

FEBRUARY 2011

MALE MEDICAL CIRCUMCISION (MMC)

The MMC project was launched by the MEC for Health, Dr S Dhlomo, last year and was then filtered down to health institutions.

At Mahatma Gandhi Memorial Hospital, the project kick started on

the 3rd of February 2011. The MMC

Clinic is being run by the Surgical Out-patients department with the support from MATCH. To date 70 patients have been successfully circumcised in seven sessions.

PROCEDURE:

The clinic is being run twice a week (Tuesdays and Thursdays). The MMC Clinic sees patients who have gone through their local clinics –to check whether they are compatible for the procedure. Local Clinics screen MMC candidates for HPT, Diabetes, HIV/ AIDS status and other ailments.



LAUNCH OF MMC PROJECT: BACK(left) Dr Dayaram, Sbonelo Cele, Dr Kadodia, Dr Singh, Dr Roopsingh

FRONT: (left) W Mfeka , FT Gwacela

MGMH STAFF MEMBERS: If you are interested in MMC please visit our Occupational Health Clinic for information between (14h00-16h00).

ABOUT MMC: MMC is the removal of the foreskin of the penis. It is a surgical procedure that is done by trained doctors and nurses.

Inside this issue:

MC	
STI/CONDOM	2
PLAY AREA FOR PEADS ARV	3
STATE OF THE NATION ADDRESS	

SEXUALLY TRANSMITTED INFECTIONS-(STI's)

Social stigma still prevents people from seeking health care.

On the 10-16th of February 2010- Mahatma Gandhi Memorial Hospital joined the world to commemorate STI-Condom Week.

STI's are presently one of the major public health concerns. Sexually transmitted infections

(STI's) are diseases that are mainly passed from one person to another during sex. There are at least **25** different sexually transmitted diseases with a range of different symptoms. These diseases may be spread through vaginal, anal and oral sex. Mostly STI's will only affect you if you have sexual contact



with someone who has an STI.

Our clients were educated about STI's and an information board was placed at the main corridor for a week. Patients curiously asked questions, and were awarded a few tokens from the PR De-

partment..

I wish to place on record my appreciation to the Philakahle Department for playing an active role in making sure that the program is a success.

CONGRATULATIONS!!!!



Congratulations are in order for the group of Staff Nurses who have recently completed their bridging course. This photograph was taken during an orientation program. The 9 members have resumed duties as Professional Nurses.

There is always a reward after hard work.

ON THE LIGHT SIDE.....

Psychiatrist: What is your problem?

Patient: I think I'm a chicken.

Psychiatrist: How long has this been going on?

Patient: Ever since I was an egg!

PLAY AREA FOR ARV PAEDS

Mahatma Gandhi's Paediatric Anti Retroviral unit now boasts of a new play area courtesy of Kheth'impilo.

Last year, Kheth'Impilo AIDS Free Living received a donation of R950 from Mrs A J Johnson's Estate. Kheth'Impilo decided to unselfishly extended the donation to our ARV unit.

On the 11 of February 2011, Dr M Moopanar came bearing

gifts.

Amongst the toys were childrens plastic furniture, colouring books and material, toys that are both educational and entertaining.

On behalf of Management, I would like to place on record our sincere thanks to kheth'impilo for the donation and also for your continued support.



AIDS HELPLINE
☎ 0800-012-322



STATE OF THE NATION ADDRESS 2011

This years State of the Nations Address was broadcasted in the evening of the 9th February 2011 at 19h00 , as opposed to the traditional 11h30 midday.

In his introduction the President thanked all the people who contributed to the SON. He made a special appeal to all South Africans to give Madiba a break and let him recover with dignity from his illness.

The President pointed out at least 5 priority areas that Government will work on this current year viz.

job creation, focus on basic education, health policing, rural development.

HEALTH SECTOR

Appointment of appropriate and qualified personell to right positions

- Qualified HOD's , CFO,Hospital CEO, District Health Officers and Clinical Managers.
- Revitalisation of 105 nursing colleges countrywide

- Renovation and refurbishment of clinics and hospital continues

- Train more doctors

- Revitalise existing programs and promote various mitigating measures including MMC, PMTCT and Promotion of HIV testing to combat the scourge of HIV & AIDS

Development of NHI policy and implementation plan

NEW MENTAL HEALTH FACILITY PROPOSED FOR MGMH

With the increased number of mental health patients being admitted in our institution there was a need for the institution to provide a proper mental health facility to treat our clients.

This was later included in the hospital multi year plan as a priority project.

The process to construct a new mental health unit has commenced.

The project is estimated at R 38 million rand and will be finalized shortly.

The new structure will include seclusion units, open wards, recreation and counseling areas. It will also have an outpatient area.

This will eventually resolve the numerous challenges the hospital has been facing with regards to the admission and treatment of the mental health clients.

NOTICES

- **RIP**-We learn with sadness, the passing on of Sr IS Mkhize who worked mostly in the maternity department .
- **PRAYER MEETING:** Please be informed that there will be prayer meetings on Tuesdays 13h00 at the main boardroom. All staff is invited.
- **BATHO PELE:** Please be reminded of the ongoing trainings on Fridays. All categories of staff are urged to attend. Please check your training schedule.
- **GOODBYE:** Sr Harripersad (MOPD) . Sr Harripersad is no longer a member of the MGMH family. Thank you for your contribution towards patient care.
- **WELCOME BACK HOME**-Mr K Govender who joins the HR Department as the Assistant Manager (Staff Relations). Mr Govender previously worked at Osindisweni Hospital.

PREGNANCY AWARENESS

On the 09/02/2011 MGMH Antenatal Clinic embarked on an educational day for all pregnant mothers. Pregnant mothers were enlightened on various aspects that needed to be taken care of in their pregnancy, so that a healthy mum can deliver a healthy baby. The day began with orientation of all mums to the maternity ward. The programme included talks on a nutritious diet in pregnancy an exercise to keep fit and prepare for a healthy baby. PMTCT staff educated the mothers and breast feeding techniques were demonstrated to all.

Mothers were showered with gifts during and after the programme a scrumptious lunch was served to all who attended.



A big thank you to all the team players who contributed towards the education and those who assisted with meals.