



health

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Health  
PROVINCE OF KWAZULU-NATAL

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## Dr. Viljoen received an award as the KwaZulu Natal Rudasa Doctor of the year!

In August 2013, the Rural Doctors Association of Southern Africa (RuDASA) awarded Mseleni Hospital's Dr. Viljoen as the KwaZulu Natal doctor of the year.

The Rural Doctors Association of Southern Africa is a membership-based organization actively working towards better health care in rural areas. RuDASA strives for the adequate staffing of rural health facilities by appropriately skilled medical staff; and to be a voice for rural doctors regarding training and working conditions.

It was not the first time Mseleni Hospital received this award as in 2003, Dr. V.G. Fredlund, Medical Manager also won the same award! In 2012, Dr. Gate from Bethesda Hospital also won the award.

"I enjoy working in the rural areas; this is where you find the most vulnerable patients who have more social problems than medical. As a person who believes in the word of God, it satisfies me to make a difference to the most needy.

Although poverty remains the issue in the rural areas but I believe Health is the greatest wealth. Mseleni Hospital is also under leadership with integrity which makes it acceptable environment do well in." said Dr. Viljoen.

Dr Kobus Viljoen studied medicine in Bloemfontein. After some time working in the private sector and overseas he arrived at Mseleni in 2002.



**Dr Kobus Viljoen**



**Dr. Viljoen performing hip replacement surgery**

**Doctor Viljoen likes:** spending time with his children, just to have them happy, he also likes woodwork. **Favorite Music:** Classical and jazz. **Favorite food:** any food is my favorite, when I am hungry I eat whatever food that is nearby. I even eat Zulu traditional food like isitambu, amadumbe and izinkuhlu. I also eat fruits like, monkey fruit (amahlala) amathunduluka and izintiba.