



KWAZULU-NATAL PROVINCE

**HEALTH
REPUBLIC OF SOUTH AFRICA**



January—March 2023

BAMBINO NEWS

QUEEN NANDI REGIONAL HOSPITAL



EDITED BY CHIEF EDITOR : DR M SAMJOWAN

ACTING CEO

GROWING KWAZULU NATAL TOGETHER

HEALTHY LIFE STYLE AWARENESS

“Take care of your body. It’s the only place you have to live”. Jin Rohn. What it takes to live a healthy lifestyle, It’s simple, you just need to love yourself and that’s where it all starts with just “loving yourself”. Loving yourself only means watching what’s you eat and taking care of your body. Living healthy.

QNRH through the office of EAP decided to do a healthy lifestyle, which included a 5km fun walk/ run in celebration for the 2023 healthy lifestyle awareness. The thyme of the event was “healthy mind and healthy body”.

The QNRH staff participated in huge numbers that showed how much they look out for their bodies. Well it wasn’t just a fun walk/ run we also had other activities that’s includes healthy talks and aerobics and with just the excitement everybody had, you can tell that the staff really enjoyed themselves. The management, district office and SAPS supported the fun walk. There were tokens given to participants. People loved the fun walk and others enjoyed running where Mr. Ngema came first position in completion of 5 km. Medals were given to top 10 winners.



QNRH staff members excited for the fun walk/ run

Chief Dietician Ms. Nontuthuko Myeza did healthy talks about the importance of watching what you drink. Normally, people think they should be mindful of what they eat and forget about considering what they drink. It was an eye opener for most staff that our bodies reacts more on what we drink compared to what we eat. “be mindful of the amount of sugar you take in”. “The amount of sugar we receive from fruits is sufficient for the body” said Nontuthuko. Occupation health nurse, Sister Manqele talked about ergonomics and the com serve physiotherapist demenstrated the correct ergonomics that everyone should practice for the safe caring of the spine.



Mr Skhumbuzo Ngcobo choreographing aerobic exercises



In the middle of the fun walk

PICTURES SAYS IT ALL!



People were ready and excited to be part of the fun walk

Aerobic exercises done after the fun walk/run



VISIT BY HARVARD UNIVERSITY

Queen Nandi Regional Hospital was visited by the team from Harvard University on the 17th of March 2023. The team came with their team of international funders to look at QNRH's MCWH programme. All maternity units and neonatal units were visited.

The team was impressed with the various high level processes and systems in place for the care and management of mothers and babies. The sparkling cleanliness of our facility was commended greatly.

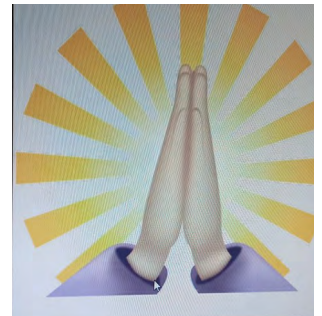


QNRH IS OHSC COMPLIANT!!!!

QNRH received the most inspiring and motivational news late on March 23, 2023. This messages could not wait from the excited ACEO to team QNRH. ACEO received the news that QNRH was OHSC COMPLIANT and immediately shared the news on the hospital group. This amazing achievement of OHSC Compliance, with 100% for Non-Negotiable Vitals (NNV's) was the best result achieved by the hospital.

The ACEO thanked the hospital for their incredible hard work, dedication and commitment from QNRH team members who worked tirelessly to make QNRH what it is today, a beacon of quality healthcare in the province. These results are a reflection of all the endless hours put in by all stakeholders in the facility, to ensure a facility that renders the best quality service at all times.

It is not just blood, its saving a nation



There is a critical shortage of blood and blood products in the Province. SANBS came to QNRH to give staff and patients an opportunity to donate blood and save lives. A Schedule of Blood Donor Clinic sat Queen Nandi Regional Hospital is communicated to all staff and visitors through notices and posters.

We urge everyone who can to please come and donate blood to save lives.

“Ear and hearing care for all! Let’s make it a reality”

The QNRH Audiology Department commemorated World Hearing Day on the 3rd of March 2023. The theme was, “Ear and hearing care for all! Let’s make it a reality”. The main focus was to promote the importance of integrating ear and hearing care within primary care as an essential component of universal health coverage.

Linked to the theme were the following key messages:

- ♦ *Ear and hearing problems are among the most common health issues in communities*
- ♦ *Over 60% of them can be identified and addressed at the primary level of care.*
- ♦ *Integration of ear and hearing care into primary care services is possible through training and capacity building.*
- ♦ *Such integration will benefit people and help countries move towards the goal of universal health coverage.*
- ♦ *Addressing hearing loss provides a positive impact on many aspects of an individual’s life, leading to successful communication and interpersonal relationships; speech, language and cognitive development in children; healthy ageing; education and employment opportunities; and good mental health and well-being.*

Hearing is a fundamental sense that connects us to the world around us. It allows us to communicate, enjoy music, and be aware of our environment. Unfortunately, many people across the globe still lack access to proper ear and hearing care, resulting in unnecessary challenges and diminished quality of

life. As a global community, it's imperative that we strive to ensure ear and hearing care is accessible to all.

Steps towards Universal Ear and Hearing Care



To ensure that everyone has access to proper ear and hearing care, several steps need to be taken:

- * **Education and Awareness Campaigns:** Governments and organizations should run campaigns to educate the public about the importance of ear and hearing health. These campaigns should debunk myths, reduce stigma, and encourage regular check-ups.
- * **Accessible Healthcare Services:** Governments and NGOs can collaborate to establish ear and hearing care clinics in underserved areas, providing affordable or free services.
- * **Training and Workforce Development:** Invest in training more healthcare professionals specializing in audiology and ear care to address the shortage of experts in this field.

**WORLD
HEARING
DAY**
MARCH 3



Raising Voices for Change

As individuals, there are ways we can contribute to the cause:

- ◆ **Advocacy:** Raise your voice to create awareness about the importance of ear and hearing care. Support policies and initiatives that aim to improve accessibility.
- ◆ **Regular Check-ups:** Prioritize your own hearing health by scheduling regular check-ups with an audiologist or healthcare provider.
- ◆ **Supporting NGOs:** Contribute to organizations that focus on providing ear and hearing care services to underserved communities.

- ◆ **Education:** Educate friends, family, and peers about the significance of ear and hearing care and how it impacts overall well-being.

Universal ear and hearing care is not just a noble idea—it's an essential reality that we must collectively strive to achieve. By focusing on awareness, accessibility, education, and collaboration, we can break down the barriers preventing individuals from accessing the care they deserve. Let us work together to ensure that



Ms Gugu Ndlamlenze (Audiologist) talking to mothers in mothers Lodge

Congratulations to ANM Mdletshe

A lifetime of hard work and dedication paid off for one of our own. Showers of complementary messages were rained on our Operational Manager for GOPD and High Risk Clinic, Sister Mdletshe, who was promoted to the post of Assistant Nursing Manager for Maternity.

Staff members within the hospital congratulated her and a congratulatory party was organized by HRC and GOPD team to welcome ANM Mdletshe in her new position. Positive messages and messages of support towards patient care, staff attitude and clinical governance from staff members made her feel motivated and supported. She also appreciated the opportunity for growth from Queen Nandi Regional Hospital. She is passionate about patient care. We wish matron Mdletshe all the best in her new role at our hospital.

NEW APPOINTEES

January 2023

Mthiyane SA Chief Speech Therapist Gr
Ndlovu LAF Diagnostic Radiographer ()
Nkosi NF Diagnostic Radiographer ()
De Villiers AK Dietician (Community Serv)
Madlala NC Medical Officer Grade 1
Shandu WNZ Medical Officer Grade 1
Zwane LS Medical Officer Grade 1
Mnisi SA Medical Officer Grade 2
Erasmus A Occupational Therapist (C
Zikalala NN Occupational Therapist (C
Manyathi NN Pharmacist (Community Serv.
Masango WP Pharmacist (Community Serv.
Mguye L Pharmacist (Community Serv.
Manyamalala BJ Pharmacist (Intern)
Mbatha S Pharmacist (Intern)
Ndlela PN Pharmacist (Intern)
Gumede PSB Physiotherapist (Communit
Mlangeni SM Professional Nurse
Mogotsi K Professional Nurse
Mokoena TR Professional Nurse
Motlhako GS Professional Nurse
Pillay PJ Professional Nurse
Ramile LI Professional Nurse
Sese B Professional Nurse
Small KI Professional Nurse
Zulu BS Professional Nurse G
Ndabandaba NH Professional Nurse

Feb 2023

MBATHA NC PROFESSIONAL NURSE G
SOSIBO M PROFESSIONAL NURSE
XULU PN PROFESSIONAL NURSE G
MOTHA NP PROFESSIONAL NURSE



Welcome
TO THE TEAM

March 2023

Gumede BZS Professional Nurse G
Mlotshwa GJ Professional Nurse G
Ngema NN Professional Nurse G
Reddy MR Professional Nurse G
Subrayan A Professional Nurse G
Zulu HN Administrative Clerk (Gen
Qwabe NE General Orderly
Ngwaba GZ Linen Worker
Gumbi S Pharmacist (Intern)
Mbatha Sj Pharmacist (Intern)
Dlamini N Pharmacist Assistant (Bas
Mfeka BT Pharmacist Assistant (Pos



Welcome
It is our utmost pleasure that
you chose to work with us.
Thank You for being here!

FOOD SERVICES UNIT AUDITS PERFORMANCE

The hospital kitchen was out-sourced to Capitol Caterers back in 1994 hence 98% of staff are under the service provider with only Food Service Manager and one food service aid supervisors. The aim of the periodic assessment is to measure comprehensive set of food service standards that reflect actual performance, quantifying resource needs, to facilitate and develop supportive approach system used by hospitals.

The assessment was held on 03rd March 2023 which was last quarter of 2022/23 financial year by multi-disciplinary district office peer review team comprises of Quality, IPC, Health and Safety, nutritionist as well as Waste Management and the facility got 90% which is Gold standard of compliance with few Gaps for improvements.

The assessment for 2023/24 first quarter was held on

the 26th May 2023 conducted by nutrition directorate with the improvement from the previous assessment where the hospital scored 99.2% focusing on the following core elements of food service package: Finance and Human resources, Food handling and storage, hygiene and safety as well as menu cycle.

This marks an outstanding service delivery outcomes in terms of effective, efficient and timeous delivery in line with departmental by-laws.

Mr ME Mhlongo
DD: Systems

News letter compiled and designed by Public Relations Office

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