It was in July 2008 when we were approached by Carte Blanche, to participate in their 20th birthday celebration. By agreeing to participate in this project we opened doors that we never thought they’ll be opened. Among the hospitals that participated in this project are Johannesburg General, Kimberly, Free State, Baragwanath and King Edward VIII hospital.

You can imagine the excitement hospital staff and management, especially Pediatric component had when we had sod turning ceremony on the 20th June 2011.

Executives from BHP Billiton, Carte Blanche, Corporate sponsors, Honourable MEC for KZN Health, Area General Manager, Ombudsperson, Members of Hospital Board, Ethekwini district representatives were among distinguish guests that attended the ceremony.
Twenty second of June 2011 was a sad day for management and staff members of King Edward when they said farewell to one of their management members, Mrs Zola. Mrs. Zola has played a vital role in the management of the Hospital since 1970’s. She’s been working since 1972, by that time she was working at the surgical ward though interested in I.C.U. In 1982, she was transferred to theatre and then I.C.U. in 1985. Mrs. Zola did her degree and honors at King Edward Hospital, she also did her masters at University of South Africa (UNISA). In 1993, she was promoted to be a Matron. Management and staff will dearly miss her, especially since she was a true Batho Pele Ambassador.

From a small town called Grey Town just outside of Pietermaritzburg, came this dedicated and committed lady. Mrs Dlamini started nursing in the early days of 1946 after being trained as a nursing student in Baragwaneth. Despite the times of apartheid, she never lost her dream of becoming something big in the nursing field. She worked many years at Baragwaneth hospital in Johannesburg previously called the “Vaal” but her heart was always looking back at her hometown. However, because of her family political background, she and her family moved from Grey town to Pietermaritzburg where she worked at Northdale hospital as a senior sister. Dlamini did not stop her journey as she started working at KEH in 1988 as a matron. She worked in most departments, started at the Paediatric ward, surgical, MOPD etc. She became Assistance Nursing Manager in medical directorate in the year 2002.

Don’t be dismayed at goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetime, is certain for those who are friends.

*Richard Bach*
What an exciting day the second of June 2011 was to staff of King Edward VIII Hospital, when they had wellness day. Mrs. Zola (the nursing manager) did her welcoming speech on behalf of the hospital. On the stands Virgin Active representatives were there, DENOSA Kwa-Zulu, Natal, Gems medical Aid scheme and Gems wellness team, Cell C, Sanlam, Woolworths, FNB and old Mutual representatives were all there to showcasing their services. Gems wellness team was there to screen employees for high blood pressure and HTC. There was also a team doing massages.

Mazwi from X-ray gave information about breast cancer and how the mammogram works. Mammogram is a machine used to check cancer or any infection inside the breast that could result in cancer. Mammogram should be done preferably by women over the age of 40 and young women are encouraged to rather do the ultrasound instead. "We encourage all women young and old to check their breasts every time so as to know if there is any problem before it too late", said Mazwi.

This was not only informative but there were healthy food provided by Woolworths foods.

An Intern in Psychiatric department gave insight on posttraumatic stress/disorder and how it could be avoided. This kind of stress usually caused by traumatic events that have been experienced by persons who have been involved in a violence event, wars, unemployment, rape, etc. Some of the symptoms are sleeping problems, poor concentration and avoidance of related subjects. However, there is medications for this disorder.

“The ability to be in the present moment is a major component of mental wellness.”

Abraham Maslow
**Children Are Our Future**

Bobi Bear is a non-profit organization based in Amanzimtoti; they came to raise awareness during Child Protection Week. The event was held at Paediatric Out Patient Department and was facilitated by our Social Work Department. This organization is against harm and abuse of children.

They use their technique to discover the type of abuse the child went through. They give them a bear to write everything that took place so as to find out what really happened, especially if the child is too scared to talk about the incident.

In attendance were parents and children, including mobile patients admitted in our wards. They all showed much interest and the event was an eye opener to many who didn’t take this as serious as it is.

Nosipho from Bobi Bear also informed the audience that there is an edu-toy programme for kids.

**We Welcome New Members in Our Family**

Another new member at King Edward hospital, all the way from kwesakaMthetwa at Mpangeni. That is where Khanyisile Magcaba is coming from. She works as the Finance Assistant Manager. Although it’s been three months since she joined the hospital but it seems as if she enjoys the work she does and she is looking forward to having a fruitful working relationship with all stakeholders.

“I really enjoy working with figures and it also a privilege to be part of this huge, well known and well recognized hospital in” said Khanyisile. Khanyisile is a friendly lady, who likes soccer and her dream is to become a qualified C.A or C.F.O.
Mr. Aderibigbe is the physiotherapy manager. This gentleman is from Ibadan Nigeria but South Africa has become his second home. He did his primary, secondary and tertiary education in Ibadan Nigeria. Mr. Aderibigbe has a degree in Physiotherapy, Post grad diploma in HIV/AIDS from Stellenboch University, he also did a Strategic Management at the University of South Africa (Unisa), and also took courses in financial management and team growth. He enjoys the environment he works in and the people around him. But like any other organization there are some of the challenges that makes his work difficult at times; although with support from the management and colleagues somehow it makes his work very manageable.

“Sometimes it is a bit difficult to work as a team because people do not see eye to eye all the time. All in all we work as a cohesive team and I think the hospital needs more improvement not that it has not improved in terms of the standard that a hospital have to reach but certain infrastructural parts needs improvement. Moreover the relationship between him and his patients is a very good one; patients appreciates the intervention and assistance and they in turn gets involved in whatever is done.

Things that we did not know about him is that he is a very approachable person also likes to exercise. He enjoys lawn tennis, swimming and jogging, basically he likes all kinds of sports.

Mr Sola Aderibigbe: Physiotherapy Manager

Xolani Zwane is the institution that gave Mr Zwane a strong foundation and contributed a lot in who he is today. Sisonke Health District was another institution that continued with building such a character and allowing him a fair chance to head Labour Relations. He then went to Appelsbosch Hospital on a transfer so as to be closer to home. “They gave me the support and love that made me feel at home”, said Zwane.

Mr Zwane would like to thank King Edward VIII Hospital for believing that I can be suitable for the position of Assistant Manager: Labour Relations. And he is of the expectation that God will make this one a special experience. Although he wont make promises now but he’s confident that he has something to offer; and believes that through team work everything is possible.

“I would not be doing justice is I do not give thanks to God for everything that He has done for me; indeed He is a good God”, said Xolani with a humble voice. “It is true that the road to success is dotted with many tempting parking spaces; however I am thankful to God for protecting me”, concluded Mr Zwane.

Mr Xolani Zwane: Assistant Manager, Labour Relations
NEW FACES IN PUBLIC RELATIONS

My name is Philiswa Nzama, I am 21 years old, currently doing my third year, which is my final year in Public Relations Management at University of Zululand (Ongoye), Department of Communication Science. I really enjoy my course and I have learnt so many things under this field of Public Relations. I am now doing my six months in-service training at King Edward Hospital in Durban, which is one of the well known hospitals in Durban.

It is a privilege for me to work together with members of the Hospital such Miss Nontobeko Ndlela who is the Public Relations Officer and she also my supervisor or my mentor while I am doing in-service training. I really enjoyed my first day even though I did not do much but I enjoyed being in such environment and meeting new people; and they welcomed me with a smile. I am willing, committed, dedicated to work together with them in making sure that the job that we do is up to high standard.

I am jubilant to be in such a place because its shows very well that I’m looking forward to making sure that one day I will achieve my dream of becoming a professional Public Relations practitioner. I need to pay much attention in each and every task or job that is going to be done so that I will be able to learn new things, by following the rules and guidelines that I am going to be given by my supervisor. I hope that I will enjoy being here and apply the knowledge that I have learnt in school, and improve my skills in this field. The work that I am doing is challenging so I need to be hands on, because most of the time we are dealing with complaints and we are responsible for creating mutual understanding between hospital and its stakeholders. As I conclude, Public Relations require someone with good communication and able to work together with other people both internal and external, a team player.

My name is Ntombenhle Mkhize. I am doing my final year in Public Relations Management at the Durban University of Technology (PMB Campus). Since I am doing work integrated learning I wish to grab each and every opportunity that I am exposed to; and also to gain as much experience as I could get.

I must say it’s a great honor for me to be part of this huge and well known hospital in Kwa-Zulu Natal. I could say I am so fortunate to do my integrated learning in an organization such as a hospital because it involves all the stakeholders, community, patients and relatives. We get to interact with different people that is why communication is essential in this organization. Not forgetting my mentor Miss Nontobeko Ndlela she is an inspiration to me, she is so helpful I really enjoy working with her. I am looking forward to learn more and to be involved in any activities, skills that are going to be needed in the industry of public Relations in future.

Mr Philiswa Nzama: PR Trainee

Miss Ntombenhle: PR Trainee
IXOXWA NGEZITHOMBE!
• Please note that there is a service every Tuesday @13h00 at the Chapel. Christians from all denominations are invited.

• Holly Mass for all Catholics every Wednesday @the Chapel.

• Prayer and fasting every Friday @13h00 at the Chapel. Christians from all denominations are invited.

For all sport related issues, please contact Mr Mziwandile Cele (known as Xolani) in Human Resource department: Mziwandile.cele@kznhealth.gov.za

Alternatively, you can contact the Public Relations Officer: Miss Nontobeko Ndlela: nonto-beko.ndlela@kznhealth.gov.za