

CHRIST THE KING HOSPITAL

Ubuhlebezwe Health NEWS

Bringing Ubuhlebezwe Sub-District Health News To You

Q3 - December 2023

CTK Hospital Launches The First Human Milk Bank In HGHD



Ubuhlebezwe Municipality, Her Worship, The Mayor, Cllr E. B. Ngubo cutting the ribbon.

Christ The King Hospital successfully launched a Human Milk Bank on the 3rd of November 2023 at the hospital's assembly point. This is the first Human Milk Bank in Harry Gwala Health District. The purpose of this launch was to

encourage breast milk and recruit breast milk donors.

A human milk bank is a service that screens, collects, processes and distributes human breast milk. The recipients of the breast milk are vulnerable pre-term and sick babies and special cases

where mothers are unable to supply sufficient milk for their babies. This milk has been donated by volunteer breastfeeding mothers who are not related to the recipient babies.

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- and Mrs Njomboni











Foreword From The CEO



Mrs S. W. Maseko Chief Executive Officer

Dear Readers,

Compliments of the season and happy new year. In the third quarter we were so excited to be graced by the daughter of the soil Her Worship, The Mayor, Cllr E. B. Ngubo to officially launch the human milk bank which is one of the strategies to

wards reducing child mortality thus achieving sustainable development goal and reduce child mortality. We would like to thank the event organizing team, sponsors especially Icebolethu Funerals, internal and external stakeholders for such a successful prestigious event. The Christ The King Hospital talent was revealed during the event; the performances and entertainment by the hospital choir was awesome, words cannot express the joy that we had. The hospital choir kept up the good performances we are looking forward to see by participating in the district and provincial events.

In December, the HOD: Dr S. T. Tsabalala appointed the hospital board. We would like to take this opportunity to welcome the new board members to the Christ The

King Hospital family and we would like to inform all the staff that one of the board members' roles and responsibilities is to conduct visits to the hospital voluntarily or upon request from management of the these visits can be announced or unannounced at any time but they will wear the nametags as the identifier. Staff is urged to treat them with dignity and respect and embrace the oversight visits their will conduct as this is the supportive structure for the institution. The hospital board oversees the administration of human resources, financial resources, assets, facilities and the general affairs and report to the MEC of the hospital.

Foreword From The Public Relations Officer

Dear Valued Reader.

I would like to take this opportunity and thank you for your continued support, it is really appreciated.

As the Public Relations Officer at Christ The King Hospital, I would like to state that we are grateful for the feedback, complaints, compliments and suggestions we receive from you, our valued reader. Such responses help us improve the quality of health care we provide to the community of Ubuhlebezwe and beyond. As the sub-district, we have seen a significant improvement from the feedback we receive from you.

New Year's is a time to reflect on

the things that made our year special. For me, that's all of you, our staff, valued clients, contractors, suppliers and partners. There's nothing like ringing in the new year with the best people around. Cheers to the people who made this publication what it is.

I would like to thank all the hospital managers, PHC Team, from Ms Shezi (PHC Manager), Ms Lestoalo (PHC Supervisor) and all the Operational Managers and their teams for their willingness to provide me with newsworthy information.

Last but not least, to you our valued reader, thank you for taking your time to read this publication.



Mr S. N. Mkhize
Public Relations Officer

Your support really means a lot to us as the sub-district. Wishing you a safe and prosperous 2024!









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A human milk bank is a service that screens, collects, processes and distributes human breast milk. The recipients of the breast milk are vulnerable pre-term and sick babies and special cases where mothers are unable to supply sufficient milk for their babies. This milk has been donated by volunteer breastfeeding mothers who are not related to the recipient babies.

Human milk is easily digested by a premature baby. It provides immune factors that protect the baby against infections, allergies & illnesses. Breast milk provides all the nutrients babies require to grow in the first 6 months of the life. Human Milk Banks are a safe way of providing safe breast milk to babies who need it the most. The World Health Organization (WHO) has recently asked countries to promote the safe use of donor milk through human milk banks for vulnerable babies. Breast milk donors were given a special recognition by the organising committee since they were the key players in ensuring that the event becomes a success.

The launch was supported by Harry Gwala Health District Office, Ubuhlebezwe Municipality, Icebolethu Funerals and Match. Mrs N. C. Ngubo (Assistant Manager Nursing –

Maternity and Paediatrics) who is the manager of the breastfeeding portfolio was the programme director for the event. Mrs Maseko (Chief Executive Officer) welcomed all members present and then Ms Shezi (PHC Manager) introduced the Ms K. auests. Naubo (Assistant Director - Nutrition and Dietetics) explained the purpose of the day and then, Mrs Mkhize (HGDO Director) provided the word of support. There were also presentations from the dental and IPC departments. Ubuhlebezwe Municipality mayor, Her Worship, The Mayor, Cllr E. B. Ngubo gave a keynote address and then the guests went to the milk kitchen to cut the ribbon. The hospital choir and the Community Health Workers provide entertainment for the event.











PHC Department Wins Big At The MatCH Year-End Function



Clinic OMNs with their certificates of compliance from the OHSC





The PHC Department won big at the Maternal, Adolescent and Child Health Institute (MatCH) year-end function held on the 13th of December 2023 at Anew Ingeli Forest. The purpose of this event was for the organization to show the district how much they are appreciated, and celebrate the successes of the organization and district together, as a team.

All eleven Christ The King Hospital clinics each received a certificate of compliance from The Office Health Standards Compliance of (OHSC). This comes after all the clinics where compliant during the OHSC audit. This department led by Ms P. N. S. Shezi (PHC Manager) and Ms K. G. Lestoalo (PHC Supervisor) did not only stop there, the subdistrict won certificates for highest viral load coverage and case finding - highest number of positive clients tested. The sub-district also won certificates for outstanding performance in Covid-19 vaccination programme outstanding performance on OHSC and Ideal Clinic Realization and Maintenance. Ixopo Clinic won an award for highest troa and viral suppression in the entire Harry Gwala Health District.

Pediatrics Ward Hosts Christmas Party for Its Clients

The pediatrics ward hosted a Christmas party for their clients on the 17th of December 2023 at the ward's dinning area. The purpose of this party was to bring together clients and staff to celebrate the holidays and the blessings of the year.

Sir Mazinyo (Operational Manager Nursing - Peads) and team saw that the Christmas party was the ultimate way to say thank you for the loyalty and efforts put in by your employees working with clients, as well as to encourage team bonding and gain some honest feedback about the ward. Despite the setbacks the ward experienced in 2023, the Christmas party was more important than ever in boosting morale and giving the clients and team something to look forward to. There were different festivities that took place during this party where both the staff and clients participated in.







Picture 4 - Peads staff preparing the food.





Open Day For Grade 9s

Christ The King Hospital hosted Grade 9 leaners from Little Flower School and Ixopo High School for an open day at the hospital assembly point on the 1st of November 2023. The purpose of this event was to market the hospital services and educate learners on different careers within the institution.

Mr Z Mkhize (Enrolled Nurse at Gateway Clinic) was the programme director of this event. Mrs Zondeka (Clinical Programme Coordinator - IPC) opened with prayer and them Mrs Maseko (Chief Executive Officer) welcomed the learners and their teachers. Mr Mhlongo (Assistant Director explained the purpose of the day and was followed by Ms Lestoalo (PHC Supervisor) did Teenage Pregnancy who а Substance Abuse Talk. There was then a hand washing demonstration by the Clinical Programme Coordinators (IPC and QA). Learners with the assistance of the hospital staff were then given an opportunity to visit different exhibition stands where they got to learn more about the hospital services and careers. After the exhibitions, refreshments were served.













Picture 1 and 2 - Learners at the Rehabilitation and Radiology stands.

Picture 3 - Learners at the Laboratory stand

Picture 4 and 5 - Ear examination by the Audiologist Comm Serve and Maternity Stand.

Picture 6 - Dental Stand.













World Aids Day Event For Teenagers At Jolivet Clinic

Jolivet Clinic hosted a World Aids Day Event on the 14th of December 2023 at the clinic assembly point. This event was aimed at children and teenagers living with HIV and their families.

World AIDS Day is commemorated each year on the 1st of December and is an opportunity for every community to unite in the fight against HIV, show support for people living with HIV and remember those who have died.

Sr Khumalo who leads the HIV Unit was tasked to welcome and do the purpose of the day and she highlighted the importance of supporting children living with HIV. Sr Ngcobo gave speech on behalf of the clinic where she assured that guests that HIV positive clients are most welcome at the clinic. Two of the invited guests gave testimony of living with HIV and they spoke mostly about the HIV/Aids stigma. The event was supported by Match and Vukuzithathe Ogranisation. Sir Majozi (Operational

Manager Nursing) did vote of thanks where he spoke about the importance of disclosure children living with HIV.

On the 7th of December 2023, Ubuhlebezwe Sub-District was invited by Ubuhlebezwe Municipality to attend a World Aids Day event at Mahhehle Hall.

This year's campaigns focused on advancing actions to ending AIDS as a public health threat by 2030, addressing issues stigmatisation, raising awareness importance about the screening. testina. treatment retention and prevention.











Picture 2 - Sr Khumalo welcoming the guests.

Picture 3 - Sir Majozi giving his vote of thanks speech.
Picture 4 - Sr Khumalo giving one of the special guests her gift

Picture 5 - Mrs Maseko and Ubuhlebezwe Municipality leadership at the World Aids Day Event at Mahhehle Hall.

Picture 6 - Sr Ngcobo giving her speech.
Picture 7 - Candle lighting.
Picture 8 - PHC Management at the municipal World Aids Day Event..











Social Worker Solves a Long Standing Social Case



From far left: Ms S, Dlamini (Social Worker), client and her father, grandmother and the client's cousin.

Christ The King Hospital Social Worker, Ms S Dlamini managed to solve a long standing social case at the paediatrics ward on the 26th of September 2023. The client had been admitted since birth.

The client Miss Lungiswa Fika, born on the 11th of April 2022 by illegal immigrants from Lesotho was admitted as a lodger in the ward after she was badly abused by her biological mother and later abandoned with the biological father. The father is from Mphathi Village, Qacha's Nek (Lesotho). He currently lives in Shayamoya informal settlement in Ixopo.

Ms Dlamini traced the paternal grandmother and other relatives a few months after her appointment to the hospital. She interviewed the biological father who loves his child dearly but his living condition is not conducive to raise a child. He works long hours at the

forestry, thus cannot take fully custody of a toddler. The social worker managed to trace the paternal grandmother who lives in Mphathi Village and is willing to take in the child. The biological mother's contact information provided on the patient file were constantly on voicemail. She could not be reached as to concur to her child being taken by the paternal family. She has never visited her child ever since she was admitted, only the father was present.

The grandmother wants to take the child under her care and is willing to come to South Africa to finalise the adoption process. On the 26t of September 2023, the father and the grandmother of the client came to the hospital to fetch the child, it was a very emotional experience especially for the peads staff since they have been with the child for over a year.

Ever since her appointment at the hospital, Ms Dlamini had managed to solve long standing social cases especially for illegal immigrants. She creates positive change in the lives of individuals, families, and communities. By fostering collaboration, empathy, and empowerment, her approaches enable clients to overcome challenges, build resilience, and enhance their overall quality of life.

Special Recognition To Dr Ntumba and Medical Team

The quality department would like to give a special recognition to Dr Ntumba and the rest of the medial staff for going an extra mile in saving a patient's life.

Dr Ntumba and his team showed an act of dedication, commitment and bravery when he decided to go with the EMS staff transporting a patient who had Eclampsia to Harry Gwala Regional Hospital on the 8th of November 2023. Eclampsia is a rare but serious complication of preeclampsia. Preeclampsia is a disorder of pregnancy in which a person who's pregnant has high blood pressure and protein in their urine. Eclampsia is when a person with preeclampsia develops seizures (convulsions) during pregnancy.

Dr Ntumba and his team were given a certificate of recognition by the quality assurance department on the 29th of November 2023 during the medical staff morning meeting.



Picture 1 - Dr Ntumba accepting his certificate from Mrs Getyengana.

Picture 2 - Dr Mthiyane accepting a certificate on behalf of the medical











CTK Hospital Wins Big At The Municipal Awards



Christ The King Hospital won three awards at Ubuhlebezwe Municipality Awards ceremony hosted on the 5th of December 2023 at Peace Initiative Hall.

The purpose of this ceremony was to recognize the hardworking departments, institutions and individuals within the municipality. Mrs Maseko (Chief Executive Officer) received a special Mayoral Award from Her Worship, The Mayor, Cllr E. B. Ngubo. The PHC Department received two awards for best performing department is war room interventions in ward 6 and 7. Ward 7 was coordinated by the recently departed Operational Manager Nursing at Jolivet Clinic, Sir B. R. Dumakude.

These awards serve as a testament to our commitment to being a well-governed, effectively managed, financially viable, and sustainable institution.

Picture 1 - Mrs Maseko accepting her award and gift from Her Worship, The Mayor, Cllr E. B. Ngubo

Mayor, CIII E. B. Ngubo **Picture 2 -** Mrs Maseko with the other winners.

Photo Cred: Ubuhlebezwe Municipality

PSI and Hand Washing Training at Ixopo EMS

The Monitoring and Evaluation team visited Ixopo EMS for a Patient Safety Incidents and Hand Washing training on 27 October 2023. The purpose of this training was to assist Ixopo EMS in reducing the number of **PSIs** they receive. Mrs Pro-Getyengana (Clinical gramme Coordinator - Quality Assurance) trained staff on how to overcome PSIs and how to handle report and solve them once they have been reported.

A Patient safety incident is an unplanned or unintended event or circumstance that could have resulted or did result in harm to a patient while in the care of a health facility. This event is thus not due to the underlying health

condition or natural progression of disease. An incident can be a near miss, no harm incident or harmful incident (adverse event).

Mrs Zondeka (Clinical Programme Coordinator - IPC) then explained the importance of hand washing especially for the EMS staff. She then demonstrated how to wash hands. The EMS team was very responsive and were willing to learn.

Picture 1 - Mrs Getyengana (CPC - Quality Assurance) educating Ixopo EMS staff. Picture 2 - Mrs Zondeka (CPC - Infection, Prevention and Control) doing hand washing demonstration















Cerebral Palsy Party Hosted By The Rehabilitation Department

The Rehabilitation Depart- ilies, caregivers, and comment hosted a Cerebral Palsy Party on the 8th of December 2023 at the hospital lecture force for positive change hall for their clients.

Cerebral Palsy (CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common motor disability in childhood. Cerebral means having to do with the brain. Palsy means weakness or problems with using the muscles. CP is caused by abnormal brain development or damage to the developing brain that affects a person's ability to control his or her muscles.

The Cerebral Palsy Party is an event held annually by the Rehabilitation Department to commend caregivers and patients who have been compliant with therapy throughout the year and to reflect on progress and gained. The purpose behind the party is to encourage and reward adherence to therapy. The party will also help create a positive lens for the paview therapy tients to through, which should assist with further adherence.

The theme for World Cerebral Palsy Day in 2023 is "Together Stronger." This theme highlights the importance of unity, collaboration, and mutual support within the cerebral palsy community and beyond. It emphasizes that when individuals, fam-

munities come together. they become a powerful and inclusion.

The day sheds light on the need for increased awareness, understanding support for those with cerebral palsy. To celebrate their clients, the rehabilitation department invited eight mothers to enjoy themselves. The mothers were pampered by the staff since it was their special day. They got manicure, got to relax and engage with one other on the challenges they face as mothers of Cerebral Palsv children.

The party was supported by the Dietetics Department and was sponsored by Pedros - Ixopo.



Picture 1 - Rehab and Dietetics Staff

Picture 2 - Special Guests (Mothers of CP

Picture 3 - Rehab and Dietetics staff with the quests of honour.

Picture 4 - Mothers getting their manicure

Picture 5 - One of the mothers and her child accepting the gifts.

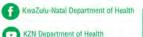
















Team Building Event At Ixopo Clinic

Ixopo Clinic hosted a team building event for staff on the 07th of December 2023 at the clinic's staff parking lot. The purpose of this event was to strengthen team work within the facility.

This team building event is hosted annually because it helps this clinic evolve into a cohesive unit. The team members not only shared expectations for accomplishing group tasks, but trust and support one another and respect one another's individual differences.

The staff was grouped into four groups; red, black, yellow and white. Each group had a team builder whose role was to lead their team toward cohesiveness and productivity. Different games were played and team white was the overall winner of this fun day. After the games, the staff gathered at the clinic's boardroom where they socialized while enjoying refreshments.

One of the most powerful reasons for team building is to get results. Through a series of planned team building events that are fun and motivational, teams build skills like communication, planning, problem-solving, and conflict resolution.













Picture 1 - Team black and yellow getting ready for the apple challenge.

Picture 2 - Apple challenge.

Picture 3 - Air netball activity.

Picture 4 - Team Red Representative at the dancing activity.

Picture 5 - Team black representative at the billionaire activity.

Picture 6 - Staff socialising









Ixopo Clinic Service Excellence Awards

Ixopo Clinic hosted a Service Excellence Awards Ceremony for staff on the 13th of December 2023 at the clinic's waiting area. The purpose of this event was to recognize, appreciate and reward staff for their valuable contribution to service deliver.

The Service Excellence Awards is an annual event held by the clinic's management which promotes a citizencentric culture, entrenches professionalism, as well as recognizes and rewards excellence. There appreciation certificates for the sections and partnering organizations for their contribution to service delivery.

Three staff members were awarded OMNs Special Awards for their dedication (Sr Gwala for her bravery in driving mobile bus, Sr Gumede for being the best team leader and Ms Ngcobo for her assistance with admin duties. For the biggest awards of the day, Mobile Clinic 1 was awarded Position 1 For Cervical Cancer Screening With 317,8%, Mobile Clinic 2 obtained Position 1 in Immunized Fully Under 1 Year - New with 77.5%, and Mobile Clinic 3 obtained Position 1 in HIV Testing (1st 90) With 273%. HTA1 was awarded Position 1 in HIV Testing (1st 90) With 605% and HTA2 obtained Position 1 in ART Initiation (2nd 90) With 100%. For the most anticipated award of the day, four staff members were nominated for their best walk in the clinic.















Photo Gallery

















































CTK Hospital Soccer Team Crowned HGHDO Champions

Christ The King Hospital Soccer team was crowned Harry Gwala Health District Office champions in the district sports tournament held at Jeffrey

Zungu Stadium in Ixopo on the 25th of October 2023.

This is part of the department's healthy lifestyle projects. The tournament included all the health institutions within the district, namely; (Christ The King Hospital, St









Apollinaris Hospital, East Griqualand & Usher Memorial Hospital, Rietvlei Hospital, Umzimkhulu Hospital Pholela Community Health Centre, St Margaret Community Health Centre and Harry Gwala Health District Office. There were two groups and winners of each group were going to face each other in the finals. CTK Hospital was in group B.

Group Results

Christ The King Hospital 3 - 0 Rietvlei Hospital

Christ The King Hospital 2 - 1 East Griqualand & Usher Memorial Hospital

Christ The King Hospital 3 - 1 Pholela Community Health Centre

Final Result

Christ The King Hospital 2 - 1 Umzimkhulu Hospital

Seven of the hospital players were then selected to represent the entire district at the provincial sports games where they were crowned the provincial champions.

Tribute And Message Of Condolence To Dlungele Family

Christ The King Hospital mourns the death of Mr Dlungele who was serving as the chairperson of Nokweja Clinic Committee. Mr Dlungele played a big role in deepening the relationship between the clinic and the community of Nokweja.

Today the weight of grief sits heavily on our shoulders, but more so the weight of the clinic leadership. Today we mourn the passing of a leader.

It is most humbling to be granted an opportunity to pay tribute to a man we respected and admired; and had the privilege of working with.

CTK Hospital shares with the bereaved family and Nokweja community, the feelings of great loss at this moment of deep sorrow.









Happy Retirement To Ms Bandezi and Farewell Mr Dumakude, Ms Mdunge and Ms Jili









Picture 1 - From far left, Ms N. P. Mdunge (PHC - Data Capturer), Ms N. Jili (PHC -Data Capturer), Ms V. Bandezi (PHC Supervisor) and Mr B. R. Dumakude (OMN - Jolivet Clinic). Picture 2 - Ms Bandezi cutting the cake.

Picture 3 - Some of the PHC staff at the retirement and farewell party.

Picture 4 - Ms Jili and Ms Mdunge cutting the cake. Picture 5 - Mr Dumakude delivering his speech during the party.

Ms V. Bandezi joined Christ The King Hospital in 2013 as the PHC Supervisor. She was a very passionate colleague and leader. We wish her a very happy retirement. Mr B. R. Dumakude joined Christ The King Hospital as an Operational Manager Nursing at Jolivet Clinic in 2020. He was a very kind leader, driven and loved his job. He recently got a new post in another district. We wish you all the best Sir. Ms N. Jili and Ms N. P. Mdunge both joined as Data Capturers for the PHC department in 2020 and they have served with dedication. They both got new posts this quarter.

Happy Retirement Sr G. N. N. Ngwenya, Sr N. N. Ngwenya, Ms Ngcobo and Mrs Njomboni



Sr G. N. N. Ngwenya (left) Receiving her gift from Matron Dlamini and Sr Cele.



Sr N. N. Ngwenya with her family at her retirement party.



Ms Z. J. Ngcobo (right) receiving her gift from Ms N. Dlamini.



Sr I. B. Njomboni (middle) cutting a cake at her retirement party.

Sr G. N. N. Ngwenya joined CTK Hospital as a transfer from King Edward Hospital in 2005. She has been working as a Specialty Professional Nurse at maternity ever since. Sr N. N. Ngwenya joined CTK Hospital as an Enrolled Nursing Assis-

tant in 1999, through the bridging courses, she was appointed as an Enrolled Nurse in 2008 and later appointed as a Professional Nurse in 2020. Ms Z. J. Ngcobo joined CTK as a Food Service Aid in 2006 and was promoted as a Switchboard Operator in 2007.

Mrs I. B. Njomboni joined CTK as an Enrolled Nursing Assistant in 1986, through bridging courses, she was promoted to Enrolled Nurse in 2007 and later to Professional Nurse in 2012.

OCK Wishes You All Scappy Retirements











New Appointments - Quarter 3

Mr N. P. Cele

Professional Nurse Christ The King Hospital

Ms A. F. Dlamini

Professional Nurse Christ The King Hospital

Ms P. B. Manciya

Professional Nurse Christ The King Hospital

Ms S. G. Mwisi

Enrolled Nursing Assistant Christ The King Hospital

Mr S. D. Songxaba

Safety Officer
Christ The King Hospital

Ms N. P. Mdunge

Telekom Operator Christ The King Hospital

Ms N. Ndlovu

Enrolled Nurse Christ The King Hospital

Ms Z. P. Hlangu

Pharmacist
Christ The King Hospital

Mr S. Majozi

Operational Manager Nursing
Jolivet Clinic

Mr T. E. Msomi

Clinical Nurse Practitioner
Jolivet Clinic

Mr T. E. Mhlongo

Clinical Nurse Practitioner

Ms J. F. Leou

Clinical Nurse Practitioner
Ixopo Clinic

Ms N. Dlamini

Clinical Nurse Practitioner Sangewaba Clinic

Mrs D. S. Thabethe

Clinical Nurse Practitioner Nokweja Clinic

Ms S. P. Phoswa

Data Capturer Sgandulwini Health Post

Staff Exits - Quarter 3

Ms E. N. Dlamini

Professional Nurse Christ The King Hospital

Mrs F. Mthembu

Professional Nurse Christ The King Hospital

Mrs N. N. Ngwenya

Professional Nurse Christ The King Hospital

Ms G. N. N. Ngwenya

Professional Nurse Christ The King Hospital

Mrs I. B. Njomboni

Professional Nurse Christ The King Hospital

Ms Y. M. Keswa

Professional Nurse Christ The King Hospital

Mr T. M. Buthelezi

Professional Nurse Christ The King Hospital

Mr Y. Gebashe

Pharmacist Christ The King Hospital

Mrs S. N. P. Ndlovu

Enrolled Nursing Assistant Christ The King Hospital

Ms Z. J. Ngcobo

Switchboard Operator Christ The King Hospital

Ms N. Jili

Data Capturer (PHC) Christ The King Hospital

Ms N. P. Mdunge

Data Capturer (PHC) Christ The King Hospital

Mrs T. P. Memela

General Orderly

Mr B. R. Dumakude

Operational Manager Nursing

Jolivet Clinic

Ms P. N. Mjwara

Professional Nurse Hlokozi Clinic

Ms N. P. Mvubu

Professional Nurse Hlokozi Clinic

Ms N. E. Ndebele

Clinical Nurse Practitioner Sangcwaba Clinic

(15)











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