



HEALTH
KwaZulu-Natal

UMGENI NEWS

ISSUE: 4
FEBRUARY—APRIL 2010



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UMGENI HOSPITAL

Vision

A leading provider of optimal health care services for the mentally challenged individuals with associated physical and behavioural conditions within KwaZulu-Natal.

Mission

To provide sustainable, comprehensive, integrated, efficient and cost-effective quality care directed at improving quality life for the mentally challenged individuals with associated physical and behavioural conditions, based on Primary Health Care approach through district health system.

Core Values

- ◆ Commitment to service excellence.
- ◆ Respect for human dignity, for our clients and patients
- ◆ Honesty, trustworthiness and integrity
- ◆ Maintain open communication, transparency and consultation at all levels.
- ◆ Respect for socio-cultural and religious values
- ◆ Courage to learn and innovate
- ◆ Job creation, poverty alleviation for the betterment of life of citizens of KwaZulu-Natal including the previously disadvantaged groups.

MANAGEMENT OBJECTIVES

1. To ensure continuous implementation of Batho Pele and Patients' Right Charter.
2. To provide high quality care within the available resources.
3. To ensure open communication channels within and outside the institution through Institutional Management and Labour Committee (IMLC) and community representation and other structures thus promoting good clinical governance.
4. To provide competent, multi-skilled, knowledgeable, human resources at all levels through continuous education and training in line with the Skills Development Act.
5. To utilize information gathered to make valid management decisions.
6. To institute a cost-effective finance and risk management system
7. To contribute positively towards fighting poverty, disease and giving hope.
8. To improve infrastructure development towards disability friendly.

The above is reviewed annually

2010 SOCCER WORLD CUP

Wmgeni Hospital also took an initiative of supporting the Bafana Bafana for the FIFA World Cup. This event will be hosted in the African continent for the first time, let alone that we are the hosting nation.

Since we are the hosting nation we need to be proud of this opportunity and welcome all the nations that will be visiting this country during this big event. The students of R.K. Khan Nursing Campus doing 4year course have focused on the 2010 Soccer World Cup as their theme for the therapeutic project. By doing so they also wanted to make the Mental Health Care Users to be part of the excitement for the World Cup.

They have drawn the soccer field, soccer jersey and the soccer ball affectionately known as Jabulani (meaning to be happy). The ball has been named as Jabulani so that the South Africans be happy for this opportunity of being the hosts of such a big event. The Mental Health Care Users have appreciated the initiative done by the students.



From left: S. Govender (student), R. Senjaveraj, B. Cele (student), Mr. L. Ntuli and L.A. Khuzwayo (student) posing next to the soccer field



From left: Sister R. Senjaveraj (Student Liaison Officer/ Training Facilitator and Mr. Ntuli Incharge of Ward 1 for the month of March 2010

Know more about French

FRENCH is a language that is spoken in most countries e.g. France, Democratic Republic of Congo, Gabon, Cameroon, Rwanda, Belgium, Congo, Cote d'Ivoire, Algeria, Morocco etc.

Since it is a language that is spoken in other countries including those that will be participating in the 2010 Soccer World Cup to be hosted by S.A. It is important to be able to communicate briefly with a person who speaks French. You may never know maybe you might find yourself sitting next to the person who speaks French in a stadium watching the game as South Africa is in Group A with France. It can also happen that you meet a person from Cameroon as they will be using Oyster Box in Umhlanga (Durban) as their base camp. Read the following passage maybe it will be helpful when communicating with visitors during the soccer world cup.

Greeting : **Bonjour**

How are you doing: **Comment ça va**

Where are you from? **De quel pays êtes vous?**

How can I help you? **Puis je vous aider?**

What are your expectations for the World Cup as it hosted by South Africa?

Quelles sont vos attentes par rapport à la coupe du monde organisée par la South Africa ?

Which country do you think will win the 2010 Soccer World Cup?

Quel pays croyez vous va remporter la coupe du monde deux mille dix?

Why do you think so? **Pourquoi selon vous?**

Thank you so much : **Merci beaucoup et**

DO YOU KNOW THAT ?

Durban will be hosting 7 matches or games :

1. Germany vs Australia (13.06.2010)
2. Spain vs Switzerland (16.06.2010)
3. Netherlands vs Denmark (19.06.2010)
4. Nigeria vs Korea Republic (22.06.2010)
5. Portugal vs Brazil (25.06.2010)
6. 1 x 2nd round
7. 1 x semi-final

The opening game between the hosting country: South Africa vs Mexico will be at

Soccer City on Friday 11.06.2010

ASK KATHRYN ABOUT SOURCE (information on intranet about 2010 soccer world cup)??????????????????



Moses Mabhida stadium in Durban
Picture by:

ABET NEWS

Ikilasi likaABET liqale kahle ngo May 2009. abantu abadala abafundayo abavela kuma-sections ahlukeni esibhedlela saseMgeni.

Abantu ababhalisile babewu 15 kodwa si-phethe nabafundi abawu 13. Kulowo 13 bawu 5 bebenza uABET Level 1 & 2, bese abafundi abawu 8 bebenza uABET Level 3. Izifundo ebebenza bekuyilezi ezilandelayo: isiZulu, isiNgisi kanye nezibalo. Bafundile ke labafundi ngokukhulu ukuzimisela yize bekuba nezingqinamba ekade sihlangebana nazo njengo kweswela indawo yokufundela kanye nezincwadi ezitholakele ekugcineni ku 2009 kodwa abafundibebengapheli mandla.

UABET Level 1 wona awuzange ubhale ukuhlolwa kwangaphandle (external examination) ngo2009, wabhala eyangaphakathi nabo baphumelela. UABET Level 3 wona wabhala eyangaphandle (external examination- Department of Education). Baphumelela baze bahlumula nangezitifiketi ezahlukeni ngenxa yokusebenza kanzima kwabo nangokuzimisela.

Bayeza ekilasini ngokuzikhandla benze nomsebenzi wesikole

Kulonyaka ka 2010 kube sekuqala kubhalisa abanye abanomdlandla ekuthuthukiseni ulwazi labo ngokwemfundo. Kulonyaka kubhalise abafundi abawu 14 kodwa kwaqhubeka abawu13. Kulowo 13 abawu 5 baku Level 1 & 2. Laba bafundi bazohlolwa ngaphandle (external examinations).

Kuwo lonyaka kuqale ikilasi Elisha uABET Level 4, Bona labafundi bawu 8. Izifundo abazifundayo yilezi: isiNgisi kanye neLife Orientation. Lezi zifundo abaziqalile kukhona esisha esifakiwe (Life Orientation).

Abafundi abayekanga nakulo nyaka (2010) ukufunda ngokuzimisela ngenhloso yokuthola iGeneral Education & Training Certificate (GETC) engaphansi kwe National Qualification Framework (NQF) kuLevel 1. Iokhu kuzobanikeza igunya lokuthi baye ezikhungweni zemfundo ephakeme noma banyuswe ngokwemisebenzi okanye bathuthukise amakhono abo.

**Obhalile: Ms. C.K. Ntuli
ABET Educator**

2010 ABET LEARNERS



Sitting from left: A. Mchunu, T. Mbambe, M. Mshengu, & L. Zuma
Standing from left: Mthethwa, J. Ngobese, C.K. Ntuli (Educator), T. Mdladla & L. Zuma



Sitting from left : S. Mbense, K. Hlengwa, K. Mnikathi, & R. Mbhele
Standing: S. Shezi

MEET OUR COMMUNITY SERVICE OFFICERS

Name: Deona Sewpaul
Age: 22 yrs old
From: Cape Town
Occupation: Physiotherapist
Graduated at: The University of the Western Cape (UWC) in 2009

Why Umgeni Hospital:

I am originally from Pietermaritzburg, so when it came time to decide where to go for my community service year, staying in Cape Town was not really an option as there were too few placements available there. So I chose to leave current home to head back to my former home. Thus I applied to many different hospitals in and around the PMB area, and finally I was placed at Umgeni Hospital.

Initial thoughts/ expectations:

I had no expectation at first as I didn't initially know much about the hospital apart from its location. But through researching on the internet and during my first orientation week here I soon found out that this was a very different institute than the conventional government hospitals I was used to being in. I was very intimidated and nervous as I had never before worked with intellectually impaired patients. I wasn't quite sure how it would be when interacting with them or how I would go about treating them.

However after a spending some time with some of the patients I came to realize that there was no need to be concerned and found that they are all really sweet and funny, and quite delightful to work with. They are not any different than working with patients in regular general hospitals. Shortly after I started at Umgeni Hospital I soon realised that this is in fact a good opportunity for me as I have now got a chance to broaden my horizons and gain experience by working within a different type of institution which is new to me.

“I soon found out that this was a very different institute than the conventional government hospitals I was used to being in”.

The staff here are also all very friendly and helpful and I felt was warmly welcomed by everyone with open arms.



From left: Deona Sewpaul Physiotherapist and Tamlin Smith Occupational Therapist (comm. service)

Article continues on the next page

MEET OUR COMMUNITY SERVICE OFFICERS

Name: Tamlin Smith

Age: 23 yrs old

From: Cape Town

Occupation: Occupational Therapy

Graduated at: The University of Cape Town (UCT) in 2009

Initial thoughts/ expectations:

When I was placed at Umgeni hospital I initially didn't know much about the hospital apart from that it was in KwaZulu- Natal close to Pietermaritzburg. But through reading about the hospital on the internet I thought I had a good idea of the hospitals purpose, until I got to the Hospital for my first week of orientation. When I got to the hospital I was overwhelmed and nervous as there was so much to get my mind around and to do. As time went on and I began throwing everything I have into my work and developing relationships with the staff and patients I came to enjoy my job and everything I am doing. I realised that this is a good opportunity for me gain experience and confidence in my profession.

“But through reading about the hospital on the internet I thought I had a good idea of the hospitals purpose, until I got to the Hospital for my first week of orientation”.

Projects/ responsibilities

This includes:

- * Attending 7 clinics twice a week.
- * Ensuring weekly ward programs in ward 2, 7, 8 and Saamstap.
- * Supervision of Occupational therapy areas.
- * Encourage and implement inward programs for all wards to counteract institutionalisation.
- * Implement a school holiday program for ward 2.
- * Encourage and introduce new tasks and activities for Occupational Therapy patients.
- * Weekly ward rounds

NURSING AUDIT

The Nursing Management conducts nursing audits quarterly. This audit was initiated with the purpose of improving service delivery and to give recognition to those staff that are working hard.

Three audit tools are used namely: Umgeni Hospital Infection Prevention and Control, Nursing Standards and Nursing Audit Tool. The purpose of these audits is to ensure that the clients are serviced in a safe and healthy environment and also to maintain the norms and standards set by National and Provincial Department of health.

The results for the last quarter :	1st runner:	Ward 3	100%
	2nd runner	Ward C	99%
	3rd runner	Ward 8	94,4%

These audits do help because those who obtain positions 1 to 3 always will try to maintain the standard or improve. Then those who don't obtain positions 1 to 3 will work hard for the next audit.

HUMAN TRAFFICKING

What is Trafficking?

Human trafficking is in essence a form of slavery whereby people are forced often through violence or tricked by traffickers to leave their home, family and work unwillingly as domestics, prostitutes, farm or factory workers or in a various other forms of forced employment. People may be trafficked inside their own countries for example from the towns to the cities or across borders from one country to another.

Why people are trafficked?

Various factors contribute to people falling into the trafficking trap such as poverty, unemployment, oppression, and war. People in such situation become vulnerable to false promises of furthering their education, getting a good job or getting married because often they believe that this will allow them to save money to send home to their family. Where there are strict immigration laws people might seek the service of agencies who claim to be able to help them with travel arrangement and documentation. This often leaves people open to possible exploitation at the hands of traffickers.

Who can be trafficked?

Anyone can be trafficked women, children, men and older person. Men and women are taken from their countries and sold into forced Labour abroad. Young children are often forced to steal and beg, and even sold as child soldiers. Young girls are especially sought after to be used as sex workers and the production of pornographic materials. The younger the victim the higher the price they can be sold.

How does it work?

In most cases people are recruited by illegal employment agencies that provide assistance with travel arrangements and documentation. Sometimes they are being kidnapped, raped, beaten and transported to other countries where they will work. When people reach their destination they often discover that there is no job and worse that the trafficker is demanding that they paid back the initial travel and subsequent accommodation. Amount may be subjected to high interest rates designed to keep victims of trafficking in vicious cycle of repayment where they often earning nothing or very little. Escaping may not be an option because traffickers very often use violence and the fear of death or threats of harm to loved ones to ensure absolute 'control' of their victim.

Precautions to take to prevent Human Traffickers.

- ◆ Never leave your children unattended in the public place.
- ◆ If your child is missing report the case to the police
- ◆ Make sure the job offer is real.
- ◆ Check that the employer is registered company with address and contact details.
- ◆ Make sure you have valid passport and work permit.
- ◆ Make sure you keep your passport and identity documents to yourself not to your employer.
- ◆ Keep in contact on regular basis with the family or friend
- ◆ Once you arrive to your destination call them and give them exact location, address and contact details
- ◆ If the job is overseas, speak to the embassy of the country you are going to and he/she will provide you with emergency number and for them to be alert and being able to track you if something happen.
- ◆ Be the eyes and ears of the community and report such cases..

Number to call to report cases of trafficking is **0800 555 999** or call your nearest police station.

Source: Department of Justice (information submitted by Umgeni Hospital Social Work Section)

EASTER CELEBRATION

On the 1st of April 2010 Occupational Therapy Department hosted an early Easter Celebration for Umgeni Hospital Mental Health Care User's (patients).

The main aim was to orientate the Mental Health Care User's (MHCU's) to the yearly events to combat the effects of institutionalization and promote socialization between Mental Health Care User's and staff.

The hall was decorated with Easter themed props as to orientate them to the event. MHCU's had an interactive discussion as to the meaning of Easter. Some of the entertainment was provided by the MHCU's and Ms. Gwen Sankey (volunteer) gave an Easter sermon. MHCU's were engaged in funny activities like egg hunt games and Easter lucky chairs.



To add value to this day all the patients received Easter Eggs, tea and cake was served. The Easter eggs were donated by the Cordwalles Pre-Paratory School and The Wykeham Collegiate.

The management and staff at Umgeni Hospital appreciates their generosity.

SPORTS NEWS: SPECIAL OLYMPICS

Ngomhla ka 12– 13 March 2010 kwabanomncintiswano (Tournament) yemidlalo yesifundazwe sakwa Zulu Natali seSpecial Olympics. Isibhedlela saseMgeni naso sahlomula kulo mncintiswano ngokuthi kungenele amaMental Health Care Users (iziguli) eziyisihlanu.

Ezinye izikhungo ezaziyi ngxenye yalomqhudelwano (we Special Olympics provincial Games) kwakuyi sunfield Homes (Howick), Ekuhlengeni, Newton School kunye nezinye.

Iziguli zalesi sibhedlela zonke zabuya nezindondo (2 silver and 3 gold) kwi short put, soft ball kunye nomgijimo we 200m. Lokhu kwabonisa kona ukuzimisela kubaqeqeshi. Lemiphumela emihle kangaka ibonise kona ukuthi siyilesi sibhedlela siyakwazi ukuqeqesha abadlali abakhubazekileyo ngengqondo ngezininga lama Special Olympics.

Omunye wababengenele lomncintiswano wakhethwa ukuba ayomela isifundazwe sakwaZulu Natali esifundazweni saseFree State ngoseptember 2010.

Siyabonga kubo bonke abasize iziguli zethu ekuzilungiseleleni ukuthi ziphumelele kule midlalo.

**“Speak when you are angry and you will make the best speech you will ever regret”
Lawrence J. Peter**

EZIVELA KUMHLELI WEPHEPHANDABA UMGENI NEWS

Ndithanda ukubulela umdali othe wandipha ithuba lokusebenza kulesisibhedlela saseMgeni esineziguli ezikhethekile ngokwe sigulo sazo. Ndingalibali nokubulela ngabasebenzi engisebenza nabo. Kulabo abathe banenxaxheba ekwenzeni eli phepha ukuba liphubelele ukuze sandise ulwazi lwethu ndiyababulela ndithi nagamso.

Bese ndibhekise kubafundi baleli phephandaba ndithi ndiyathemba ukuba nizozuza kangcono ngokulifunda kwaye lwamukelekile uluvo lwenu oluhle kunye nolungekho luhle ngoba kaloku sifunda ngempazamo zethu nangalokho esuke singakwenzanga.

Unyaka ka2010 kufanele siwonwabele ngoba kuza iSoccer World Cup ezweni lethu. Kulabo abathanda ibhola lenyawo ndithi zeniyonwabele lendebe ngoba ngeke sazi noma iyophinda ibuye na. Kulabo abathi bona abanaxesha lebhola ndithi kubo mabangalali emqokozweni yonke into inxesha layo.

Ngise kuzo eze bhola ndithanda ukukhumbuza nokuqguguzela abasebenzi besibhedlela saseMgeni ukuthi njalo ngolwesihlanu ngo12:40 sithatha izithombe zeSoccer Friday.

Ndizothanda ukunivalelisa ngokuthi wonke umntu unendima afanele ayidlale ekhaya, emsebenzini, ezicaweni, ekuhlaleni kunye nakwisizwe sethu saseMzantsi Africa. **Ndicela uzibuze wena ukuba yeyiphi oyidlalayo ingabe yenhle noma engekhonehle?**

Miss. A. Mazwana (Public Relations Officer)

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