EzaseKhangela

Young Doctors Who Care

Inside This Issue

King Edward VIII Hospital

June 2019
It is a tradition that Paediatric interns on completing their rotation give back. The interns of the block January 1st 2019 till 31 April 2019 decided to embark on an innovative idea for the children’s outpatient department. The provision of sensory boards for children who wait for their appointment.

This great idea has borne fruit and the children love it! Early childhood development is one of the keys to a successful future adult, community and country.

Thank you intern group January2019 – Dr Kimesh Naidoo HCU Paediatrics
Hand hygiene is one of the fundamental principles of infection prevention and control which is cost effective but can save millions of lives. Each year the World Health Organization runs the “SAVE LIVES CLEAN YOUR HANDS” campaign which aims to progress the goal of maintaining a global profile on the importance of hand hygiene in health care and to ‘bring people together’ in support of hand hygiene improvement globally. The campaign is held annually on 5th May, and the theme changes every year. Theme for year 2019 is “CLEAN CARE FOR ALL - IT’S IN YOUR HANDS”

King Edward VIII Hospital encouraged each department to have some hand washing activities during the month of May. Departments were requested to forward registers for the IPC Coordinator. On the 29 May 2019 staff members gathered at Jubilee Hall for a sit down presentation before the hand hygiene relay. Dr P Ramjathan shared a very informative and educational presentation on hand hygiene, antibiotic usage and micro-organisms related to poor hand hygiene practices. E/N N. Zwane conducted a hand hygiene educational quiz and gave prizes to the winners.

The hand hygiene relay is a way of emphasizing the importance of hand disinfection; using hibitane spray as a hand rub; then passing it on to the next person as a baton.
Paediatric Department held Epilepsy Awareness on 23 May 2019.

Guests covered various topics pertaining to epilepsy. Epilepsy Foundation shared with parents their role and the areas they visit in and around Durban. Dr Safiya Hoosen, the Paediatrician, explained what epilepsy is. She asked questions to ascertain the level of understanding from patients.

Mrs. Dlamini, the Social Worker at KEH talked about the impact of people with epilepsy in the family. She also shared important information on how the grant assessment works for kids with epilepsy.

Occupational Therapists spoke on disability and epilepsy while Dr Julia Ambler elaborated on epilepsy and palliative care. Pharmacy spoke on different types of epilepsy medication and how it is used. Post basic nursing students had a lovely play to portray the community perception of people with epilepsy and how they are treated.

The importance of belonging to a support group was highlighted. Parents indicated that it helps them a lot meet and share their challenges with parents who are also experiencing the same with their kids.

Dr Leann Munian thanked all guests and speakers for sharing their expertise with people who needed the information the most. She also thanked parents for taking good care of kids with epilepsy as well as Paediatric team for making the day a success.
It is important that all healthcare workers are equipped with every tool to educate on treat and fight tuberculosis. In order for this to effectively be adhered to, every staff member needs to have all the information on TB.

On 22 May 2019 Sister Zama Sithole together with Inservice training unit invited staff to attend an in-service training at the Jubilee Hall. TB Coordinator updated attendees on the latest forms to be used and the importance of reporting all cases. Attendees requested that information sharing sessions be ongoing.

**Surgical Wards, ICU, Highcare and Theatres**

It has been 3 months since surgical wards have moved back to S Block. Surgical Department had been accommodated in N Block and in St Aidans Hospital since wards were damaged during the 2017 October storm.

**ICU and Highcare** has started the move back to S Block as their unit has been completed.

**Theatres** have been handed over and will start operating towards the end of July 2019.

**Upgrade to existing Nursery, Psychology, Physiotherapy and maintenance works in Labour ward & Maternity wards**

The project involves upgrading the existing Nursery, Physiotherapy, Psychology and temporary Fluid store. In this project the storm damaged Labour ward and Maternity wards were included for a full revamp. The challenge that was incurred in this revamping was the reduction of bed numbers at the Labour Ward and the Maternity wards. As this needed more time to resolve, it was agreed that the Maternity 2 ward and Labour ward will be excluded from this project and be implemented as a separate project in the coming financial years. Maternity 1 ward will proceed as significant work had been done already.

Elective Gynae services will be moved to St Aidans for the duration of 9 months to one year to allow contractor to continue with the work in N Block. There are ongoing communication with staff and all stakeholders.
King Edward VIII Hospital recently enjoyed a visit from a group of consultants from the UK and America who came to South Africa for a Medical Study Tour with the Royal Society of Medicine and Jon Baines Tours.

Each year the Society organises an overseas medical study tour with Jon Baines travel (who specialise in such tours) and the previous few years have seen tours to China, Sri Lanka, Cuba and Vietnam all led by Janice Liverseidge the Society’s Membership & Communications Director. This year’s tour has been a great success and included 21 doctors who all belong to the Society with experiences ranging from managing major hospitals in the UK and Australia and legal experts in neurological conditions through to specialists in anaesthesia, pathology, geriatrics, emergency medicine, oncology, plastic surgery and ophthalmology.

In addition we also had a medical journal editor and the former Dean of Dentistry from King’s College London.

However, probably the highlight of the tour has been the visit to King Edward VIII Hospital in Durban where the group of doctors from the UK & US were inspired by the dedication and commitment shown by the staff. In not always easy circumstances with obviously some limited resources the work that is being done here was outstanding. On behalf of the group Janice Liverseidge said “we hoped to be inspired by the work of doctors and the medical teams in this South African Hospital and we were not disappointed. We were privileged to meet with some of the doctors who told us about their work and then showed the appropriate consultants around the various wards. In addition we were so lucky to be provided with a sneak preview of the wonderful new operating theatres due to open soon and which will obviously make such a difference. We are most grateful for the time you provided to us and the way you shared your experiences with us. We plan to return to the RSM to tell colleagues about the work you do”.

It really helps all medical professionals to understand healthcare systems around the world and compare and contrast with our own countries. We thank all the staff at the King Edward VIII hospital for affording us this opportunity and hope others who visit South Africa with Jon Baines Tours also get this chance to meet with staff at this hospital.

If any staff are interested in finding out more about the RSM or joining the Society do visit www.rsm.ac.uk

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Acknowledgement

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