



EDEN—DAILY

Issue 10

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"We serve the people" "Sisebenzela Umphakathi"

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HALALA HALALA!!!

Bozakwethu

Ngibhala lelipheshana ukuba ngedlulise ukubonga okukhulu ngomsebenzi wenu wokuzinikela ekuhlanzeni isibhedlela sethu. Izicukuthwana ebezisivakashele zivela ePitoli eMnyangweni weZempilo kaZwelonke zikutuse kakhulu ukuhlanzeka kwesibhedlela sethu namagceke aso.

Bozakwethu, niyibekile induku ebandla kangangoba singasho sonke siziqhenya sithi, "Nawe sibhedlela sase-Edendale awumncinyane ebalezweni lase Mzansi Afrika". UMkhandlu wokuPhatha isibhedlela nawo uthe ucela ngidlulise ukubonga okukhulu kinina nonke enibamba iqhaza ekuhlanzeni amagumbi, amagceke nokuqoqa yonke inhlobo yemfucumfucu.

Halala!!! Bozakwethu qhubekani niyibambe njalo noma ishisa. Izithukuthuku zenu aziweliphansi mahala. Imisebenzi yenu iyabonakala, ibonwe umphakathi wethu yabonwa iloMkhulu lethu KwaZulu Natal namhlanje isibonwe uMnyango weZempilo kaZwelonke. HALALA!!!!



Mr.. S. Kubheka

Systems Manager

Edendale Hospital Management highly appreciate the support from the staff during National Department of Health—Quality Assurance Team visit. The general impression was as follows:

- ◆ Excellent leave management
- ◆ Diversity management
- ◆ Guidelines and policies available
- ◆ Evidence of pride and passion in some Departments
- ◆ A well managed Help Desk
- ◆ Complaints Management
- ◆ Patient information kiosk
- ◆ Health education messages
- ◆ Visibility & functionality of security services

**** Clean environment acknowledged

Men's Health-Prostate and Testicular cancer awareness

June and July are men's health months. In celebration to this, Edendale Hospital hosted **prostate and testicular cancer** awareness day on the 03 of July 2008 which was a success. The aim of having this awareness was to alert males about cancer which is the second leading cause of death in men. Another aim was to encourage men to do regular checkups to reduce the risk of cancer. There were 18 males who attended this awareness day.



These are the people who attended the Cancer Association.

The event was informative to all males who attended the awareness Day. Zodwa Seoka from CANSA Association gave a presentation about risk factors, symptoms and different treatments for prostate and testicular cancer. Prostate cancer can normally affect males who are 50 years and above whereas Testicular cancer can affect males from the age of 15 years. She encouraged males to do regular personal and annual medical check ups to see there is no change.

CANSA Association team which were Zodwa Seoka, Promise Gasa and Silindile Mkhize distributed pamphlets and posters to read more about testicular and Prostate cancer.

EAP Office would like to thank Edendale Hospital executive management and extended managers for their support of the event and also thank males who left their work to attend this awareness. This event was not going to be a success without CANSA Association team; I would like to thank them for their informative presentation.

Community Out reach
Mother and Child Edushow
08 July 2008—Dannies Field Hall—Machibisa

On the 8th of July 2008, Edendale Hospital was invited by the Msunduzi Municipality to the Mother and Baby Edushow which was held at the Dennis Field Hall. The intention of the show was to educate mothers and care-givers about health issues in relation to the babies.



Hundreds of community members attended the Mother and Baby Edushow



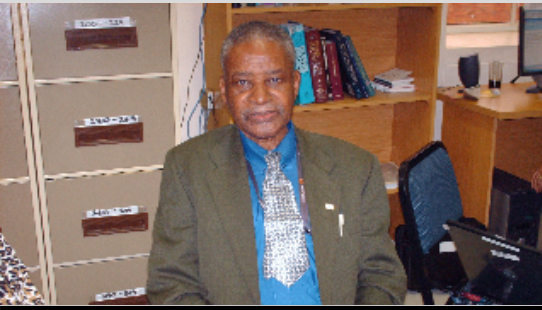
Sister T. Mngomezulu made an informative presentation on that day. Her focus was Immunization, she gave a clear definition and highlighted the need of immunization, types and time for immunization.



Sister N. Baloyi from the family clinic focused on PMTCT (Protection of Mother to Child Transmission) . She gave clear and concise facts about protecting a child from getting infected by the diseases of its mother. She clarified that even an unborn child can be protected from being infected by the HIV virus should the mother have it.



The public was then given a chance to ask questions in regard to what had been presented to them.



Traditional healers and Doctors Co-operation Programme.

**Inyanga UMzomunye Thabethe,
Treasurer of Mwelela kweliphesheya**

On behalf of the executive committee of Mwelela Kweliphesheya and traditional healers from various healers' organizations who participated in the health program and research projects being conducted at Edendale Hospital in Pietermaritzburg, I would like to thank the KZN Department of Health for their financial support towards the launch of Edendale Hospital Traditional Healer Co-operation Project. We are grateful to Umgungundlovu District Health Office for inviting members of Mwelela Kweliphesheya executive committee to a two days workshop on transformational leadership which was held at Greys Hospital a few years ago. We would also like to express our sincere gratitude particularly to the management of Edendale Hospital, doctors, heads of various departments such as the iTEACH, X-Ray, Laboratory, Pharmacy, CDC, Eye clinic and Medical Outpatient for their substantial contribution in the development of traditional medicine in Umgungundlovu District through the Edendale Hospital Traditional Healer Co-operation program. This is a turning point and empowering process for traditional healers of KZN province which has the highest number of people infected with HIV.

As part of our program for HIV and AIDS we decided to work closely with western biomedical practitioners at the beginning of 2004. There were a number of reasons for this.

We acknowledged that up to 80% of African patients who are seen at public health care facilities consult with us first. Therefore it seems to make sense that western trained doctors and traditional healers understand each other's perspective.

Hospitals and clinics are very short staffed whereas there are traditional healers in every community. They can become a very valuable resource in combating the effects of HIV and AIDS epidemic in the community.

The National Department of Health is now having the process of establishing a formal body with which traditional healers have to register, the Traditional Health Practitioners Council. This will make it easy to know who are genuine, properly trained healers.

The National Department of Health policy acknowledges the importance of the public health care professionals working together with traditional healers. It is important that this should take place at local level as well as provincial and national level

Traditional healers can play an important role in the ARV roll out acting as treatment supporters for their clients on ARVs. The issue of drug interaction between ARVs and traditional medicines also needs to be dealt with.

We really appreciated the fact that you set aside time from your normal work responsibilities and gave so generously and enthusiastically of your time and talents to empower us with useful information. We are therefore delighted to inform you that members of Mwelela Kweliphesheya have successfully utilized the skills learnt at the transformational leadership workshop to create an enabling environment upon which a genuine relationship between traditional healers and western biomedical practitioners is being established at Edendale hospital



Makhosi Zwelakhe Xaba from Edendale and Makhosi Margaret N. Dladla-Khumalo from Mpolweni getting explanation of how X-rays are used when making diagnosis of pulmonary Tuberculosis.



Makhosi Phumelele Mabhida from Mpofana and Inyanga Zakhele Dlamini from Elandskop observing how TB germs are identified in a sputum using an electronic microscope.



Traditional healers from Umgungundlovu District representing seven municipalities attended the Edendale Hospital Traditional Healer co-operation programme at the EDH.

Edendale Hospital management would like to convey their sincere gratitude to the PIETERMARITZBURG ANDHRA SABHA who donated blankets to the hospital. It is highly appreciated to have people who are so generous and caring towards our community.



Edendale Staff with Mr. A. Lindy from The PMB ANDRA SABHA

EDENDALE HOSPITAL NOTICES

Occupational Therapy Jumble Sale

“one person’s junk is another’s treasure”

Edendale Occupational Therapy Department is holding a public jumble sale to raise funds for its annual Cerebral Palsy Christmas Party. You can support by donating your unwanted clothing and household items to the OT Department.

Items needed:-

- ◆ Clothing
- ◆ Shoes
- ◆ Furniture
- ◆ Cutlery
- ◆ Crockery
- ◆ Ornaments
- ◆ Appliances (in working order)

Date of sale: Friday 15th of August

Time of sale: 10:00am

Should you have any questions, contact Tasha, Kerry, Sophia, Margaux, Beauty, Lindiwe, Dudu, Khethiwe, Baleni or Lungi. Extension: 4218/4216

WORLD HEPATITIS AWARENESS DAY – 16 JULY 2008

What is Hepatitis B?

Hepatitis B is caused by a virus which affects the liver. The virus can be present and passed on in semen, vaginal secretions, saliva and especially blood by:

- vaginal, anal or oral sex without a condom
- sharing needles, syringes and drug injecting equipment
- childbirth (from an infected woman to her child during birth)
- sharing tooth brushes, razors or personal items that may lead to the exchange of bodily secretions

any form of blood – contaminated sharp injury

How do you know if you have Hepatitis B?

Symptoms develop usually within 3 months and can range from no symptoms through to a mild flu – like illness that may not be noticed, to nausea, vomiting, abdominal pain and jaundice (yellowing of the skin and whites of the eyes).

Most adults (95%) who acquire Hepatitis B recover and develop lifelong **immunity**, which means they are no longer infectious. However, between 5 – 10% of people remain infectious for many years and are called “carriers”. It is important to have follow – up tests 3 to 6 months after the initial positive test to see if you are a carrier or not.



Immunization for Hepatitis B at Edendale Hospital Staff Clinic

What are the complications of Hepatitis B?

Acute Hepatitis B is occasionally so severe it can be life threatening. Long term Hepatitis B carriers may suffer chronic Hepatitis which may predispose them to cirrhosis of the liver; liver failure or cancer of the liver. It is highly likely that a pregnant mother who is a carrier will pass the infection on to her child; however, giving the baby a special globulin injection and Hepatitis B vaccine immediately at birth can prevent this. Babies who are infected at birth have a very high chance of ending up as carriers and of having liver disease in adulthood

Feedback from Edendale Hospital staff



I am Thembi Shange who is Hast coordinator of Edendale Hospital. I am grateful to the Department of Health for offering me opportunity to train and practice as a professional nurse . I have been developed from a Junior Professional Nurse to Hast Coordinator. I have been exposed to workshops, seminars and Congresses at the Department's cost. Recently I have just graduated as a Nurse Specialist in Clinical HIV Management after completing my Diploma in HIV/AIDS Management in Nelson Mandela Medical School



In the face of a challenging medical environment the Department of Health strives to deliver quality service to the public.

Together with the ARV roll-out and the spirit of Batho Pele we are confident of achieving our goal of a healthy nation”

Dr Jitendra Beharie



Mina Msizi Cleopas Nquku, ngaqala ukusebenza emnyangweni WezeMpilo ngo 1991 November 14. Kusekela ngaqala ukusebenza e OOPD njenge Plaster Technician ngathola ukusizakala kahkulungoba ngaba semathubebeni amahle ukuthi ngifunde kanzulu ngezobuhle ngikazi yize ngangi yi General Assistant. Ngenxa yokuthi ngangikuthanda ukufunda kumina kwabayisibusiso ngoba ngangisondelane nabantu ababazimisele ukungifundisa. Njengoba umsebenzi engangiwenza kwakuwukufaka ukhonkolo sasinikwa nethuba lokuba sifundisengawo uma kuvakashe izitshudeni . Kusukela lapho ngazizwa nginokwezethemba okukhulu kwabalula ukuthi uma kukhona lapho ngingazi khona ngibuz. Nakuba isikhundla engangikuso sasithathwa njengesiphansi ukusebenza umsebenzi engiwuthatha njengosezingeni eliphezulu wawunginika ithemba lokuthi ngihlale njao ngifuna ulwazi olusha.

Kukhokonke okwakungihlaba umxhwele ukubongwa iziguli zincoma umsebenzi wami omuhle.

Ngiphakamisa ukubonga kubo bonke abangisiza ukuze ngibe kulelizinga engikulona. Elokugcina ngithi phambili ne Edendale Hospital no KZN Health.



I am Sister Zethu Dladla I was appointed by the Department of Health at Edendale Hospital on 01 September 1971 AS AN Enrolled Nurse

Achievements:

- Trained as a registered nurse at Edendale Hospital
- HIV Counseling Course and Trauma Counseling as Sexual Assault Practitioner
- Working with Sexual Assault cases at EDH Crisis Centre
- Working with Lifeline and Childline

From the Editor

I believe all men were proud to celebrate men's month—June. I really salute our EAP—Ncamisile for looking after our EDH males, here comes August for women.

Many thanks to our HIV & AIDS co-coordinator—Mrs. T Shange for the formation of the CDC Patient's Support Group. You go girl!!

I want to take this opportunity to congratulate our Hospital Choir for their tremendous advance to the next phase of the Competition in the District eliminations. Our expectations are the best performance again in September for the Provincial Competition. We believe in you, and the Hospital Management is very proud of you. Keep it up !!! And may you sing our Institution to Glory, your efforts and dedication will never go unnoticed.

Again on behalf of Edendale Hospital Choir we would like to express our gratitude and a vote of thanks to Our Management, Principal of Edendale Nursing College I & Tutors , CEO of Doris Goodwin and all EDH staff who showed interest & demonstrated their unequivocal support to the Hospital Choir.

NINGADINWA NANGO MUSO



Edendale Hospital Choir performing on District eliminations on the 19 July 2008 at Winston Churchill Hall in PMB—Premier Choral Competitions.



Edendale Hospital HIV & AIDS Support Group—CDC Patients

FEEDBACK FROM THE PUBLIC

3 weeks back I had been wondering and worried but then I met Edendale nurses at the Burns Unit they have the best ever service. They advise you in many ways and as a student I have gained a lot from them. They are polite, understanding they never let you down. They take great pride in their work if I were to vote for best nurses I would vote for the ones at Burns Unit. In all of them I truly salute Miss N. P Nxumalo she is the best and I admire her excellence

Lungile Princess

I would like to thank Dr. Bertie (Orthopedic Surgeon) who did my knee operation she was tremendously helpful during my admission in the hospital not only to me but to rest the patients that were next to me even our operations were done by her. She is what I view as the back bone of the Orthopedics Ward, she is humble, extremely caring would not leave you unsatisfied about what is going on....She is what I would call a good Doctor who knows what humanity is..

I hope she keeps up her good work and kind heart and be an inspiration to all the Doctors in Ward 6F and the rest of Edendale Hospital.