

Umthombo Wolwazi

ISSUE 3

MARCH 2011

STRATEGIC PLANNING -2011

On the 23 and 24th of March 2011 Management and HOD's of MGMH engaged in a 2 day strategic planning workshop. The workshop was not only to review and make plans for the year ahead-it also served as a team building exercise.

The strategic planning session was held at the Phoenix Youth Centre in Whetstone.

Different components were given a chance to review their operational plans, make plans for the year ahead and also to share those plans for constructive inputs.

As an organization, direction is key. It is important to reflect on the journey travelled and also to prepare for the future and the 2 day workshop was aimed at achieving the above. The days proceeding will later be shared with the rest of the staff within respective components. The gathering would not have been a success without the generous sponsors. A big thank you to all those who made this special event a success.



Staff were also treated to a LAUGHTER YOGA class courtesy of Dr Gita Suraj-Narayan- who is a senior lecturer at the school of Social Work and Community Development. She is qualified and certified Laughter Yoga Therapist from the Dr Kataria School of Laughter Yoga in Bangalore, India. She is currently based in UKZN

MEDICAL OUTPATIENTS QIP

On the 13th of February 2011 the Nursing Component implemented the operation of the Medical Outpatient Department (MOPD) on a 24 hour basis.

The aim behind this intervention was to decongest the casualty / trauma unit which was overburdened especially on weekends. The process was initiated through a series of meeting-in consultation with the relevant role players. After the buy in was sought, a roster was created using the existing manpower.

Interviewing Mr D F Zikhali who works in Casualty, he commended management for the move saying "It has decreased their work load, they have more time to concentrate on each patient and patients have been spared from unnecessary moving from MOPD to Casualty daily.

"Its now a pleasure to work in casualty," says Zikhali.

According to Matron Biyela, in charge of MOPD, the move has also been received positively by MOPD staff in a sense that they no longer have to shift patients daily from one department to another. "Staff have more time to manage their patients now", says Matron Biyela.

Even though the intervention has seen a drastic decongestion of the casualty department it has unfortunately not resolved the bed crisis. There is still shortages of mostly medical beds –although not critical.

What still remains a challenge is the proper staffing of MOPD which is still in the pipeline.

RESEARCH HAS SHOWN THAT CHILDREN LAUGH UP TO 500-600 TIMES A DAY. YET ADULTS ONLY LAUGH 5-6

TIMES. Dr Gita Suraj –Narayan
Laughter Yoga Therapist

HOPE FOR THE FIGHT AGAINST TB IN KZN!!!

The 24th of March was World TB Day, and Mahatma Gandhi Memorial Hospital under the umbrella of the KZN Department of Health joined the rest of the world in commemorating and raising awareness about TB. The struggle to raise awareness continues since surveys still show that one third of the world's population is infected with the T.B germ (Mycobacterium Tuberculosis).

Even though South Africa is one of the 22 high-burden countries – Kwa-Zulu Natal remains one of the provinces with a large number of TB cases, HIV/AIDS cases and more.

During the awareness the community was cautioned on the fact that a person with active TB can infect between 10 and 15 people in a year.

Despite the fact that TB is curable, it kills almost 2 million people per year worldwide.

The National Minister of Health, Dr A Motsoaledi together with his provincial counterpart Dr S Dhlomo commemorated this year's event differently. In the quest to bring down escalating TB statistics in KZN, a machine called the GeneXpert was unveiled at Prince Mshiyeni Memorial Hospital. The GeneXpert can diagnose TB in two hours. It is the only one in Africa as there are only 5 in the world. It was donated by the US Consul and is not for commercial purposes.

YOU SHOULD KNOW

TUBERCULOSIS IS A SERIOUS DISEASE BUT CAN BE PREVENTED AND CURED

VISIT YOUR DOCTOR IMMEDIATELY IF YOU HAVE

- COUGH FOR MORE THAN 3 WEEKS
- FEVER WITH CHILLS
- NO APPETITE AND WEIGHT LOSS
- TIRED FEELING ALWAYS

Compiled by: Team

INDUCTION & ORIENTANTION



D A MZILA P/N



M H DLAMINI P/N



T P MTHEMBU P/N



BCC MEMELA P/N



B V HLONGWA E/N



B G NDLELA E/N



G RAJASWAR P/N



S I NDLELA P/N



R RANJIL P/N -TRAINER



D T SITHOLE P/N - TRAINER

I would like to give warm welcome to the new members of the MGMH team, who joined us on the 1st of March 2011.

The above photos were taken during their induction and orientation program. The recruitment of the above members, is just one of the improvements that the Nursing department is focusing on in the year ahead. Adequate staffing has been a challenge which will soon be addressed.

The new members will be deployed accordingly to all departments experiencing shortages.



WELCOME!!!!

Management and staff would like to welcome on board Matron CS Mpungose. Mt Mpungose joined the MGMH family in March and will be overseeing our Casualty, Theatre and CSSD. The PR department had a chance to speak to her and this is what she had to say....

In 5 words, how would you describe yourself? I am a Christian (Roman Catholic Church), I'm assertive and a hard worker.

For someone who does not know you, tell us how did you get to where you are?

I trained at ENkonjeni Hospital, brigided at Edendale College of Nursing, did my midwifery at King Edward College of Nursing. I have diploma in Surgical Nursing obtained at King Edward College of Nursing and also did Health Service Management at North West University (Potchefstroom)

Work experience

- Worked at Umphumulo as an Enrolled Nurse and a Professional Nurse
- Eshowe as a Senior Professional Nurse
- MGMH as senior Professional Nurse and Chief Professional Nurse
- Prince Mshiyeni Memorial Hospital as a SPN & CPN
- King Edward Hospital as Chief Professional Nurse
- In 2011 March appointed as Assistant Nursing Manager at MGMH.



MS CS MPUNGOSE

What is your motto in life?

"Everyday can be beautiful, perseverance is the mother of success do not forget your basics."

What is the greatest advice you have received?

Ukuqala ukuhlakanipha, ukumesaba unkulunkulu (to always pray and abide by the word)

Where do you see yourself in 5 years to come?

Higher than where I am today. I am hoping to work well with the new team and strive for excellency in maintaining high quality improvement aspect in the institution.

**PEOPLE ARE NOT INTERESTED
IN WHAT YOU HAVE, UNTIL THEY
SEE HOW MUCH YOU CARE.....**