

IT'S ALL SYSTEMS GO FOR EASTER BREAK



KwaZulu Natal Roads will soon be much busier as traffic volumes start to pick up with visitors coming into the province during the upcoming Easter Holidays.

The Zulu Kingdom is a famous destination which is always buzzing with tourists during this time of the year. This is indeed an important period of economic injection though the hospitality industry and needs multi stakeholder collaboration (hospitality industry, Security cluster, Emergency and Medical Services) for it to succeed.

This too, will be a busy period for KZN Emergency Medical Services (EMS) since the Easter break is often marked with a high demand for EMS response to different incidents. The KZN EMS is geared up to provide medical support and treatment to emergency services emanating from incidents of trauma, violence and injuries. The EMS teams are

well prepared to render the much needed life support to those in need and will be grouped accordingly.

Ambulances will provide different levels of care based on the Qualifications of paramedics on board:

1. Basic Life Support (BLS) = provides levels of care for non-critical cases.
2. Intermediate Life Support (ILS) = provides medical care for critical injuries or ill patients but not immediately life threatening.
3. Advance Life Support (ALS) = provide clinical care to critical or ill patients with immediate life threatening conditions.

Callers to our EMS hotline are therefore urged to provide correct information about the patient in order for Emergency Medical Services to dispatch an appropriate

resource.

Ambulance Emergency Number: 10177
Alternative Number: Provincial Health Operations Centre 0800 00 5133

Advice to the public when phoning any emergency number:

- Give full details of the reason for calling the emergency number (there has been a car accident etc.)
- Answer all the questions you are asked;
- Do not exaggerate the extent of the emergency;
- Do not hesitate to give a phone number that you can be contacted back on;
- Provide clear and exact directions to where the emergency is.

KZN EMS will dispatch its fleet (50 Ambulances, 13 Advanced Support units, 7 rescue units and 2 Helicopters) to maintain visibility in strategic areas throughout the Districts of the province and on busy days.

Healthcare workers in all facilities will also work hand in hand with EMS to treat all cases and do their best to save lives.

Target dates 18th April 2019 to 08th May 2019

- 18th April'19 (Good Friday Eve travelling day)
- 19th April'19 (Good Friday)
- 21st April'19 (Easter Sunday travelling day)
- 22nd April'19 (Easter Monday)
- 26th April'19 (Freedom Day Eve travelling day)
- 27th April'19 (Freedom Day)
- 30th April'19 (Labour Day Eve travelling day)
- 01st May'19 (Labour Day)
- 07th May'19 (Election Day Eve travelling day)
- 08th May'19 (Election Day)

MEC DHLOMO WELCOMES NEW EVIDENTIAL BREATH ANALYSTER ALCOHOL TESTER



KwaZulu-Natal Health MEC Dr Sibongiseni Dhlomo is confident that a new system that immediately determines the blood-alcohol level in a motorist's body will see fewer hospital admissions and deaths due to road crashes caused by drunken driving.

The brand-new Evidential Breath Alcotest (EBAT) issues the blood-alcohol results immediately, eliminating the need for a blood sample to be sent for analysis by a district surgeon, which could take up to six months due to backlogs. The system was introduced by

national Transport Minister Dr Blade Nzimande during the launch of the Easter holiday road safety programme in Pietermaritzburg today.

According to the Department of Transport, the device takes into account gender and age, and prints the results on thermal paper which lasts seven years. MEC Dhlomo says that injuries and deaths due to alcohol-fuelled road crashes eat into the province's limited health budget. He is hoping the EBAT system will deter motorists from driving under the influence of alcohol, and help save human and

financial resources. "Listening to the plan by Transport Minister Dr Blade Nzimande was heartwarming... That they'll do everything possible to decrease and curb injuries on the roads through accidents, and that their main targets is people who drive while drunk. I'd wish that as the Department of Health we'd create a baseline, especially in KwaZulu-Natal being a tourist attraction, to gauge its impact before and after its implementation.

Right now we see so many people admitted in our hospitals due to accidents on the road that are

related to drinking and driving. And some of those casualties end up in our forensic mortuaries. And yes indeed, test results do confirm the presence of alcohol in the system of those who are affected. We'd want to commend the Department and say we'll support this.

The pathophysiology of alcohol is such that it goes into the nerves and impairs the functioning of some nerves, making them numb and unable to be sharply responsive to situations on the road. And therefore they make people to be less able to make judgement, such as the distance of other vehicles

from them. "It's going to be a huge success comparing the before and after the intervention of this big plan.

I hope this is going to be a deterrent, and I'm looking forward to reduced pressure on the healthcare system due to this."

KING EDWARD HEALTH MISSIONARY, DR MUNIAN, AIDS MOZAMBIQUE AFTER CYCLONE IDAI

Following the destruction of tropical cyclone Idai in Mozambique, a call was made to paediatricians on a Sunday morning to assist in rescue efforts. King Edward VIII Hospital's Paediatric Unit responded within a few hours.

The hospital's Dr Leanne Munian, a consultant paediatrician, had bravely volunteered. Dr Kimesh Naidoo and her team swiftly took over her duties.

Dr Munian became part of a core medical team which flew out to Beira on 25 March to work with the ground team for a week. Upon their arrival, they were met with

destroyed roads and homes that had been washed away. The need for humanitarian and medical aid was great. Three doctors, including her, travelled by a military helicopter to Estaquina, where approximately 6 000 were severely affected.

The camp she was situated in served as both a base for the search and rescue teams as well as a drop-off zone for food aid. It lay adjacent to a local clinic and soccer field which was used as a helipad. Work began in earnest the next day, with an astounding 70 paediatric patients and another 50 adult medical patients treated before midday. Paediatric cases suffered from diarrhoea and respiratory illnesses with around a third of

patients being diagnosed with malaria. This presented a challenge when both malaria rapid kits and anti-malarials ran out. Vaccines were also shortened by the lack of electricity needed to store them in cold temperatures. Additionally, there was also a large number of children who were malnourished.

That afternoon, the medical team was approached by members of a community response team, working in the central regions of Manica and Sofala. They had identified isolated communities who had not received any medical attention, two weeks into the disaster. In response, half the team was deployed to assist. A further 100 patients were seen at a clinic attached to a camp, before

being flown to a remote area where 350 families received helicopter drop offs of bags of maize meal and much needed medical care. The following day, another village was seen in the only building left standing in that area, a school. Once a place of learning, it became a shelter and makeshift clinic and day hospital. Reflecting on the mission Dr Munian says, "I had realized how fortunate we are in South Africa, how important health care provision is in times of crisis and how vital responding to neighbours in distress remains.

It was a truly humbling and inspiring mission and I hope and pray the situation improves in Mozambique."



Dr. Leanne Munian



PARENTS NEED TO ADAPT TO MODERN TIMES, SAYS PAGEANT FINALIST, DR MADLALA



Following a number of abandoned babies discovered in KwaZulu-Natal recently, philanthropist, Operation's Manager at King Dinuzulu Hospital's Antenatal Ward and now beauty pageant finalist Dr Nomusa Madlala (45) has a possible antidote.

Dr Madlala, fondly known as 'Mam Sphithiphithi', frequently hosts holiday camps with high school pupils in a bid to occupy them. "When I started the camp I asked them, 'Who do you trust?' and they listed their siblings, their neighbours and so forth. They didn't mention their parents."

She realized then that a contributing factor to the high number of teenage pregnancies and substance abuse was the broken relationship between parents and their teenagers.

"Parenting styles need to change. The way we raise our children shouldn't be the same way that we were raised. Ultimately parents should talk about sex —it's not enough to just say, 'Don't talk to boys'— and spend time with their children. A lot of these young people said the only time their parents spoke to them was to scold them, there's no room to tell their parents they're lonely or to ask them questions. But their peers listen."

In addition to the camps, with the blessing of King Dinuzulu Hospital management, she invites youth to a tour of the antenatal wards and

educates them about the complications associated with teenage pregnancy and the availability of contraceptives in the Department's facilities.

It is this contagious passion and warmth that has won the hearts of panelists at the Tammy Taylor Mrs SA pageant recently. This same passion drove her to found the Sakha Isizwe Ngomuntu Wesifazane organization.

This multifaceted organization seeks to empower women first and foremost and society as a whole.



Vote for Dr Madlala by SMSing 'Dr Nomusa Madlala' to 35959 or by liking her photo in the Mrs SA Facebook page. You can also catch her show "Sakha Isizwe Ngomuntu Wesifazane" on 1KZN, channel 261 on Dstv on Sundays at 11:45am and the repeat on Mondays at 9:50pm.

HOSPITAL MURDER-SUICIDE: MEC DHLOMO COMFORTS COLLEAGUES OF SLAIN RIETVLEI HOSPITAL FINANCE OFFICER



KZN Health MEC Dr Sibongiseni Dhlomo has comforted the colleagues and relatives of a 38 year-old finance officer from Rietvlei Hospital in Umzimkhulu, who was gunned down by her husband before he turned the gun on himself on Friday, 5 April 2019.

The MEC is also urging women to try and leave abusive relationships before it's too late. It is alleged that Mrs Zamadeyi Goodness Ngaleka was fatally shot by her husband inside a vehicle outside their home in Murchison. A neighbour made the gruesome discovery of the couple's lifeless bodies after he had noticed their car parked in front of the house with its hazards on.

It was a cruel end to the life of a dedicated public servant, who has been described by her colleagues as "reliable, friendly, straightforward and work-working." After obtaining a Diploma in Finance Management at Oxbridge Academy in 2012, Mrs Ngaleka worked in

financial positions at St Andrews, St Apollinaris, and Gamalakhe Community Health Centre. She was appointed senior finance service officer at Rietvlei Hospital in 2016. Following a visit to the hospital on Tuesday, MEC Dhlomo said: "A week ago, we were at a memorial service for two staff members who died in a painful way. One was shot while about to enter a clinic, and the other died suddenly, while working in the theatre. Now, seven days later, we are at Rietvlei, after one of our staff members was shot by her husband. We really mourn her loss.

"We plead with couples to continue in the mode of loving and respecting each other. But we sometimes feel that women give so

much respect and love, and get nothing in return.

"If the love and respect are not reciprocated, just get out of that relationship before we get to such a tragic incident. Yes, you might contemplate whether you'd be able to survive and take care of your children alone, but God will provide... rather than to stay in a relationship that has such an ending.

"We are here now, talking of two children an 18 year-old and a four year-old who are without parents because of a relationship that has gone so badly, that in the end we find a man killing a woman in this way.

We send our condolences to both families... because even the family of the perpetrator did not send him to do something like this. We send words of comfort to the hospital and the entire team of those who worked with her."

Mrs Ngaleka will be laid to rest this Sunday at Gamalakhe, leaving behind an 18 year old son and 4 year old daughter.

AND SO THE COUNTDOWN BEGINS... MASEA 2018/19 IS ON THE HORIZON



Excitement is in the air as the MEC's Annual Service Excellence Awards (MASEAs) draw closer. The much anticipated MASEAs will come to fruition on 26th April.

This year, the judges' panel consisted of high profile individuals, who have faithfully served many years in both the public and private health sector. Their onerous task was making the final call on the awardees that shone brighter than them all.

The logistic teams have been and continue to be busy in the background, ensuring that this

prestigious occasion, like others before it, is one to remember. Characterized by splendour, scrumptious food and entertainment, each MASEA has been memory making. However, this year will be a bitter sweet one, as it is probably the last one that Dr Sibongiseni Dhlomo will be hosting as the MEC elect, especially because this event was inaugurated in his tenure in 2013.

Among the many categories is an award for the Best Employee, the Best Senior Manager, the Best Performance in National Core Standards, and implementation of Medical Male Circumcision, the 90-90-90 strategy, Ideal Clinic Realisation and Maintenance, Paediatric Health and Maternal Health and other areas of service

excellence.

In the Special Recognition and Special Awards, the MEC and Head of Health, Dr Musa Gumede, will recognize those individuals and teams that have won accolades elsewhere and those who demonstrate what really going the extra mile means, even if the circumstances are not the most favourable. These winners are a true representation of "Thuma Mina"

Please note: The event is by invitation only, exclusively for nominees or representatives of nominated facilities

HEAD OF NHI AWARDED 10 YEARS OF SERVICE EXCELLENCE



Mr Mfowethu Zungu, the Deputy Director General of Macro Policy, Planning and National Health Insurance (NHI) in the Department of Health, KwaZulu-Natal, was recently awarded a certificate for service excellence after serving in the public sector for 10 years.

Previously he was employed at the National Department of Health as a

Deputy Director General responsible for the coordination of piloting the NHI Green Paper Policy Initiatives. He holds a Master of Science (LCM) from Leeds Metropolitan University in the United Kingdom and is an undergraduate alumni of the North West (formerly Potchefstroom University) and Stellenbosch University in South Africa.

With over 25 years of experience in the health sector, the Department is honoured to have Mr Zungu in its service.



A SOCIETY'S FUTURE IS IN ITS HEALTH

The global plight of billions of people unable to access health care because of poverty and being unable to pay for health care services from their own pockets is at the center of the battle of acquiring health care for all across the globe.

World Health Day, commemorated every year on the 07 April, emphasises this with its theme, "Health for All." Universal health coverage is WHO's (World Health Organization) number one goal. It means that all individuals and communities receive the health services they need without suffering financial hardship. The Department's National Health Insurance (NHI)

programme is an answer to this call for universal healthcare. It was created to ensure quality healthcare for all the people in the province, in the cities and in the countryside. NHI consists of strengthening of the public healthcare system, health promotion, disease prevention, management of cases emanating from communities, use of community outreach teams and the availability of mobile clinics for access to healthcare.

Mobile clinics primarily exist to provide healthcare services to the most rural places or places without a brick and tar clinic as yet. Contact your health district to find out more on where to find a mobile clinic near you!

ETHICS: CODE OF CONDUCT FOR PUBLIC SERVANTS

The Public Service Commission (PSC) has relayed guidelines that every public servant is expected to follow. Compliance with the Code can be expected to enhance professionalism and help to ensure confidence in the Public Service.

This week's focus is on the public servant's relationship with his colleagues.

A government employee should:

- co-operate fully with other employees to advance the public interest;
- execute all reasonable instructions by persons officially assigned to give them, provided these are not contrary to the provisions of the Constitution and/or any other law;
- refrain from favouring relatives and friends in work-related activities and never abuse his or her authority or influence over another employee, or be influenced to abuse his or her authority;
- use the appropriate channels to air his or her grievances;

- be committed to the optimal development, motivation and utilisation of his or her staff and the promotion of sound labour and interpersonal relations;

- deal fairly, professionally and equitably with other employees, irrespective of race, gender, ethnic or social origin, colour, sexual orientation, age, disability, religion, political persuasion, conscience, belief, culture or language; and

- refrain from party political activities in the workplace.

LET'S CONNECT: LIBRARY AND WEB



The library has free brochures, posters and flyers that have information about various diseases.

If there is a disease that you want to know about, come to the library and pick some brochures, poster and flyers that have information about that disease.

The Head Office Library is located in Natalia Building, 10th floor south tower.

For further information, please contact Mondli on 033 395 2571 or Mondli.Dube@kznhealth.gov.za

Please note that the library and its services are only available to government staff.

REMINDERS

- *E-Disclosure submissions for senior managers are open from 01/04/19 until 30/04/19*
- *Annual performance reviews are due before the end of May.*

DIARY

15 APRIL 2019
CEOS' QUARTELY
MEETING AT
ETHEKWINI

19 APRIL 2019
GOOD FRIDAY

23 APRIL 2019
OPENING OF
OTHOBOTHINI
CHC AT
UMKHANYAKUDE

23 APRIL 2019
OPENING OF
NURSES
RESIDENCE AT
UMDUKU CLINIC,
UMKHANYAKUDE

24 APRIL 2019
CABINET OSS
MZINYATHI
DISTRICT

25 APRIL 2019
RENAMING OF
STANGER
HOSPITAL AT
STANGER

26 APRIL 2019
MASEAS AT
ROYAL
SHOWGROUNDS,
UMGUNGUNDLOVU

27 APRIL 2019
FREEDOM DAY

30 APRIL 2019
MEETING WITH
NATIONAL
MINISTER OF
HEALTH AT
ETHEKWINI

GALLERY

PRAYER @ OSINDISWENI HOSPITAL →





health

Department:
Health
PROVINCE OF KWAZULU-NATAL

COMPILED BY:

**CORPORATE COMMUNICATIONS
(KWAZULU-NATAL DEPARTMENT OF HEALTH)**

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healthchatbulletin@kznhealth.gov.za**



KwaZulu-Natal Department of Health



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