

INSIDE THIS ISSUE:

Service Delivery at it's best	1
Message from Hospital Manager	1
Breastfeeding Workshops	2
New Hospital Regulations	2
New staff	3
Child Protection Week	3
Breastfeeding Policy	4
Sports	5
Announcements	5

HEALTH CALENDAR

JUNE 2006

National Youth Month

- 1 Children's Day
- 1 International Day of Innocent Children-Victims of Aggression
- 5 Work Environment Day
- 5-11 Stroke Awareness Week
- 16 Youth Day
- 19-25 Epilepsy Week
- 19-26 SANCA Drug Awareness Week
- 26 International Day against Drug Abuse & Illicit Drug Trafficking

SERVICE DELIVERY AT IT'S BEST

Mrs. Florence Zulu came all the way from Wasbank to express her sincere gratitude to the staff in Ward C, especially Sr. Sithole for caring for her while she was a patient in our hospital. She bought Ward C a big cake written, "Thank you for your hospitality" and a card to express her thanks. Ward C is a great example of how our patients should be treated at all times.

CONGRATULATIONS TO WARD C for setting such a high standard, for being an example to other Wards and Departments and for adhering to all Batho Pele principles.



Ward C Staff with Mrs. Zulu, Matron Mkhize, Matron Fricke and Dr. Goosens.



Sr. Sithole with Mrs. Zulu and a family member.

EAST COAST RADIO WINTER WARMTH CAMPAIGN

(See page 5)

MESSAGE FROM HOSPITAL MANAGER

It is indeed gratifying to have the Newsletter back in circulation again, after an absence of about four years. This is mainly due to not having a dedicated PRO on the establishment. We can now look forward to regular issues of this newsletter.

Remember colleagues, this is your paper. It covers all the activities at the institution and it's success depends on your contributions.

Let me use this opportunity to remind us to deliver excellent patient care by steadfastly implementing the Batho Pele principles in all our actions.

On behalf of staff and management, I wish the PRO every success with the newsletter.



**MR. S. KHAN
HOSPITAL MANAGER**

BREASTFEEDING WORKSHOPS!

During the month of May, the Breastfeeding Committee held breastfeeding workshops for health care workers in the hospital.

One of the main reasons for these workshops was to ensure that Dundee Hospital continues to operate as a Baby Friendly Hospital by re-enforcing the importance of breastfeeding and breast milk.

During these workshops, they are taught the importance of breastfeeding, anatomy and physiology of breastfeeding, promoting breastfeeding through pregnancy and birth, ten steps towards successful breastfeeding, breastfeeding and child survival, breastfeeding and HIV and maternal nutrition just to name a few.

There were also taught how to handle mothers with breast problems, like low milk production, infants who refuse the breast and infants who need special attention.

To ensure that our status of being a baby friendly hospital is maintained, a copy of the Hospital Breastfeeding Policy has been made available.

(See Page 4)



NEW HOSPITAL REGULATIONS

Due to excessive loss of working hours during the past year caused by the absence of personnel, it has become necessary to implement the following new rules and regulations:

Illness

Management will accept no medical certificates in future. We are convinced that if you are well enough to visit the doctor, you are well enough to come to work.

Death (Except your own)

This is no excuse. You can do nothing more for the deceased. No time will be given off for attending funerals. However, we do suggest that funerals of next-of-kin be arranged after hours or during your lunch time.

Death (Your own)

Naturally this is not a good cause. However, it is expected of all to give two weeks prior notice in order to find a replacement for your post and to train the new person.

Admission to hospital for operations

This is strictly forbidden. Whilst in our service you will need everything you have. You are not allowed to have anything removed as we appointed you with all your organs and should you have anything removed, we will have no alternative but to adjust your salary accordingly.

Visit to the toilet

Far too much time is wasted by people spending time in the toilet. In future, visits to the toilet will be coordinated by alphabetical order. Surnames starting with "A" will be able to go between 08:30-08:45. Should you miss your turn you will have to wait till the next day.

WE APPRECIATE YOUR CO-OPERATION TO MAKE THIS HOSPITAL A PLEASANT AND PRODUCTIVE ONE.



NEW STAFF



Natasha Martins & Olwen Shearer
Dieticians

WELCOME TO ALL NEW STAFF!



WE HOPE YOUR STAY AT DUNDEE HOSPITAL IS A PRODUCTIVE & PLEASANT ONE!!



Elmari Dorfling & Elizabeth Hurlow
Community Service Occupational Therapists



Layla Ismail
Comm. Serv. Audiologist



Sam Naicker-Comm. Serv. Radiographer
Zandi Macopozo-Senior Radiographer



Nomonde Nzimakwe
Public Relations Officer

CHILD PROTECTION WEEK



They say children are the future... but some people are happily abusing our future.

Putting a stop on child abuse has been on everyone's agenda and as Dundee Hospital we do not condone child abuse. To show our support for Child Protection Week this was from the 29th of May to

the 2nd of June 2006, we visited Endumeni Primary School in Sbhongile Township on the 8th of June.

Sr. Thompson from Primary Health Care gave a talk on Child Abuse to animated school children who were captivated by her voice and manner.

The talk was mainly on:

- What abuse is?
- Who to report to if they are abused?
- Who can they talk to?
- Important numbers they can call, if they are scared to talk to their parents / school / Hospital / The family abuse centre.
- How being abused is not a shame or something that should be kept secret.
- Counseling the children on what to do if they are abused or raped.

The talk also focused strongly on communication. Emphasis was put on how the kids can communicate with their parents and teachers when being abuse.



Sr. Thompson with the kids from Endumeni Primary School



DUNDEE PROVINCIAL HOSPITAL

BREASTFEEDING POLICY

POLICY PURPOSE

To have a framework / guidelines to follow that will ensure that Dundee Hospital operates as a Baby Friendly Hospital.

POLICY OBJECTIVE

To partake in the global goal of optimal child and maternal health through the promotion, protection and support of breastfeeding.

PROTOCOL / PROCEDURE

Written Breastfeeding Policy

Have a written Breastfeeding policy that will be routinely communicated to all health care staff.

Training of Staff

Train all health care staff at Dundee Hospital and satellite clinics in the skills necessary to implement the Breastfeeding Policy.

Educating Pregnant Mothers

Inform all pregnant women about the benefits and management of breastfeeding and the importance of exclusive breastfeeding for the first six months, unless medically indicated.

Initiation of Breastfeeding

Help mothers initiate breastfeeding within half an hour after birth, unless medically contra-indicated.

Caesarean section mothers to commence breastfeeding as soon as they recover from anaesthesia.

Infants of mothers on the PMTCT programme, who choose to formula feed will be fed a suitable breast milk substitute per cup and will be educated in private on the preparation and administering of feeds.

Maintaining Lactation

Show mothers how to breastfeed and maintain lactation (expressing of breast milk), even if they should be separated from their infants.

No Pre-lacteal Feeds

Give infants no food or drinks other than breast milk, unless medically indicated.

Rooming-In

Keep mothers and infants together 24 hours a day from birth.

Demand Feeding

Encourage breastfeeding on demand in special units. There will be no scheduling of feeds.

No Use of Pacifiers and Nipple Shields

No bottles, artificial teats or dummies shall be used and the use of nipple shields will not be encouraged.

A cup will be used to feed expressed breast milk or suitable breast milk substitute (where medically indicated) to infants.

Establishment of Breastfeeding Support Groups

Actively foster the establishment and growth of breastfeeding support groups in the community and refer mothers to these upon discharge.

The Code of Breast Milk Substitutes

Free samples or low cost supplies will not be accepted at Dundee Hospital and will not be handed out to mothers.

There will be no promotion of infant feeding products.

Kangaroo Mother Care

Provide all health care staff with clinical practice and training.

Show mothers how to practice Kangaroo Mother Care, if indicated, and provide them with the necessary support.

Lodger Mothers

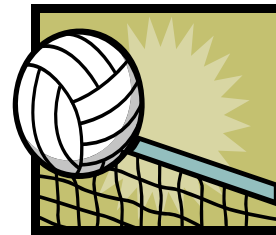
Mothers of breastfed infants and mothers of infants admitted in Dundee Hospital are allowed to lodge at the hospital for the full duration of admission.



DUNDEE PROVINCIAL HOSPITAL

121 McKenzie Street
DUNDEE
3000
Tel. 034-212 1111
Fax. 034-212 3245
Email:
h054245@dohho.kzntl.gov.za

SPORT!!



On the 29th of April 2006, Dundee Hospital's Soccer Team visited Escourt Hospital for a friendly match. Unfortunately only the Soccer team managed to go, our netball team had other commitments.

Dundee's Soccer Team got a warm reception when they arrived at Escourt by being served breakfast. The match began at 14h00. Both teams displayed amazing talent and commitment on the field.

The match was so strongly contested that the score was a 4 – 4 draw. The score was a true reflection of what was a truly amazing game.

Thank you to Escourt Hospital for hosting us.

SOCCER PRACTICE

Monday—Friday

13h00—13h40

NETBALL PRACTICE

Monday—Friday

13H00—13H30

ANNOUNCEMENTS!!

SOCIAL CLUB

**ALL THOSE INTERESTED IN
JOINING THE SOCIAL CLUB,
PLEASE CONTACT:**

Ray @ STORES, EXT: 244

Mandla @ LINEN, EXT: 241

East Coast Radio Winter Warmth

The Department of Health is taking part in the Winter Warmth drive to collect blankets for the needy. We are urging all employees to donate blankets or cash that can be handed over to East Coast Radio for distribution to the needy.

Participation is completely voluntary. Donations can be cash or a brand new blanket.

Dear Colleagues

It is with great pleasure that I write for WEBSITE after an absence of 4 years.

I hope this newsletter will be a success, but it's success depends on your contributions. If you have anything you want to contribute, then feel free to drop it off at my office and it will be in our next issue.

Thank you!

Nomonde Ext: 237

New Hospital Regulations



JUST KIDDING!!

**NOW GET BACK TO WORK AND STOP
WASTING TIME!**