

# ST AND NEWS

Oct-Dec. 2007

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## ST ANDREWS HOSPITAL AWARDS EXCELLENT WORKERS



Mrs T.L. Ntleko, Hospital Manager giving her key note address during the event.

The 20th of December 2007 was the day not to be forgotten by St Andrews employees as this was the day for the recognition of service excellence and also appreciate those workers who have served the department of health for 20 years and

more. Hardworking staff members were awarded for their dedication in giving quality service.

The management of the institution together with the Hospital Board decided to come together and award excellent workers during a spectacular event.

Before the employees received their awards the Hospital Manager Mrs T.L. Ntleko gave a key note address to all staff members. She highlighted the three impor-

tant components of a service of which are productivity, development of Human Resource and quality of the service.

Then the moment of receiving awards finally where different managers gave awards to the dedicated employees and departments that they have identified in their components and this has given motivation to all staff members to excel in what they do in order to be awarded during next year's service excellence event.

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**Please take note:**  
The hospital visiting times have changed, the new visiting times are as follows:  
Noon: 12H00—14H00  
Evening: 19H00—20H00  
  
These new visiting times will be effective from the 1st of December 2007.

*TO ALL ST ANDREWS EMPLOYEES, BOARD MEMBERS AND OUR CLIENTS*

*MAY YOU HAVE A MERRY CHRISTMAS AND A PROSPEROUS NEW YEAR*

*FROM: MISS N. ZWANE—HOSPITAL P.R.O.*

## St Andrew's Hospital Successfully takes 10 Steps toward Infant and Young Child Feeding!!!



The BFHI key task team members from left: Sr N. Gule- Maternity, Sr N. Bambalele— Maternity, Mrs C. Edonga—Deputy Nursing Manager, Sr L. Dondashe— Training Centre & Mr N. Stephen—Community Service Dietitian

St. Andrew's Hospital, was recently reassessed for the Baby Friendly Hospital Initiative (BFHI). With pride it can be announced that we passed the assessment and have maintained our status. This great success could not have been achieved without the dedication of the BFHI task team, the 55 members of staff who were trained in 2007 and the remainder of staff who received training in previous years.

The task team consisted of a variety of health professionals including Nursing Management, Maternity Ward, Paediatric Ward, Professional Nurses, Training Department and Dietetics Department. A few names need to be mentioned specifically, Sr Gule and Sr Bambalele of Maternity who spent many hours organizing training of staff members and Sr Dondashe of training centre ensured the venue was available and that those who needed to be trained were present. Thank you to Nerissa Moodley (now the Senior Technical Advisor for Dietetics at Ugu District Health Office) for the time and effort they spent writing the new policies, training staff, and valuable input into meetings. This huge task could definitely not have been undertaken without the support of Hospital, Medical and Nursing Management who stood by and enforced the decisions of the task team.

The hospital now officially abides by the 10 steps to successful Infant and Young Child Feeding:

1. St Andrew's Hospital has a written breastfeeding policy that is routinely communicated to all health care staff.
2. St Andrew's Hospital has trained all health care staff in skills necessary to implement this policy.
3. St Andrew's Hospital informs all pregnant women about the benefits and management of breastfeeding.
4. St Andrew's Hospital helps mothers initiate breastfeeding within a half-hour of birth.
5. St Andrew's Hospital shows mothers how to breastfeed and how to maintain lactation, even if they should be separated from their infants.
6. St Andrew's Hospital gives new born infants no food or drink other than breast milk, unless medically indicated.
7. St Andrew's Hospital practices rooming-in: allowing mothers and infants to remain together for 24 hours a day.
8. St Andrew's Hospital encourages breastfeeding on demand.
9. St Andrew's Hospital gives no artificial teats or pacifiers (dummies or soothers) to breastfeeding infants.
10. St Andrew's Hospital fosters the establishment of breastfeeding support groups and refers mothers to them on discharge from the hospital or clinic.

St Andrew's Hospital complies with the Code of Marketing of breast milk substitutes. Well done St Andrew's Hospital!

*Written by: N. Stephen—Community Service Dietician & BFHI Coordinator*

# FAMILY FUN DAY

“ Living a healthy lifestyle is crucial for all ages. ” This message was communicated during the Family Fun Day event for St Andrews staff that was held at Umuziwabantu Sports Stadium on the 6th of October 2007.

The main aim behind the event was to promote healthy lifestyles among staff members and their families and to have fun together. Different activities such as Netball, Soccer, Fun walk and Dance Competition were part of the programme for the day



Staff members participating in the fun walk.



The dance competition for junior category was tough, the judge had a hard time deciding who the winner is!!!!



Having loads of fun were from left: Elna, Nok 'zola, Noi and Mr Nguza

# BATHO PELE OPEN DAY

On the 8<sup>th</sup> of August 2007, the community of Harding had a chance to interact with the senior management of St Andrews Hospital during the institution's annual Open Day/ Imbizo.

Different departments displayed their information stands in order to give information to community members who came in numbers to see what the hospital had in store for them and also get the

chance to know more about the institution.

Several messages were communicated to the community including the importance of the referral system, community participation and the importance of living a healthy lifestyle. The community also had an opportunity to voice out their needs to the senior management during an *imbizo* session.

Among the different guests who came to the event was His Worship the Mayor of Umuziwabantu Cllr W.M. Memela, the traditional healers, the *Amakhosi* and the hospital board members.

The event ended with a beautiful music from the hospital choir and different dance groups that were there to keep the crowd entertained all the time



Nobuhle Ndlovu, the Programme Director for the event looked beautiful in her traditional attire.



The distinguished guests who attended the event including the Mayor of Umuziwabantu Cllr M. Memela.



Mr M. Nguza, Finance and Systems Manager, welcoming guests

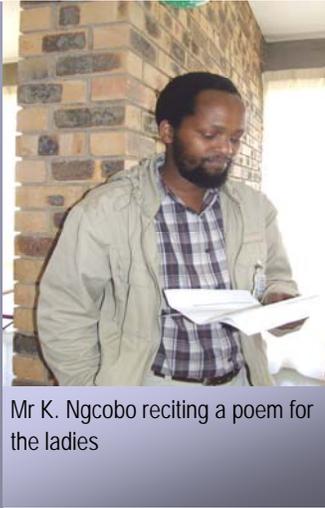


Community members visiting information stands displayed by different departments.

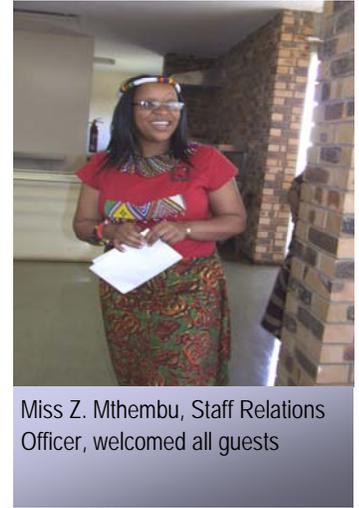
## ST ANDREWS CELEBRATES ITS WOMEN

*"As we slowly open our eyes today, we see your inner beauty. As our eardrums begin to heal, we hear your foot steps . We say shine on, so your beauty will reflect in us. Shout your words of wisdom till peace, joy prevail, and till your innovation find its footing."* These beautiful words are part of the poem that was written and recited by Mr Khaya Ngcobo, Laundry Manager, when the hospital celebrated its Women's Day event on the 17th of August 2007. When Mr Ngcobo recited the poem that day, you could see that some of the women's eyes were filled with joy and some with sorrow because the poem made them reflect on the past, it made them realize that women have come a long way and there is still a lot to achieve.

The reciting of this poem was part of several activities that were done on this day. Other activities included music, giving words of motivation, singing and dancing competitions. But the most anticipated activity that day was the selection of the best dressed woman in that event. The judges had a tough time choosing the best dressed woman since all women looked exquisite in their different traditional attires it really looked like a fashion parade. But at the end Miss Zesuliwe Mbotho scooped the first prize, she was chosen as the best dressed lady of them all.



Mr K. Ngcobo reciting a poem for the ladies



Miss Z. Mthembu, Staff Relations Officer, welcomed all guests



The Hospital Choir entertaining the crowd with a nice traditional song.



The ladies who won the singing competition



Miss Y. Dzulane, Social Worker, doing a vote of thanks



The ladies who made it to the top five for the best dressed competition, looking gorgeous and smiling for the camera!



Miss Z. Mbotho who won the 1st prize

## MATRON TONI 'S FAREWELL PARTY

On the 31st of October St Andrews Hospital bid farewell to its Deputy Nursing Manager Ms T. Toni who has just retired recently.

It was indeed a wonderful event filled with different entertainment activities, singing dancing and everyone who was there had a nice time celebrating the event.



Matron T. Toni



The choir entertained the crowd with its beautiful music.



Mrs N. Sihlali, Nursing Manager giving her farewell speech to Ms Toni



The choir Durban Singers singing a nice song for Matron Toni



Onompilo entertaining the community



One of the Ophthalmic nurse doing an eye test

## UMCIMBI WOKUHQLOLELWA AMEHLO EMTHOLAMPILO EX-HAMINI

Injabulo yayibhalwe emehlweni kumakhehla nezalukwazi zendawo yakwaMachi ngamhla ithimba elibhekene nezokuhlolwa kwamehlo elivela esibhedlela i-St Andrews lifika lizobahlola amehlo no-kuthi lizobaqwashisa ngokubaluleka kokunakekela amehlo.

Lomcimbi owawubanjelwe emtholampilo i-Xhamini ngomhlaka 24 kuOctober kuwo lonyaka waheha umphakathi omningi wakulendawo. Abantu bathola ulwazi ngokuningi okuphathelene nokudla okunom-soco okungakusiza nasemehlweni kanye nolwazi oluphathelene nokwengulwa kwamehlo

## MORE PHOTOS:

### CHILDREN'S DAY EVENT AT KWAMAZAKHELE



On the 10th of November 2007, the mobile teams from Harding PHC organized a children's day event for KwaMazakhele orphans. Great entertainment was provided by the children to make this event a success.

### SERVICE EXCELLENCE AWARDS CEREMONY



Mr M. Mazingisa from Transport Office receiving a certificate from Mr P. Dahl, Hospital Board Member

Sr C. Manning, Simunye Clinic received a certificate of appreciation from Doctors For Life

There's nothing like a *lekker* braai and a good chat with your friends

'Oh its been a long day!' looks like these employees were saying that after a long day of preparing salads for the event

### CHRONIC ILLNESS AWARENESS



Sr N. Sinto was the programme director for the day

Sr Ndadane, Chest Clinic, educating the public on TB

One of the community acquiring information at one of the information stalls

Community members listening attentively

On the 27th November 2007, St Andrews Chronic Team held its chronic illness awareness at Harding town hall. Different tests for diabetes, Hypertension, HIV, TB were done to community members. Community members were also educated about these illnesses.

## NEW APPOINTMENTS & PROMOTIONS FOR OCTOBER TO DECEMBER 2007

- Edonga C.P.—Deputy Nursing Manager (Promotion)
- Gasa MGI—Chief Radiographer
- Khoza P.—Staff Nurse
- Matiwane N.G.—Finance Management Officer
- Mazingisa N.P.—Supply Officer
- Mazwane S.J.—Chief Medical Officer
- Mbele B.V.—Lay Counsellor
- Mbewana L.I.—Records Officer
- Mngadi Z.Y.—Chief Radiographer
- Ncayiyana N.C.—Staff Nurse
- Ndlovu N.V.—Human Resource Manager (Promotion)
- Ngwenya N.—Snr Systems Management Officer
- Shibili N.M.—Professional Nurse
- Shinga V.—Oral Hygienist
- Tshazi N.W.—Staff Nurse
- Verghese G.—Chief Medical Officer

To all the new employees listed above welcome to St Andrews Hospital hope you will enjoy working here!!!

## DEATHS

St Andrews Hospital is sad to announce that it lost two employees during the October-December period. Those employees are:

- Mr H.J. Zulu
- Miss B.V. Jaca

May your wonderful souls rest in peace, until we meet again

## JOKE!!!!!! JOKE!!!!!!!!!!JOKE!!!!!!!!!!

One day while walking down the street a highly successful Human Resources Manager was tragically hit by a bus and she died. Her soul arrived up in heaven where she was met at the Pearly Gates by St. Peter himself. "Welcome to Heaven," said St. Peter. "Before you get settled in though, it seems we have a problem. You see, strangely enough, we've never once had a Human Resources Manager make it this far and we're not really sure what to do with you. "No problem, just let me in," said the woman.

"Well, I'd like to, but I have higher orders. What we're going to do is let you have a day in Hell and a day in Heaven and then you can choose whichever one you want to spend an eternity in."  
"Actually, I think I've made up my mind, I prefer to stay in Heaven", said the woman. "Sorry, we have rules..." And with that St. Peter put the executive in an elevator and it went down-down-down to hell.

The doors opened and she found herself stepping out onto the putting green of a beautiful golf course. In the distance was a country club and standing in front of her were all her friends - fellow executives that she had worked with and they were well dressed in evening gowns and cheering for her. They ran up and kissed her on both cheeks and they talked about old times. They played an excellent round of golf and at night went to the country club where she enjoyed an excellent steak and lobster dinner.

She met the Devil who was actually a really nice guy (kind of cute) and she had a great time telling jokes and dancing. She was having such a good time that before she knew it, it was time to leave. Everybody shook her hand and waved goodbye as she got on the elevator.

The elevator went up-up-up and opened back up at the Pearly Gates and found St. Peter waiting for her.

"Now it's time to spend a day in heaven," he said. So she spent the next 24 hours lounging around on clouds and playing the harp and singing. She had great time and before she knew it her 24 hours were up and St. Peter came and got her. "So, you've spent a day in hell and you've spent a day in heaven. Now you must choose your eternity,"

The woman paused for a second and then replied, "Well, I never thought I'd say this, I mean, Heaven has been really great and all, but I think I had a better time in Hell." So St. Peter escorted her to the elevator and again she went down-down-down back to Hell.

When the doors of the elevator opened she found herself standing in a desolate wasteland covered in garbage and filth. She saw her friends were dressed in rags and were picking up the garbage and putting it in sacks.

The Devil came up to her and put his arm around her.

"I don't understand," stammered the woman, "yesterday I was here and there was a golf course and a country club and we ate lobster and we danced and had a great time. Now all there is a wasteland of garbage and all my friends look miserable."

The Devil looked at her, smiled and said, "Yesterday we were recruiting you, today you're an Employee".

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