



# ST AND NEWS

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**MECs Lydia Johnson, Ina Cronje, Sbongiseni Dhlomo and Chairperson of kwaMbonwa clinic committee Mr. Sicelo Mbuthuma unveiling Mbonwa clinic**

**T**he community of Ikhwezi and surrounding areas came in their numbers when MEC Dhlomo official opened Mbonwa and Santombe Clinic. The event took place on the 25th of February 2011 at KwaMbonwa Clinic( Ikhwezi).

It was for the first time in the history of uMuziwabantu Municipality where three MECs visit the area at the time. MEC Dhlomo was accompanied by KZN MEC for Agriculture Mrs. Lydia Johnson and KZN MEC for Finance Ms Ina Cronje.

During the arrival the MECs were welcomed by the excited crowd led by the chairperson of the clinic committee Mr. Sicelo Mbuthuma.

The opening of KwaMbonwa and Santombe clinic was a way of promoting primary health care to ensure that all community members are able to access health services in their areas and not having to worry about transport. Difference government departments such as Dept of home Affairs, EMRS, KZN Transport were also present on the day to provide services to community members.

ST ANDREWS  
HOSPITAL

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# MALE MEDICAL CIRCUMCISION



**Left :Dr Ngoyi with Sr Chamane in action during MMC Campaign, Right: Ms Jele Mr Shodo, Ms Vane, Ms Zwane and Mr “Magic” Mohlaoli are some of the officials who made this a campaign a success.**

**T**he uMuziwabantu boys and men filled the Casualty department when St Andrews Hospital hosted its first Male Medical Circumcision Campaign on the 07th of January 2011.

This follows the call made by “Silo saMa-bandla” King Goodwill Zwelithini of encouraging all men of the province to do Male Medical Circumcision (MMC). MMC is one of the strategies to reduce transmission of HIV/AIDS and other sex related diseases. Fifty three boys were circumcised on this day and health esulation was strengthened on life-style modification including condom use.

St Andrews Hospital feeder clinics played a huge role in ensuring that boys are recruited.

When Staff Nurse Shodo gave health education to the boys he stressed the importance of circumcison, how does the operation take place and most importantly what is expected of them after the operation.

Umziwabantu municipality played a huge role in terms of transportation and catering. EMRS also assisted with transport and ensured that the clients were transported.

The people who made this campaign a success were the hospital management team, uMuziwabantu special programmes unity, EMRS, St Andrews staff and the men’s forum.

MMC is a way for South Africa to decrease its high HIV/AIDS rate as most young males who were circumcised were HIV negative. This will encourage them to stay negative and become responsible men who practice safe sex all the time.

# CHRONIC AWARENESS DAY



**Top Left: Staff Nurse Makhonya, center: Sr Rosho, top right Sr Ntintili and Assistant Nurse Ngubane explaining different kinds of chronic diseases to patients. Bottom left: patients listening attentively to gateway staff during chronic**

On the 31st of March 2011 Gateway clinic hosted a chronic awareness day where Gateway staff educated the patients about chronic diseases such as tuberculosis, hypertension, diabetes mellitus, and epilepsy.

Gateway staff saw that there was a need to have this awareness campaign because patients did not have knowledge on how to take care of themselves when they have these chronic diseases and how to care for their relatives who have these diseases." To prevent hypertension it very important to exercise" explained Staff nurse Makhonya.

## JOKES

*A couple are sitting in their living room enjoying their evening when suddenly a burglar breaks into their home and holds them at gunpoint. He asks them their names as he likes to "know" his victims before he kills them. The wife says "My name is Elizabeth" terrified to death, then the burglar says "I won't kill you because my mother's name was Elizabeth" Then the husband says "My name is Pieter but my friends call me Elizabeth"*

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*A blonde, brunette and redhead are at the top of a burning building, the people at the bottom grab a blanket and shout "Jump we will catch you with this blanket" The brunette jumps but the people swipe the blanket and she falls breaking her back, they shout "Jump!" the redhead says "No! You will swipe the blanket" but people assure her that they will not swipe the blanket and she jumps, they swipe the blanket and she too falls breaking her back. It's the blonde's turn, they shout "Jump! You have to jump" then she says "No, put the blanket down and I will jump!"*

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*A blonde and brunette are sitting in an aeroplane, the pilot sends out a message saying that they have lost the first engine of the plane, but not to worry because there are 3 left, a while later another message comes forth saying the second engine is down too but not to worry there are 2 left . The blonde says to the brunette "If we lose the other 2 engines do you think we will be stuck up here all day?"*

# ZIXOXWA NGEZITHOMBE

## THE OFFICIAL OPENING OF MBONWA AND SANTOMBE CLINIC



THE OPENING OF THE CLINICS WAS A PARTY FROM START TO FINISH! LVOVO HAD EVERYONE DANCING UP A STORM



**NEW APPOINTMENTS JAN-  
MARCH 2011**

<b><u>NAME</u></b>	<b><u>RANK</u></b>
1. Dundraj R (Dr)	Comm. Serv. Dentist
2. Jikaza NP (Dr)	Comm. Serv. Medical Officer
3. Mjuqu AT (Ms)	Comm. Serv. Professional Nurse
4. Mjuqu AT (Ms)	Comm. Serv. Professional Nurse
5. Nyuswa SG (Ms)	Radiographer
6. Radebe AP (Ms)	Comm. Serv. Professional Nurse
7. Schoeman SD (Dr)	Comm. Serv. Medical Officer
8. Shabalala NT (Dr.)	Comm. Serv. Medical Officer
9. Sithole MNM (Mr.)	Comm. Serv. Physiotherapist
11. Ndlovu SP (Ms)	Comm. Serv. Dietician
12. Mkhwanazi PT (Ms)	Lay Counsellor
13. Mbutho BM (Ms)	Comm. Serv. Professional Nurse
14. Mfukuli PF (Ms)	Professional Nurse
15. Mbhele XP (Ms)	Operational Manager Nursing
16. Njomi M (Mr)	Professional Nurse Grade
17. Mwali VJ (Ms)	Professional Nurse
18. Mthembu BM (Mr.)	Comm. Serv. Professional Nurse

**Show your talent**

**YOU ARE MORE IMPORTANT THAN YOU  
THINK**

*Don't ever think of yourself as small and insignificant, don't ever doubt yourself, and don't ever underestimate yourself even amongst the world's kings, queens, presidents and high and mighty people because you are more important than you think.*

*God is our father and He has bestowed His power and purpose within us and when you put yourself down you put down God the Almighty Himself!*

*Look to Him in all circumstances, in happy times and sad times, He shall be faithful unto you if you are faithful unto Him, He shall never leave your side and He shall be your strength when you are weak, your food when you hunger, and your drink when you thirst, your everything!*

*Even the enemy shall perish and fall at your feet while trying to destroy you but fail because of the power of the Holy Spirit. For there is no other name Greater than God our savior whose mercy fell upon us when Christ died on the Cross to set us free from sin.*

*Therefore accept whatever position you hold in life because you are there for a purpose.*

*"The pot shall not be judged by the amount of food it contains but by the number of plates it dishes for"*  
Pastor L Zondi

*By Amanda*

**AWARDED DEPARTMENTS ON INFECTION CONTROL INSPECTIONS FOR JANUARY TO MARCH**

- ◆ PHYSIOTHERAPY
- ◆ MORTUARY
- ◆ DENTAL

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