



# ZIYASHA NEWS

Our indigenous knowledge, Our Heritage

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***Abasebenzi basesibhedlela I Clairwood benze isiqiniseko sokuthi usuku lokugubha amasiko luba yimpumelelo kulonyaka.***

The annual heritage day celebration is the biggest calendar event at Clairwood hospital. This day is seen as the most important day for staff members who always look forward to take part in activities of the day.

Heritage day has been largely embraced by the KZN department of health and it is receiving a great support across all races.

During heritage day event, smiles were on all the faces of all staff members who attended. Mr. Mbuso Khuboni (Public Relations officer) thanked them for showing love and interest in the different heritage and cultural practices.

Monghadi Khuboni ohlahisitse maikutlo ahae kaletsatsi lena, hore leka tekatekwa ke mang le mang mmoho ledi kampani jwalo ka letsatsi la peso nama.

`Haeba re tekateka tsatsi lena jwalo ka tsatsi la peso nama, moo re lahlehelwa ke monyetla wahore re rutane ka bohlokwa ba setlo sa motlo ka mong.`

Indidi ngendidi zamasiko abantu bezisonwabisa ngee ngoma zazo kunye nemidaniso yazo.

Icandelo lase Pharmacy lelona liye labalasele ekubonisaneni ngamasiko nezithethe zakwa Zulu kunye nezase Ndiya ngomculo kunye nomdaniso. Abasebenzi nabo babonakalise ukonwaba ngokutya kwesintu ababezilungiselele kona.

## Special Points of interest:

- ◆ Clairwood Hospital
- ◆ Tel: 031 451 5082
- ◆ [www.kznhealth.gov.za/Clairwood Hospital](http://www.kznhealth.gov.za/ClairwoodHospital)
- ◆ **Editor:**
- ◆ Mr. M. Khuboni
- ◆ **Editorial Team:**
- ◆ Ms. Sikhakhane

## Changing lives, is life changing



*Coptrust volunteers at Clairwood Hospital, Paediatric clinic during their outreach programme.*

The fulfillment that one can get out of working for God through the community by changing lives cannot be measured, this was echoed by The Community Outreach Program Trust (COPtrust) Volunteers who came to decorate the children's clinic at Clairwood hospital.

The outlook of the clinic changed completely after the completion of this project. Children are now always smiling and showing a keen interest in the animations. The Community Outreach Program Trust is an NGO set up to provide support and outreach to the local communities and people in need.

COPtrust came forward to brighten the place up and provided some welcome distraction for the children and parents. They also donated knitted toys to the children's ward which was warmly received by the children.

The Hospital is excited to have renewed links with COPtrust which dates back in 2010 when they first visited Clairwood hospital to see a Volunteer who was terminally ill. They provided transport to allow his family and friends from Mariannhill to visit regularly, and this soon progressed to a relationship with the NGO visiting other patients and wards.

## Happy Spring!



Hospital staff welcoming summer with their beautiful bright colours

Clairwood Hospital women's celebrated the end of women's month on 1st September 2015, together with spring day to welcome the summer season. Anyone could tell that this day was arranged for and by women. The standard was so high one would have mistaken the day with Durban July event.

More than 50 women were celebrating together and encouraging one another to always play a role that women are well known for which is to change the society and make it a better place for everyone

Different speakers of the day gave important lessons to all women and they were encouraged to always take care of themselves, to love themselves as they are, and to always usher love to their loved ones. It was a lovely day, everybody was excited to be part of this event.

Beauty tips were shared and women were given advice on how to keep themselves looking beautiful all the time. "Nobody should feel inferior towards someone else, as women we are a blessed gender and also you don't have to expect someone to tell you that you beautiful because God took too much of his time creating a women". Trivona said.

EAP (Nonhlanhla Buthelezi) told women gathering to take charge of their financial wellbeing. She gave simple tips on financial planning, and on how to save money on monthly basis and encouraged them to atleast save by starting small.

Social worker (Gugu Mhlungu) gave tips to women on how to communicate with their partners. She also spoke about the importance of maintaining a healthy relationships with their partners and children.

## Customer care workshop the Batho-Pele way



**Security officers during Customer care workshop**

Any organization's success depends on how much effort it puts in customer care. The Batho-Pele principles are the most important principles that guide all public servants on how to accelerate service delivery effectively and efficiently.

Public Relations Officer, Mbuso Khuboni conducted a customer care in-service training to Security personnel. The training was based on Batho Pele principles and its application.

The security officers were taught about their important role in the institution and were educated about how they can maintain safety and security by applying all Batho-Pele principles.

The training highlighted the perceptions which the public always have about security officers and how perceptions affects them when performing their duties. They were also given tips on how to behave regardless of any situation they faced with. Respect to customers was over emphasized.

Officers were participating fully by sharing their challenges and asking relevant questions. All challenges which were presented were address within a week after the in-service training.

Waste Management officer Ms. Hlengiwe Shabane and Ms. Phindile Vilakazi Health and safety Officer were given a slot to address officers about their respective portfolios.

**Public Relations Office would like to thank The Chief Security Officer Mr. Dlamini who made it possible for the training to take place.**

**All supervisors are requested to submit request for similar training.**

## Pharmacy and Issy Geshen



*From Left: Makhanya, Eddy, Matron Mbhele from Issy Geshen, Malebogo and Mbali, during their visit to lamontville.*

Clairwood Hospital has over the years considered outreach programmes as the most effective concept of reaching to the communities and provide free health benefits. As part of Pharmacy Week initiative, Pharmacy staff visited an old Age home in Lamontville to give health education. This is what Ms. G Desai Pharmacy Manager had to say when Ziyasha news crew visited the pharmacy to chat with Ms. Gita Desai Pharmacy Manager.

- ◆ **What was the outreach all about**  
Educating the elderly about chronic diseases and how to manage them.
- ◆ **Why did you decide to do this kind of outreach**  
It was part of our Pharmacy Week initiative for 2015
- ◆ **Why did you choose Issy Geshen**  
We supply chronic medication to the residents of Issy Geshen Home and the Home falls under Clairwood Hospital catchment area
- ◆ **What was the outcome or results from this outreach**  
Patients really enjoyed the talk given to them.  
They also appreciated the fruit distributed.  
They were given pamphlets for future reference.  
Staff also worked as a good team.
- ◆ **Are there any benefits of taking such programs to the community**  
Patients are educated about diseases and their medication at their own comfort.  
They did not have to join any queue for information.  
Patients could spend time with the pharmacist asking questions and taking control of their health.

### Clairwood Hospital Long Service Awards



Pic.1,2 and 3 staff who were honoured with Long Service awards

Ms. Ramashala receiving her award from Ms. S. Mkhize & Dr. S. Zulu

Staff members who reached milestone years of employment at Clairwood Hospital were recognized during the long service award held on the 07 August 2015.

The invited guests of honour were those employees who achieved 10, 20, and , 30 years of service with the dept. of health.

Giving an overview Mr. S. Khumalo Human Resources Manager thanked the recipients for having dedicated so many years working tirelessly for the public.

The Chief executive Officer Mr. N.B.L. Gwala told the recipients that years ago they began a journey that at times seemed impossible but they all persevered. “ some of you started with the dept. when you were young and you have acquired a great experience that today you use to teach the newly employed staff and that is a valuable contribution you make everyday when discharging your duties”

**IMICIMBI EYAHLUKENE IXOXWA NGEZITHOMBE**



HR staff during their outing



De la crème from Clairwood Hospital



Kwakshubile ku Le-anne beno Mzo



Netball team during the district sports tournament



Social work dept. during 16 days of activism campaign



Pharmacy staff during Pharmacy week initiative



Staff members during Women's Spring event



Mr. M. Mbhele during Ebenezer prayer



Ms. H. Shabane and Ms. P. Vilakazi during customer care



Injabulo ibhalwe ebsweni kubasebenzi ku Mkhuleko wokuphetha unyaka ( Ebenezer)



Kwakubuye kushube isimo kuwo lomkhuleko wokvala unyaka intshumayelo igaya kwasani



Pic 1,2,3,4 were taken during Heritage day celebration



Ms. Nhlanhlo Buthelezi organized a wellness day for staff, this pic was taken after a good aerobics session