

CHARLES JAMES TB HOSPITAL



A Model for TB and HIV Integration

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VISION:

To achieve optimal health status for all persons / clients serviced at Charles James TB Hospital

MISSION:

To achieve excellence in health care service delivery for patients / clients, operating within the framework of National HIV / AIDs, sexually transmitted infections and TB (Hast) Management Programmes and ensuring that the care provided by the facility complies with patients' rights charter and Batho Pele Principles.

HISTORY:

The hospital was established in 1966 as SANTA Centre. In July 2005, the Centre was incorporated into the Department of Health of KwaZulu-Natal as this was the process taken up for all SANTA Centres. The hospital admits male and female TB adult patients.



MULTIDISCIPLINARY TEAM:

Patients are managed by a multidisciplinary team which consists of medical doctors, social workers, occupational therapists, physiotherapists, dieticians, pharmacists, nurses, HIV/AIDS counselors. The following services are provided:

- Clinical Management of Tuberculosis, HIV, AIDS, and STI's
- Management of HIV/AIDS opportunistic infections
- Health education for TB patients, families, staff and communities
- VCT Services
- Anti-Retroviral treatment
- Step down care
- Dietetics services
- Social work services
- Occupational therapy services
- Physiotherapy services
- Pharmaceutical services

ADMISSION:

There are 190 beds available for admission of patients infected with Tuberculosis. Most of the admitted patients are co-infected with HIV. The admission criterion is confirmed sensitive TB diagnosis. On admission clinicians do all relevant investigations and manage accordingly. Most patients are admitted for a period of three months during which all necessary interventions are carried by the multidisciplinary team. Patients with drug resistant TB are referred to King Dinuzulu Hospital for further management.



OCCUPATIONAL AND PHYSIOTHERAPY SERVICES:



SOCIAL WORK SERVICES:

Counselling is done by the social workers and lay counsellors available. This includes support groups for admitted patients and family counselling.



ANTIRETROVIRAL CARE:

Antiretroviral treatment and care is provided to all HIV positive patients. The hospital pharmacy keeps drugs for management of most opportunistic infections, and other chronic illnesses such as diabetes mellitus and hypertension.



DIETETICS SERVICES:

A dietician is available to provide nutrition therapy to all patients. She works together with clinicians in developing individual patient plan to meet the nutritional requirements.



Available clinicians for referral

Dr Sumayah Nazeer	0837862780	Dr Nirasha Maharaj	0826874710
Dr Temitayo Famaroti	0721411402	Dr Jean Xaba	0730264834
Dr Lindi Dube	0718710123	Sister Caroline Khomo	0796903000 031-9054222/4
Dr Divilliers Zitha	0716719771	Sister Nompumelelo Luthuli	0834757186 031-9054222/4

ALL SERVICES ARE PROVIDED FREE OF CHARGE