



Appelsbosch Hospital newsletter



C.E.O'S PERSPECTIVE



**Mrs. E. T. Zuma (Hospital C. E. O) and Miss. S. N. Mchunu
(Personal Assistance to the C. E. O)**

Appelsbosch Management would like to extend their appreciation to the infrastructure department for considering the infrastructural challenges.

ACHIEVEMENT

New administration block which is a double story.
New operating theatre.
A 44 roomed double story nurse's residential accommodation which 70% towards completion phase.
Twenty four (24) government garages to be completed in November 2012.
Face-lifting of the hospital buildings.

CLINICAL

- Colposcopy machine and medical officers trained to operate the machine.
- Audiologist infer thus the broken of hearing is reduced.

CHALLENGES

- Failure to recruit and to retain medical officers and scarce skilled personnel.
- Improper residential accommodation for medical officers.
- Poor infrastructure for maternity and paediatric wards.
- Inability to meet infection control standards due to unavailability of isolation facility which are now negotiable for NHI.
- No seclusion room for mental challenged patients.
- No waiting area for acute – Natal – Clients and no dedicated ward for Kangaroo mother care.

GOALS FOR THE FUTURE

- My ideal hospital plan would be met once all these above mentioned challenges have been addressed and corrected.

FIRE DRILL AT APPELSBOSCH HOSPITAL



Staff members who attended fire drill learning and practicing on how to put off the fire

Appelsbosch Hospital is committed to the provision of safe work places and the protection of its employees. This includes appropriate precautions to prevent fires, detect them if they arise and ensure the safe and swift evacuation of everyone from a building in which a fire has started.

In the event of fire, the three most important actions are, in chronological order, to:

- Raise the alarm
- Summon the fire brigade
-

Evacuate the building

The preservation of life shall override all other considerations, such as saving property and extinguishing the fire. If a fire is discovered, the alarm shall be raised immediately however small the fire. All staff are empowered to raise a fire alarm if they believe there is a fire; no authority should be sought from any other person.

Responsibility for summoning the fire brigade should be stated clearly in local site procedures. Appelsbosch Hospital does not advise staff to attempt to extinguish a fire; trained staff

may attempt to extinguish small fires if they consider it safe to do so.

Staff must not put themselves at risk to fight a fire. **NEVER** fight fires in laboratories or other areas where highly inflammable materials are held.

Evacuation of the building must start as soon as the alarm sounds. Staff should be familiar with the procedure through the staging of regular fire drills. All occupants, on evacuation, should report to pre-determined fire assembly points.

Fire emergency notices must be displayed in every building. Fire exits must be clearly signed and attention drawn to them for visitors and contractors.

All accidents, incidents and near misses, relating to fire or to fire drills must be entered into the local accident reporting system.

**HEALTH AND SAFETY
OFFICER IN THE
INSTITUTION IS
RESPONSIBLE FOR:**

Ensuring that there is compliance with the general requirements for good fire protection, including:

Ensuring that fire policy and procedure is part of the local H&S policy,

the maintenance and testing of fire detection and firefighting equipment,

the provision of suitable fire exit routes with appropriate signage and maintained and tested emergency lighting, ensuring that competent persons (Fire Marshals) are appointed to cover all areas of the premises,

ensuring that there is a co-ordinated staff training programme

ensuring that evacuation exercises are held regularly and the outcomes evaluated with a view to maintaining emergency readiness,

preparing an emergency plan as appropriate; ensuring coordination of fire and security emergency planning such as bomb alerts and also ensuring proper storage of flammables.





APPELSBOSCH HOSPITAL STAFF DOING THEIR PART OF 67 MENUTES

Mandela Day?

The overarching objective of Mandela Day is to inspire individuals to take action to help change the world for the better, and in doing so build a global movement for good. Ultimately it seeks to empower communities everywhere. “Take Action; Inspire Change; Make Every Day a Mandela Day.”

Individuals and organisations are free to participate in Mandela Day as they wish. We do however urge everyone to adhere to the ethical framework of “service to one’s fellow human”. As we enter the month of July, Nelson Mandela’s birth month and the month that brings us Mandela Day, each one of us will begin to reflect on how we are going to do our little bit in service of others.

As we prepare for our chance to give back in honour of the decades Mr. Mandela spent in sacrifice so that we could live in a better world, we think of his words that is in our hands to make a difference.

On the 18th July the Appelsbosch Hospital together with other government Departments and other stakeholders under r uMshwathi Municipality gave their 67 minute during Madiba’s birthday by visiting the Wind Hill Compound which an under privilege community. The day started with the clean up and up grass cutting in the compound since the environment was not in a good state. The employees also participated in painting of the houses in the compound and the food parcels were given to very need families. The spirit of Nelson Mandela didn’t end on the 18th as positive contributions took place throughout the week e.g. Operation MBO at Kwa Swayimane (Gobizembe Community Hall) where the government services were taken directly to the people.



MANDELA DAY: ‘it’s in your hands’

INFLUENZA VACCINATION CAMPAIGN



Mr. S. Khumalo giving talks at PMTCT

Appelsbosch Hospital conducted influenza vaccination campaign from 02 April – 29 June 2012. Sister T. F. Masango, Operational Managers and Clinical Staff (Infection Control Practitioner) did social mobilization in the service areas by giving talks to Antenatal Clinic, PMTCT, Gateway Clinic and ARV Clinic. The target groups were children from 6 months to 5 years especially those who are less than five years with chronic renal, diabetes mellitus, HIV/AIDS and others, pregnant women and all people over 65 of age.

The facility coordinator liaised with the pharmacy on distribution of vaccination sites. The distribution of numbers was done to vaccination sites

as per hospital stock received. The filling and submission of weekly influenza vaccination summary sheet was submitted to district office on specified days. The filling of the facility weekly tally sheet and of monthly stock control form was done. The pharmacy ensured stock balances of every months and maintenance of cold chain in (vaccine fridge). The availability of anaphylactic boxes. The vaccinating team was the responsible for ordering vaccines from pharmacy. Gateway and PMTCT stock was stored in the minus 40 fridge in the paediatric ward and ARV clinic stock was stored in OPD fridge. It also maintained cold chain in vaccination sites and submission of tally sheets to facility coordinator. In preparing for adverse events after vaccination, talks were given to mothers with signs related to adverse events e.g. pain in the site, swelling abscess formation, dizziness. It was ensured that an immunized children stayed on sites for 15 minutes for observation following vaccination. There was also a distribution plan for clinics.

**Compiled by: T. F. Masango
Infection Control Practitioner**



WORLD BREAST FEEDING AWARENESS WEEK



Matron Blose and Zondi were hosts from Appelsbosch Hospital. Matrina Xulu and community givers also attended the event.

In the week of 1-7 August 2012 WABA is celebrating 20 years. Appelsbosch hospital has adopted the tradition by hosting their breastfeeding awareness event on the 10th of August 2012. Joining us on this event was the Community Health worker facilitator and Community Care Givers who work around the area of Appelsbosch. This event aimed to promote breastfeeding amongst all pregnant women and ensure continuity of EBF by further strengthening the message in the community. Appelsbosch also took advantage of this platform to use it to strengthen service delivery to all pregnant women and mothers by strengthening the link between supports within the hospital to that is offered at community level by encouraging all health workers to make a difference in supporting and promoting breastfeeding messages in all corners

where they are, may it be at work or out in the community. Activities held on this day were talks on topics that promote EBF, Formula feeding, follow up and ongoing support to mothers. Other activities included were breastfeeding poems and musical items from the choir.

We would like to extend our gratitude to the Appelsbosch staff for their support and participation.



Sr. Xulu giving a talk on advantages to breastfeeding.

“It’s not about my right to breastfeed; it’s about my child’s right to eat”



INTRODUCING A NEW INSERVICE TRAINEE IN P. R. DEPARTMENT



THOBILE MVUYANA (PUBLIC RELATIONS INSERVICE TRAINEE)

Let me take this opportunity to greet you all. It is a pleasure to meet with you in this publication for the first time since I joined Appelsbosch hospital.

My name is Thobile Mvuyana; I was born & bred at Ndwedwe. I started my schooling at Ozwathini primary school and I went to Sotobe high school where I completed my matric. I am currently studying public relations at first choice varsity college in Durban.

I would like to take this opportunity to thank the management for giving me the

opportunity to get an experience at Appelsbosch Hospital.

I would also like to thank my mentor Mr. T. Mngadi. I am so thankful to have a caring, motivating & a friendly mentor like you. I am truly grateful for what you have done for me in the past few months.

What I have learnt will help me to grow personally & professionally, thanks again to the management & staff for giving me a warm welcome, made me feel at home. I hope we will work together as a team to attain the mission & vision of our hospital.

Till we meet again!!!!

If you have any questions, complaints, suggestions or compliments regarding Appelsbosch Hospital, please contact the Public Relations Officer, Mr. Thami Mngadi on:

Tel No.: 032 294 8000 Ex 202

Fax No: 032 294 0126

E-mail: thami.mngadi@kznhealth.gov.za