

ZIYASHA NEWS

CANDLE LIGHT MEMORIAL AT CLAIRWOOD HOSPITAL

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- CLAIRWOOD HOSPITAL
- Tel. 0314515000
- Fax 031 4621993
- www.kznhealth.gov.za/clairwoodhospital
- Editor Mbuso Khuboni
- Public Relations Team
-



In Commemoration of the candlelight Memorial' quarter century of remembrance, awareness, and activism, THUSONG CLINIC & COMMUNICATIONS DEPT. coordinated this event which included the staff

and clients of the Hospital. The presence of Rev. Mantini from Methodist Church in Umlazi E section was a blessing as he delivered a very encouraging words supported by the word of God.

The staff of Clairwood Hospital were singing like angels kunanela namakh-simende ethu. The candle light memorial is committed to ending and reducing stigma & discrimination against people who are affected.
See pictures on page 4& 6

*check TB
now be-
cause it
can be
cured*

*FINISH
YOUR
MEDICA-
TION
AND
AVOID XDR
TB*

T B CAMPAIGN

One of the 2008 highlights of the communications Dept in conjunction with TB clinic was to spread messages of TB in the catchment areas of the Hospital

This campaign was a successful initiative which will always be remembered by the crew that visited AJ Mwelase High School and Wema Hostel

There was a clear message from sister Zimu informing our communiuden areas about this pandemic.



Members of the team that visited Wema Hostel.



Students singing

A J MWELASE

Children are the most effective tool in conveying the message and A J Mwelase proved just that. On the 29th of April 2008 Clairwood Hospital visited this school. The attendance by students were remarkable as they filled up the hall . The team, Matron Gumede, Sister Mzinyane and Steve Moroke did a splendid job. The students asked impor-

tant questions and the team provided good answers.

caps, bags and juice bottles were given to the pupils. DJ Bongumusa Gumede played the music kwahlanya ingane.



WEMA HOSTEL

Kwasho bani ukuthi i-Clairwood Hospital ikhetha iphela emasini? Uyozisholo wena ngoba abasebenzi balesi sibhedlela bafika nalapho ungacabangi khona.

I-Clairwood Hospital isiza umphakathi ngokungachemi ukuthi uhlala emzini wezin-sizwa, elokishini noma kwabadla izambane likampondo akusho lutho lokho.

Iziyasha ibikhona e-Wema kufundiswa umphakathi wakhona ngesifo sofuba. I-Hostela ezinye zezindawo ezimumatha abantu abaningi abahlaselwa yilesi sifo Njengoba behlala Ngabaningi endlini. Abahlali base Wema bakuthakasele ukuvakashelwa ithimba lase Clairwood Hospital baze baphinda banxusa ukuba aboliphinde libuye ngelinye ilanga.

Ubezwa bekhuluma abahlali ukuthi sibahlukumezile nasi isifo. Izinkulumo bezishubile uSister Zimu no Senior nurse Ngcobo bechazela abahlali ngalesi sifo futhi ubona ukuthi bachazeleka kahle ngoba ububabona ngokunqekuzisa amakhanda ukuthi bayizwa kahle indaba. Baphiwe izikibha nezincwajana ezikhuluma ngalesi sifo sofuba.



Abahlali base Wema

*Listening
is a skill
that we all
need to
master so to
be able to
understand
others and
ourselves
by: khaya*

*In life you can
never be too kind
or too fair; every-
one you meet is
carrying a heavy
load. When you go
through your day
expressing kind-
ness and courtesy
to all you meet,
you leave behind a
feeling of warmth
and good cheer,
and you help alle-
viate the burdens
everyone is strug-
gling with." -- Brian
Tracy*

Floods at Clairwood

DURBAN CAME TO A STAND STILL

It was a sudden strike that no one expected and it destroyed roads, buildings, cars etc.

Ziyasha news witnessed the damage that was caused by the floods across Durban even some members of the crew were also affected by these floods.

Clairwood Hospital merely came to a stand still when these floods attacked as the damage was visible through our wards and departments.

Some of our employees worked tirelessly to clean up their departments.

Some wards and departments had to be closed

Our passages were full of sand that you couldn't even point where it came from as most of our premises is concrete and seem impossible to find sand anywhere in the hospital.

To the staff who worked hard in their departments to make sure that daily operations are not affected by the floods we salute you. You guys showed that u care and you love your departments

Do not wait; the time will never be "just right". Start where you stand, and work with whatever tools you may have at your command, and better tools will be found as you go along.





Kwakuqhuma ivesi ke la



Its always good to see a smile from the nurses



U sister Mngoma exilonga u Refioleo kwi staff wellness day



Extended management members during Labour Relations workshop



Staff lining up for check ups during the staff wellness day



CELEBRAL PALSY WEEK



Clairwood Hospital Paediatric Rehab Committee organized a Cerebral Palsy Week which started on 12-14 May.

Toys and goody bags were donated by external benefactors. And special meals were organized by finance & catering dept.

The event was well attended by the staff and patients. A special thanks to the organizers of the event.



CP Committee members from left Deshni, Lindy, Zandle & Anele

It is the Law that any difficulties that can come to you at any time, no matter what they are, must be exactly what you need most at the moment, to enable you to take the next step forward by overcoming them. The only real misfortune, the only real tragedy, comes when we suffer without learning the lesson."



Kids receiving goodies on Cerebral Palsy week



Abahlali base Wema nge TB Campaign



Lelibhangu lalazitika ngembuzo ye TB e AJ Mwelase



Thusong clinic staff on candle light ceremony



Umphakathi wase Wema ulalele inkulumo



Mrs Ndaba & Mrs Linda on candle light ceremony



Candle light ceremony



Abafundi base AJ Mwelase High School



Sister Nzama responding to the questions from learners

Ziyasha chilling with Louisa Ogle the netball star



Ziyasha sports interviewed Clairwood Hospital netball sport co-ordinator and one of the best and long serving players ever produced by Clairwood Hospital. Khaya Cele had an opportunity to chat with this star.

Khaya: Good day Mam-Louisa

Louisa: Good day Khaya.

Khaya: Mam-Louisa where do you come from?

Louisa: I come from the Transkei but now I live in Newlands East.

Khaya: Mam-Louisa what drove you to netball?

Louisa: It was stress, when I had stress I use to go and play netball and it would relieve my stress.

Khaya: Mam-Louisa when did you start playing netball for Clairwood Hospital?

Louisa: I started playing for Clairwood in 1990.

Khaya: Mam-Louisa what do you do to keep yourself fit?

Louisa: I do walks and joggings

Khaya: Mam-Louisa what position do you play?

Louisa: I play defense for the team.

Khaya: Mam-Louisa what do you think should happen to uplift the netball team?

Louisa: If Clairwood could join hands and play netball we would go far.

Khaya: Mam-Louisa what other things we didn't know about you?

Louisa: I am married with 6 children and enjoy farm food.

Khaya: Thank you Mam-Louisa for taking your time to speak with us.

Louisa: anytime



The Numbers are often a baffling thing to me, especially when you are talking about monetary figures with nine numbers. According to the [The Guardian](#), Real Madrid are willing to pony up \$107 million to pry CR7 away from Man Yoo. That is £54m, €80m or \$27,713,029,960 Zimbabwean dollars just for the right to bring the crossover to the Bernabeu. Then they would have to pay him a weekly salary in the neighborhood of £140,000 (48,819,347 Yemeni Rial)

FAMOUS QOUTE

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover." -- Mark Twain