

“NQONQO - SIKHULEKILE EKHAYA” NHI AT WORK AS KZN HEALTH MEC TAKES SERVICES TO THE POOREST OF THE POOR IN MTUBATUBA



KZN MEC for Health Ms Nomagugu Simelane-Zulu and the Department's senior management committee rolled up their sleeves to experience, first-hand, the day-to-day work of the Ward-Based Primary Health Care Outreach Team (WBPHCOT), and Community Care Givers (CCGs) during a visit to Vezobala and Khiphinkunzi areas of Mtubatuba on Tuesday (19 November 2019).

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They launched the Department's brand-new *"Nqonqo – Sikhulekile Ekhaya"* door-to-door programme, which puts emphasis on the ward-based system – as espoused in Government's new National Health Insurance (NHI) programme - and involves the provision of services at a household and community level.

They split up into six teams - each made up of a doctor, a nurse, and Community Care

Giver, among others. They assessed patients; facilitating treatment for chronic and other ailments; identifying and tracing those who default on medication and referring them to hospitals accordingly.

In one household, an elderly woman was found to have severely high blood pressure, and an ambulance was summoned and arrived after just a few minutes to take her to hospital.

The Department, under the sixth administration, has

already launched a number of community-based healthcare approaches, including but not limited to #IsibhedlelaKubantu, which brings a comprehensive range of healthcare service to the doorstep of communities who live far from health facilities.

However, there are still many people who are sick, some bedridden, at home and unable to access healthcare services. They rely solely on these Ward Based Primary Health Care Outreach Teams.

The overall objective of this "Nqonqo - Sikhulekile Ekhaya" initiative - which will take place once a month in various districts - is therefore to improve health outcomes in the Province, by focusing on preventative, promotive, curative and rehabilitative healthcare in an integrated, comprehensive and effective way.

WARD BASED OUTREACH TEAMS DESCEND ON MTUBATUBA



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MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL.

It was a busy morning at Zwelisha, ward 4 of Mtubatuba District Municipality on Tuesday this week when KwaZulu Natal Department of Health Ward Based Outreach teams took a comprehensive package of health services to the people. About 6 teams made of clinicians, Community Healthcare Workers and Departmental officials combed

bush settlement of Zwelisha, knocking at each household to conduct disease prevention, give health education and conduct health promotion.

They interacted with local residents and engaged them extensively about their health and wellness. Residents (old people and children) were thoroughly examined and

some were issued with referral letters to Siphozungu clinic for further consultation and treatment.

One family was found with 5 children aged between two to ten, all suffering from scabies. The children had lesions all over their body. The family was educated about the disease and necessary steps to do to

now help the children get better. Their immunization cards were also inspected and some received medication for deworming.

The outreach also brought Operation Sukuma Sakhe at work as other household needs were also assessed and noted for referral to the War Room.

WHAT THE PEOPLE HAD TO SAY

The Department of Health spoke to some community members and this what they had to say:

Ms Sithembile Manqele (37 yrs old) (Mtubatuba, eDukuduku)

I am happy to see the KwaZulu-Natal Department of Health workers led by the MEC, in visiting our home. Here at home we have our grandmother who has been sick for a very long time. Today I'm relieved because I know that she will get better because the ambulance took her to clinic. Usually if we want to take her to kwaMsane clinic we have to hire a car which is very costly. We wish this could happen more often.



MaNtombini Mthombeni (Mtubatuba, eDukuduku)

I am very happy to see the KZN Health crew visiting our home. The Community Health Workers always come here. The Department of Health is taking care of us. I would like to thank the MEC for the initiative because doctors and nurses are busy screening my family. I am very much impressed with the programme. A big thank you to our Government.



Thuleleni Ntuli 35 yrs old Community Health Worker (Khiphinkunzi ward 04)

I am very happy to be visited by the MEC and the executive of the Department to come and see some of the challenges we encounter when we are giving health services to the people. They have experienced themselves what we go through on a daily basis. I would like to take this opportunity to urge the public to welcome us with warm hands in their homes, because we visit them to give them health services.



Dr Zamagcino Virginia Myeni (oThobothini Medical Manager)

Primary Health Care is the most important thing, especially now as we are talking about the NHI. If you look at it, many chronic diseases are diseases that we

can prevent. So if we as healthcare professionals are able to visit families and see what is really happening there and assist them, it's good. It's really good if its multi-disciplinary teams that are visiting those families. Because when we visit them we identify the problem and we treat those who need to be treated and we transfer those who need to be transferred. So, we've started the programme here at uMkhanyakude, which is really a good thing. We visited two families, in the first family we have seen an old lady that needed to go to the hospital; she was transferred as an emergency. In this house that we are in right now, we have seen 2 patients that need to be transferred not but as an emergency. This is going to improve the lives of the people.

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NHI PUBLIC HEARINGS DATES

Date	District/Local Municipality	Venue	Time
Fri, 22 Nov	Jozini Local Municipality	Makhonyeni Hall Ward 5	13h00-18h00
Sat, 23 Nov	eThekweni Municipality	Olive Convention Centre	10h00-15h00
Sun, 24 Nov	UMzimkhulu, Harry Gwala	Clydesdale Community Hall	10h00-15h00
Mon, 25 Nov	Endumeni Local Municipality	Glencoe Town Hall	14h30-19h30



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LATEST STUDY GIVES S.A. A THUMBS UP FOR HIV STATS



The South African National HIV Prevalence, Incidence, Behaviour and Communication Survey (2017) showed satisfactory HIV/AIDS results in the country.

The study, which was recently published this year, was formed in collaboration with multiple funding agencies such as UNICEF, USAID and UNAIDS and local stakeholders such as the NICD and the University of Cape Town amongst other stakeholders.

These are some of the key conclusions:

- The number of new infections has decreased by nearly 39% since 2012. Less than 250 000 new infections were estimated to have occurred among people aged 2 years and older in South Africa by 2017.
- The number of people living with HIV who are receiving ARVs has doubled since 2012. The estimate for 2017 was 62.3% compared to 31.2 % in 2012.
- Over two-thirds of males aged 15-24 years had been circumcised and more than half of these were medical circumcisions.
- Male testing rates are now almost equal to those of females
- Overall, 85% of respondents living with HIV knew their HIV statuses, 71 % of these were on treatment and 86% of them were virally suppressed.
- The results showed that most respondents held positive attitudes toward people who live with HIV
- KwaZulu-Natal had the highest Anti-Retroviral Treatment (ART) exposure (69.8%) or 1.2 million people living with HIV who were on ART, followed closely by the Eastern Cape (68.2 %; n= 653 000) and Mpumalanga (65 %; n= 437 000)



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VIRAL HOSPITAL VIDEO:

KZN HEALTH MEC WELCOMES IMMEDIATE SUSPENSION OF NURSE FOR ALLEGED USE OF FOUL LANGUAGE WHILE ATTENDING TO A PATIENT



KwaZulu-Natal Health MEC Ms Nomagugu Simelane-Zulu issued a stern warning to all healthcare professionals in the Province that the mistreatment of patients will not be tolerated.

The MEC welcomed the immediate suspension of a nurse from Prince Mshiyeni Memorial Hospital, who was caught on video allegedly using foul language to refer to a patient in her supposed care.

The 30-second video clip, seemingly captured by another patient, has been shared extensively on social media. In it, the nurse is seen severely admonishing a patient in his hospital bed.

"Why are you so insolent, you piece of sh..? Hey, v....sek. You're wasting my time. I'm trying to put on a drip to try and help you... You want tea? Are you here to drink coffee and sleep? Do you think this a hotel, where we must provide tea and coffee for you?," the nurse can be heard saying.

MEC Simelane-Zulu said she was shocked and appalled by the nurse's apparent attitude, and has declared that there is no place for such conduct in the Department.

The MEC said: "We are extremely taken aback by the nurse's attitude as depicted in the video. I don't care what the circumstances are, or what had frustrated the nurse, but that is just NOT the way to address a patient. Our fellow compatriots come to our health facilities out of a desperate need to receive

care, support, and overall nursing so that they can overcome whatever ailment they are suffering from. They have no-where else to go.

"And every nurse takes a Pledge whereby they solemnly swear to commit themselves to the service of humanity. In the Pledge, they promise to endeavour to practise their profession with conscience and dignity. They say the total health of their patients will be their first consideration. They also make a vow to maintain, by all the means in their power, the honour and noble tradition of their profession.

"So, when we see something like this, which is diametrically opposed to those ideals, we have to act very decisively. Such behaviour is abhorrent, and besmirches the good name of the majority of nurses, who are respectful, committed and dedicated to their work.

"This nurse has been placed on immediate suspension, pending a full investigation into her conduct. We want to send a strong message that the days of mistreating patients are over. Both patients and healthcare workers have rights which must be respected. You misbehave, we deal with you."



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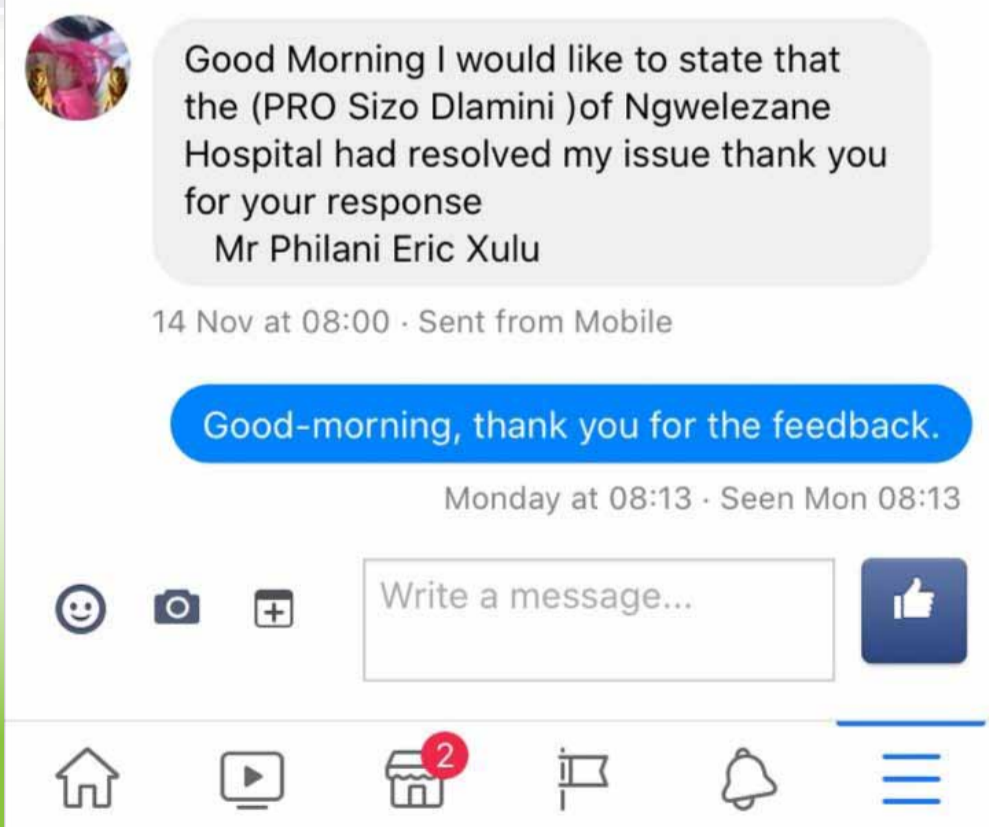
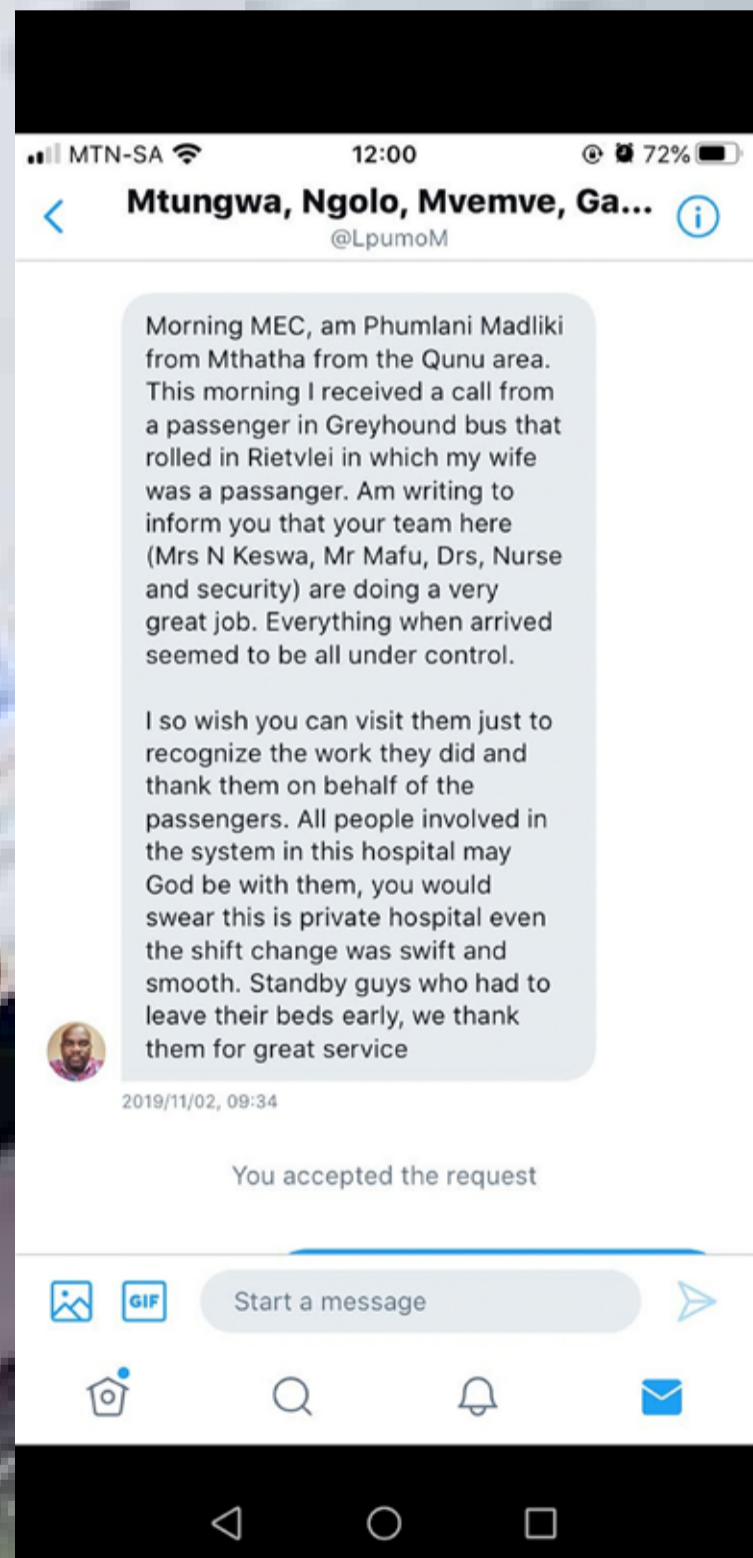
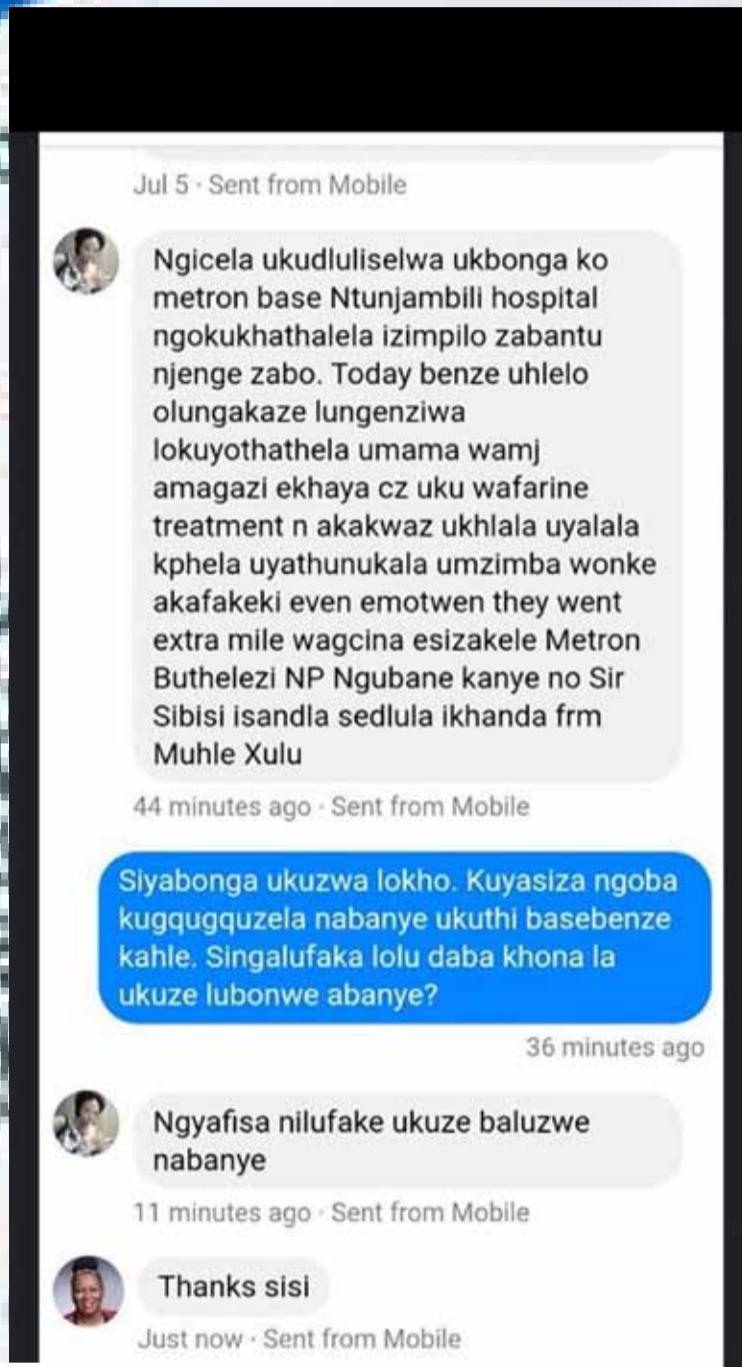
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THANK YOU NOTES

(COMPLIMENTS SENT TO THE DEPARTMENT VIA FACEBOOK)



WHO SAID WHAT THIS WEEK

"When President Ramaphosa appointed me as the Minister of Health he gave me a key mandate: to ensure that NHI is implemented."

- **Dr Zweli Mkhize**

"It's estimated that every 5 people with diabetes are unaware that they have it. It's not about the treatment but the knowledge that people must have around Diabetes"

- **Dr Zweli Mkhize**

"The three life sentences handed down to the rapist and killer of UCT student Uyinene Mrwetyana by the Cape High Court are befitting of this heinous crime."

- **President Cyril Ramaphosa**



INVENTIONS THAT SHAPED THE WORLD: THE ARTIFICIAL PACEMAKER



Revered in Canada as the father of biomedical engineering, John Hopps made many contributions to the field of medicine. He is perhaps best known for the invention that keeps hundreds of thousands of hearts beating around the world: the cardiac pacemaker.

Hopps serendipitously observed that an electrical impulse would cause the heart to contract and that repetitive stimuli, that is, pacing, would allow this to occur over a prolonged time.

Hopps and others went on to develop a series of experiments to refine this process for pacemaker-induced cardiac stimulation. With the parameters derived from these

initial experiments, Hopps returned to the National Research Council in 1950 to design and build the first pacemaker prototype.

Resembling a small table radio, the device measured 30 cm in length, used vacuum tubes to generate pulses, and was powered by a 60-Hz household current. Hopps then developed transvenous catheter electrodes, which could be passed through the external jugular vein and eliminate the need to open the chest for heart stimulation.

The same catheter electrodes that were part of the original pacemaker continue to be used in today's modern implantable versions.

Source: <https://www.bcmj.org/articles/john-hopps-and-pacemaker-history-and-detailed-overview-devices-indications-and>



KZN HEALTH IN PICTURES



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