

ST. AND - NEWS

ST. ANDREW'S HOSPITAL, PRIVATE BAG X1010, HARDING, 4680
VOLUME 1, ISSUE 2- JANUARY 2004 QUARTERLY ISSUE

Editor's desk...

Hey there friends

Hope you had a great start to 2004, and are ready for a wonderful year ahead. Health-wise it's been an interesting start to the year, with the decision about the huge price cut in medicines. Companies and professionals are now

faced with challenges, and it will certainly be interesting to see what happens next. Although it might seem a bit uncertain, but one thing is for sure: St.Andrew's will always be committed to improving the services delivered to the community of Harding.

In this edition u can read about our recently acclaimed baby friendly status, new crisis center and our hospital board.

Take care

Vashna Rampersad (B.Pharm)



In this issue:
Read about our new Baby Friendly status!

New Drugs for women

Buyagra: Stimulant to be taken prior to shopping. Increases potency and duration of spending spree.

Jackasspirin: Relives headache caused by a man who can't remember your birthday, anniversary, or phone number.

St. Mom's Wort: Plant extract that treats mom's depression by rendering preschoolers unconscious for up to 6 hours.

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St Andrew's Baby Friendly Status



[Sister Sejoseng and Sister Gule with the award](#)

We are proud to report that our hospital is now one of 25 health facilities, which are baby friendly in KZN. This means that we promote breast-feeding and love babies. We were assessed on 2 & 3 September 2003, and passed on our first attempt. You can see our awards hanging proudly in the maternity ward. Kangaroo keep their young close to their body in a pouch; similarly, Kangaroo Mother Care promotes the skin-to-skin care of the baby. The more often your baby is closer to your body; a stronger mother to child bond develops. This maternal bond is important for the development of the child. The Kangaroo Mother Care Programme forms part of the Baby friendly initiative and is now running successfully. Our well - established

Breast-Feeding Programme passed with flying colors on its first assessment. We are now on a baby friendly Hospital and promise to maintain the standard. Colostrum is the first milk in the breast from the 1st to the 4th day after delivery. It contains important nutrients and anti bodies from the mother, which help in the development of the baby's immune system. So all your mums out there keep your newborn babies close to you, and remember breast milk is the best milk.

Antenatal services are now available weekly on Tuesdays for first visits only.

PMTCT (prevention mother to child transmission) programme is well established and deals with HIV positive pregnant mothers.

Maintenance



New Human resources:

Painting, lighting and carpeting have been completed. There are however a few things that need to be done, although the staff can now occupy the building. A follow up will be done to determine any extras that need to be done.

New Road:

Work has commenced but is still far from completion.

New Training Center:

Painting has been completed although the floors and lights still need to be done

New Transport and Security Building:

Work on this building is now 90% complete. The building team is working hard to complete this. All work should be completed within 3 weeks.

Mr Ogle and his team are once again busy renovating and maintaining our hospital.

HOSPITAL CHOIR



Mrs Ntleko and Mr. Cele accept award from Mr Mathaba of Head Office

Our talented choir has excelled once again. They participated in the provincial choir competition in 2003 and was placed 2nd. Head Office was here to present a trophy for the second time. They were impressed with our constant success and encouraged us to continue. The aim of this competition was to promote team effort and bring entertainment to the staff. Well-done nightingales, and all the best for 2004!

Mrs M. Mfeka

CELEBRATIONS

COHSASA CELEBRATION ON 11 DECEMBER 2003

The hospital staff were treated to a celebration of our COHSASA accreditation success. It was indeed an exciting event with Zulu dancers from the community to entertain us. The staff were also treated to the harmonious voices of our talented choir.



Makosi Tshomela's Zulu dance troop

The guest speakers for the day were, Mrs Zuma (Quality Assurance - Head Office), Mrs Sokulu (Nursing Director – Regional Office) and Mrs Webster (Quality Assurance officer- Regional Office). Mrs Zuma congratulated us on our success and highlighted the importance of every staff member working together to improve the services and standards of our hospital.

COHSASA accreditation certificates were handed to 18 service elements. Recognition of achievement by specific individuals and departments goes to:

- **Batho Pele facilitators:** CPN Tshongweni
Mr Charles Greeves
- **ABET tutors:** Nurse Maqwathe B.N
Nurse Dlomo N.
- **Hospital Choir:** Mr Mbotho
Choir Conductor Mr Nkanana
- **Baby Friendly Team** P.N. Sondzaba N.O.
Ms Robin Semple (Dietician)
- **Typists** Ms Phumzile Mayeza
Ms Thandi Didi
- **Task team for the newsletter.**

New Additions

TRAUMA / CRISIS CENTRE

St Andrews Hospital has opened a crisis center, in December 2003 next to the T.B office. The center is open from 7:00 to 16:00 Monday to Friday and there are counselors available 24hours.

It deals with both patients and staff that have been subjected to any form of abuse such as rape, suicide or domestic violence. They also help those with psychosocial problems such as: stress, depression, and H.I.V/AIDS related problems.

The office promotes the welfare of people within the hospital setting, so everyone is welcome. They adopt an open door policy, which means that no one is turned away.

Social worker- Ms Y.Z Dlulane, and Forensic Nurse-Sister N.C Mchunu are qualified trauma counselors at the center, and will be visiting schools and churches to inform the public on the services available.

SERVICES AVAILABLE

- Information
- Counseling
- Assessment and treatment
- After care and support services
- Orphan care and support
- Victim empowerment
- Perpetrator rehabilitation, anger & conflict management

Trained trauma counselors are available 24 hours, so feel free to approach them.

St. Andrew's Hospital Board



[Farewell to out going chairman, Mr. Mathee](#)

Currently the membership of the Hospital Board comprises of nominated members from the community who have been accepted by the Provincial Minister of Health. The Medical Superintendent of the Hospital shall be a member of the Board. The Nursing Service Manager is invited to attend the Board meetings but is not a member. The hospital provides the secretarial services to the Board.

The Board is obliged to hold quarterly meetings. The chairman of the Board has the right to call a special meeting of the Board at any time. One of the main functions of the board members is form a link between the community served by the hospital and the hospital staff. It is the Board's responsibility to channel communication between the hospital management and the local community and to liaise with other organizations with a view to assisting patients and staff in areas of special need. In order to achieve this, the Board Members need to become acquainted with the operation of the hospital. Other functions for the Board Members which may include the establishment and administration of a Board Fund, general matters concerning the conduct and management of the hospital, consider and make recommendations in respect of any complaints received and ensure that the matters deliberated at the meetings shall be treated as confidential.

The St Andrews Hospital Board was established in 1985/6 after the hospital was handed over to the Natal Provincial Administration in 1984. During this period it has campaigned on several issues including the provision of an ambulance service, a ramp to the top floor and the upgrading of ablution facilities in the male ward, the appointment of additional staff, the Board having paid additional staff for several years, the up grading of the hospital with TV's for the patients, the intercom system and m-net in the nurse's home. At one time the Board sponsored a paging system for the medical officers. Financial contributions to the upgrading of official accommodation and the provision of a visitor's shelter were also some of the projects undertaken by the Board. The hospital board has always assisted with the provision of Christmas Cheer to the patients. There will be changes to the constitution of the Hospital Board in the future. This will be determined in terms of the New Health Act.

Mrs. J. Martin

New Staff

NEW APPOINTMENTS

Miss N. Mzizi: *Radiographer*

Mr Cele: *Pharmacy Manager*



ASSISTANT NURSING MANAGERS

Matron T Toni
Matron M. Mantanga
Matron N. Molefe
Matron S. Kheswa

WARD CLERKS

S.G. Didi
S.M. Rabi
C.B. Miya
E.M. Adkins
A.M Ogle
B.W. DE Vries



NURSING STAFF

H .A. Godden
T.G. Cele
N. Qhomfa

COM. SERVICE STAFF 2004

Dr. C. Govender: Medical officer
Dr L. Govender: Medical officer
Miss D. Govender: Physiotherapist
Miss B. Barends: Occupational
Therapist

CLINICAL ORDERLIES

N.D. Mbuthuma
V.I. Mbuthuma
B.S. Bilose
L.N. Dlamini
G.N. Matiwane

ADMINISTRATION CLERKS

T.C. Zindela
F. V. Zulu
G.N. Matiwane

FOOD SERVICE AID

T. N. Zulu

CHIEF CLERKS

Mr D. Gounden: Admitting / OPD
Mr C.M. Sosibo: Stores Section

To all staff:

Wishing you a happy Valentine's Day!

From: The news letter team