



MEET THE PORT SHEPSTONE REGIONAL HOSPITAL MANAGER



Mr G. B. C. KHAWULA the newly appointed hospital manager

Welcome to our second issue of Isibani for 2005. The year continues to be filled with activities and great changes. It is a great pleasure for the department of Public Relations to introduce the newly appointed Port Shepstone Regional Hospital Manager Mr GBC. Khawula, who has been appointed on the 1st of August 2005. "I once worked as an admin clerk in this hospital but I had the courage that one day I will become a hospital manager of this institution" said Mr Khawula

He matriculated at Sikhulile High and was appointed as an Admin Clerk at Nkonjeni Hospital. In 1990, he was promoted as a Senior Admin Clerk and registered with Mangosuthu Tech where he completed a Diploma in Health Service Administration, and thereafter he was promoted to PSH as an Admin officer. In 2000 he was then promoted to an Assistant Director's post in Port Shepstone Ugu District Office and in 2002 he worked as a Hospital Manager in Sterk Fontein in Gauteng Province and pursued his studies doing Hospital Management Programme with Wits University. He was later appointed as a Finance

Manager in Greys Hospital in 2003 .

In PSH, he is leading the team of five managers for different sections under the hospital and he is very excited for his position as he is willing to be a good leader and a democratic one willing to hear other peoples views as he is a manager with several years of experience. The hospital staff welcomed him and we hope that he will feel at home as he meet old friends. "My mandate is to lead Port Shepstone. Regional Hospital to become a full Regional Hospital where we will be seeing patients following a referral system and provide a quality patient care to our catchments population through our skilled, motivated and healthy staff", said Mr Khawula Since April this year, the Hospital Manager's post has been vacant and the workload was on the shoulders of the Finance-Manager, Mr Myeza(Acting hospital manager together with other management members who have also played a big role in leading the hospital. We also thank them for being courageous to the staff Mr Khawula is a happily married man though, blessed with three children whom he loves very much. When joined by a man coming from such a warm and loving family background we believe that he will be able to listen and allow participative management.

LOTS OF JOKES

THINGS YOU DON'T WANT TO HEAR DURING SURGERY ...

- Don't tell me you forgot to bring me the anatomy book!
- Hand me that ...uh..that..uh..thingie
- Could you stop that thing from beating
- Well, folks this will be an experiment for all of us !
- Don't worry. I think it is sharp enough .
- Nurse, did this patient sign the organ donation form?
- FIRE! FIRE ! Everyone get out

You are addicted to coffee if



You answer the door before people knock

You've worn out your third pair of shoes this week.

You soak your dentures in coffee overnight .

You sleep with your eyes open .

You have a picture of your coffee mug on your coffee mug and last but not least ..the only time you are standing still is during an earthquake.



"English is really Crazy"

English muffins were not invented in England or French fries in France. We take English for granted . But if we explore its paradoxes, we find that quick sand can work slowly and a guinea pig is neither from guinea nor it is a pig.

And why it is that writers write, but fingers don't fing , grocers don't groce and hammers don't harm?

If the plural of tooth is teeth, why isn't the plural of booth beeth? One goose, 2 gees. So one moose, 2 Meese ? One index, two indices? Is cheese the plural of choose?

If teachers taught, why didn't preachers praught ? If a vegetarian eats vegetables, what does a humanitarian eats?

WHY DOGS ARE BETTER THAN HUMAN ?

Dogs love it when your friends come over

The later you are, the more excited a dog is to see you.

Dogs will forgive you for playing with other dogs

Dogs even find you amusing when you 're drunk

Anyone can get a good looking dog



SIGNS THAT YOU ARE TOO DRUNK

- Your doctor finds traces of blood in your alcohol stream .
-  - You can focus better with one eye closed
- At work meetings you begin : " Hi, my name is Uh.....ah.....uh.....ah....."
- You think the Three Basic Food Groups are Caf feine, Nicotine and Alcohol
- You wake up screaming " TORO TORO TORO " sleep ing during working time.

Get me an ambulance

A man after being hurt, calls 10177 for help

Man: Operator , Op erator, call me an ambulance



The telephone bill was exceptionally high and then the man of the house called a family meeting .

Dad : People this is unacceptable. You have to limit the use of the phone . I do not use this phone, I only use the one at the office .

Mom : Same here, I hardly use this home telephone as I use my work telephone

Maid : So What Is The Problem? We all use our work telephone

Operator : Okay, Sir, you are an ambulance .

How much will this cost me

Patient : How much to have this tooth pulled?

Dentist : R300.00

Patient : R300.00, for just a few minutes work?

Dentist : Well, I can extract it very slowly if you like .

Patient : Yooooooooo!! Hayi bo!

PORT SHEPSTONE HOSPITAL ABET GRADUATION-

Abet Knowledge is Power



On the 11th of May 2005 an Abet graduation ceremony was held at Port Shepstone Hospital. Among the guests were Mr Bongani Dumisa – Departmental Abet Coordinator and Mrs Koloti – Provincial Coordinator from the office of the Premier. Our hospital has taken the responsibility of Adult Basic Education very seriously and is making every effort to ensure that employees are given the opportunity to receive basic education, not only to comply with the legislation but more importantly to help build strong economic base in the province. This graduation included 11 learners who walked with pride and confidence after the ceremony. Mrs Zuma – Hospital Human Resource Manager assisted by Mrs Makhoba – District Coordinator from the department of health gave the new graduates their certificates. Miss Barth – Hospital Abet facilitator congratulated her. We all say congratulations to them because Abet Knowledge will help them improve their lives in many incredible ways- they can now sign their names, count their money, do bead work, grow vegetables and operate sewing machines at home.

learners and commended them for obtaining good marks in their learning areas.

Mrs Koloti outlined that education and literacy are very important in that together they ensure that we have staff that can read, write and who are able to identify road signs and signals and can save their own lives as well as others. This graduation therefore means a lot to the Port Shepstone Management team and the Department of Health.

Mrs Koloti further inspired the graduates outlining that “there is still lots of work to be done as the departmental logo states ‘Masisukume Sakhe’ so there is no time to rest, this education is free, its your right and it will make you alleviate poverty at home and improve skills at work” She further encouraged the learners to use the skills and confidence acquired and apply it to their projects, businesses and church groups in their communities.



SHEPPIE HOSPITAL SOCCER TEAM - THE PRIDE OF HIBISCUS

It is with great pride to introduce our soccer champions for the year 2005 in the Ugu Health District

Bekuduma amavuvuzela nomsindo othi Happy Sheppie !!.

St Andrews Hospital soccer team admitted by lending the prestigious cup to Port Shepstone. The tournament was not a walk in the park though, but demanded great tenacity and iron-will from our team members as they first played against very strong teams of Ugu District.

Our first victim was Murchison Hospital, our old rivals who would always give us hard time every time we meet them, but we made it possible for them to get early showers. Malibongwe Magidela shot 2 goals which was not the true reflection of what we wanted to show on the game but for the sake of their dignity we stopped at that score line.

Our second victims were EMRS – who were a surprise package as they got a surprise victory over Murchison Hospital. Sheppie is not a joke because we had a good plan to suit them and we thrashed them 3:0. Next on the line was G.J. Crookes . they used a slogan which says “Ayikho inkunzi yakhishwa esibayeni sayo”, but it wasn’t going to be because we- gave them a reasonable score showing all the respect to the host, yes 1:0 was not the true reflection of the game. Wow!!! Bekumnandi e Scottsburg .

Then, the moment we all awaited for came at last, to pay revenge to those who beat us last year – St Andrews. It was the survival of the fittest and the elimination of the weakest as Sheppie was dominating from the early minutes of the game which resulted in a goal scored by an entertaining youngster Ntokozo Ndlela outside the eighteen area box which left the keeper stranded. What a cracker ! The half time score was 1:0 to Sheppie . In the second half , St Andrews managed **to level matters though a counter attack resulted in a goal. After that there were many shots at both goals that came close but stopped by the goalkeepers . The game ended and we played X-tra time and there were no scores. The final score was 1:1**

Penalty shootout

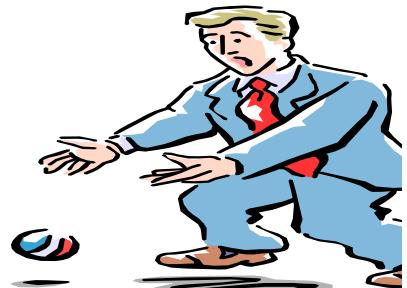
Sheppie				X
St Andrews		X	X	X

Yhea!! This is how we won the tournament. That's why we say happy Sheppie !!! St Andrews we say there is always next time, don't lose hope, Induku ishaya imviki.

The winning of this prestigious cup is most definitely the ultimate achievement for Port Shepstone

Hospital Soccer Team which has proved volume of motivation. We also take this opportunity to thank all Sports members for having a spirit of togetherness and camaraderie which existed through the whole tournament

To all other teams : Yes , you also played with great determination and spirit but Port Shepstone hospital team was far too good on that day, so keep training, till next time !!



Proud members of PSH Soccer and Netball teams



HAPPY RETIREMENTS

**“SONKE SIYAFISA UKULITHOLA LEO
THUBA—BEKUMNANDI SINDAWONYE”**



Lawa nga-mazwi
ayephuma
elandelana ko-zakwabo ba-basebenzi sesib-hedlela ase-bethathe



Eva Zondo ethula inkulumo yokubonga

umhlala phansi, kanti ayedluliswa ngesikhathi lababasebenzi benzelwe imicimbi ne-yayenziwe ngezinsuku ezahlukene. Unkosikazi Eva Zondo Kaye noNkosikazi Noma Sibiya bavaleliswa ngezinsuku ezahlukene kodwa ngenyanga eyodwa njengoba bobabili bathatha umhlala phansi ngenyanga ka August. Uzondo ubesebenza njenge General Assistant eminyakeni eminingi edlule kanti kube intokozo enkuIkuI kumphathi wakhe u Mrs Ngesi ukumnika amazwi okumvalelisa nowamchaza njengongakaze abe wuhlupho emsebenzini wakhe. Ozakwabo baZondo bathembisa kuZondo ukuthi bazosala nokuzimisela kanye nokuhlonipha njengoba kade besithatha kuyena isifundo. Unkosikazi Noma Sibiya yena ubesebenza njengo Staff Nurse iminyaka eminingi naye ubethathwa njenomama kulabo akade esbebenza nabo kanti emcimbini kwabalulwa ukuthi ubewazi umsebenzi wakhe. Ekhuluma ngosuku lom-cimbi ka Sibiya umnumzane Cele umphathi



Noma Sibiya Ezbongela Kku-basebenzi

wehhovisi lama-file nowayeyisikhulumi sosuku obesesebenze isikhathi eside noSibiya wabalula ukuthi uSibiya ubesebenza naphansi kwazo zonke izimo ayehlangabezana nazo nomu

NEW APPOINTMENTS FROM MAY TO SEPTEMBER

Nqoro BY
Nzobongo BY
Shozi N. P.
Sithole N.A.
Zulu V. C.
Ngxumza L.
Ngelu Z.N.

Nkabane D.R.
Xolo N.E.
Mawaba L. P.
Mbokazi N. H.
Landsberg C. A.
Hadebe N. P.
Dlamini B. M.
Rautenbach
Nqwena L.
Mdzinwa N. P.
Cele E. N.
Maharaj K.

Saphepha N.
Naude C.M.
Klein I.C.
Pillay L.
Madlanga T.M.
Ngweni B.J.
It is with sympathy to tell that the following have passed away
Gasa B.P.
Mdletshe S.M.
Joyisa B.E.

BOARDERS

Mgubane P.F.
Schafer C.H.
Sineke V.G.
Mteshana T.M.
Ngcobo T.R.

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ZIBANJWA ZISEMAPHUPHU E PORT SHEPSTONE

TEENAGE PREGNANCY AWARENESS DAY AT NTIMBANKULU CLINIC

Kwaba injabulo enkulu kubazali basendaweni yase Ntimbankulu ngomhlaka 24 June 2005 ngenkathi abahlengikazi bomtholampilo wase Ntimbankulu bebize bonke abantu abasha ukuqwashisa ngokukhulewa kwabantwana abangamantombazane. Ukulungiselelwa kwalolusuku kwahamba kahle kakhu lu njengoba kwabonakala ngezindimbane za bantu ezabe zihamble lomcimbi Phakati kwezicubuthwane ezabe zimeniwe kwabe kukhhona abakwa love life, induna yendawo, omama, obaba, onompilo, abasebenzi bomtholampilo kanye nabantwana besikole. Isikhulumi sosuku unkosi kazi Gwexe waphawula ngezinto ezikhubaza ulusha ebonisa nezindlela abangazivikela ngazo kubafana. Lwajabula kakhu lu ulusha uma lubona ukuthi abantu abadala bayayinakekela indlela okumele bakhule ngayo.

Ntimbankulu Community



HAPPY SPRING DAY

It created such a great atmosphere when X-Ray staff decorated their section with beautiful and colorful flowers on the 1st of September. This was made to mark the beginning of Spring and the end of Winter. Below is a group of dedicated staff in Our X-Ray department whose mission is to provide a co-ordinated and comprehensive Regional Radiological Services for Ugu District. On this day, they were all wearing roses to indicate that Spring has officially started. Among new developments in their section is the arrival of CT Scanner (Computer Axial Tomography)



X-Ray staff celebrating Spring Day

Port Shepstone Regional Hospital embarked on a

“TAKE A GIRL CHILD TO WORK” PROJECT.

On August 25, Port Shepstone Regional Hospital took an initiative and invited schoolgirls to visit the hospital. The ultimate aim was to expose them to careers that are within the Health sector. It was such a memorable experience for our staff members from different departments, who worked with the girls that were so interested in knowing and learning many activities. The whole idea of this project was initiated by the Provincial Department of health who are striving very hard to empower women at all levels. In partnership with Port Shepstone hospital the whole idea became a reality when children from Olwandle High school, Ingwemabala High, Nobamba High and Sister Jones arrived very early in the morning on the day, prepared to work with the allocated hospital staff members who were very excited to have young colleagues for the day. The Hospital Manager, Mr Khawula and his management team gave the girls a very warm welcome and outlined many issues that would make the girls focus in their studies. Miss Ngwabe, Hospital Social worker who was a guest speaker for the day encouraged the girls on issues of teenage pregnancy, HIV/ AIDS etc. The girls were so excited such that they promised to take careers related to health when they pursue their studies. The Hospital Principal Human Resource Officer, Miss Du Randt was also organized on the day to give the bursary information to the learners. Appreciation goes to all members and school principals who made an effort in making the project successful. The department of health did not want the girls to go empty handed, but gave them beautiful bags and pencil cases .



Miss Ngwabe—PSH Social Worker educating girl- children

HAPPY SPRING DAY@ PSH

Our X-Ray Department also offers a wide range of services like :-

- General Radiography
- Special radiological Procedures
- CT Scan and it provides
- Ultra Sound
- 24 hour Services



Mrs T. A Somyle - Breastfeeding Co-ordinator training Maternity staff .

August was declared National Breastfeeding Awareness month with the aim of increasing awareness of breastfeeding, promoting , protecting and supporting breastfeeding practices. The staff members of Port Shepstone Hospital have been quite active in the promotion of breastfeeding by carrying out talks and singing songs to mothers in different wards eg Maternity. The hospital is also striving to maintain its Baby Friendly Hospital Initiative status and believes strongly in promoting breastfeeding practices. The main awareness message this year entailed that

"All women should Practice EXCLUSIVE BREASTFEEDING FOR 6 MONTHS". Thereafter children should continue to be breastfed , whilst receiving appropriate and adequate complementary foods up to 2 years of age and beyond.

WAYS OF EXCLUSIVE BREASTFEEDING THAT HAVE BEEN SHARED WITH MOTHERS INCLUDE:

- Less occurrence of gastro-intestinal infection and respiratory infection compared to artificially fed babies.
- Protection of the baby from allergies.
- Protection of the mother from unwanted pregnancies
- Breast milk always available at correct temperature
- No costs and very hygienic
- Emotional bonding is encouraged and stimulation between mother and the baby
- No shortage of feeds as Breast milk is always available.

We therefore say that , the benefits of breastfeeding far outweigh any risks and is an unequal way of providing ideal food for the healthy growth and development of infants and has a unique biological and emotional influence on the health of both mother and child !!

So at all times we should always strive to remember that

BREAST IS BEST !!!

PART SHEPSTONE HOSPITAL STRIVING FOR EXCELLENCE IN THE

KZN Department of Health has embarked on a Service Delivery Optimization through UNDP (United Nations Development Programme) by performing a survey at Port Shepstone Hospital to identify all bottlenecks that caused delays in the provision of quality patient care. The first visit, that was on the 04th – 06th of August was primarily for identifying shortfalls that could be found in the hospital and has provided tremendous and valuable facts for the management team.

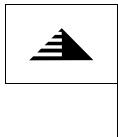
Amongst the shortfalls identified was the problem of prolonged waiting times for Out– Patients, and that alone, has really hindered the efficiency of our services and caused lots of stress for our clients. Within 3 weeks of UNDP visit, Port Shepstone Hospital manager Mr. Khawula who is new, together with his team managed to overcome many of the problems identified by UNDP team. This came out on the 19th Sept. when the Head of Department of Health Prof Green Thompson visited the hospital.



Prof. Green Thompson taking a hospital round with Hosp. Management , UNDP and District Office members.

Prof.

Prof Green Thompson was thrilled with the way Port Shepstone management has handled and attended to the problems identified by UNDP. The hospital is therefore running accordingly and we believe this will go a long way in ensuring speedy services. Port Shepstone Hospital Public Relations Department is therefore happy to also announce that on the 21 September, the hospital has embarked on a Provincial Survey for the Waiting times, which in turn will prove a tremendous benefit to all our clients. We are still waiting for the results of the survey.



PORT SHEPSTONE REGIONAL HOSPITAL

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We are on the web:
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Are you not happy about the treatment you received, or any other service received? Well, let us know about so that we can address it immediately or take corrective action.

Ask to speak to the Unit Supervisor, Sister in Charge or the head of Department for immediate remedial action.

If you are still not happy, request a complaints form, so that you can register your complaint / concern / dissatisfaction .

At this point you can also ask to speak to the Hospital Public Relations Officer.

Yours in the delivery of efficient Public Health Services. Till next time En-

WELCOME TO THE PUBLIC RELATIONS COLUMN

What a great relief ! The arrival of a young vibrant lady —Thabisile Zanele Ngcobo, who is a PR Intern has brought a great relief in the Hospital PR department where all the demands of communication were facing the existing P R Officer. Thabisile has pursued her studies at the University of South Africa doing Public Relations Management and Communication.

This was intended to recognize improved, innovation and excellence in the hospital communication department. Her presence was also intended to enhance the hospital communication department and its operation in ways that contribute in taking the hospital onto a higher growth of development.

We are once again, pleased to see the continued success of our Human resource office recruitment efforts.

STATUS OF COMUNICATION

This raises a central issue: that of the status of communication and its role in the hospital. It is common cause that, we sometimes fail to reach the areas we most need to address. What is less well accepted or understood is the fact, that in order to do so, we must take practical steps **to put communication high on our agendas**. Although no one would actually argue with this proposition, there are clear signs that in practice, communication enjoys a relatively low status in the hospital machinery. This is reflected in the uneven and often-inadequate delivery of information by different departments in the hospital. But we are positive that things will change gradually. The PR department is patiently waiting for your departmental news and achievements.

We also want to pledge all members in the hospital to make use of this media in conveying messages about activities and new developments of the hospital. The PR Office is open, Bring your departmental stories, alternatively, ask the PRO to join your functions in order to pick up your news .

Till we meet again, Enjoy the issue !



Miss Thabisile Zanele Ngcobo—PR Intern at Port Shepstone Regional Hospital