

Clairwood Digest

May 2006

FROM THE EDITOR

Welcome to a long awaited publication of Clairwood Digest. Unforeseen circumstances led to the delay. The post for the hospital PRO is in the process of being filled and until then the Batho Pele committee has undertaken to continue with the publications of the Clairwood Digest.

Numerous events have taken place, many staff have retired and many new members have joined the Clairwood family. All this and more you will find enclosed.

All staff members are urged to bring forward suggestions, articles, and photo's etc. to make this publication a success and interesting.

CONTACT: MRS NS NAIDOO

ORTHO DEPT: EXT 5122

HOSPITAL ENTRANCE



Entrance

"Therefore, encourage one another to build one another up, just as you are doing." *Thess 5.11*

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EVENTS

a) Strategic Plan Workshop

This was a great success. Managers worked long hours to compile their Strategic objectives.

The tranquil, peaceful setting of the Drakensburg contributed to a team spirit that was enhanced during the workshop.



b) BFHI

The baby friendly hospital initiative has commenced at Clairwood. Mrs Dladla and the team are busy educating mothers on the advantages of breastfeeding. Posters are placed in key areas. Bottles are not used anymore instead cups and spoons are now in use.



c) QIP

The Quality Improvement team is moving on steadily under the leadership of Mrs Dladla and Mrs Naidoo. The 2nd quality rounds was done on 2006-04-25. This was a success with an improvement in score from 69% to 89%. Congratulations to all staff. Next quality rounds will be in July and we hope to improve our score. The QIP Team urges all staff to maintain this high standard not only for inspection but to ensure that our patients get only the best care.

d) BATHO PELE

This Committee is moving ahead with leaps and bounds, headed by Mrs Dladla and a dedicated team. The polio week 2-8 May was celebrated with talks on Polio eradication and a fun walk at the hospital on the 2006-04-05. The fun walk was conducted with a lucky draw. Child Protection Week was commemorated by a very informative seminar on the 30 & 31 May. This was the effort of our very able Social Worker Mrs Mxhakana.

World No Tobacco Day was also commemorated by the pharmacy dept. Staff and patients were counselled on the hazards of smoking and given plans to help them quit.

A party for the children in hospital is planned for the 2006-06-09.

Look out for the next issue for more interesting events.

e) OPEN DAY

The hospital Management is planning an open day to be held in August. A committee has been set-up under the leadership of Mr Lenny Kisten (ext 5050). Contact Lenny if you have ideas, suggestions or talents.

f) H.C.F

Hospital Christian Fellowship is held every Tuesday at the chapel from 13.00 to 13.30. We are fortunate to have the services of a very dedicated minister, Sister Audrey Singh. All are welcome. Sis Audrey is always willing to minister to anyone in need.

JOKE

In season.

'Why are days longer in summer than in winter? The science teacher asks the class. Johnny's hand shoots up and he says 'all things expand when warm and contract when cold.

2. NEW ARRIVALS

The stork has landed. Mrs Peggy Naidoo – AD of the Physiotherapy Department is proud to announce the arrival of her daughter Keemiya on 3 Jan 2006.



Keemiya

Princess Diaho from Registry had a daughter by the name of Nthatoua.



Nthatoua

Denver Naidoo – G/O had a daughter – Jadine Estelle on 2006-05-08.

Congratulations to the above staff.

3. RETIREMENTS AND DEATHS

We bid farewell to the following staff and wish them a long, healthy retirement.
December 2005

CPN - G N MBUYAZI
ENA - V T NHLEKO
ENA - N V MINELA
PN - V DHLODHLO
January 2006

CPN – N M MEMELA
February 2006

PN – M J NDLELA
March 2006

CPN – S P MDLALOSE
SEN – N E MAYISE

DEARLY DEPARTED

The hospital mourns the loss of 2 staff members.

- 1.enrolled nurse Jabu Dlamini – 2005-12-05
- 2.cleaner – N G Molefe – 2006-05-04

Psm 9.9 'The lord is a refuge for the oppressed, a stronghold in time of trouble'

BELIEVE IT OR NOT

Bird droppings tend to land more frequently on white cars. Why? Apparently, the birds associate the colour with their predators.

4.NEW STAFF

Clairwood hospital welcomes all new staff and hope your stay is long and happy.

- 40 general orderlies
- 9 ward clerks

5. SERVICES OFFERED AT CLAIRWOOD

EMPLOYEE ASSISTANCE PROGRAMME – This is a free of charge service offered to all employees.

It is entirely confidential and voluntary. Trained EAP practitioners are available to assist and council staff on issues eg. marital problems drug and alcohol related problems or any other personal problems.

NAMES AND CONTACT DETAILS OF EAP PRACTITIONERS

<i>MRS L GEORGE</i>	<i>EXT: 5178</i>
<i>MRS Z.P GUMEDE</i>	<i>EXT: 5153</i>
<i>MRS T.P DLADLA</i>	<i>EXT: 5060</i>
<i>MRS S.M NTONGA</i>	<i>EXT: 5138</i>
<i>MRS M.HLOPE</i>	<i>EXT: 5145</i>
<i>ZAMA MAKHUSANA</i>	<i>EXT: 5068</i>

SICKBAY – opened Monday to Friday

DENTAL CLINIC – opened during office hours

OUTPATIENT DEPT – offers a primary health service

THUSONG CLINIC – offers voluntary testing and counselling, ARV's are also offered.

TB CLINIC – opened to the public from Monday to Friday

OPTOMETRY SERVICE – a free service will be available on the 1st and 3rd Friday every month from June

HOT TIP

Human contact is good for the soul- don't grope every hot guy or girl in sight but a squeeze from a pal will cheer up any day.

6. RECIPE.

QUICK SPONGE CAKE

INGREDIENTS

1½ cups cake flour
3tsp baking powder
¾ cup sugar
½ cup boiling water
½ cup cooking oil
3 eggs
1tsp vanilla essence

METHOD

Grease a 30cm-baking pan. Beat eggs, sugar, and essence until light and fluffy. Add water and oil and mix well. Add dry ingredients. Bake at 180c for 10mins. When cool top with whipped cream or butter icing.

MONEY MATTERS

Ronnie is about to leave for the office when his wife asks 'Dear, does money talk' Yes, that's what they say' he replies 'Well, then I wish you would leave some here to talk to me during the day –I get so lonely'

CONCLUSION

I hope you enjoyed this publication and if you have any ideas please bring them forward. Thank you for your support.