

R.K.KHAN

KRONJE(e)

A DEDICATION TO ALL WOMEN

A WOMAN'S GREATEST ACHIEVEMENT

Woman have strengths that amaze men. They can carry hardships, they carry burdens but they hold Happiness, Love and Joy. They smile when they want to scream. They sing when they want to cry. They cry when they are happy and laugh when they are nervous.

They fight for what they believe in. They stand Up for injustice. They don't take "NO" for an answer when they believe there is a better solution. They go without so that their family can have.

They go to the doctor with a frightened friend They love unconditionally. They cry when their children excel and cheer when their friends get awards. They are happy when they hear about a birth or a new marriage. Their hearts break when a friend dies.

They have sorrow at the loss of a family member, yet they are strong when they think there is no strength left. They know that a hug and a kiss can heal a broken heart.

Woman come in all sizes, in all colours and shapes. They'll drive, fly, walk run or e-mail you to show you how much they care about you.

The heart of a woman is what makes The world spin! They bring joy and hope. They give compassion and ideals. They give moral support to their family and friends.

Woman have a lot to say and a lot to give.

Author

Unknown



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EDITORS MESSAGE

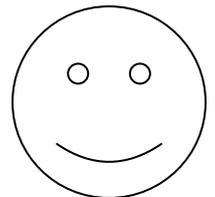
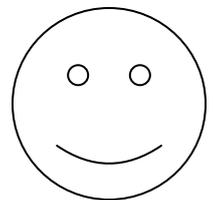
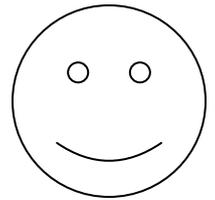
The "Absolutely Late Edition"

This edition should be called the "Absolutely Late Edition," packed with six months of information. I make no excuses for myself. Moving forward, the intention is to resuscitate the newsletter and ensure that a publication goes out every quarter or possibly more frequently. It is not through lack of information or effort there is simply too much to do.

I will not be able to deliver without your assistance and contribution. There are many of us who are blissfully unaware of the happenings and activities within the hospital and my intention is to open up the communication lines, get people networking via the newsletter.

Please use the newsletter to announce your departments, the work that you do, your positive moments, and heroes in your department, achievements and as an opportunity for anything.....Copies of all future publications will also be circulated to a percentage of patients.

I would be remiss if I did not wish all WOMAN a Happy Women's Month and have dedicated the special poem on page 1 to all women.



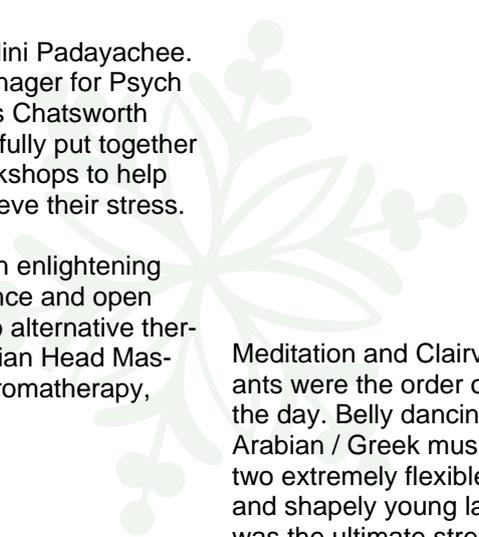
MANAGE YOUR STRESS ...WHY NOT LEARN TO BELLY DANCE.



Mrs. Nalini Padayachee. Unit Manager for Psych Services Chatsworth successfully put together two workshops to help staff relieve their stress.

It was an enlightening experience and open minds to alternative therapy. Indian Head Massage, Aromatherapy,

Meditation and Clairvoyants were the order of the day. Belly dancing to Arabian / Greek music by two extremely flexible and shapely young ladies was the ultimate stress relieve.



VISITS.....

On the 17 July 2006 the hospital received an unannounced visit by the MEC Mrs. N.P.Nkonyeni, the Head of Department, Dr. Nyembezi, the Chief Operating Officer, Mr.D.Nkosi and the Chief Director Communications Mr. Leon Mbangwa.

The Department had received several service delivery complaints and were out on a fact finding mission, R.K.Khan Hospital being the first of many visits.



Looking on are Hospital Management as the Minister signs the Visitors Book

More Visits.....



Mr. Gareth Morgan DA Spokesperson for Health (Chatsworth, Umlazi) with Hospital Management and other local members

Mr. Morgan's' visit to the hospital was to meet all role players in the area that he is responsible for, including schools & the Police Services. His visit was pleasantly surprising and showed a keen interest in our ARV Roll Out Programme, Dispensing Facilities. No criticism or complaints were leveled at our services. My vote***** keep you guessing!



Annual Good Attendance Awards
12 July 2006



110 staff received Certificates for good attendance i.e. no sick leave taken for a continuous period of 12 months

We are surprised each year as the numbers of awards are increasing.

Upholding one motto "Giving Hope"



COHSASA UPDATE

The external survey concluded on 7th July 2006. General feedback received from surveyors on the final day, some of the comments were, and that staff were friendly, helpful, great team spirit and co-operation. Patients interviewed were happy with the service. R.K.Khan was in a unique situation with favourable community involvement.

Completed documentation will be taken to Cape Town for data capturing and overview reports will be done for each area, checked by the team of surveyors and forwarded to R.K.Khan for comment and re-submission. The Technical Committee will sit in August and November.

So guys, we are hoping for a November result or early Christmas.

A WELL DESERVED
CUPPA



STAFF INVITED TO A TEA, AN EXPRESSION OF THANKS FROM MANAGEMENT FOR ALL THEIR LABOURS DURING THE COHSASA SURVEY

CLIMBING UP

CONGRATULATIONS TO THE FOLLOWING STAFF WHO HAVE BEEN PROMOTED

MR S.E. DORASAMY	ASSIST. MANAGER FINANCE & SYSTEMS - ADMINISTRATION
MR H. SAHADEO	ASSIS. MANAGER STAFF RELATIONS – HUMAN RESOURCES
MR P.J. MANUEL	SEN. FINANCE MANAGEMENT OFFICER- REVENUE
MR R. SUPERSAD	SEN. FINANCE MANAGEMENT OFFICER – PATIENT ADMIN
MR D. NAIDOO	SEN. SUPPLY MANAGEMENT OFFICER – SUPPLY DIVISION
MRS P NAICKER	SEN. FINANCE MANAGEMENT – EXPENDITURE
MRS P NAIDOO	ASSIST.SOCIAL WORK MANAGER
MR F. BUX	PRINCIPAL HUMAN RESOURCES OFFICER
MRS S D KISTEN	PRINCIPAL HUMAN RESOURCES OFFICER
MRS J HARALALL	PRINCIPAL HUMAN RESOURCES OFFICER
MR S CHETTY	SUPPLY MANAGEMENT OFFICER
MR KS THAMBIRAN	PRINCIPAL HUMAN RESOURCES OFFICER



A WARM R.K.KHAN WELCOME TO THE FOLLOWING STAFF

MR J MTETANDABA	RADIOGRAPHY MANAGER
MISS PZ DLAMINI	FOOD SERVICE MANAGER
MRS L DLAMINI	HEALTH & SAFETY OFFICER
MR PS GUMEDE	CHIEF SECURITY OFFICER
MRS PR NGCOBO	PRINCIPAL HUMAN RESOURCES OFFICER
MRS C MOODLEY	SOCIAL WORKER
MS N NGCOBO	SOCIAL WORKER
MS L MNISI	SOCIAL WORKER
MISS. T.RAMSUDH	ASSIST. MANAGER PHYSIOTHERAPY

COMMEMORATING WOMEN'S DAY

is an annual event. Patient and staff are invited to join in the celebration. R.K. Khan Hospital and the SAPS together celebrated by creating awareness about issues affecting women in the community member of the Police Services addressed women on crime against women, how to seek help and protection order. Tutorial staff of the R. K. Khan Campus advised women on detection of cancer, early diagnosis and treatment.

In commemorating this day we salute women, despite the demands and pressure of life please appreciate yourself. Patients and visitors were impressed with the partnership of the Hospital and Police Services and found the information beneficial.



MJSCOMMUNICATJON

Memo from CEO to Manager:

Today at 11 o'clock will be a total eclipse of the sun. This is when the sun disappears behind the moon for two minutes. As this is something that cannot be seen every day, time will be allowed for employees to view the eclipse in the parking lot. Staff should meet in the lot at ten to eleven, when I will deliver a short speech introducing the eclipse, and giving some background information.

Safety goggles will be available at a small cost

Memo from Manager to Department Head:

Today at ten to eleven, all staff should meet in the car park. This will be followed by a total eclipse of the sun, which will appear for two minutes. For a moderate cost, this will be made safe with goggles. The CEO will deliver a short speech beforehand to give us all some information. This is not something that can be seen every day.

Memo from Department Head to Floor Manager:

The CEO will today deliver a short speech to make the sun disappear for two minutes in the form of an eclipse. This is something that cannot be seen every day, so staff will meet in the car park at ten or eleven. This will be safe, if you pay a moderate cost.

Memo from Floor Manager to Supervisor:

Ten or eleven staff are to go to the car park, where the CEO will eclipse the sun two minutes. This doesn't happen every day. It will be safe, and as usual it will cost you.

Memo from Supervisor to staff:

Some staff will go to the car park today to see the CEO disappear; it is a pity this doesn't happen everyday

FIVE TIPS FOR TAKING CRITICISM

1. Evaluate the source of criticism and whether it was offered constructively, i.e. gives you action to consider and is future oriented, OR was offered destructively and is focused on the past.
2. Do not passively accept criticism or become silent victim. You will appear to have little self-confidence and may lose the respect of others and yourself.
3. When you have made a mistake, avoid over-apologizing or over-compensating. Instead, freely admit your errors rather than trying to cover up. Cover-ups usually come back to haunt you.
4. Don't make globally negative assessments about your character or ability, based on one mistake. Give yourself credit for past victories and accomplishments.
5. Lower your emotions and use positive self-talk when dealing with criticism,
Such as "I'm OK, I may have made a mistake, but learning from this error will increase my professionalism"



Sister to patient during early morning ward rounds "Well, Mr. Jones, you're coughing a lot more easily than you were yesterday. "I'm not surprised" wheezed Mr. Jones, I've been practicing all night.

ENJOY THE ISSUE AND PLEASE FEEL
FREE TO SUBMIT YOUR COMMENTS
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