

Theme for 2023: " The Legacy Lives on Through YOU:

Theme for 2023: "The Legacy Lives on Through YOU: Climate, Food and Solidarity" it emphases the relevance of Mandela's legacy contemporary issues. things you can do during Mandela day: Organize food or

KwaZulu-Natal Department of Health

clothing drive, clean up a local park, arrange a visit to a nursing home, help an elderly neighbor with a chore or an errand, volunteer to help young children read or play a sport. People are encouraged to dedicate their 67

KZN Department of Health

kznhealth

minutes of their time helping others. The celebration of this international day recognizes and gives credence to the former president's commitment to human rights, conflict resolution and reconciliation. That is one of

@kznhealth

Teddy Up organization

Teddy bear drive for new and pre-loved teddies

Teddy Up is an initiative founded by siblings Tasmika and Akhil Mahabir in 2022, for Nelson Mandela Day.

It is a teddy bear drive for new and pre-loved teddies which will be donated to underprivileged children, to help them gain a fluffy friend and bring a smile to their face. Teddy bears are associated with love and a hug. By passing down a Teddy, we are basically passing down love in the form of a fluffy companion.

It has come to my attention that hospital stays can be extremely challenging for children, causing them to feel isolated and fearful. Thus, I was inspired to organize a teddy bear drive, with the aim of providing comfort and solace to the brave children fighting their battles at your esteemed hospital.

I am deeply moved by the incredible work that you and your team do to create



Tasmika and Akhil Mahabir of Teddy Up organization distributing Teddy bears to the Paeds Ward.



Akhil distribute teddy bear to the mum in the ward

02

KwaZulu-Natal Department of Health

KZN Department of Health







 $M_{\text{en's}}$ forum popular known as Isibaya Samadoda was launched at uMzinto on the 9th of November 2007. It's role was to help to create a new order in which men and women are equal members of society, to create a new order in which boy and girl children are raised as equal members of families and to help create communities which not only detest violence against women, children and men, but actively ensure that it does not occur at all in families, communities and the entire country. Also promoting a positive conversation about men, manhood and masculinity. At MAHATMA GHANDI MEMORI-AL HOSPITAL this day was not only celebrated for awareness but also for recognition and celebrating men's positive contributions; to society, community, family, marriage, child care and to the environment.



Men were singing during the Isibaya samadoda event celebration At MAHATMA GHANDI MEMORIAL HOSPITAL.





WAZULU-NATAL PROVINCE

How KwaZulu-Natal Department of Health







WORDS OF WELCOME



Image of Mr. Mthethwa Deputy Manager Nurse at Mahatma Gandhi Memorial Hospital.

The Nurse manager Mr. Mthethwa who was an Acting CEO during the day of the event . He was captured welcoming all men who were part of the event. He requested everyone to feel at home. "he said every man has a big responsibility to love, to care and to protect. At Mahatma Gandhi hospital, we like to have a good man, who takes responsibility and protects all those who are fragile and vulnerable. We don't like to have the type of a man who are abusive. He said raising a thoughtful, well rounded man can be a challenge.

Some boys are slow to pick up social graces and some are boisterous to the point where they have a hard time focusing. You need to give some responsibility and let him show his emotions, don't try to shut down his revving engine and don't worry if he is not acting masculine enough. A man needs to learn how to slaughter and skin the cow in his early stages of boyhood. Therefore it is very important to raise a boy in a proper manner, emphasized the Nurse Manager.



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA









Image: Mr. Masixole Zamisa from Pixely Ka Isaka Seme Memorial Hospital

I he guest speaker Mr. Masixole Zamisa from Pixely Ka Isaka Seme Memorial Hospital was captured addressing men who were part of the men's forum event held at Mahatma Gandhi Hospital on the 28th of July 2023. he said men are leading in committing suicide, that is caused by the fact that men do not talk a lot about what irritates them and that cause a lot of depression.

In most cases, men turn to be violent when they are angry, that is normally caused by the continuous use of alcohol, some of them even get dismissed Man has a responsibility to provide but it does not mean that they must create unnecessary debt because they want to please their partners. He also told men that out of 10% of prisoners are men in the entire world because they are most violent.

There are various ways of dealing with stress. He requested men not to use drugs and alcohol because they are stressed, that does not solve the problem. He also asked men to distance themselves from the loan sharks, concluded Mr. Zamisa



HUMAN RESOURCES DEVELOPMENT AND PLAN NING: EMPLOYMENT EQUITY AND BURSARIES

By Mr. ZA Masikane: HRD Practitioner :

Employment Equity is a directive from the Act of parliament (Employment Equity Act of 1996). The act was aimed act at addressing the imbalances of the past (Affirmative action). It is a known fact that in the non-democratic government used to priorities certain groups of people.

Therefore it was necessary for the democratic government (1994) to address those imbalances. As a result the Department of Public Service and Admiration developed a tool that determines the employment equity targets of the occupational categories where there has to be an advertised positions.

This tool is designed in terms of Race, Gender and Disability. The department of Health in KwaZulu-Natal and other provinces of the Republic of South Africa are mostly dominated by females.

It is for this reason that we encourage men to contest for the positions when advertised as the tool when updated mostly finds them as a deficit. It is a known fact that men are reluctant to de-



As Human Resources Development and Performance Management section, it is our obligation to transpire the information that our department offers bursaries for in-service personnel who wish to further their studies. Our wish is to see our male colleagues develop and possibly occupy higher and higher positions in the department.

With all that being said, we are not taking anything away from our female colleagues (IMBOKODO, IN-ZALABANTU!).

LET US ALL BE EQUAL SOUTH AFRICANSA!!!!

04



EALTH EPUBLIC OF SOUTH AFRICA



KZN Department of Health





NOMINATION OF BENEFICIARIES : GEPF



In the Isibaya Samadoda events various issues are discussed. The main purpose is to make sure that we have responsible and caring men, not only at MGMH but throughout the country.

- Men are encouraged to go the Human Resource Department to request for the Nomination of beneficiaries forms – WP1002
- They can nominate anyone or multiple people to get a certain percentage of their pension should they die whilst in-service.
- The beneficiary form can be amended at any time the employee wishes to.
- The copies of the ID/birth certificates must be attached to the form.
- The form is kept on the employees personal file ,the other copy is submitted to GEPF.
- In the event of the employee dies whilst in-service, the pension will be allocated to the nominated beneficiaries accordingly.









PHOTO GALLERY



Men were singing during the Isibaya samadoda event celebration, it was a walk to the hall.



Offloading the car full of gifts from the Teddy up during Mandela day celebration.



Handing over gifts to the babies in the ward



Kwakunje e Mahatma Gandhi Memorial hospital ngosuku kugujwa usuku lwamadoda, kwakuphume nesinedolo.



Lagiya lelibhungu madoda, lase lishoda ngesihlangu nje kuphela



Umphathi sikhwama wase Mahatma Gandhi Memorial Hospital naye wayekhona kulomcimbi wamadoda.



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health
KZN Department of Health





PHOTO GALLERY



Amadoda ayephume ngezinkani eze embizweni yawo



The hall was packed into capacity



No one knew hat these gentlemen can dance, hhola majita



Mr. Dlamini a leader of the men forum planning committee was addressing the audience,



Guest of honor receiving his gift from Mr. B Dlamini



It was a wonderful day, even DMN was enjoying himself



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health
KZN Department of Health





ACKNOWLEDGEMENTS

EDITORIAL TEAM / DETAILS



Mr. J.E. Zwane (PRO)



Mr. L.S Maphumulo (CEO)



Mr. K.H Mpanya (PRO Intern)

CONTACT DETAILS

Physical Address:

100 Phoenix High Way

Phoenix **Postal Address:** P.BagX13, Phoenix High way

Phoenix **Postal Address:** P.BagX13, Phoenix High way

Web Address: www.kznhealth.gov.za



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health
KZN Department of Health

07

kznhealth
Økznhealth



Public Relations Officer 031-502 2173