



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

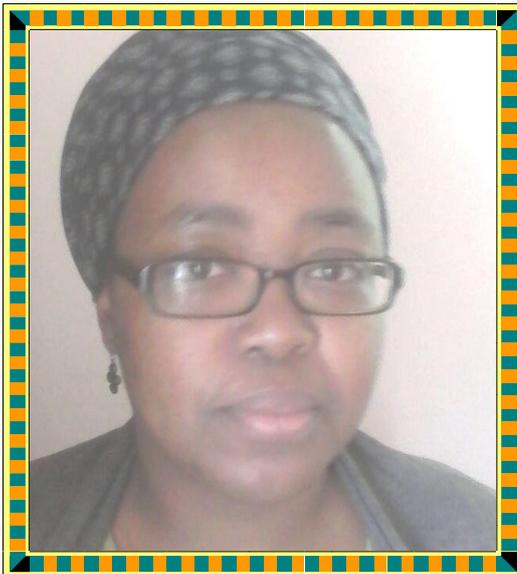
Umphumulo Hospital

Inkanyezi YaseMphumulo

STAY INFORMED

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WORD OF WELCOME BY CEO



DR. N. N. GUMEDE—CEO

I would like to welcome you all in yet another issue of our in-house newsletter. My name is Dr. Nomzamo N. Gumede appointed on the 1st of February 2017 as a Chief Executive Officer of Umphumulo Hospital. I must say it is indeed a great honour for me to be given such an opportunity and being trusted to be the leader of Umphumulo Hospital and all its clinics.

I believe that with the Senior Management team that I have, we will be able to overcome all the challenges we are faced with and also to meet the targets that are set out for the current year 2016/2017.

A lot has happened in the previous year but I am certain that with the current resources and staff, we will be able to reach our goals.

I would also like to take this opportunity to humbly request the participation of all staff during the National Core Standards and Ideal Clinic Assessments as this is part of our daily duties not an add-on as others might feel so.

In closing I would like to take this opportunity to thank each and everyone of you for your endless efforts in ensuring that our patients are given the expected kind of service they deserve. I believe that if we continue working as a team, a lot could be achieved and also portraying a positive staff attitude and practicing Batho Pele principles at all times will help our clients to gain back the strength. THANK YOU !!!



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INDUCTION & ORIENTATION PROGRAMME

Umphumulo Hospital HRD Department is always on track to ensure that all newly appointed employees and those who are transfers from other institutions are well capacitated about the operations of Umphumulo Hospital and its clinics.

This is done in terms of Induction and Orientation where all Senior Managers and Supervisors introduce themselves to the new staff and explain to them what is being done in their departments. This year's orientation took place on the 8th of February 2017, at the Lecture Hall. Attendants were warmly welcomed by the CEO, Dr N. N. Gumede who gave the background of the hospital as well as the vision and mission . She further encouraged the staff to always ask if they are not clear about anything as her door is always open to everyone. The day continued with presentations from other managers giving information about their departments. The induction proceeded to the second day as there were many presentations.

Attendants were given a chance to ask questions after each presentation , of which was indeed a very fruitful session.

Management would like to express their words of gratitude to Mr. Nzama for his endless efforts in ensuring that new employees are well-orientated.



GATEWAY CLINIC HEALTHY LIFESTYLE AWARENESS DAY

It was indeed a very educative and informative session when Gateway Clinic staff gave different talks to the patients at Gateway Clinic Waiting Area on the 14 of February 2017.

The day kick-started with a prayer, followed by the purpose of the day which was shared by Sister Mbatha. She indicated that the month of February is a Healthy Lifestyle Month as per the National Health Calendar where people are encouraged to take care of themselves so as to prevent diseases such as HIV/Aids, STI's, unwanted pregnancies and other diseases.

Sister Sibisi spoke about different types of family planning methods that are accessible at Gateway Clinic. She encouraged people to use these services as they are free of charge. There was also a demonstration on how to use both male and female condoms which was done by Miss. P. Hlongwa (Lay Counsellor).

The last speech was addressed by Sister Ntinga which was based on the importance of living a healthy life during pregnancy . She encouraged mothers to visit the clinic early , so the baby's development can be monitored at an early stage.



USUKU LOMKHULEKO

Mhla zingamashumi amabili nambili enyangeni ka Ndasa 2017, isibhedlela saseMphumulo saba nomkhuleko wokuvula unyaka owawubanjelwe endlini yokukhonzela ngaphakathi esibhedlela. Lo mkhuleko wawuhlelwe ithimba le - Healthcare Christian Fellowship yaseMphumulo.

Inhloso yalomkhuleko kwakuwukubonga uMdali ngokusigcina ngonyaka ka - 2016, ngokusihlenga kuzona zonke izingqinamba, izingozi kanye nokucela uSomandla ukuba asiphe amandla nothando lokuba nezinhliziyo ezinmnene ekunakekeleni abantu abagulayo.

Kwaphinde kwakhulekelwa nokuba kuphele imimoya emibi kaSathane evunguzayo ezweni nanokuba sinxuse uMdali ukuba ake asixolele ukusivakashela esibhedlela sethu njengoba bese kudlule emhlabeni abasebenzi abaningi izinyanga zilandelana eduze.

Ngalelilanga kwakumenywe abefundisi bamahlelo ahlukeni abasuka kwaMaphumulo namaphethelo, okwakhukhona phakathi kwabo noMfundisi Nzama owu—Chaplian wesibhedlela.

Konke kwahamba kahle ngalolusuku , sibonga kakhulu kulona lonke ithimba elasebenza ngokuzikhandla kanye nabasebenzi bonke ababekhona .



HEALTHY LIFESTYLE AWARENESS DAY

On the 1st of March 2017 Umphumulo Hospital staff embarked on Healthy Lifestyle event organized by Male Ward Staff, which was aimed at improving the wellness of the staff and also to encourage team building amongst staff.

The event kick-started with aerobics, facilitated by our hospital Physiotherapist Miss Petty. Participants seemed to have a great interactive session. After that 30 minutes session they had a stretch break before proceeding for 5km fun walk / run.

After the walk there were different talks including the one by our Dietician, Miss R. Joshi. She emphasized about the importance of living a healthy lifestyle by drinking water, eating required portions of healthy food, fruits and also to have enough 8 hour sleep. Joshi also touch-base on the issue of regular exercise. Lastly she encouraged them not to smoke and not to drink alcohol.

Miss Mdladla from Old Mutual Finance gave a talk on financial literacy. She explained the types of investments, savings, funeral plans and educational plans they offer as an authorised service provider. The first 3 winners both males and females were then awarded their trophies respectively, that were donated by Old Mutual.

All thanks to all the participants and sponsors for making this day possible

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