



ZIYAMPOMPA ENANDA Community Health Centre

NEWSLETTER ,P/BAG X 04,PHOENIX 4080

VOLUME 1, ISSUE 1

16 JANUARY 2007

- Never stop dreaming until you reach your destiny.
- Leaders are born but champions are made.
- People wants to be guided by those they respect and those with a clear direction.

INSIDE THIS ISSUE:

- Editor's notes 1
- Big day For Inanda C CHC 1
- What a day? 2
- Know your status 2
- That time of the year 2
- Manager's corner 3
- New Appointments 3

EDITOR'S NOTES

I am very grateful to Inanda Community Health Centre staff for the support they have shown to me so far. On behalf of the publication team, I would like to extend a word of appreciation to each and every one of you , for providing me of various news worthy items. And I would like to applaud the institution for whatever achievements that's has achieved.

Fellow staff and Management team I great you all. For us to be able to meet our target I would like to give you one advice that would keep us rolling for the rest of the year which say's make each day a brand new day, and give that new day a value that would make a difference from yesterday's strive

and initiative for today which will determine your future
And the pressure of the World should not be a Determining factor but a Complimentary.



Mr J.R Msweli P.R.O Welcomes you all in 2007 and wish all the best.

Thanks to those who have just joined us and thank you for choosing Inanda as a place of work . It is an exciting process that will make you appreciate the reason of life and your worth of your presence at Inanda Community Health Centre.

Kuyintokozo engelinganiswe kimina ukuba yingxenywe yomndeni walapha E-Nanda CHC. And I hope sizosebenzisana kahle. There is nothing that can block us to meet our target as long as we are working together. For this year, let us strive for the best and we will make it as long as we are determined and focus.

Big Day At Inanda CHC

Mhlazane zingamashumi amabili nambili kwephezulu,it was a big day for our centre .The National, Provincial and the District officials visited our centre ngenhloso yokusinikeza igunya lokuthi nomphakathi wethu lapha E-nanda usungakwazi ukuthola ama-ARV's. This took

us a long time to be accredited to roll out ARV's. Wawungabona wena kwakungathi siwine ilotto ngendlela esasithokoze ngayo. Check phela I-Advisory Committee was there,angisayiphathi eyomphakathi wawumeleleke ngendlela

ethokozisayo. Phela nomelaphi wamakhambi esintu wayekhona ukuzibonela ngawakhe amehlo engezwa ngosizwile.Kuthiwa imbila yaswela umsila ngokuyalezela. The National And Provincial Department of Health abawuvali umlomo ngabakubona lapho kwa-C. Kuyasentshenzwa akudlalwa.

What a day? Trauma day



Safa umzwangedwa lukhona usizo kwenzenjani?

27 OCTOBER 2006, We had a lovely day for all of our staff and community members. The purpose of the day was to market and launch the EAP at the clinic and to commemorate trauma day with neighboring institutions. Community members were provided with stress balls and other material on coping with stress.

ngasemculweni? Phela yona yasisikela kwamanye amanoni ayo ukusipha ukudla kwendlebe. The Nursing Manager Mrs Gcabashe was responsible for welcoming our guest. She welcomed everyone with magnificent words and she than thanked the EAP's team for making Trauma day memorable at the Clinic.

gramme Manager. She motivated staff members to talk, walk and live our department's motto.

Mrs K.Naidoo was our guest speaker. She equipped our visitors and staff with information on how to copy with trauma/stress.

Uthi bewazi nje ukuthi ikhwaya yekliniki ingenza ezibukwayo uma sekuza

The District was represented by Mrs H.N Ntshingila who is the District Cluster Pro-

Masingakutakutwa umzwangedwa noma lukhona usizo lwabeluleki esizikhethele bona (EAP) asibasebenzise

Know your status (diabetics Slogan)

It is very important to know your status about diabetics and other related diseases. On the 29 November 2006 Inanda Community Health Centre and the Community at large gathered together with the aim of educating each other about signs and symptoms of diabetes.

The main objective was to reduce the number of diabetic clients by informing them of

signs and symptoms of diabetes-diet, exercise, eye care, foot care and follow up care to those that are sick.

The community came in numbers to get information prepared for them. Wawuzibonela nje ukuthi abomkhulu nabogogo bathokozile ngosukulwabo olwalungcwele intokozo.



Watshelwa ngubani ukuthi isifo sikashukela ngesabantu abadala bodwa.?

That time of the year.



It is that time of the year where we all come together and commemorate World Aids Day. At Inanda CHC we decided to do it other way. We just visited the community with families headed by children and grand-

mothers and fathers. It is sad for a child being a father and mother to his/her siblings. Ukufika kwethu njengabasenzi baseNanda C, neziphathimandla zasemkhandlwini wethuku kwabuyisa ithemba kubo, futhi kwabathokozisa ukuthi noma begulelwa kodwa asibakhohliwe. Imeya yomkhandlu

wetheku, akushongo ukuthi ngoba ingekho yase ithula kanjalo kodwa yaletha Cllr. Shembe owayimele.

We educated people about this epidemic and we gave them food packs for them to have nice Christmas. Thereafter we went back to community hall where the hall

Manager's Corner



We will improve our facilities to ensure that they are conducive.

communication strategy as well as sharing best practices and achievements of Inanda CHC team. It is also the first time since my ascendance to this position that I have to write this preface.

I am therefore grateful that I can proudly announce that the past year has been a great success for Inanda Community Health Centre team as management focused on a

number of initiatives embodied in our turnaround strategy aiming at improving the quality of our service. I thank all ICHC staff for the commitment they demonstrated last year. I commend staff for welcoming the drastic changes and for their contribution towards the attainment of our institutional goals. Frankly, I believe that we are getting it right for the first time everyday. Gradually, systematically and despite our challenges we are succeeding to turn around our institution.

This is the first edition of our newsletter. I congratulate Management team for making the right choice when appointing our PRO, Jabulani Msweli. This newsletter is intended to improve our

**“SIYANEMUKELA
EMNDENINI
WASENANDA
ZIZWELENI
NISEKHAYA.
NINGAKHOHLW
A INHLOSO
YOKUBAKHONA
KWETHU
LAPHA. ENANDA
CHC”.**

NEW APPOINTMENTS

AS OF 1ST NOVEMBER 2006.

- | | | |
|-----------------------|--------------------------|--------------------------|
| 1. Z.A MHLONGO F.S.O | 9. K.P NKWANYANA F.S.O | 17. S.P MCHUNU G.ORDERLY |
| 2. C.P RADEBE S.P.N | 10. N.T.M GONYA P.N | 18. C.S SIBISI S.NURSE |
| 3. S.P MAKITILE F.S.O | 11. T.A SHINGA S.NURSE | 19. C.J RADEBE S.P.N |
| 4. N.E MDUNGE S.NURSE | 12. T.PILLAI PHARMACIST | 20. J.R MSWELI P.R.O |
| 5. N.P MDLULI F.M.O | 13. P.M MAGWAZA C.P.N | 21. E.T MATHE N.ASS |
| 6. B.G MADWE C.P.N | 14. B.P NDLOVU A.N.M | 22. S.D SITHOLE N.ASS |
| 7. D.C NGCOBO S.P.N | 15. L.P NYUSWA F.S.O | 23. K.R Motley S.C.M |
| 8. N. MBATHA M.O | 16. N.B NDLELA G.ORDERLY | 24. A.V GOBA S.P.N |

Ezikanobhutshuzwayo

On the first of February 2007, Inanda Community Health Centre soccer team was challenged by Regional laundry just to have a friendly game. What a game! It was fabulous to see young fresh energetic guys doing their things.

Uthi bewazi nje ukuthi U-Mfundo Bolton engaba sezintini Never ,kodwa-ke akudluli lutho.

Kunento eyodwa nje engifuna niyazi, ukuthi uma kudlala abafana nezinsizwa, umfana uvele achache nje ensizweni. In playing soccer it's either you win or loose but as we all know that boys are still young, energetic, it's obvious they won that's Inanda C Community health Centre soccer team.

Ngendlela abagijima ngayo abafana

baseNanda ngathi bake balusa izinyamazane, bakushiya ngathi umile uma ungabhekile. Our boys are fit and strong and they can play better than National team known as Bafana-Bafana. The total score for the game was 6-5. See yah next time.



Wazigcina nini izitayela zika Ace khuse? Woza Enanda uma ufuna ukuzibona



INANDA COMMUNITY HEALTH
CENTRE
C135 Inanda Newton 4310
Private Bag X04
Phoenix 4080
Phone: 031 5190455
Fax: 031 519 0460
E-mail: brian.shezi@kznhealth.gov.za

Fighting Disease, Fighting Poverty, Giving Hope. Silwa Nezifo, Nobumba, Sinika Ithemba

As a Community Health Centre situated at Inanda we serves mainly people living at Inanda and surrounding areas.

Our Vision is to : Achieve optimal health and improve the quality of life for all persons living at Inanda and surrounding areas.

Mission : Is to provide sustainable, coordinated, comprehensive and an integrated primary health care through the district health system.

If you have any queries or concern please contact Public Relations Officer Mr J.R. Msweli on 031 519 0455 or 0722 490680



The Inanda CHC Executive Members and Services Rendered

Mr B.M Shezi Centre Manager
Dr M Moopanar Medical Manager
Mrs Z.R Gcabase Nursing Services Manager
Miss N.J. Chili Finance and systems Manager
Mrs L.M. Mthiyane Pharmacy Manager
Mr P. Moodley Human Resources Manager
Mr J.R. Msweli Public Relations Officer.
Services Rendered at Inanda Community Health Centre.
General Outpatient Services (GOPD)
In Patient Services/Short stay Ward
Elementary/Support Services

- Pharmacy

- Dental Services
- X-Ray Services
- CSSD
- Infection Control
- Quality Assurance
- T.B Laboratory

- Health and Safety
 - Staff wellness Centre
- Community Outreach
- Rehabilitation Services
 - Social Work Services
 - School Health Services
 - Dietetics Services

Mother and Child Programme

- Well baby clinic
- Sick body clinic
- Labour ward
- ANC Clinic
- PNC Clinic
- Reproductive Health Services



This is all about Inanda Community Health Centre.