



HEALTH
KwaZulu-Natal

R.K.KHAN KRONIC(ie)

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GRADUATION HUMAN VALUES



PAGE 3 FOR WRITE UP

SOCIAL COMMITMENT



R.K.Khan Surgical Team
Donated T/Shirts to Com-
munity Organisations
< Cheshire Homes
Sisters of Charity >



NOV/DEC 2009

Inside this issue:

| | |
|-------------------------|---|
| CEO's MESSAGE | 2 |
| HUMAN VALUES TRAINING | 3 |
| WISHES FOR THE NEW YEAR | 4 |
| SUCCESS STORIES | 5 |
| PROFILE... MRS J NAIDOO | 6 |
| EDITORS MESSAGE | 7 |



Somehow, not only for
Christmas,
But all the long year
through,
The joy that you give
to others,
Is the joy that comes
back to you.
And the more you
spend in blessing,
The poor and lonely
and sad,
The more of your
heart's possessing,
Returns to you glad.



Mandela Visit

President Mandela goes on an official state visit to a small country in the middle of Africa. At the airport he is met by this country's Minister of Harbours. All of a sudden Mr. Mandela realizes that this is absurd, this country has no harbours as it is landlocked!

He is very puzzled and decides to find out what the story is. At the official state banquet later that evening, he leans over to the President and asks, "Mr. President, why do you have a Minister of Harbours when you don't have any harbours?"

The President looks Mr. Mandela straight in the eye and says, "Well you know that may be true Mr. Mandela, but I was just as puzzled at why you have a Minister of Law and Order?"

From: Steven Wishart



A Christmas candle is a lovely thing;

It makes no noise at all,

But softly gives itself away;

While quite unselfish,

it grows small.

Message from CEO

It is shocking to realize that we are already in the 47th week in the year as I am writing this message and that 2009 is almost over. To me it seems as if we had just started the year, time is really flying (it must be true that aging speeds up the passing of time!).

It is important to note that it is 40 years since the hospital opened and to remember the Dinner/Dance, Race Day and Open Day that were held to commemorate the anniversary.

2009 has once again been a very challenging year. The financial cutbacks are almost impossible to implement and it is a significant frustration to improve services to our patients and better working conditions for hospital staff. I want to say a big thank you to the majority of the staff that continues to give off their best in spite of the many challenges that they face. The volunteers that continue to come day after day to help us thank you.

The doctors' strike in June this year caused major problems for our patients and service delivery was hugely compromised. A big thank you to the medical staff that continued to work to ensure that our patients did not pay the ultimate price, the nursing staff that went the extra mile, the private doctors who assisted and the pharmacy staff who continued to work. Unfortunately the OSD that was supposed to address the grievances of the medical staff is still the source of great dissatisfaction amongst the medical staff.

I am also thankful to the Hospital Board and organizations like FORKK, Sathya Sai Organisation, RHRU and CAPPADA that assist us with service delivery..

The Sathya Sai Organisation ran a Human Values Course over 9 months. The course is designed to help staff realize their innate universal human values that will help to reinforce the practice of Batho Pele. I hope that more staff will enroll for the 2nd course which will be run from early next year. we need to build up to a critical mass that will help resonate the values to all who work at this hospital and help improve the quality of service that we offer our patients.

I wish you and your families a safe, happy and healthy festive period. To those whom are going on leave make sure you rest so that you can come back refreshed to meet the challenges in the New Year.

Dr. P. S. Subban

World Aids Day– 1st December 2009



While a dedicated team of ARV staff from our Outreach Clinic went out to the Welbedacht Community, to spread the message on HIV/AIDS, staff within the hospital, kept the candles burning.

We are committed to reducing the number of new infections and our plans are to step up education by taking ourselves out into community.



Human Values Training

The Sai Organisation has a long history with the hospital. The Human Values Training Course run by the Educare Component of the Sai Organization commenced in May 2009.

The course was designed to help staff with challenges and to cope with balancing work, family and personal growth. A group of staff, professional and non professional have completed 6 modules of the programme, attended compulsory lectures. The group had to do a presentation before a panel,

present a portfolio of evidence, followed by a 2 hour written exam, with the pass mark being a minimum of 60%. 15 staff successfully graduated.

Congratulations to the following staff:

Mrs. SB Rambaran (Operational Manager) passed with Distinction, Mrs. CA Mbokazi (Tutor), Miss. R Naicker (Clerk), Mrs. N Mvunelo (Tutor) passed with Distinction, Miss. R Samy (ANM), Mr. L Naidoo (GO- Stores), Mrs. A Govender(QA Manager) passed with Distinction,

Mr. L Naidoo (GO- OPD), Mrs. S Maganlall (Dental Therapist) , Miss. D Beechetty (Operational Manager) , Dr. PS Subban (CEO) passed with Distinction, Mrs. S Naidoo(GO- Queue Marshall), Mrs. S Pillay (GO-Queue Marshall), Mrs. K Maharaj (Clerk) , Mrs. O Basdeo (Tutor)

Management and staff thank the Sai Organization, Mr. Dharma Naidoo, the chief coordinator and educators for their dedication and time. We are grateful that their vision to teach others has led them to R.K. Khan Hosp.

Re Launch of Eye Clinic

In 2004 the eye services was moved to St. Aidans Hospital as part of the DOH plan to centralize services. Since then a partnership developed between the ICEE and the hospital to provide primary health care service at R.K. Khan using resources brought in by the ICEE. The clinic was run by 2 ophthalmic

trained professional nurses. Private optometrists provided their services on a voluntary basis.

On 10th November 2009 the eye service was re-launched with the ICEE providing the hospital with a full time optometrist. The objective to

create awareness in the surrounding community and also to thank the locums for their contribution.

The Giving Sight to Africa Project is working with the DOH and ICEE, which is funded by Standard Chartered Bank. The ultimate objective



May this Christmas end the present year on a cheerful note and make way for a fresh and bright new year.

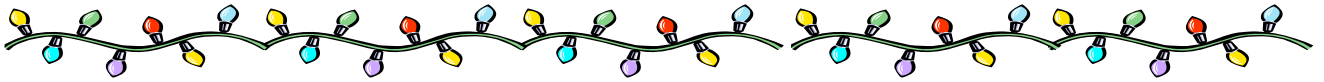
Here's wishing you a Merry Christmas and a Happy New Year!

World Diabetes Day – 14 NOV 2009



39 Staff , together with our Cardiac Rehabilitation Patients, volunteered their services at the event held by the Rotary Club.. Close to 1300 community members were screened for diabetes, cholesterol, eye tests and foot care.





Five surgeons were taking a coffee break and were discussing their work. It was an interesting conversation.

- The first surgeon said, "I think accountants are the easiest to operate on. You open them up and everything inside is numbered."
- The second replied, "I like to operate on electricians. You open them up and everything inside is color-coded."
- The third added, "I think librarians are the easiest to operate on. you open them up and everything inside is in alphabetical order."
- The fourth one boasted, "I like to operate on lawyers. They're heartless, spineless, gutless, and their heads and their butts are interchangeable."

Fifth surgeon said, "I like Engineers. . . they always understand when you have a few parts left over at the end..."



Wishes for the New Year

At the end of this year I reflect with joy and the gratitude for the selfless way you have saved our community under trying conditions. We have been constantly reminded by our principles at different platforms that we need to re look at service delivery concerns such as our attitudes, waiting time, infection control, cleanliness to name just a few. We are looking forward to 2010 with renewed vigor to go

back to "basics" and tackle the challenges ahead of us.

Thank you again for your professionalism and heartfelt care. Let us work even harder together, celebrate our unique diversity and realize that we have far more in common than our differences. I wish each of you a Merry Christmas and safe festive season and for those that are away from work, a well deserved rest, may 2010 be a better year for all of us.

From Mrs. Ngidi, Nurse Manager



Christmas come early!



MR & MRS NAICKER OF CROSSMOOR TRANSPORT DONATED 1000 (ONE THOUSAND)

SHEETS, BLANKETS AND PILLOW CASES, SEEN RECEIVING THE DONATIONS ARE HOSPITAL MANAGEMENT AND THE CHAIRMAN OF THE BOARD

UMALUSI SENIOR CRETIFICATE

Candidates Passed: May / June 2009 Matric Examination)

Brenton Michael Carollus
Naidoo Lawrence
Naidoo Seetha
Moodley Romella
Meghnath Leon
Moodley Manogaran

Congratulations from the Management, HRD Department and Staff !



PATRICIA NAIDOO

I left school at the beginning of std. seven, currently known as grade nine in 1982. When we are young we tend to do foolish things which we regret later. I married in 1984 at the insistence of my grandfather, had three children by the age of 21 and the fourth in 1997. I commenced working at R. K. Khan Hospital in April 2002, my very first paying job! I started off working as a kitchen aid and thereafter progressed to the

Success Story One



position of general assistant. Currently I am a general Orderly, working as a Queue Marshall.

For as long as I could remember, I've longed to accomplish myself in some field; however gaining knowledge without funding was difficult. Fortunately the opportunity to further my education was offered to staff that were interested through the Adult Basic Education Training Programme.

After some research I met two of the facilitators Ravi Munien and Florence, with their support and encouragement I attended my first lecture in 2004 and thus my long awaited affair with education began. The excitement and thrill was so

great that I had to pinch myself. I studied through the ABET programme for approximately two years and thereafter enrolled at ICESA (thanks to R.K.Khan Hospital) for a period of three years. After much trial and tribulations, with the support of my family, colleagues and management (Mrs. K. Chetty, Mr. Gumbi, Mr. Venkatsamy, and Mrs. K Naidoo) I matriculated in August this year.

I am grateful for the opportunity and thank all these people who were instrumental in my achieving this. This is my first goal on the list. Currently I have registered with UNISA on a part-time basis to complete a Diploma in Social Work/ Psychology.

Submission by Patricia Naidoo



Have you ever been at sea in a dense fog, when it seemed as if a tangible white darkness shut you in and the great ship, tense and anxious, groped her way toward the shore with plummet and sounding-line, and you waited with beating heart for something to happen? I was like that ship before my education began, only I was without compass or sounding line, and no way of knowing how near the harbor was. "Light! Give me light!" was the wordless cry of my soul, and the light of love shone on me in that very hour.

HELEN KELLER



Success Story Two

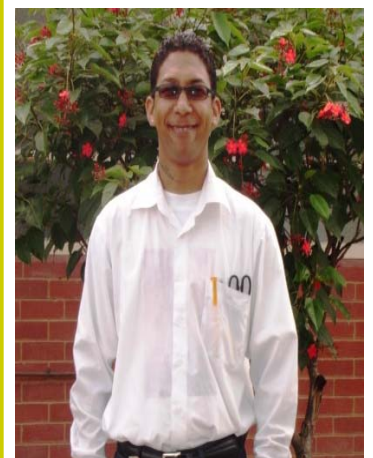


I was unemployed for many and then I got a door to door marketing job selling Airtime in 2004. I got a gift from God when I was employed at R.K. Khan Hospital as a general orderly, cleaning six public toilets. I had a dream of being professional nurse, but my education status was as bad as I only had a standard 7 pass.

I was offered a chance to further my studies through the A.B.E.T. Programme. I started from ground level 1-4, completed the course with a higher credit in Eng, Literacy and Numeracy. HRD was impressed with the pass rate and dedication of my colleagues (ages ranging from 30 to 60 Years). In 2007, 9 of us completed our Standard 9 and enrolled to do matric in 2008, which we completed in July 2009.

I lost my bag with all my books & notes, a week before we began our final exam. I studied in advance so it wasn't a train smash & passed with a senior certificate. My symbols were 4Bs', 1C and 1D. I am very grateful to management and the HR team, without you'll I would still be a school drop out. 2010 is when I will pursue my career in nursing, my studies won't end. I'm hungry for knowledge.

Submission by Brenton Micheal Carollus



BRENTON MICHEAL CAROLLUS



PROFILE ON MRS J NAIDOO

Nursing Education and Community Nursing Science at UNISA.”

Her daughter, who has followed in her footsteps, is a registered nurse at a private institution. Her son is a computer technician. Mr. Naidoo Senior is late, the past seven years. Through my years of work and study my family have supported and encouraged me.

She boasts of 41 years of service at R. K. Khan Hospital from February 1968, including part of her student training at the Clairwood Hospital. Currently she serves as an Assistant Nurse Manager for the Operating Theatre and the CSSD Departments. Mrs. Naidoo has managed the Operating Theatre for the last 20 years.

I consider my job a calling strengthened by my faith in GOD. I love nursing due to the humane nature of the job. It is a service that provides care, love and understanding to those in need and offers me fulfillment and satisfaction to render quality care. Nursing is also a dynamic field.

“Despite the negativity towards health as a service I choose to remain positive. I have been working in this hospital from the age of 17. I have grown with the hospital as an individual and a professional. Many staff who have trained after me have immigrated for much more lucrative jobs. It is not difficult in finding high profile jobs overseas, as R.K.Khan has the reputation as an excellent training facility.

Jaymala Naidoo is a young 61 years of age. She comes from Dundee, in the Northern Natal.

“I was in the 1st group of nurses in 1968 to be trained at the R. K. Khan Hospital, completed my Midwifery and Diploma in Operating Theatre Technique at King Edward V111 Hospital and Nursing Administration at Greys Hospital and Nursing Education and



Painting of OPD

The project was undertaken by hospital staff, their family members, and missionaries of the Jesus Christ Latter Day Saints and volunteers of FORKK (Friends of R K Khan). Business in Chatsworth supplied paints and other materials.



My name is **Nompumelelo Charity Mfeka** a journalism student at ICESA City Campus and I am currently doing my in-service training

in the Public Relations Department. I chose this department because it is similar to what I am studying and like working with people and helping others. As a trainee in this Department I like working with people and helping others. It is my pleasure and a privilege and good working experience in public relations because you come across many people with different problems who seek your assistance.

While in training, I have learnt four important things that one must have when working in this department, the first one is one must have good communication skills so that you can be able to interact with the patients as well as your colleagues. Passion and dedication these are essential for one to do their job well, delivery is also essential because people come to you with their problems and they expect you to help them.



EDITORS MESSAGE



The year has been difficult, set with many obstacles, delays in promised incentives, serious lack of funding and an endless list. The R.K. "Can" staff continue to jump through hoops and hurdles for customer service.

The past months, faced with the brunt of the recession have taught us a bitter sweet lesson. I hope that this has been a valuable experience, teaching us the value of money, the need for saving for a rainy day and to live within our means. Mrs. Sadashini Govender in EAP had her work cut out, advising staff and arranging financial education workshops.

2010 brings a lot of promise. I can imagine a few skeptics saying, "Not possible". Undoubtedly the country will be abuzz with the World Cup activity, Tourism Indabas, the first SA Architecture mega event and Art Festival. Such events set our country to receive, unprecedented global attention in 2010. Let us look forward to the New Year, be part of this excitement and most of all celebrate as a nation.

Many business opportunities have been created, jobs, private homes being turned into B &BS. If you are creative and innovative, now is the time to make some serious moola. (Money)

Our soccer crazy nation will be enjoying all the excitement, if the recent televised draw was an example of the fun and standard to come. If you are successful in getting a ticket, fantastic! Some of us will be reveling in the fan parks or just organizing a neighborhood bash the SA style.

Christmas is the time for giving, sharing and spreading love. Enjoy the season but also be safe. Thank you to all staff and volunteers for your co-operation and help.

Have a blessed Christmas, a wonderful New-Year & an AYOBA 2010.



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Nomasomi Gigi

A Tradesman's Aid was not where she wanted to be. Somi went on to complete her National Diploma in Electrical Engineering and the Trade Test in July 2009.

Congratulations, we are proud of you!

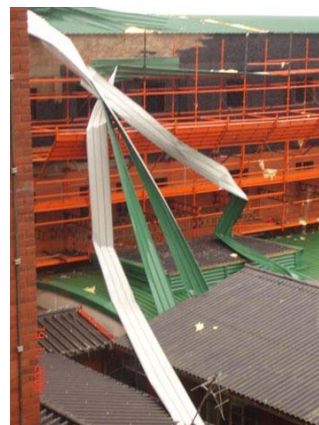
STORM DAMAGE TO NEW CONSTRUCTION

Heavy winds and rain have caused severe damage to the construction, currently being carried out above the existing Pharmacy Block.

Fortunately, no one was injured. Pharmacy staffs continued to work in flooded conditions. Despite the conditions, all patients received their medicines.



The wind has caused the roof sheeting to detach from the structure, also causing damages to the existing roof structure. The construction site is flooded, including the internal constructed building, the pharmacy and Outpatients Area.



Patients had to be evacuated from the pharmacy and routed to a safer area.

The quick action of the hospital disaster team averted any serious disruption to our services.