In April this year, a team made up of Dr. Dlamini N, Dr. Ngidi V, Sr. Gumede G, Mr. Mokoena K, Mr. Gordon T. and Ms. Zungu T joined forces with the Hillcrest aids center and visited the community of Mwolokohlo next to Summerveld to assist with basic needs such as clothing, food and Medical attention.

This is a secluded place, people do not have access to basic infrastructure, with no schools around and they get medical assistance from a mobile clinic that visits once a week. Much more needs to be done to alleviate poverty in this area.

Hillcrest aids center lead by our board Member Mrs. Myeni has started a garden project, feeding scheme, assistance is still needed in terms of housing, transport for the school children as they walk long distances to go to school. Those who would like to be part of this initiative can donate clothes, canned foods, cosmetics and stationery. We have also adopted a school in Cliffdale that means more donations.

A big thank you goes to the Friends of Hillcrest Hospital and Hillcrest hospital employees for the donations. Any help offered to these communities makes a big difference. Play your part.
**Word from the top**

we started this year with determination and motivation to face challenges that are facing us, I know nothing is impossible to tackle if we continue with our team spirit attitude. I would also like to thank you very much for your hard work in making the open day the success it was. I will never forget the dedication of the task team and everybody that assisted in preparation.

This year our speed limit is 140/KM but we will not crash our “cars”!! We will achieve all the targets that we have set ourselves in order to meet the Departments initiatives, I know that Hillcrest Hospital employees are capable of achieving a 110% Lastly may I invite everybody to participate in the wellness programme come December we will have the sportsman and sportswoman of the year. Winning award will be R……………..

Mrs. A.B. Mtshali  CEO

**Our Mission, Vision & core values at Hillcrest Hospital**

**Vision**
Providing the best quality health care to chronically ill patients through commitment and dedication

**Mission**
To provide a coordinated sustainable and comprehensive service in partnership with all stakeholders through:
- Implementation of National core standards  
- The implementation of Batho Pele Principles and Patients’ rights charter  
- Providing a unique and holistic quality care  
- Maintaining a safe and healthy environment  
- Integrated and comprehensive district health system within available resources  
- Continuous staff development  
Dynamic innovation and team approach

**Core values**
1. Team work  
2. Dedication and commitment  
3. Openness and transparency  
4. Communication  
Positive attitude (respect, integrity, compassion, courtesy)
Ms Precious Sinenhlanhla Mphande started in this institution as the Occupational Health and Safety Manager on the 1st of May 2007. She started her career in 2003 as an Environmental Health Practitioner at the Malaria Control Programme in Richards Bay.

Sne (as she prefers being called) is driving the OHS programme which works hand in hand with the EAP programme thus called the Wellness Programme.

“Health care workers are the most valuable assets for our institution and we want to keep them healthy so that they can provide the highest quality of care/work in their respective categories. Hence this programme deals with maintaining good health (physically, mentally & socially) of staff. As the saying goes “a healthy worker is a more productive worker”.

I would like to encourage staff to utilize the occupational health services as this will assist them in diagnosing illnesses and diseases at an early stage so that they can get professional advice and support early as well as treatment. Occupational health clinic operates from 08h00 to 10h00.

Everyday in OPD

We are also striving to have a working environment that is safe, as far as reasonable practicable, and conducive to all staff.

In 2012, the Wellness Programme is reviving the internal healthy lifestyle activities which is jogging & a functional gymnasium. We will also have “the biggest loser competition!” we have two gym session one at 13h00 – 14h00 and the other 15h30 to 16h30.

“Anything can be taken from a man but one thing: the last of human freedoms – to choose one’s attitude in any given set of circumstances.” Dr Victor Frankl"
Ethics in the work place

Positive attitude is something that can fade away slowly with time especially in our situation of nursing chronically sick patients.

We at Hillcrest identified gaps in our work situation and decided to reinforce ethics in the workplace and positive attitude of staff.

A role play was done by Operational Managers, Oldfield, Deonarain, Thusi, Ndawonde (Q.A) Harte K (PN) and Nsele P.V (EN)

Depicting the wrong actions of staff at work. Areas worked on were dress code, attitude towards patients and behaviour in workplace.

All staff was invited to the role play. They had to identify gaps during role play and find solutions to correct gaps. Staff who attended participated in the discussion after and lively exchange of ideas and observations followed. Afterwards a lecture on Ethics was conduct by OMN Oldfield.
The cast: from left to right PN Harte K, EN Nsele V, OMN Oldfield M, OMN Deonarain V, QA Ndawonde L, PN Mvelase N & OMN Thusi S.

OMN Oldfield conducting a lecture on Ethics after role play.
Strategic planning session

Group discussions

Mrs. Mgobozi leading the strategic planning session

Support services uniform. Bahle abantwana

biggest loser contestants
Come December will see who will take the price. Good Luck girls.
Highbury school visited, they brought eats for the patients.

The boys had fun planting the tree and they Named it "Twiggy"
If you have comments, suggestions and would like to be part of this publication by handing in newsworthy articles:

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