



U2NGULU NEWS

December 2010

SPECIAL X-MAS EDITION!



COMPLIMENTS FOR THE COMING FESTIVE SEASON!

Wishing you & your family a Merry Christmas and a FABULOUS New Year!

Keep Safe & Enjoy!

Best Wishes

FROM: UTHUNGULU HEALTH DISTRICT
MANAGEMENT



Index of pages

Editorial comments2

District Manager’s comments3

HAST activities4

Flagship5

MCWYH activities6

Quality improvement7

Men’s sector event8

Health promotion & school health8

HR issues9

Farewell and year end function.....9

Editorial comments

The year 2010 has come and gone. This is the time when we reflect on our achievements, setbacks and finish off our projects in preparation for new ones.

I would like to thank the editorial team for their valuable contributions to the newsletter editions published in 2010. I am looking forward to working with you again in the next year, so you have an obligation to keep safe until next year.

Personally, you need to ask yourself if you achieved your goals for 2010 (if you had any), if you didn't achieve all, you go back, trace your steps and see where you went wrong and improve in the coming years.

At work, you need to evaluate your contributions towards service delivery, your relationship with your colleagues and the community at large.

People will be tempted to make new year’s resolutions. Let me tell you this: goals are better than resolutions.

You are more likely to achieve realistic goals. That's not to say you can't shoot for the stars and pursue your dreams; break up your mega goal into smaller, more manageable mini goals, and you're more likely to achieve your dream.

Before stating your goal, write the desired result and then consider what steps could help attain it. Figure out what resources are needed to achieve your goals. Think of what specific action can be taken to reach the goal. Consider how much time can be scheduled daily or weekly towards working on the goal and what would be reasonable to complete in those time slots. Each item needed can be part of the larger goal, with a plan to save or obtain it. After making the list, choose a few activities or needs and state those as the actual goals.

People who desire lasting change will find setting a strategy and plans will turn the desire into reality much sooner than simply resolving to improve.

Good luck in your goal setting for 2011!



District Manager's comments

2010 has come and gone

When we started the (financial) year, we made a resolution to implement the Ten Point Plan and the Budget Speech contents. Amongst the selected strategic aspects of the Ten Point Plan that pre-occupied our actions are the following:-

1. Provision of Strategic Leadership and creation of social compact for better health outcomes:

◆ Topping our agenda was to fill all the vacant posts of CEOs i.e. Eshowe Hospital, St Mary's KwaMagwaza, Nseleni CHC and later Ngwelezana Hospital and the District Office Management Positions.

May I take this opportunity to welcome the following new managers who have joined this working district:

- ◆ Ms JY Dube – Deputy District Manager: Clinical & Programmes
- ◆ Mrs CNN Mkhwanazi – CEO Eshowe District Hospital
- ◆ Mr M Ntombela – CEO KwaMagwaza District Hospital
- ◆ Ms M Cebekhulu – PTA: DHS
- ◆ Mr S Mkhwanazi – Principal Human Resource Practitioner
- ◆ Mrs MT Zulu – PHC Trainer & Development
- ◆ Dr I Popa – Medical Manager: LUDWMH
- ◆ Appointment of the New Hospital Board for Mbongolwane Hospital

The above managers are going to celebrate their first Christmas with us in their new positions and start the New Year full of energy ready to make Uthungulu District a shining star in quality health service - you are all welcome.

2. Improving the quality of health services – whereas Ngwelezana Regional Hospital and Catherine Booth Hospital are our target “Make Me Look like a Hospital” Project, we resolved that all other District Hospitals and the CHC will be enrolled and embrace the project in their Quality Improvement Plan (QIP).

3. Overhauling the health care system and improving its management- Ngwelezana Regional Hospital is under major re-engineering process.

4. Revitalization of infrastructure – Ngwelezana, LUDWM, Mbongolwane, CBH, Nkandla and Eshowe Forensic Mortuary are but just a few active infrastructure projects for 2010.

5. Accelerate implementation of the HIV and Aids strategic plan and increased focus on TB and other Communicable diseases – HCT, MMC and our TB programmes have shown a bill of good health in the district so far. The CBH MDR wards will be operational possibly by February 2011.

6. Mass mobilization for better health for the population

we have hosted a number MMC camp, conducted

community health awareness outreach services, involved aMakhosi, iZinduna, the Flagship Team and other Sector Departments in our community based awareness health programmes. Several launches for Health Promoting Schools were done in 2010. The Men Sector event and our District World Aids Day were a resounding success.

May, on behalf of the District EXCO, District Staff, The District Health Management Team, take this opportunity to thank the Provincial and Local Leadership for their inspirational support to us. Amongst them are the following:

- His Majesty The King – Umthebe weSizwe

- uNdlunkulu wakwaLindizwe
- The Premier : Dr ZL Mkhize
- The Honourable MEC: Dr SM Dhlomo
- The Honourable MEC & District Flagship Champion: ES Mchunu
- Member of Parliament: Mr B Ntuli
- Member of Parliament: Mrs M Gina
- Member of Parliament now Minister of Labour - Mrs M Oliphant
- Minister of Safety & Security – Mr N Mthethwa and
- Local Amakhosi
- The Head of Department: Dr SM Zungu
- The Area General Manager: Dr MLB Simelane
- All the above and other leaders either launched or embraced different projects we held in 2010.

To the above leaders, provincial managers, district managers and managers from other sister districts, district office staff and all UThungulu Health Facilities (including EMRS) – we say Happy Christmas and a Prosperous New Year.

As we enter another Christmas season, we need to ask ourselves: what will this Christmas mean to us?

I hope this Christmas is a good time for everyone; it is time for all of us to be thankful, if not; be hopeful, to do all we can to make this Christmas different by caring for other people, giving, contributing or supporting in any way that we can especially to those that are particularly vulnerable at this special time of year, such as the homeless, and other vulnerable people who are aged, people living with disabilities, ill, live alone and mainly those who are unable to take care of themselves .

I have learnt during this short period when I joined the district, that there is much valuable work being done by people of all faiths and from all walks of life, the good work done by our health care workers, programme managers and all management structures in our district, our stakeholders: Local/District Municipalities, NGOs, Community Caregivers, Traditional Leaders, Business sector, Flagship teams, other sector departments etc, may the togetherness spirit prevail and more efforts be invested in the next year to come as there is still a lot of work to be done in order to achieve the goals that have been set to improve the lives of the communities that we serve, Moreover I am especially grateful to all those in our communities who all year round volunteer and give time to run local groups, social activities and campaigns, who always dedicate their time and efforts regardless of any gains expected, I wish that we may all share the same vision in the goodwill of this time of year. Lastly, I just want to remind all people traveling and visiting our district, a safe stay by taking precautions practicing safe sex, taking care of their children and most of all to use our health facilities for information and health services.

HAST ACHIEVEMENTS: JANUARY - NOVEMBER 2010

HCT

All health facilities developed plans for achieving set targets and identified champions of their nerve centers. DOH district has partnership with municipalities and other Departments to achieve HCT targets at Uthungulu.

Overall HCT target for 5 months

(April-August 2010) : **86 705**

Achievement : 96 157

% Achievement : 110 %

Uthungulu District is leading in HCT programme in the whole of KZN.

MMC

MMC: male medical circumcision is conducted at hospitals, local tertiary institutions and local prisons to accommodate inmates.

A total of 10 camps have been held in 2010 with great success.

Between March and August 2010- **1 333** medical circumcisions were performed. (Forceps guided: 895; clamp: 438)

Initiation of ART at PHC facilities

The HAST unit has a roving team that assist with initiation of ARVS at PHC level. The team has visited 24 clinics since their employment in October 2010, and is currently servicing clinics under Nkandla, Mbongolwane and Ngwelezane.

Only one team is complete and comprises of: medical officer, dietician, enrolled nurse, pharmacist assistant, data capture and a counselor. Interviews have been conducted to increase the number of roving teams to 3.

The team has initiated 36 individuals to start ARV treatment from end of October to end of November 2010.

Patients are also advised on how to maintain an ideal body weight and management of the disease with relation to nutrition. Underweight patients receive intervention according to their classification.

Build up events prior to the world aids day celebrations.

At all these events, health screenings are conducted. MMC has also been included at some of these events.

- ◆ HCT at kwanaloga games
- ◆ Male sector event held at Dondotha and Nse- leni
- ◆ Buchanana event on 19-11-2010
- ◆ HCT at the one child one fruit tree launch at Eshowe on 03-11-2010

EVENT AT UNITED CONGREGATIONAL CHURCH (UCC) - 12 DECEMBER 2010

The event was graced by the presence of the Head of Department of Health, Dr S. Zungu, District Health management and health care workers from different facilities.

The aim of the event was to raise awareness on 27 males were circumcised, 49 people counseled on HIV, 11 Screened for TB, 45 seen at the eye clinic and 32 were screened for nutritional problems. It was noted that of the 32 people screened for nutritional problems, 09 people were found to be severely obese, and all 09 were females.



FLAGSHIP PROGRAMME

Flagship was launched in 2009 and Uthungulu District is the leading District in the implementation of the programme.

These are few of the reasons for the success of the program:

- ◆ Passion showed by people working on the ground
- ◆ Good team work
- ◆ Support and participation of the Premier, MEC champion, HOD champion, District Management
- ◆ Active involvement of the Provincial Convener
- ◆ Hard working District task team
- ◆ Good communication channels
- ◆ Had local participation in planning
- ◆ Support from all the key stakeholders and key individuals
- ◆ Public services week activities also help in marketing the programme
- ◆ Placement of cadres at the University through flagship

TURN AROUND STRATEGY

Build to increase coverage to other wards based on lessons learnt

Develop ward based plans from the District plan developed

Build capacity of the task teams in M&E, Programme implementation and skills transfer

Increase coverage into other wards - since marketing was done well - use more of skills of people on ground to transfer skills, capacitate officials of other wards.

Develop District Communication Strategy

Increase contributions by non- governmental sector

Approach around improving data collection, management etc with senior district official - build capacity for reporting.

Enhance localization, ownership, community monitoring of the programme through integration of Forums into Flagship Strategy



UTHUNGULU DISTRICT WORLD AIDS DAY CONFERENCE 2010



The 2010 WORLD AIDS DAY for the Province of KwaZulu - Natal was held at Kwa -Mbonambi and the host for this major event was Umfolozi Local Municipality.

Message from the KZN Premier, Dr Zweli Mkhize: "The Campaign to fight HIV and AIDS and TB should start in every household. Each one of us should stop HIV & AIDS and TB.

The MEC for Education, who is also the flagship champion for Uthungulu District, stated that each and every Ward should embark on a campaign to fight HIV & AIDS and TB.

The Leadership in the Ward should lead the fight against HIV&AIDS and TB.

The Leadership should also drive the Behavior change messages in the communities.

The MEC stressed the need for the acceleration of the Flagship Programme and the need for the Government to intensify the fight against disease, including HIV/ AIDS, TB, hunger and other social ills.



Above: Learners from Nhlabane Primary School who recited the HIV and AIDS Poem during the World AIDS DAY

**"JOIN THE CAMPAIGN FOR AN
HIV- FREE GENERATION"**



MCWH ACHIEVEMENTS

A machine to assist in early detection of cancer was donated to this District by Broad Reach (NGO) during the launch of the PhilaMa project that was held at Empanjeni in August 2010. The machine is stationed at LUDWMH

There has been an increase of 20% in cervical cancer screening since the launch.

All women 30yrs and above and those at risk are advised to have pap smears done at 90% of health facilities to screen for cervical cancers. At the end of the first quarter, the District is planning to roll out the pap smear screening to 100 % of the facilities.

The District is at 95% testing for HIV at ante natal services.

QUALITY IMPROVEMENT INITIATIVES

Make me look like a hospital project

Institutions that were selected to participate in the project include Nsingweni clinic, Nseleni CHC, Catherine Booth Hospital. Ngwelezane hospital was already on board.

These institutions mentioned above are expected to use the baseline information collected in order to improve on the provision of quality services.

Plan for 2011: To roll out the project to all institutions in Uthungulu District.

PHC client experience survey

This survey was conducted with the aim of identifying gaps in provision of PHC services and addressing them. This survey was conducted in 36 PHC clinics.

Gaps identified were:

Poor communication

Lack of cleanliness in some areas

Lack of client understanding of the complaints procedure.

The District quality coordinator will be working closely with the institutional quality coordinators to address the gaps identified.

Plan for 2011: Survey to be conducted in all facilities bi-annually.



MEN'S SECTOR EVENT - 16 November 2010



The district hosted a men's day event on 26 November 2010 at Nseleni Sports Ground during the 16 days of activism/ campaign against women and children abuse. The objectives of the event were to:

- Raise awareness among men about actions and practices leading to women and children abuse
- Reinforce the protective role played by men in their families and in the community pertaining to crime prevention, drug abuse, physical and sexual assaults

Encourage men to play a visible role in prevention of STIs including HIV and AIDS through behavioral change.

The event was attended by more than 1200 men from the district. MEC for Health blessed the event as the Guest Speaker. He emphasized the importance of men protecting women and children and not abusing them. He also talked about rape, hijackings and knowing HIV status.



The event started with a walk around Nseleni area (see above).

Health promotion and school health programmes



ESSAY WRITING PROJECT

- Through partnership, NGO like SASA (South African Sugar Association) trained 73 high school educators on the topic "How do I assist my school to become a Health Promoting School using Nutrition?"

Total number of schools that participated in the project is 14

Facilitation of essay writing by Grades 8&9 learners, 200 essays written

Grade 9 from Manxele High School (Uthungulu District) attained Position 1 in the whole area, obtaining 86%

Plans for 2011: To enroll at least 25 schools in the project

HPS LAUNCHES

Launched 5 schools this year

Plans for 2011: To conduct awareness in collaboration with other Departments

ORAL HEALTH

1 000 Toothpaste and toothbrushes procured and distributed to 35 schools with demonstration of tooth brushing technique.

Plans for 2011: To capacitate School Health Nurses in Oral Health Programme

SCHOOL HEALTH SERVICES

52 schools visited for routine screenings and interviewed 3092 Grade 1 learners



HR ISSUES

New appointments:

Eshowe hospital CEO



Nqobile Mkhwanazi, above, was appointed at Eshowe hospital as a CEO. She is a mother of four and was working at Bethesda hospital as Nursing manager. She was born and bred at Eshowe. **This is what she had to say about her appointment as CEO:** *'I am glad to join the mighty Uthungulu Health District Team. Coming back to work in this District is like coming back home, hoping to show with the team the good experiences and practices learnt from Umkhanyakude District'.*

Planning, Monitoring & evaluation—District office



Above: Ms M. Cebekhulu, PTA, DHS; Mr S. Mkhwanazi, PHRP (Principal HR practitioner)

ARV Roving team - District office

A team comprising of a doctor, a dietician, pharmacist assistant, lay counselor and data capturer was appointed.

FAREWELL FUNCTION

&

YEAR END FUNCTION

The office invited those that had retired from this office to thank them of their valuable contribution towards service delivery.

The function was coupled with the year end function, to thank the existing District office staff for their commitment and dedication to service delivery.

The message of the day from Rev Dlamini read 2Timothy 2:15 " *Make every effort to present yourself before God as a proven worker who does not need to be ashamed, teaching the message of truth accurately*'. The Rev said: We need to stop complaining and do the work God gave us. We are here because God chose us to do the work. It is because of His love that we are here, it is not that we are better than others.



Mr Mthiyane (above) and Mrs Nxele (below left) retired from the service and were excited to be part of the team for a few hours.





Top and Bottom left Pictures: Cnslr, Mayor: Mnqayi of uMhlathuze Municipality, UNdlulunkulu weSilo uMaNdllovu, Mr MM Zungu, The District Manager of UThungulu Health District and a member of the community receiving a birthday cake and garden implements;

Bottom Right : UNdlunkulu, Mr D Mtshali of the District Health Office, Cnslr, Mayor: Mnqayi handing over the garden implements to the community member of the Umhlathuze Village.



The Eshowe Hospital Management joined the MEC for Health: Dr SM Dhlomo, Member of Parliament: Mr Ntuli, Councillors of UThungulu District Municipality and uMhlathuze Local Municipality, Mr MM Zungu: the District Manager of uThungulu Health District, Radio DJ of uKhozi FM: Linda Sibiya, TV Actor who plays Paul Mashaba on Generations in the handing over of gifts to patients at Eshowe Hospital on the Nelson Mandela Day.