



HEALTH
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MONTY NEWS

LET YOUR VOICE BE HEARD

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MESSAGE FROM THE CEO



Mr. S.G.G. Khawula– Hospital CEO

I believe that everyone would definitely agree with me, 2010 was a good year for South Africans. The soccer fever hit all of us and we miss the soccer Fridays. Here at Montebello, it was a great year in terms of finance; we are on target not to overspend. The great contributions by the class of 2010 Community Service Officers. The employment of number of staff nurses and enrolled nursing assistants going to give too much relief to our professional nurses

I am so excited that we also received an Award for Izandla Eziphephile. It was the great honour for Montebello especially maternity staff to receive the award. It shows that we are on the right track. We are also waiting for results for Baby Friendly Hospital Initiative, hoping that we will get it right this time.

We did manage to meet all the targets that were set for

2010, in terms of service delivery; we have increased the number of patients on ART and down referral to clinics. We also had challenges just like any other institution, which includes the initiation of HAART at PHC level and we are also experiencing a problem with the bed occupancy rate. Apart from these challenges I would like to encourage all staff to best practise the principles of Batho Pele, as this will assist them to improve in order to give excellent care for patients as well as best service delivery. "Just put yourself in the shoes of the client and treat them the way you would want to be treated".

Suddenly it is December.....again - and we realize that with giant strides we started in January and within a blink of an eye, 2010 is on its back! A big "Thank You" to each and everyone of you, for the huge impact you had on service delivery. From my side I wish you all a magical Festive Season filled with Loving Wishes and Beautiful Thoughts. May 2011 mark the beginning of a Tidal Wave of Love, Happiness and Bright futures. Should you be driving during this time.....please take care!

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SENIOR CITIZENS CHRISTMAS DAY



The hall was fully packed with old people on the day

Ndwedwe Local Municipality in partnership with government departments hosted a Senior Citizens Christmas Celebration which was held at Nsuze Community Hall on the 4th of November 2010. Although it was a very hot day, old people came in numbers to be part of this event.

The main purpose for the event was to entertain seniors as well as to give them Christmas presents. The Municipality Manager Mr. G.J. Majola welcomed all present and thanked them for attending the event. He further said that he was so thrilled to see that old people under his municipality listened to his call.



Seniors came in numbers for different types of screenings



Mr. V.B . Mkhize (Lay Counsellor) performing HCT

Government departments such as health, agriculture and social development were invited to inform seniors about the services they offer.

Mr. Disco Khuzwayo who was the Event Organizer stated that the main reason for inviting the government departments is because most of the seniors do not have an access to the services, and he said it was a wise idea to bring the services to them.

Montebello hospital mobile team was part of this event, as they were providing services to the elders. Amongst the services rendered were BP Screenings, Diabetic Screenings and HCT.

UKUGCOTSHWA KWENKOSI S.W. NGCOBO

BabengangoZulu eya emakheni abantu besizwe sase NkumbaNyuswa mhla kugcotshwa Inkosi S.W. Ngcobo. Inkosi ibisithatha izintambo kunina emva kweminyaka eyisishiyagalombili selokhu kwakhothama inkosi.

Lomcimbi wokugcotshwa wawenzelwe ezinkundleni zemidlalo kwa Sonkombo, eNdwedwe mhla zingama-12 ku November 2010, wawuhlelwe umnyango wohulumeni bazasekhaya kanye nabaholi bendabuko (Co-operative Governance & Traditional Affairs). Kwakumenywe iminyango kahulumeni eyahlukene eyayizoletha ulwazi, maqondana nosizo olutholakala eminyangweni eyahlukene kubantu besizwe sakwaNyuswa. Kuleminyango kubalwa umnyango wezempilo owawuhlolela igciwane lengculaza, kanye nesifo sikashukela. Phakathi kweminye iminyango eyayikhona singabala umnyango wezolimo, umnyango wezenhlalakahle kanye nabezomthetho.

Inkosi yagcotshwa ngokusemthethweni iSilo Samabandla, Inkosi Goodwill Zwelithini, kulapho ke iSilo sa-



Amakhosi kanye nezinduna behamba kanye neSilo Samabandla

kubeka kwacaca ukuthi inkosi kumele isebenzele isizwe sayo ngokuzimisela, iphinde futhi idlulise imiyalezo eyakha isizwe. Inkosi yamaZulu yaphinde yagcizelela mayelana nomkhankaso wokusokwa kwabesilisa, ukuze kugwemeke ukubhebhetheka kwegciwane lengculaza, waphinde wadlulisa namazwi okubonga kuNgqongqoshe Wezempilo KwaZulu Natali, uDkt Sibongiseni Dhlomo ngegalelo



Kusukela kwesokunxele kuya kwesokudla : Inkosi S.W Ngcobo, iSilo Samabandla, iNkosi Mangosuthu Buthelezi, kanye noNksz Nomusa Dube

alibambile lokudlulisa umyalezo wokusokwa kwabesilisa esifundazweni saKwaZulu Natali.

Konke kwahamba kahle ngalolusuku njengoba nabantu baphuma bengawuvali umlomo ngalolusuku njengoba babefinya ngendololwane KwaNyuswa.



Lapha kungesikhathi kuhlololwa izifo ezahlukahlukene

CHILDREN'S DAY CELEBRATION

It was an early Christmas for kids in the paediatric ward, as well as children from Montebello Crèche and Pre-Primary School.

FNB Bank from Dalton Branch organised a massive party for the kids, on the 23rd of November 2010.

Thandeka Msane who is the Branch Manager stated that, the main purpose for the day was to give back to the community as well as to entertain kids. She further said that they chose children because at FNB, they believe that children are the future leaders.

Hospital Management and Organizing Committee Members were invited to this extraordinary event, our CEO, Mr S.G.G. Khawula said he was so delighted that FNB chose Montebello area and he thanked the team for putting smiles in the children's faces.



A big cake brought by FNB on the day of the event



Seen on the picture are members of the organizing committee, hospital management, kids and their educators



Ms. Msane from FNB Bank, one of the kids in paed ward and Mr. Selepe (HR Manager)

It was a fun-filled day as kids were dancing, singing and playing different games, and they seemed to enjoy every moment. Kids enjoyed themselves with mouth-watering hot dogs and many more goodies .

MEN'S SECTOR FORUM

For the very first time in history, Ilembe District Municipality hosted a Men's Sector Forum, which took place at Deda Sports ground in Bhamshela Area on the 24th of November 2010. Cold weather and rain did not stop men from attending this special event, as there was a massive response from all 4 local municipalities which comprises Maphumulo, Ndwedwe, Mandeni and KwaDukuza. The event commenced at Bhamshela Taxi Rank where department of health officials, chaplains and the municipality officials were distributing condoms to all men.

The main purpose for the event was to encourage men to play a huge role in the province by eliminating women and children abuse and also to give them advice on how to carry themselves in their communities. Reverend Sangweni, Chairperson for Ilembe Men's Sector who was the programme director for the day stated that, "there is a huge difference between men and males. A man is somebody who can take responsibilities and wise decisions, have respect for women and children as well as those around him. A male is somebody who is a rapist a gangster and somebody who is unable to think wisely." Reverend's talk left everyone astounded, thinking and asking themselves whether they are men or males.



Mr. Gcwabaza and Mr. Cebekhulu (lay counsellors) distributing condoms

Men were also given messages of support by Nhlanhla Vezi from Brothers for Life. He encouraged them to listen to Brothers for Life adverts. Amongst other activities for the day there was HIV/Aids, counselling and Testing (HCT) which was conducted on site by the Department of Health (Montebello Hospital & Ndwedwe CHC).



Ms. M. Nxumalo testing one of the clients

HIV/AIDS TESTING CAMPAIGN

HIV awareness is regarded as a crucial part of today's living and research reveals that most people do not know their HIV status, and some of them are scared to go to the clinics and hospitals for HIV test . On the 2nd of December 2010, Montebello Hospital embarked on HIV Counselling and Testing which was held at Bhamshela Taxi Rank.

HIV/Aids Assistant Nursing Manager, Matron Mqadi said they were very happy with the response received from the public. "We believe that through more initiatives like this one, where we bring the HIV counselling and testing process closer to where people are, we will be able to increase the number of people who know their status and we are planning to make next year's even bigger and better," said Mqadi.

The campaign was very successful as 150 people tested on the day. People were also given male and female condoms in order to encourage them to live a happy lifestyle.....

16 DAYS OF ACTIVISM

From the 25th of November until the 10th December 2010 it was the 16 days of activism where we all stood together to eliminate abuse against women and children. On Wednesday the 08th of December 2010, Montebello hospital hosted an event on the 16 days of activism and World Aids day. We invited guests to enlighten us on the issue of abuse and HIV/AIDS. Amongst our guests for the day we had SAPS, Love Life and Old Mutual (who also sponsored us with caps).

On the day we had a march from the hos-

pital's gate to the venue (Hospital Hall), the march consisted of all staff members and our guests. Our CEO Mr. S.G.G. Khawula welcomed all guests and staff members. Mr. Khawula also lit the candle in



Warrant Officer Hlophe during his presentation

memory of all those who passed away due to HIV/AIDS as well as for all those infected and affected by HIV/Aids.

The event was very educational and informative. SAPS Representative, Warrant Officer Hlophe spoke about the types of abuse and he further told the audience about the actions they need to take if they are being abused. Hlophe's speech got everyone talking, as the information that he gave out was so fruitful. He also handed out the DVD's about a short drama on abuse against children and women that was recorded in Kwa-Mashu township.

We also had internal speakers Mr. V.B. Mkhize ,Lay Counselor who spoke about HIV/AIDS which everyone by now is suppose to know about . The way he spoke about got everyone thinking and he also encouraged everyone to get tested and the importance of testing. We also had Ms. N .Mngadi, Social Worker who gave us information on how does social workers help the victims of abuse.

Student nurses entertained the audience with a short drama on the abuse of women and children.



Hospital staff and our guests marching from the hospital gate to the hall.

CHRISTMAS DAY AT KWANYUSWA CLINIC

The 09th of December 2010 is the day that Chronic patients from KwaNyuswa Clinic would never forget, as the Clinic Staff and members of the Clinic Committee hosted a Christmas Party for them. Our Chaplain Pastor Ngema led the event with a prayer and thanked God for making that day possible.

Sr. Mthethwa, Facility Manager thanked everyone for attending this special day and stated that the main reason behind this event, was to thank God for keeping them up until this far and also to thank all the chronic patients for taking their medication regularly.

Sr. Sokhela mentioned that although there are some challenges in dealing with chronic pa-

tients, but she was so delighted to see all of them present on the day. She further commented that most of the patients tend to forget their consultation dates and come on their own dates, and she advised them not to do that, also emphasised that they are not suppose to take their friends or neighbours medication as most of them do, they rather go to the clinic if they are running out of medication. Sokhela encouraged them to take their medication timeously and exercise regularly.

Patient's ended up having fun as they were doing exercises on day, but you could see that most of them were doing what they were not used to do. It never ended there as patients were also given gifts. Lunch was also served and the food was delicious.



Chronic patients listening attentively to what was said to them

CHRONIC SICK HOME CHRISTMAS DAY

The rehab department organized a Christmas party for the Montebello chronic sick-home.

It was a fun day for all those who are able to walk and also those who are on wheel-chairs; they were dancing, singing and modeling; it was also the last day for Lianca Dookram (Physiotherapist-comm.-serve) as she was saying her good-byes to all of them.

After all the dancing and singing it was time to eat; joy was written all over their faces when it was time to receive their gifts from the rehab team. They love the rehab team, as they were leaving they demanded to know when will they visit them again. They enjoyed their Christmas party so did the rehab team.



Left: Lianca (physiotherapist).

Right: Nomfundo (speech-therapist) during the modeling time

PATIENT'S CHRISTMAS CELEBRATION

Christmas is about remembering and celebrating the birth of Jesus Christ .

It's also a time of the year that people give gifts, remember family, friends and loved ones, go on vacations, rest, reflect and get caught up in that good feeling of the year. But this was unfortunate for most of our patients who were admitted in our institution.

Most of them were hospitalised for so long and others were going to be discharged after Christmas, and that alone made them feel so miserable as they were not going to spend quality time with their loved one's.

The hospital's organizing committee felt that it wouldn't be a good thing if

we did not commit ourselves in making a difference in the lives of the patients during the festive season, and with the help of our service providers we did manage to have Christmas for the patients. The big day took place on the 22nd of December 2010, the event commenced at 12h00. Our chaplain, Pastor Ngema together with hospital management and some of the organizing committee members visited all the wards, handing out gifts to the patients.

Patients were so happy to receive gifts as they also said they were not expecting that from us, stating that Montebello hospital staff really care about their patients. It was indeed a great day for our patients.



Seen in front of the presents are senior managers, members of the organizing committee and our chaplain.



Our father Christmas handing out a gift to one of the patients in female ward.



A little girl receiving a gift from father Christmas in paediatric ward.

EDITOR'S NOTE

Greetings everyone! It is a great honour to get this opportunity to bring you the last issue of Monty News for 2010. Hoping that everyone had a great time in 2010, and we should all thank God for being with us up until this far. We know if it wasn't for him we wouldn't be here.

Although we had challenges that affected our service delivery, we managed to give the best we could to our patients, ensuring that they got the kind of service that is expected from us. Still on that note, I would like to thank maternity ward for making us proud for getting an award for Izandla Eziphephile.

Also a big thank you to the organising committee for their hard work and dedication. They really played a huge role in ensuring that all events that were planned, were prosperous and up-to-standard. I hope you guys are going to do the same in 2011, also to remind everyone to practise Batho Pele Principles, this alone will make a big difference in this institution.

Lastly I would like to wish everyone a happy 2011, hoping that all your dreams will come true.

Ms T Ngubane

Public Relations Officer.



Ms. T.F. Ngubane– Public Relations Officer



Mrs Mzizi on her last day receiving a gift from Ntozozo

WHAT HAPPENED AT MONTY IN 2010



Maternity ward staff holding an award for Izandla Eziphephile.



A group of males who went to Nongoma for Umkhosi Wokweshama in December

Deaths

It is with great sadness to announce the passing away of Sr. T.M. Shelembe, who was an OPM at Maternity Ward.

She passed away on the 13th of December 2010.

May Her Soul Rest in Peace



Community Service Officers on their last day

FAREWELL

On behalf of Montebello Hospital we would like to bid farewell to all our Community Service Officers for 2010. They really made a huge difference in our institution, and we thank them for the services they've rendered at Montebello Hospital. We wish them all the best for the future.



K.S. Roberts—Dietician



S. Naidoo—Radiographer



N. E. Mancini—Medical Officer



E.S.C Aucamp— Dentist



L.A. Dookram—Physiotherapist



A.G.P. Jali—Medical Officer