Commemoration of Public Service Month

The Department of Public Service and Administration has declared the month of September of each year as the Public Service Month (PSM) in all provinces and all national departments in recognition of the public servants to recommit themselves in upholding the spirit of Bath-Pele by reaching to communities and unblocking the challenges and implement sustainable solutions for effective service delivery.

The DPSA deployed Khaedu deployees to our facility with an aim of identifying challenges that hinder provision of quality health care and giving solutions for improvement. “KHAEDU” means challenge hence the main aim of the Khaedu visits is to identify challenges and put sustainable solutions for smarter service delivery.

Our facility was applauded for the good work and maintaining the standard of quality health care

THE INSIDE STORIES.....

MEMORIAL OF THE LATE MR B.Z NKOSI
Page 2

MENTAL HEALTH AWARENESS DAY
Page 4

COVID-19 PEER REVIEW ASSESSMENT
Page 5
Breast milk is the best nutrition you can offer your newborn. This was the take home message by maternity ward staff as the facility was celebrating breastfeeding week in August 2020.

For maximum benefits, breastfeeding should be initiated soon after the delivery and should be maintained exclusively for up to six months.

Breast milk is sterile. It improves the brain development of infants. It promotes mother–baby bonding.

Advantages of breastfeeding for the baby:

Breastfed babies have a reduced risk of malnutrition, obesity and heart disease compared to formula fed babies. Breastfed babies have an increased resistance to infections and therefore fewer incidents of illness and hospitalization.

The facility lost one of their staff members Mr. B.Z Nkosi who was employed as a security officer. The facility management and staff members celebrated his life through the Word of God. Mr. Nkosi was described as a kind, energetic and very dedicated person to his work.
I have learnt that COVID-19 is SARS COV2 that is transmitted through droplets from one person to another, by physical contact with the person who has tested positive. To prevent the spread of the virus is through social distancing and following infectious and contract guidelines at all costs. The community has been educated strongly on issues of health and correct measures to apply to prevent unnecessary spread, like practicing social distancing, wearing face masks at all times when in public places, sneezing and coughing through the elbow, just to mention few. Being part of the community Screening and Testing Team has enlightened my knowledge widely as far as the outbreak response at a community level. I have learnt that it is not an easy task to convince the community to adhere to the principles Infection and control guidelines since people, especially in the deep rural areas have their own beliefs. I therefore began to understand the importance of giving health education to the community address any fears and concerns. This is where there is space for every young person to contribute to building consciousness about all the aspects of this virus as we collectively seek to control and manage it.
On the 14th of October 2020, the facility commemorated Mental health awareness day together with our external stakeholders i.e. SORD, Liquor Authority and SAPS. The community members were also educated on mental health related issues, domestic violence, drug and substance. Furthermore, the staff and the community were given moral support during the difficult times of COVID-19 pandemic.

Psychosocial support services are available in our facility and are provided by our support partner SORD and our in-house Employee Assistant Programme.

On the 14th of October 2020, the facility commemorated Mental health awareness day together with our external stakeholders i.e. SORD, Liquor Authority and SAPS. The community members were also educated on mental health related issues, domestic violence, drug and substance. Furthermore, the staff and the community were given moral support during the difficult times of COVID-19 pandemic.

Psychosocial support services are available in our facility and are provided by our support partner SORD and our in-house Employee Assistant Programme.

On the 14th of October 2020, the facility commemorated Mental health awareness day together with our external stakeholders i.e. SORD, Liquor Authority and SAPS. The community members were also educated on mental health related issues, domestic violence, drug and substance. Furthermore, the staff and the community were given moral support during the difficult times of COVID-19 pandemic.

Psychosocial support services are available in our facility and are provided by our support partner SORD and our in-house Employee Assistant Programme.

On the 14th of October 2020, the facility commemorated Mental health awareness day together with our external stakeholders i.e. SORD, Liquor Authority and SAPS. The community members were also educated on mental health related issues, domestic violence, drug and substance. Furthermore, the staff and the community were given moral support during the difficult times of COVID-19 pandemic.

Psychosocial support services are available in our facility and are provided by our support partner SORD and our in-house Employee Assistant Programme.

On the 14th of October 2020, the facility commemorated Mental health awareness day together with our external stakeholders i.e. SORD, Liquor Authority and SAPS. The community members were also educated on mental health related issues, domestic violence, drug and substance. Furthermore, the staff and the community were given moral support during the difficult times of COVID-19 pandemic.

Psychosocial support services are available in our facility and are provided by our support partner SORD and our in-house Employee Assistant Programme.
The main aim of COVID-19 Peer Review Assessment to assess readiness of all our health care facilities in management of COVID-19. As uMkhanyakude health district, we conducted Peer Review Assessments in our hospitals, CHC and clinics. The main focus was on implementation of all COVID-19 Guidelines, availability of PPE and implementation of IPC guidelines.

On all gaps that were identified during assessments, the facilities compiled and implemented their quality improvement plans.

Othobothini CHC Management Team also took part in screening and testing of COVID-19 patients on hotspot areas such as Jozini Town during the weekend. This was to also show support to the COVID-19 outreach team.

On the 24th of June 2020, Othobothini CHC was visited by the members of KwaZulu-Natal Legislature. The purpose of the visit was to provide support and to make sure that all the government health institutions are well equipped during the COVID-19 period. The delegation was pleased with the progress made by the facility in COVID-19 preparedness and some areas for improvement were noted.

Mr. RSM Ngcobo – CEO of Othobothini CHC shared the facility profile which included new COVID-19 services, health safety issues and impact of COVID-19 to the staff and provision of services. Ms kaMadlopha –Mthethwa, a member of KZN legislature praised the staff in ensuring that the facility is kept clean at all times. She also applauded the staff on management of mass casualties that were involved in a truck that took place in Jozini Town. They thanked the CHC management and staff members for the good work and commitment in putting the community needs first.
Living in a clean environment is very important for your physical health as well as your overall well-being. On the 30th of September 2020, the facility conducted the environmental health awareness campaign to encourage the community to strive for clean and healthy environment.

The community was encouraged to take lead to keep the environment clean. This will in turn help to prevent the spread of infectious diseases in our communities.

Implementation COVID-19 Health Promotion Programme

On the 25th of August 2020, the facility hosted stakeholders meeting where the facility engaged with local funeral parlors to introduce the facility’s health promotion strategy on COVID-19. Door to door campaigns were conducted in Ward 5 and surrounding areas.

Emphasis was made on compliance with COVID-19 regulations and disease prevention measures such as hand washing/sanitization, social distancing, shaking of hands, safety precautions on management of sudden deaths at home, use of face masks etc.

The community was also encouraged to opt for hospital quarantine and isolation for effective management of their medical conditions and prevention of spread of infection.
PLANTING OF A TREE DURING MENTAL HEALTH WARENESS DAY CELEBRATION

Walkabout during KHAEDU oversight visit.

The MEC for Transport, Community Safety and Liaison, honorable Bheki Ntuli during the support visit to the families lost their beloved ones in Jozini.

Left: Mr ESM Ngcobo (CEO), Honorable, Bheki Cele and District Director: Ms MP Themba.
A WARM WELCOME TO THE NEW STAFF MEMBERS OF OTHOBOOTHINI CHC

S.S Ngobese (PN)
S.C.B Myeni (EN Intern)
P.O Mthembu (PN)
S.P Nxumalo (PN)
S. Thabede (PN)
T.M Masinga (PN)
S.P Fakude (PN)
N.N Mabika (Physiotherapist)
S.T Nxongolo (PN)
S. Sbiya (GO)
L.S Mzimela (PN)
K.T Mtshali (ENWP)
N.S Mthembu (GO)
N.P Ntshakala (GO)
N.W Buthelezi (GO)
M.F Nyawo (PN)
N.S Mhlongo (Finance Intern)
N.N Xulu (CNP)
S.N Gwala (PN)
A.R Mthombeni (PRO Intern)
S.P Mthembu (CNP)
N.H Manganyi (Pharmacist Com-Serve)
B.M Hlophe (Pharmacist Assistant)
M.T Khumalo (PN)
L.P Myeni (SCM)
M.B Langeni (MO)
K. Cele Myeni (EN)
S.P Mpanza (Admin Clerk)
G.T Manzini (PN)
N.C Mbatha (P.N.)
S.N Menyuka (Admin Clerk)
The honorable Bheki Ntuli gave a word of gratitude to the healthcare workers for their hard work during a tragic road accident that took place on the 10th of June 2020 in Jozini Town. Most of the casualties were treated at the CHC and others were referred to district and regional hospitals for further management.

The District Mayor Cllr T.S Mkhombo and Local Mayor Cllr Delani Mabika were also present and they thanked the department of Health for the good work and also appreciated the support from MEC of Transport for the support he gave to the staff, patients and their relatives.
TAKE NOTE OF COVID-19 REGULATIONS ALL THE TIME!

ARE YOU A CORONAVIRUS ‘STOPPER’ OR ‘SPREADER’?

WHEN YOU WENT OUT TODAY, DID YOU:

Wear a mask that covered both your nose and your mouth?

Maintain a physical distance of at least 1,5 m from people around you?

Wash or sanitise your hands regularly?

Give yourself 1 point for each of the activities you performed. Then add them up.

HOW DID YOU SCORE?

3 POINTS
You’re a good person who’s protecting others and helping to slow down the spread of the virus.

2 POINTS OR LESS
Oof! If you skipped one or more of the steps, you could be spreading the virus without intending to. That’s ok, you can do better tomorrow.

Wear a mask AND wash your hands AND maintain physical distancing
ACKNOWLEDGEMENTS

EDITORIAL TEAM

Mr. RSM Ngcobo (CEO)
EDITOR

Zanele Mtshali (PRO)
WRITER, DESIGNER & PHOTOGRAPHER

A.R Mthombeni PR-INTERN
WRITER & PHOTOGRAPHER

KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

CONTACT DETAILS

Physical Address:
Jozini main road across the bridge to Bhambanana
D850 road next to Msiyane High school

Postural Address:
P/bag X12, Jozini, 3969

Web Address:

SWITCHBOARD:
035 591 7010 / 16

SWITCHBOARD FAX NUMBER:
035 572 1245

EMAIL:
othobothinichc.pro@gmail.com