without financial hardship. It covers the full continuum of essential health services, from health promotion to prevention, treatment, rehabilitation, and palliative care across the life course.

GREYTOWN DISTRICT HOSPITAL ADVOCATES EXCLUSIVE BREASTFEEDING FOR WORKING MOMS



The theme of World Breastfeeding Week 2023 is “Breastfeeding and work”. In line with this theme, Greytown hospital calls on all employers to protect and promote women’s access to paid leave during breastfeeding period, as a critical component of breastfeeding support.

Breastfeeding provides every child with the best possible start in life. It delivers health, nutritional and emotional benefits to both children and mothers. And it forms part of a sustainable food system. But while breastfeeding is a natural process, it is not

always easy. Mothers need support – both to get started and to sustain breastfeeding.

Breastfeeding can reduce medical costs for mother and child. Companies with breastfeeding support programmes have better average retention rates.

Protective health benefits for both mother and child. Last but not least, staff satisfaction and loyalty improve when breastfeeding mothers are respected and supported in the workplace.

SOUTH AFRICAN LAWS PROTECTING PREGNANT WOMEN AND BREASTFEEDING IN THE WORKPLACE

New regulations in South Africa now guarantee breastfeeding breaks for working mothers to protect their rights during pregnancy and after childbirth. The South African Code of Good Practice on the Protection of Employees during Pregnancy and after the Birth of a Child, a part of the Basic Conditions of Employment Act (No. 75 of 1997 as amended), stipulates that employers must provide two 30-minute breaks per working day for breastfeeding or milk expression during the child's first six months. This measure aims to support breastfeeding among working mothers and ensure their well-being and that of their children.

Additionally, the Act (No. 75 of 1997 as amended) allows women four months of maternity leave, with a mandatory six weeks after giving birth. While paid maternity leave is not compulsory, unemployment insurance benefits are available if the mother contributed to the Unemployment Insurance Fund (UIF) before her pregnancy. To further safeguard women during maternity leave, the Basic Conditions of Employment Act, along with the Labour Relations Act (No. 66 of 1995) and the Promotion of Equality and Prevention of Unfair Discrimination Act (No. 4 of 2000), prevent dismissal during this period and treat any pregnancy-related dismissals as automatically unfair. These acts also explicitly prohibit discrimination based on pregnancy.

The Code of Good Practice on the Protection of Employees During Pregnancy and After the Birth of a Child, detailed in regulation Gazette No. 6342 of 1998, offers guidelines for employers and employees to ensure the health and well-being of women during pregnancy, after childbirth, and while breastfeeding.

The complete Code is accessible on the Department of Employment and Labour website, representing a significant step forward in securing the rights and well-being of working mothers in South Africa. For further medical advice and routine health care visit your local clinic.



PHARMACY WEEK HOSTED

HOSPITAL OBSERVED PHARMACY MONTH



PHC OUTREACH ACTIVITIES



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WOMEN'S DAY FUNCTION

Happy Womens Month



**“LIFE IS
TOUGH MY
DARLING
BUT SO ARE
YOU”**



UMZINYATHI DISTRICT NHI PUBLIC HEARING IN UMOVOTI

The KwaZulu-Natal Legislature Portfolio Committee on Health held a Public Hearing on the National Health Insurance Bill, 2019 (NHI). The session took place in Greytown New Nhhlalakahle hall, on the 18th of August at 10h00. The purpose of the Public Hearing was to provide all relevant stakeholders and other interested persons an opportunity to make verbal as well as written representations on the Bill to the Health Portfolio Committee.

The National Health Bill seeks to achieve universal access to quality of health care services in the Republic in accordance with section 27 of the Constitution; to establish a National Health Insurance Fund; and to set out its powers, functions and governance structures; to provide a framework for the strategic purchasing of health care services by the Fund on behalf of the users; to create mechanisms for the equitable, effective and efficient utilization of resources of the Fund to meet the health needs of the population; to preclude or limit undesirable, unethical and unlawful practices in relation to the Fund and its users; and to provide for matters connected therewith.

In accordance with section 118(1)(a) of the Constitution of the Republic of South Africa, 1996 and the Standing Rules of the KwaZulu-Natal Legislature, the Legislature must facilitate Public Involvement in the Legislative Process.



OUTREACH ACTIVITIES



KZN LEGISLATURE VISIT



EDITORIAL TEAM

ISBANI SETHU NEWS



EDITOR:
Ms PP Zungu



WRITER:
Mr Sifiso Xulu



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REPUBLIC OF SOUTH AFRICA

COMPILED BY:

GREYTOWN DISTRICT HOSPITAL COMMUNICATIONS
(KWAZULU-NATAL DEPARTMENT OF HEALTH)

TEL: 033 413 9400 | FAX: 033 4132809
Sifiso.xulu@kznhealth.gov.za



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