



Male employees during Men's event

Some studies have shown that getting men together as a group and discuss various topics has proven to bring positive benefits not only to them but to the society at large.

This was evident when all Clairwood hospital male employees got together in an event which was organised to celebrate MENS HEALTH MONTH.

This event highlighted the need to get men together and talk about issues that are directly affecting them. It also provided a space where all male employees felt valued and appreciated. Men were equipped with information on different important topics such as: Men's Physical health, men's Psychological health, men's Spiritual health and Financial health.

The speakers on various topics delivered a valuable information which everyone felt that with all what is negatively going on and what men are known to be an event like this need not only to happen once a year but should be held on regular basis so as to increase men that would become ambassadors of change

Men were treated with izibiliboco which included inyama yenhloko, amadombolo u breyani. Umqombothi wesintu awubanga bikho ngoba u REV. Gwala washaya phansi ngonyawo wathi nakdala!.



From Left: Senior Systems officer Mr X Khumalo, CEO Rev. NBL Gwala and DNM Mr. T Mbanjwa

Any one who understand the vision of the department of health which is to strengthen primary health care would also understand why the CEO REV Gwala and Deputy Manager Nursing were excited when they received a brand new and fully equipped mobile clinic.

The hospital has always been providing primary health care services to the community through improvising by using ordinary vehicles.

By receiving the mobile clinic the hospital will be able to confidently take service delivery to the people and will improve the health outcomes of the people of ethekwini district.





Inside of the mobile clinic

CEO Rev. Gwala and DMN Mr. T Mbanjwa

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#### **GROWING KWAZULU-NATAL TOGETHER**





Nursing management during nurses day celebration

Nursing personnel during nurses day celebration

The theme for 2023 International Nurses day was "OUR NURSES OUR FUTURE" this theme was meant to make a clarion call to the world to address global health challenges and to improve global health.

Speakers in this event which was held at the hospital to celebrate a noble career agreed that the theme was relevant even to nurses at this hospital as they are on a day to day working tirelessly providing health care to the people.

Music and dance was what the doctored ordered for the nurses as they were singing hymns and dancing celebrating this day.



Pharmacy staff during hand hygiene drive



ward 5a and b accepting their trophy

Clairwood Hospital took part in commemoration of the World Hand Hygiene Day on the 24 May 2023. The global hand hygiene day is dedicated to increase the awareness and understanding about the importance of hand hygiene. This day is crucial as hand hygiene is one of the principles of Infection Prevention and Control when correctly practised.

WHO Hand Hygiene Day takes place on the 5<sup>th</sup> May every year. According to WHO every year millions and millions of patients around the world are affected by healthcare associated infections. More than half of these infections could be prevented by health care workers by properly washing their hands at key moments in patient care. To prioritize clean hands in health facility, healthcare workers at all levels need to believe in the importance of hand hygiene and Infection Prevention and Control to saves lives, by acting as key players in achieving the appropriate behaviours and attitudes towards it.

On this day different departments got together to perform different acts which were all highlighting hand hygiene. Pharmacy department won the first prize followed by ward 5a and 5b which took the second prize. The third prize went to OPD.

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Then the CEO Rev. Gwala was informed that the MEC for health Ms Nomagugu Simelane and KZN Health Portfolio Committee has chosen Clairwood hospital to have a meeting with the department of health officials, the management team felt it was a good opportunity for Clairwood hospital to take the committee members around the hospital and show them the infrastructure including the services that are provided by the hospital.

Although the purpose of the visit was not was not meant for Clairwood hospital but the opportunity was used to confirm and update the Committee about the progress of transition since Clairwood was declared a district Hospital early in March.

Members of legislature were impressed with the state of the hospital and conditions of patients .







AD Finance Dr. SG Mkhize graduating with PhD



Dr. Mabaso farewell party with Rev. Gwala and Dr. G Desai



MRS. Mvubu during Mens event Q&A session



A.Nursing Mngr Ms. Rughoonandan



Senior management with guests during Men's event.



Catering team during Men's event



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### **IXOXWA NGEZITHOMBE**



Amadoda ecobhoza usawoti ngomcimbi wamadoda



Wawulungselelwe kanjena umcimbi wamadoda Kwesingezansi. Ingenkathi sekubuswa khona





Men having a snack during Men's event



Nurses celebrating their win during hand hygiene



Ndumiso Masuku during Men's event

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# ACKNOWLEDGEMENTS



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