



EZASEMKHUMBANE

NEWS

GROWING KWAZULU NATAL TOGETHER

JUNE 2023

CELEBRAL PALSY GRADUATION EVENT



Children holding their graduation certificates

Cato Manor CHC conducted cerebral palsy graduation.

This was a special programme that was conducted by the rehabilitation team from KZN children’s Hospital and Cato Manor clinic for the mothers.

The programme started in June 2022 and ended in October 2022. It teaches the mothers everything they need to know concerning their child with cerebral palsy

Since this is the first time we have run this programme and seeing the success of it, the rehab team in Cato manor will

strive to run this programme with approximately five mothers annually.

REHAB CHRISTMAS PARTY FOR CHILDREN WITH DISSABILITIES

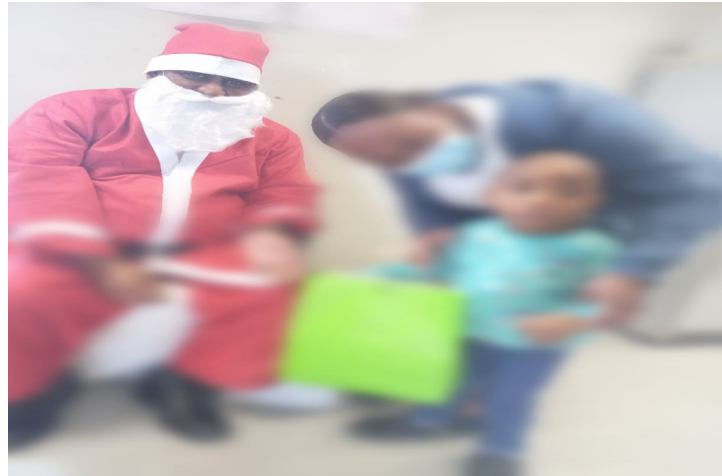
On the 10th November 2022 Cato Manor CHC Rehab department hosted a children's Christmas party for all the children that attend rehabilitation services

The event was a quality celebration of hard work and dedication that was put in by the children and their parents/ caregivers throughout the year to achieve or work towards goals of therapy in rehab.

The program was included a motivational talk by our Social worker Miss T Kubone. The CEO Mrs MH Baqwa welcomed all members present

Mrs. P Singh and her rehabilitation team raised funds throughout the year and obtained sponsorships in order to make the function a success. During the party, mothers and caregivers received a special pamper session as well as gifts. The children were visited by Santa Clause and given beautiful gifts.

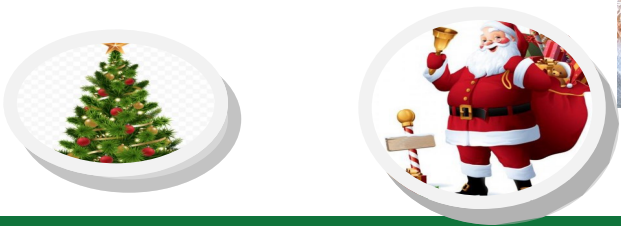
Meals were provided for the children and parents who attended. Different fun activities such as a dance competition, motivational talk, Santa surprised and face painting was also done for the children. Overall the party was well received from the attendees.



Father Christmas handing over Christmas gifts to patients



Gifts table



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WORLD AIDS DAY



On the 2nd of December 2023, Cato Manor Community Health Centre celebrated World Aids Day. The theme of the day was “Rock the Ribbon”.

The purpose of the event was to remind the public that HIV has not ceased to exist, there is still a vital need to increase awareness, to fight prejudice and improve education in the fight against the virus and show support to the people living with HIV. We need to commemorate those who have died from HIV related illness. One of patients graced us with an opening prayer. Matron N.C Ndzeke welcomed everyone and shared the purpose of the day. In her speech she further encouraged patients to come to the clinic for HIV testing and for them to know their status. Our Guest speaker Dr BC Nkomo who has been living with HIV for more than 15 years encourages all patients to be positive and take their medication.

A testimony was done by a patient addressing other patients about her journey from when she started accepting her status. In closure Chronic department thanked all patients for participating during the programme and for listening to different speakers attentively.



Dr BC Nkomo sharing her testimony to patients



Cato Manor Staff singing an awareness song



AYFS HIV/AIDS YEAR END EVENT

Community Oriented Primary Health Care (COPC) is seen as a vehicle to deliver self-reliant communities. Cato Manor CHC AYFS has embarked on various initiatives to promote COPC through their innovative programs that they do in the community of Greater Umkhumbane area. Being young is a stage of life where anything is possible and much can be achieved. As a result of this, to be young is a period of instability, change, uncertainty and constant search for a purpose. Young people want to change the world and establish their own innovative values and they can only achieve this if they have community support, hence empowering the young people can be a foundation for tackling problems affecting them.

Cato Manor CHC AYFS hosted their AIDS Day event to commemorate the Youth that the unit has empowered through HIV/AIDS counselling course that was offered with the help of Mrs. JP Mbhele and the EThekweni District office initiative. The

theme for the event was: ***"IT'S UP TO US, WE ARE THE GENERATION THAT WILL END HIV, POSITION YOUNG PEOPLE AS KEY PARTNERS IN PREVENTING HIV AND GBV"***

Many adolescent health challenges are closely interrelated and successful interventions in one area can lead to positive outcomes in other areas. Empowering the youth through giving them a skill can help to support their livelihood in the days when we are faced with a high unemployment rates.

Different stakeholders that work with the youth of Cato Manor came through to make the event a success. Local Taxi Association sponsored the unit with some soft drinks. Sr Nzimande sponsored with the meat and the staff of AYFS donated some refreshments. The program started in the afternoon with Sr N Nkwanyana welcoming the audience as the CEO and the NSM were attending another event at the District Office. The audience that was in

attendance included among others, the local Men's forum representatives, the art fraternity, some artists including Sparks Bantwana, Smangarero and Thukie. About 250 local youth were in attendance. Smanga Mkhwanazi and Ndoniyasembo were the program directors for the day. There were many speakers that came through to present on different topics, including gender-based violence and healthy living. Poets were also in present ululating powerful poems relating to the program.

The AYFS team recited the purpose of the day through song and poetry carrying placards depicting different messages. Handing over of Certificates for HIV counselling was done by Sr Nzimande. The AYFS councilors were also honored with gifts on the day for their sterling job in assisting with youth empowerment and also helping with maintaining viral suppression on our youth who are members of the AYFS youth care club



Sr M Nzimande and a team delivering the purpose of the day through song and poetry



An empowered young person receiving a certificate



OPEN DAY

Significance of holding an open day is vital. It enables an institution to measure on whether the community is satisfied or dissatisfied with services offered. On the 3rd of March 2023 Cato Manor CHC hosted an annual Open day.

The aim of the event was to market services that are offered in the institution for the community, for both internal and external stakeholders.

Departments participated were as follows :

- ◆ Pharmacy
- ◆ Rehab Department
- ◆ Chronic Department
- ◆ Acute & Emergency
- ◆ Maternity and Antenatal

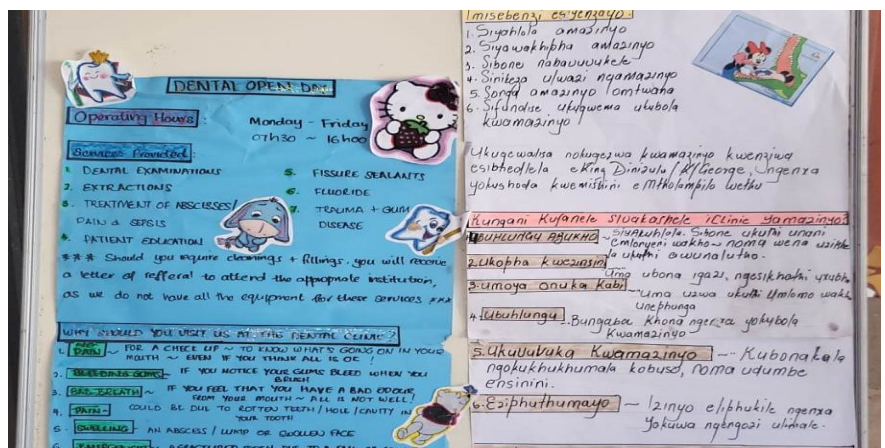
All departments that awarded with a Certificate of Appreciation with an aim of boosting staff moral.



Chronic Department table



MOU Department table



Rehab department table



HAND HYGIENE DAY



ACCELERATE ACTION TOGETHER, CLEAN YOUR HANDS AND SAVE LIVES

“Accelerate Acton together, clean your hands and save lives” was the theme for World Hand Hygiene Day that was on the 5th May 2023 . Clean Your Hands campaign was aimed at progression of global profile on the importance of hand hygiene in health care and to bring people together in support of hand hygiene. In recognition of this day Cato Manor CHC staff focused on safety of health care workers and patients by re-enforcing quality on hand washing.



Cato Manor CHC Infection Prevention and Control representatives standing united in promoting

5 moments of hand hygiene was led by the maternity stream

It was encouraged that people of all levels must work together to influence the culture/climate through clean hands knowledge and behavior in order to meet the common goal of safety and quality. Different techniques on hand hygiene were shared by staff around the clinic and this included a portable tippy tap and soap method that was shared by sister Nxumalo which was deemed to be cheaper, convenient and effective. In the end staff and patients were happy that we are able to gain Information on washing of hands, questions and answers session was made to test the knowledge of patients If were able to listen while speakers shared information and there were prizes to be won from the competition.



Cato Manor CHC Infection Prevention and Control representatives standing united in promoting

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PHOTO GALLERY



A young poet depicting a poem on GBV



Sr Nzimande and a team delivering the purpose of the day



The audience on the day. We celebrated and enjoyed the day with our young people



Pharmacist intern Ms Aphelele Zulu receiving a gift from Mrs S Perumal after a successful hand washing



WORLD HAND HYGIENE DAY 2023



Hand wash dance led by Acute stream

ACKNOWLEDGEMENTS

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