



WENTWORTH FOUNTAIN

HEALTH
KwaZulu-Natal

November/December 2008
Volume 1 Issue 09

THE LAUNCH: MASIBAMBISANE GARDEN

Masibambisane clinic officially launched its garden on the 13th of November 2008. This



Dr. Ramdeen, Medical Manager during the official garden opening.

vision was nurtured a while back and with great assistance from Engen (Oil Refinery) and ELET (Environment and Language Education Trust) the dream became reality.

The purpose of the project is to assist in providing food security for patients, skills

training in basic horticulture to volunteer gardeners recreational and occupational therapy for selected patients.

There was also a display of indigenous and fruit trees and a selection of herbs and aloes, vegetable seedlings and vegetables.

The project is a Wentworth Hospital initiative, funded by Engen and implemented by ELET

THE GARDEN WORKSHOP

The Environment and Language Education



Joscelin Schikkerling (in white top) from ELET during the workshop

Trust (ELET) recently had its garden workshop.

This was done to sensitize and educate patients and staff on different planting methods,

how to deal with common pest, like aphids, ants and termites.

They wanted to re-enforce the culture of having a vegetable garden at homes as the cost of living has risen tremendously.



A number of people attended the garden workshop

CATERING DEPARTMENT AWARDS ITS STAFF

The catering department recently showed how much they appreciate and treasure the input of their staff over the recent years by rewarding due excellence to its staff. It is easy to overlook the amount of effort that goes into ensuring that patients receive food on time and in good condition.

This department also caters for members of the public and the staff.

It was amazing to witness the amount of team spirit that exists in this department and this only bodes well for the institution, for when there is low morale it can result in negative consequences.

The management was also present to grace this occasion. Windy Mazibuko (manager) thanked her staff for their commitment which they have showed thus far. The highlight of the day was the awarding of certificates to all staff for outstanding service.



1. Dr. Kader (Hospital Manager) with Bhekabantu Sishi 2. Dr. Ramdeen (Medical Manager) with Isaac Ngcobo and 3. Mrs. Jenny Labuschagne (Finance Manager) with Zanele award staff with certificates in conjunction with Windy Mazibuko the kitchen manager.

FIRST DIWALI CELEBRATION

The first Diwali celebration was celebrated on the 24th of October 2008. Diwali is the essence of triumph of the good (positive) over evil (negative). The program consisted of devotional hymns, a discourse on the essence of Diwali and an address by a guest speaker Mrs. Jenny Labuschagne.



Bollywood actresses? Left-Right: Dr. Ramnath, Jane Reddy, Lisa, Sister Bodha, Priya, Jicky, Jothie and Gonam Moodley

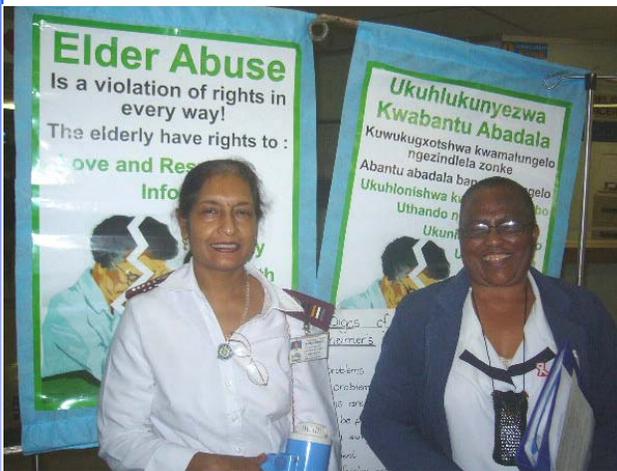


Rajen Pillay from the orthopedics services lighting a candle during the Diwali celebration.

Worth noting was the immense success of the function thus a proposal was made to establish a Hindu Cultural group and hold annual events.

PROTECTING OUR ELDERLY

The Hospital had an awareness campaign on the protection of the rights of elderly citizens. It has long been shown that this category of the population usually suffer tremendous abuse in silence. This was a drive to inform senior citizens of their rights and that they are also protected under the constitution. The different forms of abuse that afflict the elderly were also highlighted and the necessary steps that they should take if they are victims of this scourge. The institution decided on this campaign because of the increase of emotional, physical and sexual abuse of the elderly. This campaign was spear-headed by Sister Bodha from Health Promotion.



Sister Bodha (left) and Annalene Ngqaimbane during awareness day.



DIABETIC DAY

The health promotion department had a diabetic awareness day. This is a programme that champions the idea for the public to be constantly aware of their health. Patients answered to the call and arrived in huge numbers to have their sugar levels tested. The patients were very attentive to the advice given on the day. There was also free vision screening exercise that encouraged the public to have their eyes tested so as to seek immediate assistance if problems are detected as diabetes is one catalyst for poor vision.



Jackie doing a sugar test to one of our patients during the awareness day.



Sr. Bodha with one of our patients after her eye test.

OUR FUNCTIONS IN PICTURES



They say a picture is a thousand words. These pictures highlight some of the functions we have had. 1. Dr. Ramdeen and Matron Mchunu during the catering awards day 2. Cebi, Dr. Ramnath and Mrs. Gill on the garden opening day 3. Jenny, Sandia and Fiona Booyesen 4. Sr. Bodha and Jothie. 5. Mel and Vashnie Beharie. 6. Mel Geleyn , Lisele and Laura during Mel's farewell. 7. Some of the staff and community members who attended the gardening opening. 8. One of the community members with Bonga (red t-shirt) during the garden workshop. 9. Children's day celebration in C4.



CHILDRENS DAY CELEBRATION

The children's, Ward C4 had a children day celebration. This day was specially celebrated so as to educate, inform and instill to parents the importance of such a day. They (parents) were educated on children's rights and responsibilities. In her speech, the sister in charge of the ward pleaded with parents to take extra care of their children. To protect them from any form abuse which could be emotional or physical. All the guests were treated to a beautiful lunch.



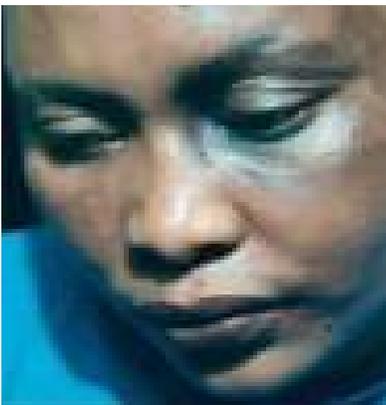
Staff from Ward C4 partake in the celebrations with the excited little kids



The ward staff choir belts out a few harmonious melodies in honor of this day

DON'T LOOK AWAY, ACT AGAINST ABUSE

The 16 Days of Activism is an international campaign against violence against women and children, run from the 25th of November to 10 December annually. Wentworth Hospital commemorated this day by educating patients on different kinds of abuse and on where to get help.



A battered woman, Many females are abused but few cases are reported

The social workers spoke about different types of violence and on how to get a protection order. This talk was done in both Zulu and English so as to cater for all our clients.

Violence can be physical (punching), sexual (rape) and verbal (threat to harm, repeat insults meant to demean and erode self esteem, financial (taking away a woman's wages or other income and even emotional. When someone is being abused she can report it to the relevant authorities like the police, social worker or doctor etc.



Demonstration from the social workers and the health promotional department



EAST COAST RADIO VISIT

Christmas came a bit too early for our C4 ward children. Santa Clause came to the hospital not in his or her usual attire. He came in a form of East Coast radio crew who visited the pediatric ward on the 10th of December 2008.

The Durban's radio number one station came bearing gifts for our young ones. It was a humbling experience to witness Joy and happiness written on their faces when they were given their presents. East coast managed to put a smile on the little faces that are too tired to smile as they delivered a ray of light and a moment of joy to the children. The management and the staff of Wentworth hospital would like to thank East Coast radio and individuals who donated towards this initiative on their generosity, thoughtfulness and time.



From L to R: East Coast radio crew after they had delivered the presents, East Coast radio crew with some of the recipients.

TAKING THE BULL BY THE HORNS

Members from our ARV Clinic (Masibambisane) have put together an arts and crafts group which supplies traditional accessories and attire. This business idea was formulated by three highly talented ladies from our clinic in a bid to eliminate poverty and forwarding the message of Vukuzenzele. The quality of merchandise that this group produces is truly magnificent and goes to show what can be achieved with a little teamwork and dedication.



These ladies did not allow the trials of life to put them down but utilized the talents they acquired as kids to supplement their incomes. This was all achieved with the encouragement of Sister Damane (sister in charge) and Nondumiso Vilakazi the resident social worker.

Members of the arts and crafts group display their exquisite wares as Sr. Damane (second from left) and Nondumiso (third from left) look on.

WENTWORTH DEPARTMENTS LET THEIR HAIR DOWN

Different departments had their farewell functions to celebrate the end of the year. This is all good and it gave staff the opportunity to reminisce about the year and further bolster their relationship as colleagues. The X-Ray department had their end of year and awards day. Mrs. Moodley (Radiography Manager) surprised her staff by awarding her staff with certificates.



Cheers to the year: The X-Ray staff during their end of year party

The staff were awarded with certificates as a token of appreciation for the good work they had throughout the year. The following certificates were awarded: Mr. T.V. Magwaza was given for good improvement in the execution of all duties given, Ms. K. Govender was awarded for promoting team spirit and creating a harmonious working environment. Mrs. S. D. Sithole was awarded for good effort in the promotion of Batho Pele principles and Ms. Van Der Merwe was awarded for diligent in compliance with Quality Assurance programmes. Certificates of achievements were given to the following, Ms. Z. Maseko and Ms.

N. Sikwebu for both successfully completing a B. Tech (Radiography)

MASIBAMBISANE CHRISTMAS PARTY

The Masibambisane clinic had a Christmas party for the children who attend their clinic. This was held on the 18th of December. An NGO called the Help Foundation was also present and had with them presents which were given to all the children who attended. This organization pulled all the stops for this function from the splendid refreshments right to Bobby The Clown. The clinic's resident doctor got into the swing of things and donned her own very enterprising wig. The little kids brought the house down by taking everyone way back in singing old folk songs and performing exciting dance moves.



1. Dr. Ramnath in her gear for the day 2. Some of the children who attended the party 3. Veni, Michelle and Bobby the clown from the Help Foundation.

CHRISTIMAS GREETINGS

“All is not lost just because of a few missed opportunities. Some of us may not have met all our goals for 2008 and broken the resolutions we had taken but this should not be a damper for 2009 but a lesson in ensuring that we do focus in what ever we do and aspire to achieve”



As the year comes to another close the Public Relations department gratefully pause to wish the staff and our clients a blessed, safe and happy holiday season. May the year ahead bring joy and all the good things you wish for.

*W*entworth Fountain is an official publication of Wentworth Hospital, compiled and edited by the Public Relations Officer, Carol L. Dlamini and PR intern Rodney Moore. Suggestions to improve this publication are welcomed. They can be sent via this email address: carol.dlamini@kznhealth.gov.za or hand delivered to the PRO 's office.



Fighting Diseases, Fighting Poverty, Giving Hope