

DISTRICT OFFICE'S LONG SERVICE AWARDS

Communications and Human Resources Office organized the long Service Awards function for the District Office. This event was held on December 11, 2009. The Human Resources and Communications offices felt that the employees who have consistently served the government for 20-30 years needs to be awarded. There is a saying in English which says " Recognition be given to those who disserves it" .

This event was very interesting because even staff members that were not awarded were there to listen to motivational words from the Guest Speaker. These types of events are not only for those who are being awarded but they are also for those who still want to long serve in the government sector.

It is very important to have a passion for the work that you are doing. When you have passion it becomes very easy to dedicate yourself to the duties that you are assigned to" do said the Speaker of the day, Mrs. C.P. Mbatha. She then thanked those who received the awards for devoting their time by working for the Department of Health. These people have been so loyal to the department, never betrayed the department , they have always been there even under difficult situations. When you are at work there are times where you even think of resigning because of work related pressures but these people have instead absorbed the pressure and



The District team that received the awards. From left to right, Ms. T. Makhunga, Mrs. L. Dlamini, Mr. M.E. Dlamini and Mr. E.E. Zondi.

continued with their duties. She also pleaded them to always pray and thank God for this wonderful time that he has given them. This is a Blessing because there are others who were with them but they have not made it to this far. Others died, others moved to other Departments and others resigned. She then motivated those who also want to serve for long time should just follow on the steps of the ones that are awarded today. In her closing remarks she stated that receiving these awards do not mean that they have achieved everything but she told them that there is still a lot to do. The Communication Office would thanked the awarded employees. "This Department has

Been blessed to have you because you have shown your commitment and loyalty to the department of Health. Karl Max says " happiness does not come from the commodities that we consume but from the work that we do".

Mr. J.B. Thusi (District Office Manager), took this opportunity to pass on a Christmas message to the staff members. He started by throwing a word of apology for those that did not make it to this day because of some job related reasons. He then wishes all District staff members Merry Christmas and prosperous New year. "We all know that the year 2009 had so many challenges but fortunately we were able to manage under those conditions said Mr. Thusi. He then encouraged people present to have good resolutions for the year ahead.

DIABETIC DAY AT UMDUMEZULU CLINIC



Diabetic patients having lunch after the Diabetic Awareness day at Mdumezulu Clinic

by telling the patients to make sure that they do exercises. She said that will allow their blood to flow easily.

Sister Cele followed by telling the patients that the aim for the event was to make those who are living with diabetes to live a happy life. She said she wants them to become the loving and sharing family even living with diabetes. She said diabetes has made some people to forsake life and wait for themselves to die. She said patients must eradicate false beliefs. She said it is not a curse. She said diabetes comes when the body is unable to make insulin as a result blood glucose cannot move to your cells.

Towards the end of the event patients were given the opportunity to ask question. During the time for the questions patients asked as many questions as possible. All these questions were attended to and all response were positive. All those who attended the event were asked to go out to the community and talk about this chronic disease and recruit other diabetic patients to join the support group.



According to the department of Health calendar, the 9th to the 14th of November is regarded as the diabetes week. On the 10th of November the District Office organized the Diabetes awareness day which was held at Mdumezulu Clinic. The people who attended the event are those who have been diagnosed as

diabetic. Diabetic Nurse, Sister Mlotshwa told the patients about the importance of going for a check-ups on monthly bases. She said it is important for them to join the support group. She also advised them to do exercises. Mrs. Buthelezi from the Zululand Health district supported Sister Mlotshwa

DON'T ALLOW YOUR NEGATIVE EXPERIENCES TO IMPRISON YOU

1 Chronicles Chapter 4

Verse 9: There was a man named Jabez who was more honorable than any of his brothers. His mother named him Jabez, because his birth had been so painful.

Verse 10: He was the one who prayed to the God of Israel "Oh, that you would bless me and expand my territory, please be with me in all that I do and keep me from all trouble and pain". And God granted him his request.

The name Jabez is not a good name as it means "pain",

and it is believed that people's names use to follow them or haunt them till death if they don't allow the blood of Jesus Christ to disconnect them.

One thing I like about Jabez is that he realized that only God can disconnect him from this name that was given to him by his mother after a painful birth.

Mostly it is our backgrounds that hinders us from reaching our success and dreams.

We don't have to allow our backgrounds to dictate our lives and to arrest our future.



Mr. M.C. Mthembu :District Supply Chain Management Prac

In this upcoming year allow Jesus Christ to disconnect you by His blood from the spirit of your family curses, misfortunes,

Continues in page 4

UBE YIMPUMELELO UMGUBHO WOKUKHUMBULA LABO ABAHAQWE NABAHLUKUNYEZWE ISIFO SENGCULAZI



uNdunankulu waKwaZulunatal uDokotela Zweli Mkhize ethula inkulumo yakhe yosuku endaweni yaseNsukazi ngenkathi kuwusuku lokukhunjulwa kwalabo abahaqwe nabahlukunyezwe yisifo sengculazi

Lubukeka luzoba impumelelo uhlelo lokusebenzisana kweminyango kaHulumeni esifundeni sase Zululand. Lokhu kuvele emicimbini engaphezu kowodwa eseyike yenzeka yokuyisa uhulumeni kubantu ikakhulukazi labo abadla imbuya ngothi.

Ngomhlaka 03 December 2009 iminyango kaHulumeni iholwa uNdunakulu wakulesi sifundazwe uDkt Zweli Mkhize ivakashele ku Ward 6 endaweni yase Nsukazi esikoleni Prince Nqengelele ukuzoqwashisa ngegciwane lengculazi kanye nesandulela sayo. UNdunankulu uyena okhomba umhlahlandlela njengoba ehola ithimba laseZululand kanti bahlukaniselene izifunda nabanye oNqongqoshe.

Ibamba bukhosi lesizwe sakwaButhelezi uMnumzane J.P Mtshali wamukela uNdunankulu nezihambeli zonke, wachazela uNdunankulu indlela abadinga

ngayo ukuthi babe nesibhedlela sabantu abakhubazeke ngenqondo.

Ethula inkulumo yakhe yosuku uDkt Zweli Mkhize wathembisa ibamba bukhosi ukuthi basezinhlelweni zokuthi sibe khona isibhedlela sabantu abakhubazeke ngenqondo njengoba besadingida udaba lokuthi kube yisibhedlela iSt Francis esenza lowo msebenzi.

“Abantu abayeke ukulibala ukulwa bebanga ipolitiki kodwa abalwe negciwane lengculazi nesandulela sayo, bazibheke ukuthi bangazinakekela kanjani uma sebehaqekile. Uma kukhona abaseduze kwabo abahaqekile bangababandlululi kodwa babathande babanakekele”. Kuqhuba uNdunankulu. Uqguqguzele umphakathi waku ward 6 ukuthi bahlangane benze amaqembu okusekelana ukuze banakekelane. Umakhelwane

kumele akwazi ukuvuka ayobheka umakhelwane ukuthi ukutholile yini okuya ngasethunjini ukuze aphuze amaphilisi. UNdunankulu uphinde wagcizelela ukuthi abantu abashadile noma abathandanayo kumele bakwazi ukuvulelana izifuba bakhulume ngobudlelwane babo. Ephetha inkulumo yakhe uveze ukuthi babalelwa ngaphezu kwezigidi ezingamashumi ayi -88 abantu esebadlula emhlabeni ngenxa yalesisifo kusukela ngonkanyaka ka 2004 kuya ku 2009.

Lomcimbi ubuhanjelwe u Nksz Nomsa Njoko ophila nalo leligciwane. Enika inkulumo yethemba utshele abantu abebhebeke umcimbi ukuthi impilo iyaqhubeka noma umuntu ephila naso isandulela segciwane lengculazi.

Umunumzane Cebisa Michael Dladla osbenza esiBhedlela e Nkonjeni utshele umphakathi wakuleya ndayo ukuthi yena usephile negciwane lengculazi iminyaka eyishumi nanye njengoba wazithola ukuthi unalo ngonyaka ka 1998. Uthe yena akukaze kumphazamise ukuba naleligciwane njengoba eyiqhuba kahle impilo iyakhe. Uthi usanda kuthola iziqu zakhe zobufundisi. Uqhuba wathi usazoqhubeka nokufunda ngoba uzi-bona eya kude kakhulu.

Abakwa South African Breweries (SAB) ababeyingxenywe yalomcimbi banikele ngesheke lika 100 000 wamaradi. Lemali izosiza labobantu abaphila naleligciwane. uNdunankulu kanye neminyango kahulumeni bakuthakasele kakhulu lokhu bathembisa ukuthi lemali izosebenza ngendlela okuyiyo ukuze kufezeke izidingo zabaswele. Lelisheke lamukelwe ngundunankulu uDkt Zweli Mkhize phambi komphakathi obuphume ngobuningi bawo ukuzozizwela.



UMKHANKASO WOKUNAKEKELWA KWEMPILO YEZINGANE



Omama bebephume ngobuningi ukuhambisa izingane zabo ukuyothola usizo lweZempilo.

Ezokuphepha, Ezenhlalakahle noMnyango Wezasekhaya. Umnyango okwakuyiwona owawuhola lomkhankaso kwakunguMnyango weZempilo. Umnyango weZempilo wawuzobheka uphinde ungenelele ekunakekelweni kwezingane ezisencane ikakhulukazi ezineminyaka engaphansi kweyisihlanu. Umnu Z.B. Khumalo osebenza eHhovisi lezokudla esifundeni seseZululand wabalula ukuthi ngalolusuku bafuna ukubheka ukuthi ngabe izingane ziyagonywa yini, uma kukhona imigomo eyazeqa kuqikelelwe ukuthi ziyayithola kulomkhankaso. Njengoba sazi ukuthi iNingizimu Africa isemkhankasweni wokulwa nesifo sengulazi. Ngalo lolusuku kwakunamathende okuhlololela izifo ezahlukahlukene kubalwa nalo igciwane lesifo sengculazi. Maphakathi nomcimbi kwafika ababevela ohlelweni olusiza imiphakathi yaseNingizimu Afrika ngolwazi lweZempilo. Loluhlelo lubizwa Nge **“Mawuzwe Mom & Baby Edu Show”**. Inhloso yaloluhlelo ngukufundisa abantu ukuthi bakwazi ukunakekela izimpilo zabo. Babe sebefundisa umphakathi wakwaCeza izinto eziningi okubalwa kuzo indlela yenhlanzeko nokuhlunjwa kwezandla. Loluhlelo luxhaswe ngavakwa Detol. Ngasekugcineni bapnikezela emiphakathini ngamabhuku.

Undunankulu wsifundazwe sakwaZulu Natal uDkt. Z. Mkhize usungule uhlelo ulusha lokusebenza (Flagship), kuloluhlelo kuhlangu yonke iminyango kaHulumeni isebenzisane ukuze kusizakale imiphakathi eyentula izinsiza zikaHulumeni. Ngomhlaka 10 December 2009, iminyango kaHulumeni eyahlukahlukene yayisendaweni yakwaCeza ku Wadi- 1 ngaSombimbini.

zikaHulumeni. Kwakuneziteshi ezinhlanu ouzyizikole ezingaphansi kwayo yeleWadi. Isiteshi nesiteshi sasiza abantu abakhele leyondawo esikuyo. Umphakazthi wawuphume ngobuningi nokukhombisa ngokusobala ukuthi ngempela uyaludinga loluhlelo losizo lukaHulumeni. Iminyango eyayikhona kwakunguMnyango weZempilo,

DON'T ALLOW YOUR NEGATIVE EXPERIENCES TO IMPRISON YOU

unforgiving heart, jealousy, selfishness, loneliness, sorrow and all kinds of pain you have experienced in the past. He will transform you by His mighty and supernatural power into a new creature. If you are not passionate, if you don't have faith in God's word and don't believe in the name of Jesus Christ, you will live in the nest and being fed with same troubles forever. Don't be limited by your background or pains your parents suffered like Jabez' mother, don't be limited by what people think of you and how they describe you. As the year will begin very soon stop

fearing and explore new things. There're no rewards without risks, failure lies in not trying. Turn your set-backs into stepping stones because failure is not the end but it is the beginning of new things. Your storms for 2009 are over it was just a season that was set to pass by you not to stay with you. Now is the time to burry memories of the past that enslave you and focus to your goal. God granted Jabez his request therefore nothing can stop him from granting you and me ours as long as

we have the identity of Jesus Christ. Stop whining and pray, just be patient, don't give up easily the answer is on the way. Remember He is God the Provider.

This Christmas don't forget that there's a poor family just near you that will not celebrate the festive season, make them happy, present them with something special that will cheer them up and God will double your blessings.

I Wish You a Merry Christmas and Prosperous New Year.

God Bless You.

“UMUZI NOMUZI AWUTSHALE OKUNGENANI INGADI EYODWA”



Kusukela kwesobunxele: Imeya yakwaNongoma, usekelaMeya waseZululand noNdunankulu wakwaZulu Natali bekhombisa umphakathi indlela yokulima ngemikhono.

UNdunankulu uDokotela Zweli Mkhize wavakashela indawo yaseSovana KwaNongoma ngo mhlaka 17 Novemba 2009 ezoxoxa nomphakathi ngesimo sempilo obhekene naso. Okokuqala wahlangana nabaholi bomphakathi ukuze babeke izinkinga umphakathi obhekene nazo.

Udkt. Nlovu owayekhishwe nguNdunankulu ukuyokwenza ucwaningo wbeke isimo somgwaqo njengeninga enkulu. Waveza ukuthi ibhuloho lingaba yisisombululi ngoba uma lina izulu izimoto azikwazi ukhamba kahle .

Waveza nokuthi abamhlophe bamapulazi sebezidedile izinkomo zabantu bezithumba bese befuna isizumbulu esikhulu semali ukuzidedela. Waveza nokuthi umahamba nendlwana ufika kanye ngenyanga endaweni. Wakhala nangamanzi aphuzwa wumphakathi abolisa amazinyo ngenxa yokungalungeli ukuphuzwa.

Kwalandela Inkosi uZulu yaKwa-Mandlakazi khona kwaNongoma nayo ekhale ngokusweleka kwemitholampilo endaweni. Yaveza nokuthi amanzi umphakathi uwaphuza nezinkomo.

Waphinda waphawula ngokwesweleka Kwemisebenzi okuholela ekutheni umphakathi uziphilise ngokulima izitshalo ukuze ikati lingalali eziko.

UNdunankulu esephawula ngalesisimo, wayala umphakathi ukuba uqaphele isifo sobhubhane ingculazi. Wabe esetshela umphakathi ukuba ukhuthalele ukutshala izitshalo umuzi nomuzi. UNdunankulu wabe esehambela imizi emibili esondelene nalapho kwakwenziwele khona umcimbi.

UNdunankulu waqala emuzini wakwa Mthimkhulu lapho kwabonakala khona ukuthi badonsa kanzima ngasesimweni sezomnotho. Elinye lamalungu omndeni lalibambekile lilele cansini phansi. UNdunankulu ngokuzehlelisa wangena endlini ukubona isimo sobambekile. Esebone sonke isimo wakhuluma namalungu omndeni wawethembisa ukuthi uzokwenza konke okusemandleni ukuze umndeni uzogcina usizakele. UNdunankulu wabe eseya emzini wakwaNkwan-yane. Wafica beqala insimu enkulu yezitshalo, wathatha igeja wabakhombisa indlela elula yokutshala nokufaka imbewu. Eseqeda lapho wahlangana nomphakathi ngenhloso yokuzokhuthaza umphakathi ukuba ubuyele ekulimeni.

WE ARE ALL LOOKING FOWARD TO SEE 2010 FIFA WORLD CUP

It a great honor to publish *EzaseZuland* every quarter. This is our fifth issue. Please allow me to thank everyone for the support and dedication towards all our issues and not forgetting our Executive Committee.

In few days we will be staring at a new year and I hope it will be our year as we are all excited

about 2010 FIFA World Cup. I would like to thank Sihle Mafambane and Sibusiso Ngubane, guys it has been great working with you in 2009 and I hope we will continue with this spirit in 2010. Lastly I would also like to encourage all staff members to live **Batho Pele** and make sure the community is served.



Thabisile Ngcobo Zululand District Senior Communication Practitioner

SIXOXA NGEZITHOMBE

CHRISTMAS PARTY FOR ZULULAND HEALTH DISTRICT



Zululand Health District Staff listening to the speech delivered by Mr J. B. Thusi during the year end party.



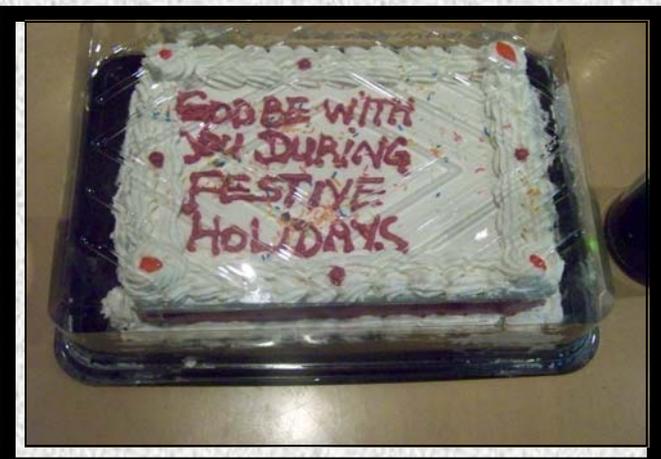
Thabisile Ngcobo handing over the gift to Mr J.B. Thusi during the party.



Staff members were enjoying themselves during the party.



Smangele, Slindile, Thabisile and Nokuphila were the rocking crew of the day.



SIKA LEKHEKHE!!



SIKA LEKHEKHE!!

SIXOXA NGEZITHOMBE

UMGUBHO NOMKHANKASO WOKULWISANA NESIFO SENGCU-LAZI OWAWUBANJELWE KUWADI 6 ENSUKAZI



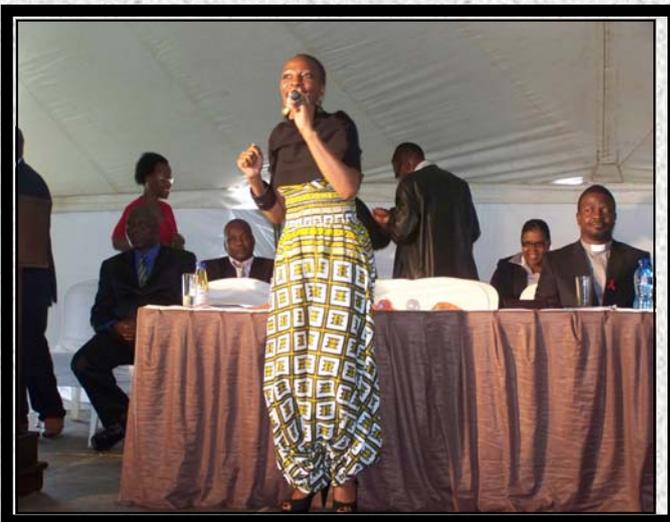
IMeya yasoLundi u Cllr M.J. Luthuli amukele uNdunankulu nezihambeli zosuku



UNdunankulu waKwaZulu Natal U Dkt Zweli Mkhize ethula inkulumo yakhe yosuku



UNkksz Ngobile Hadebe ophuma kwa SAB enika uNdunankulu isheke lika R 100 000.



UNkksz NomUSA Njoko ejabulisa izihlwele zakhe ngomculo wakhe.



Umunzane M. Buthelezi waku ward 6 ehlolela igciwane lengculazi phambi kwezihlwele



U Cllr F.L. Buthelezi waku ward 8 ehlolela igciwane lengculazi phambi kwezihlwele

EZEMIDLALO



Kwakusala phansi indoda emidlalweni wobungani Phakathi kwabafana bomnyango weZempilo nabomnyango Wezemisebenzi kaHulumeni.

Kubukeka sengathi uzobuya umfutho wokudlala ibhola kubafana abadlalela isifunda seZempilo saseZululand. Kuleminyaka edlule umnyano weZempilo ubuhlale uhlela imidlalo yobungani lapho izibhedlela ezingaphansi kweSifunada beziyaye zizwane khona amandla. Ngemuva kwemidlalo yeSifunda bkuyaye kulandele eyesiFundazwe sonke lapho lemidlalo ibisuke yethanyelwe nguNqgongqoshe. Kodwa ke konke lokhu kwabe sekushabalala ngenxa yokwentuleka kwezimali eminyangweni nase-muhlabeni wonke jikelele. Abadlali kodwa bona basenalo lthemba lokuthi kuzolunga lokhu kufakazelwa ngukuthi abayekile

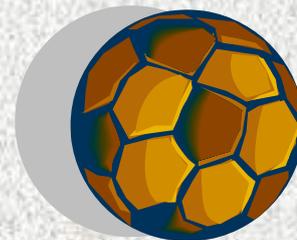
ukufuna imidlalo yobungani neminye iminyango kahulumeni. Abadlali bathi ngeke bayeke ukudlala ibhola ngoba ukuzivocavoca kungeminye yemigomo yeZempilo.

Ngomhlaka 03 December 2009, umnyango weZempilo wahlela umdlalo Phakathi kwawo noMnyango Wezemisebenzi (Works). Lomdlalo wawungehora lesi—16 ntambama enkundleni yezemidlalo yaSolundi. Kwathi usanda kuqala lomdlalo kwavelekwacaca ukuthi kuzodlalwa ngempela lapha. Kwacaca ukukhuthi amagoli azoshaywa maduze. Zathi ziya ekhefini abafana bomnyango weZabasebenzi wawusuhamba phambili

ngamagoli amabili eqandeni. Zathi uma zibuya ekhefini umnyango weZempilo walifaka Phakathi igoli, lokhu kwakubeka obala ukuthi umqeqeshi weZempilo wabe esebanike amacebo amasha abafana bakhe. Kodwa-ke nomnyango weZabasebenzi awuzibekanga phansi ngaoba waphinde waqulela phakathi amanye amagoli amabili. Lokhu kwavele kwacaca ukuthi umnyango weZempilo uzohlulwa kulomdlalo. Ngenhlanhla umnyango weZempilo waphinde walitho la igoli lesibili nokwenza ukuba umdlalo uphele ngo 4-2 kuwina uMnyango weZabasebenzi.

Wawungeke usho ukuthi labafana abasejwayele ukudlala ngendlela laba bafana ababekima ngakhona.

Umpathi (Captain) wabafana boMnyango weZempilo, uSbongiseni Langeni wedlulisa okukhulu ukubonga kubafana bakhe. ULangeni uthi abafana bakhe badlale kahle kakhulu ubungeke usho ukuthi abaseze bengayithola imidlalo yaloluhlobo. “Sizoqhubeka nokuhlela loluhlobo lwemidlalo ngoba kuyabonakala ukuthi abafana bazimisele ngendlela abazimisele ngayo, kuqhuba yena uLangeni.



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