

# HARRY GWALA REGIONAL HOSPITAL

# HARRY GWALA NEWS NEWS

APRIL TO JUNE 2023



## HGRH NURSES DAY HIGHLIGHT !!!!!!!



# STRATEGIC WORKSHOP

HGRH held its annual Strategic Planning Workshop on the 19th - 20th of April 2023 at Greys Hospital. Strategic planning is a process in which an organization's leaders define their vision for the future and identify their organization's goals and objectives. The process includes establishing the sequence in which those goals should be realized so that the organization can reach its stated vision. The workshop was honored by the presence of Rev S Shangase who opened with a powerful message from the Christian Bible.



Rev S Shangase

The Institution will experience an untouchable turnaround after this workshop. A wise builder is one that chooses the correct location for building. The Bible says a wise man build his house on the rock. A foundation is very important when you build. It can actually produce something that going to last for the next 15 years. There are people who just meet to tick the box . Every beginning of financial year you need to have operational plan. Builders maximize every moment, they maximize every single minute they get, to say what I do today must be able to stand for the next 30 years or must be able to stand for the next 50 years. Therefore the foundation is very important, you are here for a strats plan to make a foundation for what is going to happen hence for particularly in this financial year.

An Institution must not fall short just because of a strike, you must build with storms in mind. You are building a family because storms are the only tool to measure the quality and the power invested in what has been built. People who build nothing will not be remembered by anything , they will be remembered by their close relatives but nobody else will be able to remember them. In the entertainment industry, there are people who build teams, who build stadiums, and there are people who build churches, anything that is built is equal to take the name of the builder to another level. Somebody must remember what you did AND must be able to talk about you in the street because when you live life you maximize it, you live to the fullest because you pose the title of a builder. It should be a co-ordination, and it should be a gathering of ideas by men and women who want to change Harry Gwala Regional Hospital for the better. You will never get an international speaker, an international expert, or somebody from outside who will take the Hospital to the next level. It is you and your mentality that needs to change. A wise builder builds on a rock because the idea is to build to last.

01



KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# STRATEGIC WORKSHOP

The hospital 2 day workshop was graced by the presence of Mrs. RT Dube— Chief Director Hospital Services. She made an emphasis on norms and standards, Ideal Clinic realization and OHSC non negotiables.

The presentation made on the workshop included Thinking Styles, Provincial strategies, District plan, hospital/PHC budget and hospital key focus areas.

The participants were as follows: Chairperson of the hospital Board and board members, Provincial Office Hospital Support Services and Strategic Planning; uM-gungundlovu Health District Office, Hospital Executive Management and Organized Labour.



Mrs RT Dube  
Chief Director:  
Hospital Services

## Group Discussions



The group work focused on the increasing life expectancy, decreasing maternal and child mortality, combating HIV/AIDS and decreasing the burden of diseases from tuberculosis, quality of care, health system improvement and universal health coverage. The group session were led by hospital Executive management.

02

# HGRH—NURSES DAY

Harry Gwala Regional Hospital celebrated its Annual Nurses Day on the 17th of May 2023 at Ms NF Njozela Hall. The purpose of the day was to commemorate nurses day which aimed to honour the dedication, compassion and professionalism of nurses who provide essential patient care and play a crucial role in promoting the health and well-being of individuals and communities. The event was graced by the presence of Bishop Thenjwayo who provided spiritual support and graced the event with a powerful scripture and prayer. Mrs TR Zondi (former Clinical Harry Gwala Campus Lecture ) was the Guest Speaker for the day. The theme for 2023 “Nurses: A Voice to Lead - Invest in Nursing and respect rights to secure global health.”



Nurses reciting the nurses pledge led by Mrs NT Nxaba—Chief Executive Officer



03



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# HGRH NURSES DAY



Mrs TR Zondi  
Guest Speaker

## HOW CAN WE ACHIEVE THIS?

Acting for or doing for another, Guiding another – physically and psychologically, Supporting another, Teaching another, Providing for a developmental environment.

Yesterday I was called at the Parish: St Joan of Arc to assist the Parish Priest (87 years old) who was recently discharged from the hospital. On arrival, I was given a report that: He tolerated his breakfast (Yoghurt and boiled eggs), Medication given orally (Crushed tablets). My assessment: Needs assessment according to human basic needs. Blanket Bath and Mouth Care; this was done collectively with the team of Priests x 2 and Comboni Brothers scholastics at Cedara. Requirements were collected for the above mentioned activities, GOOD TEAM WORK, working together all the way. Privacy was in pie order blanket bath was given to the Priest as well as mouth care, Nurse Patient Relationship was the order of the day. On completion he verbalized "NGIYABONGA" that was His last words. He then struggled to breath, team members were summoned and we all agreed that NETCARE 911 is called, on arrival after quick response; resuscitation took place and it was unsuccessful. He rested in Peace at His Parish Home St Joan of Arc: Sgujana.

MAY HIS SOUL REST IN PEACE.

It is good to celebrate, where nurses are able to reflect on activities they performed to clients, patients, colleagues, supervisors and community at large. Look at the PAST, PRESENT and the NEAR FUTURE. Do needs assessment in terms of dress code, discipline, compliance, respect to mention the few. Did we achieve that? YES OR NO. If it is YES, thank you well done; if NO, it is okay do not worry and it is never too late to look at your weakness to achieve strength to move on in the Nursing Profession. Refer Maslow's Hierarchy of needs. Orem defines NURSING as a HUMAN SERVICE, let us UPGRADE HUMAN SERVICE for example, we are upgrading our assets, gadgets as necessary as possible, so do we need to upgrade HUMAN SERVICE to keep up with Orem's Model of Nursing.

04



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# WELLNESS DAY

Wellness day focuses on quality of life by attending to the physical, financial, emotional, social and spiritual needs of employees. It aims at nurtures an individual as a totality, provides a change of environment from the office set-up, provides the opportunity to explore complementary therapies to assist the employees to cope in the workplace e.g. counselling and offers a continuing lifetime support. The mission is to build and maintain a healthy workforce for increased productivity and excellent service delivery. The event took place on the 24th of May 2023 at Ms. NF Njozela Hall and it was well attended by the hospital staff.



Provision of Screening Services e.g. BMI, Cholesterol; Blood Pressure, Healthy lifestyle, Financial Management, TB screening, Eye testing, Dental services, Mental Health screening



# BURNS AWARENESS

On the 31st of May 2023, Surgical Outpatient Department (SOPD) Team conducted a Burns Awareness campaign which aims at educating clients on burns management. The staff composed a song on the dangers of the fire “Umlilo uyingozi” entertaining and dancing for clients in SOPD. Patients who came for burns clinic and those who came to be seen in SOPD attended the event. Assistant Manager Nursing (OPD), Outpatient Department staff, and staff from the wards also attended. The nursing staff, Physiotherapy, Occupational Therapist and Dieticians scheduled Educational Talk to patients.



Educational talks in Outpatients Departments

# NO TOBACCO DAY

The 31st of May 2023 is marked as a “World No Tobacco Day”. HGRH conducted an awareness in this regard. This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what WHO is doing to fight the tobacco epidemic, and what people around the world can do to claim their right to health and healthy living and to protect future generations.



Occupational Health Clinic displaying and giving out information on smoking impact to the internal and external clients



# BABY IT FORWARD PROJECT

Our Baby it Forward project has had yet another busy month of April 2023. Baby it forward Project Team did Passion Week hampers for 30 kids that attend the HGRH orthopaedic clinic with various bone injuries. Each hamper contained 2 chocolate eggs, a teddy bear, a colouring book and crayons. Just something to keep the kids busy as they wait in the queue. The project donated more baby bottles, formula and clothes to the Khanyisa Family Clinic and Paediatric Outpatients Clinic as well. The project did 2 refills of toys at the Kids Corner in the Speech Therapy waiting area. They donated 2 fully stocked new-born baby girl hampers and 1 new-born baby boy hamper to babies born at HGRH with no clothes or baby products.



Paediatric and Dietician Team

They also aim to reach out to mums in and around PMB with toddler winter track-suits, warm shoes and jerseys were donated to a struggling mum in the community. Once again a very heartfelt thank you to all that donate to this project and to those who pray for this project. Baby it forward project did a Passion Week Show the Love of Jesus project. These kids have had fractures with casts put on and some have had bone surgery. All the little ones were really excited and blessed. Let's continue to share the love of Jesus, a love so deep and unconditional that Jesus gave His life for each and everyone. May the work of the Lord go on.





# APPRECIATION CERTIFICATES

On the 26<sup>th</sup> of June 2023, Harry Gwala regional Hospital Obstetrics & Gynecology department and Dieticians handed over a certificate and gifts of appreciation to Noxolo Malevu a 21 years old mother who broke the record by donating 20 liters of breast milk to babies who were in need of breast milk. Ms. Malevu donated milk that fed babies from Harry Gwala Regional Hospital and from Grey's Hospital Ms. Malevu received certificate of appreciation and gifts from the management of Harry Gwala Regional Hospital which was handed over by acting Deputy Manager Nursing Ms. S Kundethe who then delivered a speech of gratitude.



Management and KMC Team

# HAST MOCK FIRE DRILL

Mr Khanyeza the Hospital Safety Officer conducted a Mock Fire Drill at HAST Department on the 26th of May 2023. The purpose of the drill was to test the staff preparedness for emergency situations and to test if the safety system like *Alert System, Fire Fighting System ad SOP'S* are going to be helpful in case of disaster. Security Department, Safety Office, EMS District Supervisor and Occupational Health Nurse were present. The drill went very well, all staff comply with safety guidelines in terms of disaster management.



Drill in action

26.5.2023 13:46

08



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# NEW FACES AT HGRH



DR A MADLALA  
HCU-RADIOLOGY



DR MJ BAKUNZI-  
SPECIALIST OPHTHAL



MRS PPN SITHOLE  
PHC-VULINDLELA  
SUPERVISOR



MRS HL DLAMINI  
SUB-DISTRICT  
VULINDLELA TRAINEE



MS TK HESLOP  
FINANCE MANAGEMENT  
OFFICER



MS PN GUMEDE  
AD:MANAGEMENT  
ACCOUNTING



MRS A NTOBELA  
FINANCE MANAGEMENT  
OFFICER

Welcome to HGRH.  
We wish you all the  
best, for your per-  
sonal growth and  
for the success we,  
together, we will  
achieve.

# PROMOTED FACES



Dr NM Sibiya  
HCU-Psychiatric



Mr PT Ndlovu  
Chief-Artisan



Mr PN Zondi  
Transport Manager

09



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING  
KWAZULU-NATAL  
TOGETHER**

# COMPLIMENTS

**Thamo Mkhembu Mkhulisi**  
Top contributor 27 Jun · 🌐

ODr no sister base Nursury imisebenzi nothando lwenu enilunika ingane zesu. 32 wks lo manje una 19 months. Ngyabonga 🙏 ngaphandle kothando lwenu nokusebenza ngokuzikhandla ngabe asikho la sikhona kube anikho unkulunkulu anibusise nihlale nothando engani. Ngoba nathi omama niyasika . Harry Gwala Regional hospital.  
See Translation



ANGITHATHE ITHUBA NGIBINGELELE KUNINA  
NONKE.NGITHI AKE NGIBONGE OMABHALANE  
BASEMAKHADINI EZANSI BAYAPLA LABAYA  
BANTWANA.NGIBONGE NJE NOBABA U SUKUMANI  
MADLALA OWALE ELANDSKOP  
OWUMABHALANE.UNOKUKHOLWA LOYAMUNTU  
UHAMBA NAKO YONKE INDAWO UWUSIZO  
KULESIBHEDLELA SYABONGA KAKHULU 🙏🙏🙏  
🙏 TIXO AKUBUSISE.



**Sthandiwe Stha**  
Top contributor 11 May · 🌐

Sanibona ngithanda ukubonga nngitete kahle ngaphatheka kahle Nama cleaners Abe kind even nama security bengisiza nkosi ibabusise iteam ikade isebenza NGO mhlaka 10 may ekseneni 🙏🙏



**Ladies House**  
Mbuyie Jama · 4 h · 🌐

Ngathi ngicinga igama lakhe Lobhuti Cha angilibonanga ngasaba ukulicela nami angazi yini kodwa ngabe ngenza iphutha Uma ngamuhakambisi futhi nenkampani yakhe iyokujabulela hlampe ukum'bona liyasebenza Lela Security kwi sbhedla Edendale hospital lapha e( SOPD) abangazi ukuthi kumele Baye ngaphi liyabachazela ngesneke I mean wonke umuntu odinga usizo mefika kuyena uyinto eyodwa okwenza kubelula kwiziguli ukusheshe zisizakale no line ungabi mude kodwa nakhona nje SOPD ngicela ukunincoma niyazama kakhulu ukushesha. Hamba post ❤️ isibingo sale security Dumakude



**Mpendulo KaZihlandla Gubhela**  
Top contributor 01 Jun · 🌐

I was recently released from HGRH I would like to express my sincere and heartfelt thanks for the wonderful and professional treatment received therein.  
  
Special thanks to Sir TT Shabane and his team from 1F ward you guys are appreciated for ur efforts 😊 many thanks to Sr Njilo and your team from G ward 😊 y'all wonderful and professional keep up good work, u guys know your responsibilities and u are able to execute ur training perfectly! How thankful I am for ur ability to enhance my recovery 🙏🙏

I must also add the first responders not forgetting the doctors 😊🙏 for without them perhaps you would be reading my obit 😭😭 These people are super trained and know what they are doing. In closing, I just want to express my gratitude for the fine medical attention given me by all of the above. They collectively and individually deserve a standing ovation sengathi bonke bangafunda kunina thank y'all



# COMPLIMENTS Q1 REPORT

|           | A                      | B              | F            | G            |
|-----------|------------------------|----------------|--------------|--------------|
| Month:    | # Compliments received | Staff attitude | Waiting list | Patient care |
| April     | 105                    | 55             | 0            | 50           |
| May       | 152                    | 61             | 0            | 89           |
| June      | 196                    | 64             | 0            | 132          |
| Quarter 1 | 453                    | 180            | 0            | 271          |

## EDITORIAL TEAM / DETAILS

### Physical Address

Harry Gwala Regional Hospital  
 Lot 89 Selby Msimang Road  
 Plessislaer

### Switchboard:

033 395 4911

### Postal Address

Private Bag X509  
 3216

### Switchboard Fax Number

033 395 4060

Web Address : [www.kznhealth.gov.za](http://www.kznhealth.gov.za)

## CONTACT DETAILS



Miss NP Gansa  
 PRO Inserv.  
 Photographer

Mrs S Mncube

AD: Communications

Editor

