



UP TO DATE NEWS

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NEW KIDS ON THE BLOCK.....



STANDING APPROPRIATELY UNDER THE HONOURS BOARD ARE THE NEWLY PROMOTED NURSE MANAGERS (FROM LEFT TO RIGHT)

- | | |
|-------------------|--|
| ✓ MRS.D.M.DLAMINI | NIGHT DUTY SERVICES |
| ✓ MRS.J.NAIDOO | OPERATING THEATRE & CSSD |
| ✓ MRS.G.GOVENDER | INTENSIVE CARE/ HIGH CARE & CSSD |
| ✓ MRS.V.RAMAN | NIGHT DUTY SERVICES |
| ✓ MISS.R.SAMY | PRESENT ASSISTANT NURSE MANAGER |
| ✓ MRS.F.NGIDI | PRESENT NURSE MANAGER |
| ✓ MRS.L.GEORGE | CASUALTY/ SPECIALIST CLINICS/PHC AND X-RAY |
| ✓ MRS.S.D.PATHER | OBSTETRICS & GYNEACOLOGY |
| ✓ MRS.I.MOODLEY | MEDICAL NURSING SERVICES |
| ✓ MRS.P.BYROO | PEADIATRIC NURSING SERVICES |
| ✓ MR.T.P.ZONDI | SURGICAL NURSING SERVICES (INSERT) |

CONGRATULATIONS AND A SPECIAL WELCOME TO MRS. DLAMINI AND MR. ZONDI



SAPS, Chatsworth Policing Forum and Community Organisations visited patients in the Paediatric Ward. The children were treated with sweets, colouring books, teddy bears and quilts.

Sponsored by the Velankani Senior Citizens, Sarva Darma Ashram and the NITT Computer Company.

WORLD ASTHMA DAY 2004



Mrs. Tilly Woolfaard (Chief Clinical Technologist) demonstrating to a patient the correct technique of medicating oneself and the correct use of medication. Congratulations are also in order..... Mrs. Woolfaard has successfully passed a long distance learning examination; earning a "Diploma in National Education Programme" she also manages certain aspects in Lung Function Testing. Well-done Mrs. Woolfaard.



WARM HEARTS

Mrs. Faranah Ally, our very own matron of the Medical Wards, initiated a blanket project. Her warm thoughts have set her entire family in motion, so much so that the smaller family members are saving their pocket money and contributing this to the purchasing of blankets for our patients.

100 hundred blankets have since been donated to wards.

In-patients having received a blanket were thankful and most of all surprised. They certainly did not expect that their comfort was our concern and that a staff member had gone this extra mile.

Thank you to Mrs. Alli and family.



SOMETHING FISHY.....

A man calls home to his wife and says,

"Honey I have been asked to go fishing on the Wild Coast with my boss and several of his friends. We'll be gone for a week. This is a good opportunity for me to get that promotion I've been wanting so could you please pack enough clothes for a week and set out my fishing rod and tackle box? We're leaving from the office and I will swing by the house to pick my things up. Oh! Please pack my new blue silk pajamas....."

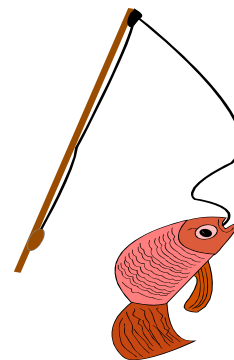
The wife thinks this sounds a bit fishy, but being the good wife she does exactly what her husband asked.

The following weekend he came home a little tired but otherwise looking good. The wife welcomes him home and asks if he caught many fish?

He says, "Yes! Lots of cob, some Blue's and a few lovely Grunter. But sweetie why didn't you pack my new blue silk pajamas like I asked you to do?"

{You'll love the answer}

The wife replies, "I did hun , they're in your tackle box."



EDITORS MESSAGE

This extract was taken from e-mail. Anyone and everyone reading this will be touched by the story.

" It was a busy morning, approximately 8:30 am, when an elderly gentleman, in his 80's, arrived to have sutures (stitches) removed from his thumb.

He stated that he was in a hurry as he had an appointment at 9:00 am. I took his vital signs and had him take a seat, knowing it would be over an hour before someone would be able to see him.

I saw him looking at his watch and decided, since I was not busy with another patient, I would evaluate his wound. On exam it was well healed, so I talked to one of the doctors, got the needed supplies to remove his sutures and redress his wound.

While taking care of his wound, we began to engage in conversation. I asked him if he had a doctor's appointment this morning, as he was in such a hurry. The gentleman told me no, that he needed to go to the nursing home to eat breakfast with his wife.

I then inquired as to her health. He told me that she had been there for a while and that she was a victim of Alzheimer Disease. As we talked, and I finished dressing his wound, I asked if she would be worried if he was a bit late. He replied that she no longer knew who he was, that she had not recognized him in five years now.

I was surprised, and asked him. "And you're still going every morning, even though she doesn't know who you are?" He smiled as he patted my hand and said. "She doesn't know me, but I still know who she is."

I had to hold back tears as he left, I had goose bumps on my arm, and thought, "That is the kind of love I want in my life." True love is neither physical, nor romantic. True love is an acceptance of all that is, has been, will be, and will not be. "

On a more real note.....

A few weeks back whilst waiting to exit the hospital gates, I witnessed a rather extraordinary scene. An elderly woman was making enquiries to board a taxi and an equally old gentleman responded, though walking in the opposite direction. He enquired with a taxi parked across the road, walked back to the old woman, held this stranger by the hand and led her safely across the road to the waiting taxi. If this is what one stranger can do for another, it gives us hope for the future.

I thought this to be a more deserving story than just the normal editorial.



Heeding a call to empower, educate and motivate women is not boring nor is there a shortage of ideas. As a run up to the National Women's Day 9/ August 2004, we have been proactive, R. K. Khan Hospital hosted a women's day programme for staff and community to commemorate this special day.

Among the talented guest speakers, Mrs. Umashanie Reddy (University KZN, Social Science Library), delivered a powerful message on her personal life experience as a cancer survivor. Her triumph and heartache touched every heart and motivated listeners to do a self-analysis.

Mrs. Joan Mclou a 65 year old had the audience spellbound with her dynamic presentation. Mrs. Mclou is also a proud author of the book called " Weight Off" and a second book based on her life story is already in print.



Hospital Psychologist Mrs. Amina Razak spoke to women on family violence, seeking assistance and the services role. A very well presented and researched talk.



Thembisile Myatza a first year Integrated student nurse role-play moved the audience to tears, laughter and admiration of her dramatic talent.

Preventive and promotive health students recited a poem in dedication of women, the involvement of male students also sent out a message of support.

Last but not least student nurse S.N. Mgozi our very own Mozart composed his own rendition dedicated to women, though many have no appreciation of opera, his effort was a valiant one. Move over Pavarotti!



COMMEMORATING WOMENS DAY 2004

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We're on the Intranet

PLEASE SUBMIT ITEMS OF
INTEREST FOR PUBLICATION



MR S. NAIDOO AND MR P. GOVENDER SEEN MOUNTING BRACKETS TO SECURE BENCHES FOR PATIENTS.



FRIENDS OF R.K. KHAN

FORKK DONATED TIMBER WHICH WAS USED TO MAKE BENCHES (MANUFACTURED BY OUR WORKSHOP STAFF) FOR THE PHARMACY AREA. TWO INDUSTRIAL FANS WERE ALSO DONATED AND INSTALLED IN THE PHARMACY WAITING AREA.