



The Voice Newsletter St Aidan's Mission Regional Hospital

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STOP TB BECAUSE YOU CAN!!! ST AIDAN'S HOSPITAL TB AWARENESS

World Tuberculosis Day is held yearly on 24 March, which is intended to promote



EN Nzuzza giving talks about TB to patients.

awareness, knowledge and motivation for action against tuberculosis worldwide. St Aidan's staff heard the call against this killer disease and held an awareness campaign on 24 March 2009. It is prevalent that the lack of information with re-

gards to TB can lead to a death of a person. In our country we are now faced with MDR TB and XDR TB in our patients which calls for our full focus on the disease as the Department Of Health. On this day we should also celebrate the dedi-



The public listening to talks about

cation of our doctors, nurses, community workers and family members of those suffering with the

disease. It is their dedication that gives us hope that together we can defeat this disease. St Aidan's nurses gave talks to patients about the disease on how important it is to take your medication if you are already infected and how important it is to have regular check ups if your are coughing for more than two weeks. Patients were very interested to hear more about the disease in order to protect themselves against TB. Patients asked questions about the disease in relation to HIV/ AIDS, as many of our HIV/ AIDS patients are suffering from the disease. We helped in clarifying a lot of issues and myths about the disease. Pamphlets and hand outs were issued to the public in order for our public to read and educate themselves.

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- More people are dying of TB today than ever before.
- TB causes at least 11% of total deaths in people living with HIV and as much as 60% in some countries.
- TB can be successfully treated even if someone is HIV-infected

- TB is amongst the leading killers of people living with HIV.
- After HIV, TB is the greatest infectious killer of young people and adults in the world today.



FROM THE ACTING C.E.O.'S OFFICE

Greetings once again. The financial year end has kept the Senior Management Team quite busy. Despite all of this, we had a very successful Operational Planning Meeting on the 18 March 2009. We believe that we can adhere to business science principles in doing the above, rather than planning to suit a budget. We have assumed that not much has changed in the financial climate of our province as evidenced by the Premier's

address as well as the MEC for Finance' address. So, this exercise was a very pragmatic one bearing in mind the milieu that we are working in.

We have been plagued by breakdowns especially with our ducted air conditioning system to our theatres and this has to some extent hampered service delivery. Finally, it would seem that we are back on track. I

thank all affected staff and patients who were affected by this unforeseen circumstance for your patience.

On a brighter note, our Pharmacy received an official letter of compliment by the Pharmacy Council on the excellent way it is run . The IPC inspections reveal a performance of between 96-100%. Well done to all!

OPERATIONAL PLANNING FOR THE 2009-2010 BY ST AIDANS HOSPITAL

To ensure that as an institution we are managing our budget and continue to provide the best service delivery , it was imperative to have our Operational Planning Session for this financial year. It took place on the 18th March 2009 at the Botanical Gardens Conference Centre.

Managers and supervisors attended and presented their requirements for this financial year. The acting C.E.O /Medical Manager, Dr P. Dayaram welcomed

service delivery.

We also had sometime to relax and take our mind away from stresses and hectic days



St Aidan's management team having lunch

everyone and began with a brief preview of the 2008

It is clear that 2009 is going to be another financially challenging year. Managers and supervisors must employ cost saving measures and continue to ensure good

of work. We had a team building exercise which we all enjoyed. All accolades goes to the Mrs. K. Somers and the organizers for a wonderful day.

Team building games for the day



SPORTS TOURNAMENT HELD AT TRAINANCE PARK

On 21 March 2009 St Aidan's Hospital soccer team participated in a soccer tournament which took place at trainance park sports ground. Teams from different hospital's came in numbers to enjoy themselves. It was very pleasing to see different teams playing with great passion. The mini tournament was organized by Osindiweni Hospital who invited different



St Aidan's Hospital Soccer Team

and entertain ourselves which is good for our health. The tournament consisted of the hosting team Osindiweni Hospital, Addington hospital, St Aidan's Hospital, Prince Mshiyeni Hospital. The first position was taken by Prince

hospitals to participate in the tournament. This shows that even though with financial constraints imposed on us, we can still be innovative



TROPHIES FOR THE DAY

and entertain ourselves which is good for our health. The tournament consisted of the hosting team Osindiweni Hospital, Addington hospital, St Aidan's Hospital, Prince Mshiyeni Hospital. The first position was taken by Prince

Mshiyeni Hospital, second position was taken by Addington Hospital, and the third position was taken by St Aidan's Hospital. I would like to congratulate our hospital's soccer team even though we did not get the first position but we played with great courage and passion for the game. I would also congratulate the winning team for their best performance they showed on that day, and to the organizers for their hard work. **THANK YOU!!!**



The team is getting ready for the second half.

ACCESS SENSITIZATION MONTH

Batho Pele Principles should be instilled in all South Africans. This is one of the reasons St Aidan's Hospital staff has decided to educate and have an awareness campaign about each principle monthly. The month of March was dedicated to celebrate and educate the third Batho Pele Principle, which is ACCESS. During the month of March all of our wards, departments and clinics have been teaching and promoting the principle of Access. There is still a great deal of teaching that our patients require and therefore calls for these kinds of ongoing campaigns are necessary. The public has



Mrs. Ndlovu Eye Clinic Operational manager and Sr Chetty

a right to access health services as a mandate of our department. As public servants we should ensure that our patients are accessing our services. Sr Chetty from the Eye clinic made sure

that our patients are aware of the ACCESS month, by decorating the walls of the eye clinic in celebration and awareness of this Batho Pele Principle.



Mrs. Ndlovu Operational Manager and her Eye Clinic Staff

FROM THE PUBLIC RELATIONS OFFICER



Mr. T. M Dlamini P.R.O

Ngithanda ukuthatha le lithuba ngibonge kubafundi baleli phephandaba lesibhedlela I St Aidan's Mission Regional Hospital. Ngifisa ukudlulisa ukubonga kubobonke abasebenzi balapha esibhedlela ngokuzinikela kwabo ekwenzeni izimpilo zeziguli nomphathi wakithi ubengcono.

Kulonyaka kuningi esifisa ukukwenzela umphakathi ukuze uthole usizo olusezinge eliphakeme, yize noma kunezinji-

namba zezimali njengoba sazi ukuthi izinsiza ezisetshenziswayo ezisezingeni eliphakeme ziyabiza.

Singabasenzi sizokwenza ngako konke ukunyusa izinga lokusebenza kwethu. Lonyaka ka2009 ungaba ngunyaka onzima ngasezimalini ngokwendlela kokunyuka kwezinto ezitolo nokunyuka kwentengo. Ekuqaleni konyaka wonke umuntu ngokwenjwayelo uke azibekele afisa ukukukwenza nafuna ukukuhlomula ekupheleni konyaka.

Ngithemba ukuthi zonke izifiso ezinhle ozibekele zona zizophumelela, kodwa singakhohlwa konke kudinga ukuzinikela futhi kuthatha isikhathi sakho. Okubalulukile ukungalahli ithemba futhi uyilwele

ize iphumelele into ofuna ukuyenza.

Kubalulekile ukonga kuyo yonke into esiyenzayo. Ngoba asazi ukuthi ikusasa lisi-phatheleni.

Ngibonga kubo bonke asisebenzisana nabo sengathi singaqhubekela phambi njalo!!!

Ngiyabonga !!!

Trevor Dlamini

Please submit your newsworthy articles to the public relations office.

Contact me on :031 314 2224

E-mail:trevor.dlamini@kznhealth.gov.za

QOUTES TO INSPIRE OUR LIVES

**“Success is not to be pursued; it is to be attracted by the person you become.”
Jim Rohn**

**“When you can't have what you want, it's time to start wanting what you have”
Kathleen A Sutton**

**“All progress is precarious, and the solution of one problem brings us face to face with another problem”
Martin Luther King. Jr**

“Every project is a self-portrait of the person who did it” Norman Rockwell

“Failure is simple the opportunity to begin again, this time more intelligently” Henry Ford (1863-1947)

**“To be a man is, precisely , to be responsible”
Antoine de Saint Exupery**

**“The mind of man is capable of anything-because everything is in it, all the past as well as all the future”
Joseph Conrad**

“Every good thought you think is contributing its share to the ultimate result of your life” Grenville Kleiser