



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

VRYHEID DISTRICT HOSPITAL

INQOLOBANE

NEWS

STAY INFORMED

SEPTEMBER 2017

VRYHEID DISTRICT HOSPITAL



PHARMACY WOMEN COMMEMORATING WOMEN'S MONTH



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FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

KZN HEALTH MEC HAS PRAISED THE PROFESSIONAL NURSE WHO ASSISTED A WOMAN TO GIVE BIRTH TO QUADRUPLETS



Ms Simphiwe Buthelezi who delivered the babies taken with Ms Zama Gule caring for the quadruplets.

A Professional nurse Ms Simphiwe Nomali Buthelezi from Vryheid hospital has received a pat on the back for what has been described as a “miraculous” delivery of quadruplets.

A 30 year old Jabulile Sangweni gave birth to quadruplets without complication; three girls and one boy. Ms Sangweni, who is originally from eDumbe, was brought in by an ambulance from home on the 30th of August 2017, at 07:30 with labour pains. She had been attending antenatal-classes at eDumbe mobile clinic .

Ms Sangweni was pleasantly surprised at the birth of her four (4) babies as she was only expecting one (1).

“I honestly didn’t know I was carrying four babies. I was surprised when the nurses told me I was carrying more than one child. I was really not expecting it. I didn’t know what to say. I was shocked, but I’m excited now.” said Ms Sangweni.

The first baby was male and was delivered at 08:00, weighing 1370g. The second baby was delivered at 08:05, weighing 880g. The third baby was delivered at 08:10, weighing 940g and the last female baby was delivered at 08:25, weighing 1100g.

Describing the ordeal, the professional nurse, Ms Simphiwe Nomali Buthelezi, says, “ When I

arrived in the ward, we examined the mother and discovered that indeed there might be more than one baby in her. We then helped her deliver the second baby. We were quite surprised to learn that there was a third baby still coming. We then helped her deliver once more. Now, according to our training, triplets are far more common than quadruplets, so it would have been easy to assume that the third baby was the last, and that she had had triplets. But when we checked, we discovered a fourth baby. We were truly, truly surprised.”

KwaZulu-Natal Health MEC, Dr Sibongiseni Dhlo-mo, said, "I would like to congratulate and thank Ms Simphiwe Nomali Buthelezi and her team for the sterling job. A surprise of quadruplets in a district hospital being so well-managed is a miracle. We wish both the mother and the babies a good life."

The MEC, however, issued an appeal to all pregnant mothers in the province to start ante natal care early for optimal care of mothers and their babies .

“It is a miracle that the mother was able to deliver the quadruplets without incident," Dr Dhlo-mo said.

She is recovering well and her four babies are receiving medical attention from the Vryheid Hospital medical team.

KZN HEALTH MEC HAS PRAISED THE PROFESSIONAL NURSE WHO ASSISTED A WOMAN TO GIVE BIRTH TO QUADRUPLETS



From left to right: OM Hlengiwe Myeza, EN Simphiwe Mntambo, ANM Jane Khumalo, CEO Fikile Nge-ma, ANM Thoko Caluza



From left to right: Ms Jabulile Sangweni taken with the staff from Maternity as well the Management of the Hospital.

THE HOSPITAL BOARD APPRECIATED VRYHEID HOSPITAL MATERNITY AND POST—NATAL WARDS



Ms T. C. Mdlalose—Chairperson of the Hospital Board

Vryheid District Advisory Board would like to highly appreciate dedication and commitment displayed by Vryheid District Hospital Staff, Maternity Ward Staff in particular for successfully assisting the patient by the name of Jabulile Sangweni from eDumbe to give

birth to four (04) babies within a very short space of time.

The Staff have made us proud in our hospital and has proved that we have Professional Staff that is mature enough to execute their duties under extreme conditions.

We understand that it was not going to be easy to perform such delivery, particularly for a patient who only new that she was going to deliver one baby.

We would like to encourage pregnant women to make sure that they visit antenatal clinics as accordingly advised by the nurses.

For the safety of the mothers and babies. Pregnant mothers are to use the MomConnect programme as advised by midwives.

Mothers must make sure that the road health cards are kept safely. On discharge from post-natal ward, parents should register the babies with home affairs service provided in hospital.

HERITAGE DAY CELEBRATION 2017

South Africa is blessed with rich, unique and diverse cultural heritage embraced by various cultural groups.

As Vryheid Hospital on the 21st of September 2017, we joined the rest of South Africans in celebrating the annual Heritage Day and the diversity of cultures in South Africa. The theme for this year's celebration was **"The Year of Oliver Reginald Tambo: Celebrating our Liberation Heritage"**.

For Vryheid hospital and clinics staff, there was a competition amongst different components of displays of cultural stalls and cultural

regalia. The event was planned to be held concurrently with the Hospital Board Meeting for the Hospital Board Members to take part and judge the stalls and activities.

CDC came up tops, followed by Human Resources and Paediatric Ward was the second runner up. The QA Manager aka the resident comedian Ms N. P. Mazibuko and team entertained the audience to some stage play.

Diverse cultures came together, staff was dressed to the nines, great African cuisines were shared as well as African songs and cultural dances. What a time to be alive!



CDC CAME UP TOPS



HUMAN RESOURCE FIRST RUNNER UP



SECOND RUNNER UP PAEDS WARD

HERITAGE DAY CELEBRATION 2017



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3.



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1. Ibutho from HR Section
2. Pharmacy Staff
3. Female Surgical Staff
4. OPD
5. Maternity Ward
6. Female Medical
7. CDC
8. Casualty Department

HERITAGE DAY CELEBRATION 2017



1.



2.



3.



4.



5.



6.

1. OPD
2. Post Natal Ward
3. Laundry Staff
4. Male Medical
5. Maidens during the reed dance
6. Revenue Staff
7. Fuduka Clinic Staff



7.

PHARMACY WEEK 2017



Snothile Gabela, Lungani Ndwandwe and Philani Nhlayiso taken with learners from Mpofini High



Philani and Max Sithole a health education on effective use of medicines at the taxi rank

Annually National Pharmacy Month commemoration runs for the whole of September. The aim is to extend the awareness to improve consumer awareness of the crucial role pharmacists play in their daily healthcare needs, and to promote an understanding of the importance of pharmacists in the provision of quality healthcare.

The main theme for this year's Pharmacy Week was **Don't wait – vaccinate**. Pharmacists were encouraged to promote the importance of vaccinations in safeguarding the health of the country as a whole. To start kick start the week, under the mentorship of Max Sithole (Pharmacist) and Sphamandla Makhoba (Comm-Serve Pharmacist) the pharmacist interns at Vryheid had a day of extensive health education on vaccination and immunization.

Expecting mothers at Labour ward including those at Waiting Mothers lodge as well as mothers at post-natal ward were the main focus of the day. The focus was also on the community in the waiting areas as well as the staff at the hospital as people or have family members who use medicines.

The pharmacist interns at Vryheid Hospital had a plan that focused on spreading the messages of how vaccines provide immunity from many infectious diseases and help pre-

vent the spread of serious diseases, some of which can have fatal consequences.

Plan for the week included visiting the taxi rank, the high schools, the warrooms and old age home. The Department partnered with HST as well as Medipost in ensuring that messages on effective use of medicines are covered. Medipost mostly wanted to ensure that the communities are benefitting from the CCMDD programme and are aware of how it operates. The CCGs were also roped in as one of the messengers of the Department at the community level.

Having obtained a Pharmacist Sphamandla Makhoba from Mpofini the local High School, it was time for him to give back to the community by sharing the knowledge and motivating learners from his former school to dream big and hopefully pursue careers in the Health department.

Philani, Snothile and Lungani also left no stone unturned in educating them on issues affecting them i.e. dual protection, CTOP, substance abuse. The weeks events were a huge success and an amazing experience for the Pharmacists in progress. The pharmacy staff supported and from the Pharmacy Week Event, Pharmacy Thursdays were born where staff will wear pharmacy t-shirts and intensify education on effective use of medicines.

PHARMACY WEEK 2017 IN PICTURES



Operational Manager Sihle Ngcobo giving a talk on MMC to the taxi drivers that came in numbers



The Chairperson of the Board Ms T. C. Mdlalose also took part in educating the patients in waiting areas.



The team invaded the taxi rank and they were noticed.



Pharmacist Sphamandla Makhoba former learner at Mpofini during question and answer sessions.



Lungani Ndwandew giving the health talk on chronic conditions at KwaMnyathi Warroom



Pharmacy Team joining in the activities.

HEALTHY BABY COMPETITION AT VUMANI



Above left: Winners under 2 years category



Above right: Winners from age 3—5 years

Vumani Clinic community KwaMnyathi is blessed with the functional warroom where community issues are deliberated on by the community that seeks visible change and accountability from different departmental leaders.

With the community like that, it's encouraging because Government Departments can rely on the support of the community in ensuring that they perform at their optimum level.

The bonus is knowing that there is an aware community measuring your performance besides your employer, so it keeps you on your toes.

That is how Vumani Clinic fight against some of the challenges faced by the clinic regarding the community of Ward 5 KwaMnyathi. It is by engaging the community in solving issues affecting them.

One of the challenges identified by the clinic was non attendance of under 5 mothers to the clinic thus depriving their babies their

right to health.

To encourage the mothers to attend the clinic, the Clinic organized a Healthy Baby competition to that was held on the 25th of August 2017. The theme for the competition was: **“A Healthy Baby, A Healthy Nation”**.

Over 70 mothers with their babies entered the competition. Upon assessment, mothers were subjected to one on one consultation with judges scrutinising their babies' road to health cards. It was a golden opportunity to have identify challenges and address them on the spot.

The judges were led by Mr D. Tshidzumba who is the EPI Coordinator for Abaqulusi Health Sub-District who encouraged all mothers to ensure babies get all their immunization.

The Community Care Givers also gave a stage play portraying the advantages of breastfeeding.

It was a beautiful day at the clinic with young souls that are usually restless having a wonderful time in the presence of each other.

HEALTHY BABY COMPETITION AT VUMANI



1.

1. Operational Manager Sr Nandipha Yoyo giving the purpose of the day.



2.

2. Vumani Staff led by Sr Mary Buthelezi entertaining the audience with songs and dance.

3. Hampers for the winners

4. Judges during the one on one assessments with entrants

5. Osingabo reciting a poem for the audience

6. It was time for the voshos and gwaragwara

7. CCGs doing a stage play on the importance of breast-feeding.



3.



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WOMEN'S HEALTH MONTH AWARENESS AT HLOBANE



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2.



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4.

1. Hlobane staff singing a breastfeeding song that they composed.

2. Inkosi Mthethwa giving his speech

3. Programme Director Mondli Shelembe taken with Ms Mbatha from Humana

4. Sr Mahlinza demonstrating breast checks to the audience

5. Ward Councilors Mdititi Ntombela and Amos Masondo checking their vital signs.

They say a problem shared is a problem solved. The community of Hlobane had one of the most successful problem solving moments when they held a Women's Health Awareness Day event on the 18th of August 2017 at Driefontein.

As August is commemorated as Women's Month the focus of the awareness was to deliberate on the issues that affect the women in the communities served by Hlobane Clinic which include Wards 5, 6, 7.

Inkosi Mthethwa, Izinduna, Local Councilors from the community as well led the community in seeking all the information they can get from the health workers on improving the lives of their families and the community they serve.

Having lost a mother Her Majesty Chief Mthethwa to diabetes, Inkosi Mthethwa urged the community to take medicines properly and do as told by health

workers to improve their lives. He urged the women of the his community to treat women with the highest regards as the mothers of the nation.

Ever so informed Councilor Mdititi Ntombela of Ward five (5) appreciated the effort by the Department of Health to improving the lives of the people. He expressed his heartfelt disgust at the manner to which women are treated in the community by the very same men that are supposed to be protecting them.

Health workers took turns in educating the community on Breastfeeding, Male Medical Circumcision, Cancer and Substance Abuse. SAPS and Department of Social Development were amongst the Departments that were sensitizing the community on women and children abuse. It was very cold but the community withstood the chilly winds to get the information they need.



5.

HPV CAMPAIGN



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1. Sr Jabu Khumalo from School Health Team with the Mondlo Family Health Team during the HPV Campaign. 2. Learners asking questions on the campaign. 3. Sr Sokhanyile giving health education on HPV prior to the immunization. 4. Soul Buddies also assisted during the campaign.

H PV 2nd round for 2016/2017 ran from 22th August 2017 to the 28th of September 2017 and was completed well.

Numbers of Schools=120
 School coverage=100%
 Learner coverage=93%
 Enrollment=2128.

Challenges: rate of absenteeism still high especially during pension pay days.

Some parents still refusing their kids to get immunized due to some misconception that

their children will be exposed to various diseases or become sexual active.

Some are staying with grandmothers who themselves need permission from children's parents who are not even around as they are staying far from them. Others do not want health workers to immunize their children and they don't have any reasons.

Lack of knowledge is being addressed prior to the start of the campaigns by engagements with parents and explanations to the pupils before they get immunized.

BREASTFEEDING AND CHRONIC DISEASES AWARENESS



Breastfeeding mothers who graced the event.



The Operational Manager, Ms Hlengiwe Mngomezulu giving the talk on chronic conditions.

On the 04th of August 2017 Fuduka Clinic in partnership with Humana People to People Organization held a breastfeeding and chronic diseases awareness event at the clinic.

The aim of the event was to strengthen the messages of breastfeeding in the community of Fuduka and the surrounding areas as well as to make community aware of chronic diseases and maintaining healthy lifestyle in ensuring reduction of chronic conditions.

Breastfeeding mothers attended the event in numbers and were awarded certificates for breastfeeding. To ensure that the community benefits, the event was planned on the day of social grants for pensioners because Fuduka Community is scattered but on the day of payment of social grants they come in numbers and converge at a pay point next to the clinic.

Under the umbrella of OSS LTT other supporting departments were also there i.e. Home Affairs, Social Development and SASSA. Health Systems Trust informed the youth about the advantages of circumcising. Organizations that deal with issues that affect women were also there to let the community understand how they work.

Humana also shared knowledge on the cheaper ways to make toys for the children using recyclable waste that is found in the house.

The day was a huge success. As always the local Izinduna and Clinic Committee members were part of the event. The community had nothing but praises for the services that are rendered by the clinic and noted with gratitude the relationship they have with the Department of Health at Fuduka. Sr Hlengiwe Mngomezulu was commended for the sterling job.



The community doing exercises to avoid getting sick.



Poncilia—Humana Project Manager explaining how Humana supports the community and the Department.

WOMEN'S MONTH MESSAGES



Above: Ntokozo Nxumalo—Finance Management Officer



Left: Max Sithole—Pharmacist and Mfundo Zulu—Pharmacist Assistant



Middle Left: Skhumbuzo Dlamini—Maintenance Middle Centre: Siyabonga Sangweni—Informatics Middle Right: Musa Mndaweni—Informatics Bottom Left: Trevor Zondi—Operational Manager—CDC



In the patriotic society, it is so heartening to see men who take time to appreciate the strength of a woman without fear of diminishing their own. Public Relations Office took rounds gathering the feelings expressed by men regarding women in their lives be it at home or in the workplace.

The role of the woman was pronounced as very vital as the creators and the nurturers. All men agreed that the mistake that the society and the women make, is they often under estimate the worth of a woman.

CARING ANGELS EXTEND THEIR CARING HANDS



His Caring Angel is a group of Christian ladies from Vryheid community with the passion for the neonatal babies and making change in other people's lives.

For the month of July they visited the hospital's Post Natal and Paediatric Wards bearing gifts for the neonatal babies and mothers in the wards.

Staff were not left behind as they also received chocolates from the ladies. Over 80 gifts were given to the clients. Together twice a year, His Caring Angels commit to make the same donation for the neonates at the Hospital. The gesture is humbling and very much appreciated.

Above: His Caring Angels taken with the Hospital PRO Nqobile Mbatha

Below left: Peggy Beetge organizer presenting the chocolate to the staff member

Below right: Happy clients with a gift from the ladies.



VRYHEID BOXER MANDELA DAY GESTURE

For Mandela Day the 18th of July 2017, Vryheid Boxer blessed the patients at the Paediatric Ward with a gigantic Mandela Day cake.

The cake was so huge both the staff and the patients had a lot to nibble on.

Long live the spirit of Nelson Rolihlahla Mandela. Long Live!!!



OUTREACH TEAM VISIT TO ESIGODINI AREA



Above Left: Rev Khobe from Sivusimfundo Organization opening with the prayer sitting next to the President of the organization Mr S. V. Mtshali

Above Right: Mondlo Youth Centre Operational Manager, Sr Thembile Gamede

Right: Sr Jabu Khumalo from School Health Services addressing the audience.



The Sivusimfundo Organisation based at the community of Esigodini in Mvunyane having identified the social ills affecting the community invited the School and Family Health teams to the campaign to fight against such.

The event was held at eSigodini Community Hall on the 06th of July 2017. The Sivusimfundo is a Faith Based Organisation founded on the Christian Values and guided by the Christian Principles consists of members from the different Christian Dominations in Mvunyane Area.

The issues that were the major concern for the community were teenage pregnancy, high crime rate, high rate of school drop-outs and cohabiting. School Health Team led by Sr Jabu Khumalo, Mondlo Family Health Team Members Sr Sokhanyile and Nokubonga Ntuli as well as Operational Manager of Mondlo Youth Centre Sr Thembile Gamede were amongst speakers on the day that were sensitising the community on health related issues.

Sr Jabu Khumalo made the community aware that it will take them as the community to hold hands and fight the social ills by making effective use of Government Departments and starting with making things right at their own homes. Sr Gamede also requested the community to encourage the youth to attend the youth centre as most issues are fought there. She also urged the older generation to be open-minded when it comes to the issues of the youth to ensure that we raise a health younger generation. The PRO, Ms Nqobile Mbatha also took a chance to inform the community about the Departmental bursaries to assist the youth in matric and those out of school.

The event aimed at involving the men in the community as leaders who will steer change in their community. The community Induna Bab' Buthelezi was there encouraging the men to be the agents of change in the community of eSigodini.

HALADU SCHOOL VISIT TO THE HOSPITAL



Haladu Primary School pupils being addressed by the staff at the Paediatric Ward.

In Zulu we say “libunjwa liseva” which means a child must be shaped at the early stages because it is not easy at the later stages or the older they get.

As part of the Department of Education’s ‘My Future, My Life’ campaign, Vryheid Hospital hosted 90 pupils from Haladu Primary School in Nkande.

The campaign which was founded on the faith that if young people are motivated to believe in their dreams and have hope for their future, they will be inspired to take personal responsibility for their education and sexuality, and may be active participants in the fight against HIV and Aids, teenage pregnancy and substance abuse.

Staff took turns in explaining different career options to the very attentive young audience. Health education was also given to them especially. The emphasis was on hand washing and healthy lifestyle.

Since it was during the Child Protection Week, they were also addressed on issues of sexual abuse and molestation. It was an interesting visit. Having faith that future doctors and nurses that were there, will one day testify that it all started with the visit to Vryheid Hospital on the 30th of May 2017.



Young generation of future leaders doing walkabouts



After a long day of having a taste of the workplace.

MY LIFE MY FUTURE

MY LIFE MY FUTURE

MY LIFE MY FUTURE

HEAD: HEALTH SURPRISE VISIT LOUWSBURG CLINIC



Head: Health Dr S. T. Mtshali taken with the staff from Louwsburg Clinic as well as the District Director Mr S. V. Vilakazi and Hospital Management

One of the most wonderful things that could happen is to be found to be in a good standing by your employer. That is exactly how Louwsburg clinic staff felt when without any announcement in came the Head: Health himself bearing only the compliments from the community of Louwsburg regarding the clinic.

On the 27 May 2017, Dr S. T. Mtshali who is the OSS Zululand District Champion was attending an OSS DTT meeting where the Development Committee in the area had so many requests for the community and compliments for Louwsburg Clinic.

Ever so modest Dr Mtshali assured the committee and the community that the employees are doing what they get paid for however the community stressed that staff was going beyond the call of duty. They also reported that they are proud of the clinic and how it has placed Louwsburg on the map by doing so well with ideal clinic nationally.

Having heard the good reports about the clinic, Dr Mtshali accompanied by the District Director, Mr S. V. Vilakazi visited the clinic to thank the staff for doing the work that the community recognises and appreciates. Upon arrival at the clinic unannounced he was so stoked to find motivated and focused youth busy with their Adolescent and Youth issues. It is clear that Louwsburg Clinic is excelling with ideal clinic from the way the clinic catchment population owns the clinic and takes pride in it.



Dr Mtshali addressing the youth he found at the clinic.



Dr Mtshali thanking the staff the clinic for the job well done.

MASON STREET AYFS VISIT TO VRYHEID PRIMARY SCHOOL



The team doing vital signs screenings



Ms Khethiwe Khumalo, Ms Thobile Gebashe and Ms Otty Fakude

On the 29th of August 2017, Mason Street Clinic visited Vryheid Primary School with an aim to market and extend Adolescents and Youth Friendly Services for the catchment population of Mason Street Clinic.

The talks were covering the importance of oral hygiene and pubic stage.

Grades that were seen were 3 and 4. All children were screened on TB, hypertension, diabetes mellitus.

The team was led by Sr Otty Fakude and she was accompanied by Sr Khethiwe Khumalo, EN Thobile Gebashe and Sanele Mvelase from Health Systems Trust.

MEDIA MONITORING

Hats off to Vryheid Hospital

VRYHEID Herald reader, Celeste dos Santos, was so impressed with the Vryheid Hospital during a recent visit, she wished to share her experience to dispel any fears residents may have about cleanliness or service.

"Last July, my husband suffered a convulsion while driving and had to be rushed to the Vryheid Hospital for emergency treatment. Even though the doctor on call seemed passionate and dedicated, I was appalled by the condition of the hospital. There was a terrible odour and the place looked filthy.

"When I had to take a family member to the hospital recently, I was amazed by the transformation. There must be new management

at the hospital. The floor looked clean enough to eat off, the cleaners were regularly removing the waste from the bins, and the bad smell was gone. Furthermore, the staff were friendly, the doctors were passionate, and the security guards were pleasant and helpful.

"In an emergency, you are always taken to the closest hospital. I just want the community of Vryheid to know that if they are taken to Vryheid Hospital, I am confident that they are now in good hands. There has been a massive improvement and I can see that the staff is committed to saving lives regardless of race or creed. I take my hat off to the new management."



Kate Brand

2 hrs · 🌐

Re: Vryheid Hospital Loos. Yes, it was me who showed you all the disgusting public ablutions at our hospital. I was there again on Monday, but unfortunately I didn't have my phone to take more pics. It was 10 to 3pm & had another look. Pity no pics cause this time I'd like to congratulate the management & staff on the hard work they put in to clean up the loos, put in toilet paper & lo & behold, there was even running water! Thank you for your effort & here's hoping the loos look the same each day now.

INTERNAL SOCCER ZONE



Medical and Allied winners for the Champions League



Finance winners for the League Season

SOCCKER INTERNAL LOG

<u>NO</u>	<u>TEAMS</u>	<u>P</u>	<u>W</u>	<u>D</u>	<u>L</u>	<u>GF</u>	<u>GA</u>	<u>GD</u>	<u>PTS</u>
1.	FINANCE	4	4	0	0	10	4	6	12
2.	POST CONSTRUCTION	4	3	0	1	11	5	6	9
3.	SYSTEMS	4	3	0	1	7	5	0	9
4.	MEDICAL/ ALLIED	4	2	0	2	8	5	3	6
5.	SECURITY	4	2	0	2	9	8	1	6
6.	NURSING	3	1	0	2	4	5	-1	3
7.	INTERNS & INSERVE	3	0	0	3	3	10	-7	0
8.	LEGENDS	4	0	0	4	3	12	-9	0

PLEASE NOTE CHANGES TO BE MADE

POST CONTRACTORS vs NURSING 29 August 2017 @13h00 referee (Medical / Allied)

INTERNS/INSERVE VS POST CONTRACTORS 30 AUGUST 2017 @13H00 ref (SYSTEMS)

MEDICAL/ALLIED VS FINANCE 31 August 2017 @13h00 ref (Post Contractors)

WOMEN'S PARLIAMENT AT MONDLO STADIUM



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