



EDEN—DAILY

Issue 12

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"We serve the people" "Sisebenzela Umphakathi"

December 2008

Inside this ISSUE

- Christmas best wishes
- Staff Wellness Day
- Breast Cancer Awareness
- Food Service
- VCT Campaign
- Transport Dept
- World Sight Day
- IDDP Awareness
- Social Work
- Bidding Farewell
- East Coast Radio at EDH

Exercise your democratic right .Vote in the 2009 election.



FROM THE OFFICE OF THE CEO: MESSAGE TO ALL EDENDALE HOSPITAL STAFF

On behalf of Edendale Hospital's Management, I would like to thank every one who has committed himself/herself in ensuring that this institution continues to provide the best service under very difficult circumstances during the past year. I would like to especially thank Ms Findlay who had spent 8 months of this year guiding and steering us through tough times. I would also like to thank my colleagues, Mr. Mthethwa, Mrs. Shange, Mr. Kubheka and Dr Hargovan for their support, devotion and commitment in ensuring that, even without a CEO and Medical Manager, this enormous ship still continued to stay on course.



Mrs. H. Baird
Acting Hospital Manager

2008 has been a year of many challenges but also one of showing how exceptional Edendale Hospital Staff are. We successfully pulled together even when faced with adversity caused by limited human and financial resources. I cannot thank Managers, Supervisors and Staff enough for their understanding, co-operation and total dedication resulting in our Community and Clients receiving the best service that this Institution can provide. The fact that an average of 348 000 out-patients were attended to and 258 000 in-patients received care during 2008, proves that the Staff performed beyond expectations and that their dedication and commitment is certainly praise worthy.

Management wishes the Staff of Edendale Hospital a blessed Festive Season and for those who celebrate Christmas: "May you experience peace, love and fellowship brought about by the birth of Christ during this period". For those who do not celebrate Christmas, may you enjoy a peaceful and blessed time with your loved ones during this period.

We are looking forward to the new year with great anticipation, excitement and hope for the improvement of resources during 2009.

Aristotle said : Pleasure in the Job puts perfection in the work, and that is what we at Edendale Hospital are all striving for - PERFECTION IN OUR WORK.

MAY GOD BLESS AND KEEP YOU SAFE DURING THIS FESTIVE SEASON.

Holly Baird
Acting Hospital Manager
Behalf of Management



Merry Christmas

Izilokotho zikahkisimusi

Bozakwethu,

Unyaka usuya ngasemaphethelweni sekuyisikhathi sokuba sibheke emuva lapho esivela noma esiqhamuka khona sibukeze ukuthi sihambe kanjani ekwenzeni umsebenzi wethu. Uma ngibuka mina ngibona ukuthi senze kahle kakhulu senza imisebenzi yethu enhlobonhlobo ukuze kuthi labo abagulayo balashelwe endaweni ehlanzekile kube nokukhanya bathole amanzi afudumele ngibale nje imisebenzi embalwa okungasho ukuthi lena eminye engingayibalile ayibalulekile, cha, ibaluleke yonke njengoba sonke sibalulekile kwa-Systems Management.



Mr. S. Kubheka
Systems Manager

Sengathi nalabo abanye bethu abangenzanga kahle kulonyaka, ngezizathu ezithile, usekhona unyaka ozayo bangenza kahle kakhulu sibuye siziqhenye ngamakhono abo amahle. Empeleni iminyaka ayifani kanti nabantu abefani kodwa okusalayo ukuthi uma sibambisene sohlala siqoba futhi siphumelele kukho konke esizimisele ukukufeza endimeni yethu yasemsebenzini nasempilweni.

Ngalamazwi angenhla ngiyaniibonga futhi ngiyaniigugquzela ukuthi nangonyaka ozayo sizimisele ukwenza okuhle emsebenzini yethu ehluahlukene ukuze abagulayo bethu basibone futhi basibheke isibhedlela sethu njengesibalethele impilo engcono nethemba ekuxakekeni kwabo yizifo.

Nginifisela nemindeni uKhisimuzi omuhle nonentokozo kanye noNyaka oMusha onezibusiso empilweni yenu yonke.

Ozithobayo

U-Systems Manager wenu nethimba lakhe

I would like to wish the Department of Medicine Staff a very Merry Christmas and prosperous New Year! Thank you for your hard work and dedication to this Department. May 2009 bring Edendale Hospital a ray of hope to help us persevere with the provision of patient care despite the challenges we face in this resource limited setting. I wish to extend my appreciation to the Departments supporting us in making our service delivery possible. Together Everyone Achieves More (TEAM).

To every staff member at Edendale Hospital, Merry Christmas/Happy Holidays!! My 2009 bring you much deserved health and prosperity!

Your hard work is much appreciated.

Dr Doug Wilson- Head of Department of Medicine

Obstetrics and Gynecology is a very busy department with a high number of patients. But through your dedication, commitment, hard work and support. We all managed to pull together as individuals and as a team. Continue to support and work hard for your community and your hospital. God will always give you strength to continue giving the best that you can. You have received trophies and certificates as evidence of your commitment to service excellence. I wish you all and your families a Merry Christmas and a happy new year.

Mrs. J. Zondi—O & G Dept



2008 has indeed been a challenge for the health sector as a whole. It has been a year of severe financial constraints coupled with a global economic downturn. Supply Chain Management, more than any other sector has felt the "pinch". Where a box of examination gloves sold for R26.00 a box of 50 in February of this year, the same glove now retails for over R40.00 a box of 50.

However the credit has to go to all the SCM Staff for not only their hard work and dedication but also for their innovation and assertiveness in adapting to all challenges we faced.

To all our end-users, our doctors, nurses, administrators, artisans the support and auxiliary staff and our Manager Mrs. Holly Baird thanks to you all. There were times of frustrations and discontent but also times of satisfaction and reward. We at SCM department once again thank you for your patience understanding and co-operation. We indeed buoyed by the goodwill and spirit that has allowed us to function at our optimum.

We wish you all well for the festive season. But above all to our patients, thank you, for without you we are nothing. We will try our best to ensure that we deliver the best service we can and make positive difference in the lives of you and your families.

N.I Potgieter
and EDH SCM Management Team

Edendale Hospital Staff

The year 2008 has been a wonderful year at Edendale Hospital because of you. The team spirit which prevailed amongst nursing staff at this hospital has been exceptionally good "Keep up the good work"



Mrs. J.D. Shange
Nursing Manager

Management of Nursing Division wishes you a "Happy Christmas and Joyous New Year filled with love, joy and happiness".

May God Bless You All.

To Edendale Hospital Staff

Wishing you and your families a Merry Christmas and a Prosperous New Year. Thank you for your support and co-operation in 2008.

From: Patient Administration and Revenue.

CHRISTMAS MESSAGE FROM PHYSIOTHERAPY DEPARTMENT

It will be the end of 2008 and the beginning of 2009 soon. This ending year is unique in the sense that our operations went on well despite the Government moratorium on filling of posts and purchasing of equipment. A lot was achieved this year like establishing of an on going back class and introduction of new statistical collection only but to mention a few.

On behalf of the management I thank all Physiotherapy members of staff for all the achievements and I hope next year we will even do better. I also wish to thank all the other members of the health team from other departments for their cooperation. I wish everyone a happy X-mas and a prosperous 2009.

Patrick Simfukwe (Manager: Physiotherapy)

EMPLOYEE—WELLNESS DAY

Wellness day held on the 20th of November at Edendale Hospital. The aim of having a wellness day was to focus on helping employees through providing information about the importance of being well at work. Edendale Hospital provides supportive working environment to improve work productivity. Over 192 employees on that day were attended to.

We had different tables showing services that are offered in our institution. Services that were marketed during wellness day were EAP assistance, VCT, Eye Testing, Cholesterol and BP check-ups, TB information, Smoking cessation, PPE information and others. We also had other tables which were for external service providers which were CANSA, ABSA, Old Mutual and Virgin Active.

On behalf of the Institution EAP and PRO offices would like to thank Old Mutual, ABSA, Virgin Active and Compass Waste for their assistance which made the day a successful one.

We would like to thank the event committee for their assistance in organizing the event.

Support from management and staff is also highly appreciated.



Siyabonga Kunene from Physic Dept won himself a soccer ball.



Winner of a Month Fitness Voucher at Virgin Active



Zweli Nkomo from SRMS also won himself an Absa T/Shirt



Mrs. Sikhosana from HRD was all smiles winning a water bottle



Zandile Mathenjwa also of Physic won herself a soccer ball



Breast Cancer Awareness

Our PRO—Mrs. S Mncube was made aware of the Awareness month and assisted with creation of posters which were displayed in different wards. JEC materials were designed in order to re-emphasize the importance of breast examination. Pictures cut out of magazines of patients with Breast cancer. Health Education talks: Given every morning from 1.10.08-31.10.08 about:

Incidence of Breast Cancer

Causes e.g. heredity

Pre-disposing causes e.g. smoking, faulty diets high in fats, lack of exercise etc

Clinical features

Investigations e.g. Mammogram annually for women age 40 years & upward

Management of Breast Cancer including

- ∴ chemotherapy
- ∴ Radiotherapy
- ∴ surgery

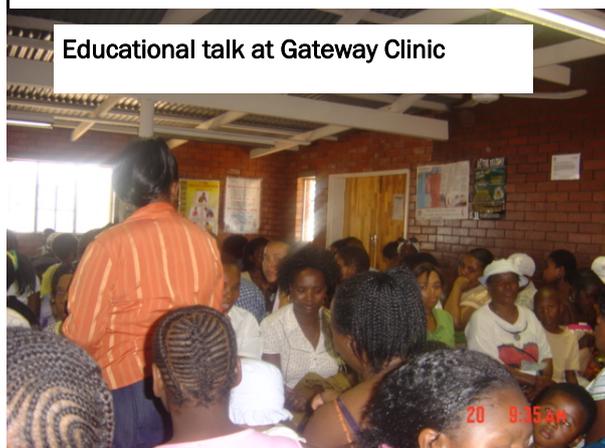


Health Care providers demonstrated breast examination and emphasized that any lump detected needs to be investigated to determine if benign or cancerous. Male patients were included in the talks even though it is rare for males to have breast cancer they were encouraged to seek medical assistance if they noticed any lumps.

Mrs. Mncwabe, a breast cancer survivor from Dambuza, voluntarily shared the experience with the rest of the community

i.e. there is life after breast cancer.

Photos taken during Health Education talks. During Breast Cancer Awareness Month, 32 clients came for breast examinations. Out of 32, 4 presented with lumps and were referred to SOPD for biopsy, mammogram or Ultrasound. 1 client, aged 21 years, presented with Quadri-breasts- 2 normal breasts and 2 small breasts situated below the normal breasts. She was examined, and a lump found in one of the small breasts. She was referred to SOPD. Pap smears for cervical screening increased from approximately 15 to 22 during Breast Cancer month as patients were encouraged to combine the two-breast & cervical screening



Educational talk at Gateway Clinic



Sister Busisiwe Madondo—Educational talk for PMTCT mothers at Crisis Centre

FOOD SERVICES DEPARTMENT

Since January 2007 Edendale hospital has had a Food Service Department. This department has a Food Services Manager (Miss Zinhle Pretty Dlamini) and two Supervisors Esme Coles and Siyabonga Bhengu .We work together with a Private company (KKS) to ensure that patient get speedy recovery by providing nutritious meals. David Mzizi is the Project Manager (KKS) for this unit.



Ms Zinhle Dlamini
Food Services Manager

Our presence is strongly felt especially at ward level. In the main kitchen, there is an office that represents the department, where the ward staff can seek clarity on any food service related issues, thus improving communication.

In the beginning of the year, through ward visits and surveys, we identified that the patients were not happy with way meals were cooked and served. They also complained about the monotony. The greatest challenge that we faced then was lack of equipment. We thank the senior management of Edendale Hospital that our request for new equipment never fell on deaf ears because we now we have one convection oven and 4 electrical pots. There is a greater variety in the type of meals prepared. We are able to provided different types of meals making sure that ethnic meals are provided as well.

We have the expertise of a Food Service Dietician who is here to ensure that the patients with special requirements (e.g. burns) receive a specific diet that meets their nutritional needs. We provide 14 different types of diets/menus. The menus available have also been nutritionally analyzed to assist the Clinical Dietician with her calculations when prescribing a specific diet for her patients.

We also have well trained ward hostesses that ensure that the patients receive the correct diet in a well presented manner. We have had a good response from unit managers, and we appreciate the way ward staff have welcomed the ward hostesses.

I would like to take this opportunity to thank everybody that I deal with on day to day basis. I feel part of Edendale family and I hope the Food Service Department will continue to deliver excellent service

OUR COMMITMENT

WE ARE COMMITTED TO TIMEOUS DELIVERY, OF NUTRIOUS MEALS. IN DOING SO PROMOTING FAST HEALTH RECOVERY AND PROVIDE OUR PATIENTS WITH THE BEST POSSIBLE SERVICE DURING THEIR STAY WITH US.

We serve with pride

“A MAN KNOWS CAMPAIGN” 3—7 November 2008

It was an honour for Edendale Hospital to be selected to take part in this important campaign. This was a National DOH initiative in partnership with Right To Care.

Edendale Hospital was selected because of its good data reporting. For the past years men who came for testing have always been few. Hence “A Man Knows Campaign” was born. Our sons, brothers, partners and fathers were given a privilege to be tested for HIV from 3– 7 November 2008. For HIV to be conquered a man needs to know about his status.

One hundred and twenty two (122) men tested during the campaign and a total number of 237 clients were tested on that week alone which translates to two more than 200 people who know their status and also more than two hundred

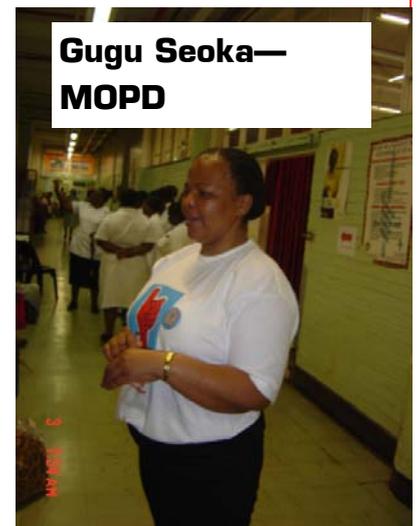


Gugu Seoka—SOPD

lives with a possibility of being saved. We wish to extend our sincere thanks to all the men who took the initiative of coming to testing and the fight does not stop there.

“A MAN KNOWS CAMPAIGN” may have come and gone, but men still need to know. We all together still have a long way to go in as far as declaring war against HIV/AIDS.

“LET US KEEP A PROMISE AND STOP HIV FOR US TO CREATE AN AIDS FREE GENERATION”



Gugu Seoka—MOPD



Counsellor Lotsholiwe Magwaza



Counselor—Reuben Jowamba



Sister T. Shange—HIV & AIDS coordinator



Main Kitchen

EMPLOYEE PERFORMANCE RECOGNITION. TRANSPOT SECTION

DRIVER OF THE MONTH AWARD: SEPTEMBER 2008



1st Runner Up ::
Mr.. C.L. Khumalo



September 2008 Winner:
Mr. Simon Mdlalose



2nd Runner Up is:
Mr.. S. Cele

Criteria for choosing driver of the Month

- ◆ Attendance
- ◆ Job Performance
- ◆ Inter-Personal Relations
- ◆ Client Service
- ◆ Trip Authority
- ◆ Check List
- ◆ Vehicle Security

DRIVER OF THE MONTH AWARD: OCTOBER 2008



1st Runner Up:
Mr.. C. L. Khumalo



October Winner:
Mr.. S. Cele



2nd Runner Up:
Mr.. J. B. Malinga

DRIVER OF THE MONTH AWARD: NOVEMBER 2008



1st Runner Up:
Mr.. S. Cele



November Winner:
Mr.. M. S. A. Ngcobo



2nd Runner Up:
Mr.. C. L. Khumalo

*The Executive Management together with the Systems Management Component and Recipients of the Awards and the Transport Management for this initiative as it plays a pivotal role in ensuring excellent service and ensures high quality of work.
Keep up the good work!!!*

WORLD SIGHT DAY AT EDENDALE HOSPITAL -

09 OCTOBER 2008



Edendale Hospital ophthalmology team, theatre matron & staff featuring Mrs. N. Zimu—Umgungundlovu Health District Ophthalmology Coordinator



Inside theatre, operations in progress

World sight day at Edendale Hospital was a resounding success. 20 Cataract Operations were done from 08:00—15:00. There was a spirit of co operation amongst all the departments involved and the day was very well organized . A very big **THANK YOU** to all involved. I hesitate to mention names lest I forget some one I must however mention the theatre staff from the Porters to Mrs. Mvemve, the Anaesthetic Department and the Eye Department. Equipment was approved from Casualty and Gynaec!!

A special thanks must go to Sr Lindiwe, Sr Adezande and all the other nurses, and of course to our Surgeons—Dr Kritz, Dr Popescu and Dr Godoumov. Well Done

Dr T. Luckin

I wish you all a Merry Christmas and a Happy New Year



Dr T. Luckin

HOD Ophthalmology

INTERNATIONAL DAY OF DISABLED PERSONS—3 DECEMBER 2008

The IDDP activities at Edendale hospital began in the morning with pasting of posters around the hospital areas.

This was followed by presentations in outpatients departments e.g. MOPD, OOPD and Physiotherapy OPD. The brief talks were mainly based on making people aware of this Important Day and what it means to disabled people. The theme for this year, 'dignity and justice for all of us', was explained in detail to everyone present. A brief explanation of what disability is all about was also given.

People showed much interest in the talks that were given such that some of them were asking various questions pertaining to disability.

After each talk, the brochures like one shown below about IDDP and disability was given to everyone present to read.



Siyabonga Kunene (Physiotherapist) is presenting to patients in MOPD



Maron Mwape (Physiotherapist) is Distributing information leaflets about IDDP in MOPD

Social work services -*BUILDING THE POTENTIAL OF INDIVIDUALS, FAMILIES AND COMMUNITIES*

WHAT EXACTLY DO HOSPITAL SOCIAL WORKERS DO?

Many are of the view, that hospital social work is just about grant applications and placement of patients but social work is much, much more.

As social work professionals we look at the holistic development of the patient. We take into account his or her social environment (family context, support organisations), physical and emotional barriers and the impact these have on his or her overall functioning. We then employ different methods and interventions in our bid to create an enabling environment for patients to accomplish their life tasks, alleviate their distress and overcome both the emotional and social barriers they face.

Broadly speaking we provide the following categories of services:

- Professional counselling services
- Crisis intervention and trauma debriefing
- Discharge planning and placement
- Patient education on diagnosis and support
- Advocacy and lobbying around patient's rights and resource needs.
- Community mobilisation and outreach through various campaigns and support group processes
- Research and programme development
- In service training and skills development
- Inter-sect oral and interdisciplinary mobilisation

The social work section has just developed a pamphlet that provides a more detailed outline of our services. These pamphlets can be obtained at the social work department which is based at the CDC clinic, Edendale hospital. **BE SURE TO READ THEM , YOU WILL BE PLEASANTLY ENLIGHTENED .** We at the social work section will also like to welcome two new senior social workers to our team, Tasneem Gobind who joined us in March this year and Busi Biyela who joined us in June of this year

A sense of family is important to everyone. In a changing South Africa families are under a great deal of pressure. We at the social work department have seen an increase in stressors such as HIV/AIDS, poverty, unemployment, substance abuse, domestic violence, suicide and rape. All of these pressures have changed the dynamics within families causing many families to fall apart.

We at the social work department have seen the importance of rebuilding a sense of family and helping people reconnect to their community.

We are therefore proud to launch a new programme called 'THE SOCIAL SKILLING FACTOR' co-ordinated by acting HOD Z. Thwala and senior social worker Tasneem Gobind. Inputs from the different sectors are welcome - contact 033-3954185/3954186. This programme will encompass a series of education articles and workshops aimed at empowering patients and their families with the tools they need to rebuild their sense of family and community.

Please be sure to catch our launching article on self management on the next issue. If there are specific topics you would like us to cover please be sure to contact us.

FEEDBACK FROM THE COMMUNITY ON HOSPITAL SERVICES

Pretty Mhlongo, Imbali

Ngithanda ukubonga indlela engiphatheke ngayo kule wadi kubo bonke o-Sister bakhona abasebusuku nabasemini. Sengathi bangaqhubeka nokuziphatha kwabo ngoba ukuthetha okwakhona, ukuyala okwakhona. Ngithanda ukubancoma bonke baqhubeke njalo basebenze kahle nangendlela abaphatha ngayo iziguli.

Ngiyabonga

Ward D5

Lindiwe. N. Ntuli, Vryheid

Ngincoma isiBhedlela ngokwemukelana kahle nempatho abaphathana ngayo ezinganeni nabadala nokunakekelana ihora nehora.

Niqhubeke njalo iNkosi inibusise.

2F ICU

Mrs. Audrey Mngadi, Sobantu Village

Mina ngibhala lapha ukubonga impatho yasesibhedlela e-Edendale. Kade ngilele e Eye Ward nabanye ebesigula nabo.

Kwaze kwamnandi esibhedlela e Edendale, siphatheke kahle kakhulu oDokotela bonke nama Nurse wonke ngisho nase Theatre babemnandi bonke besize sikhohlwe nokuthi siyagula. Bamanandi bonke abasebusuku nabasemini ngisho nabasizi abahlanza isisibhedlela bonke basiphathe kahle.

Ukudla kuningi kumnandi, sidle size sikushiye noMabhalane bamnandi bakhuluma kahle nathi ngisho sibuzo noma yini sitshelwa kahle konke, silala kwi bed linen ehlanzekile Sibonga uthando lwenu e Edendale kusuka phezulu kuze kufikle phansi kumnandi njalo nje sikhonjiswa konke kahle uma sibuzo.

Nime njalo Edendale Hospital. U –Nkulunkulu anibusise wande njalo umoya wothando nakwabanye.

“HALALA EDENDALE, HALALA!! PHAMBILI NJALO NJE!!!

Ngiyabonga, ngibongela nabanye.

Eye Ward

Thulisile Zondi, Sweetwaters

Ngibonga umsebenzi abangenzele wona oDokotela, oSister, amaNurse bonke ababekhona ingane yami ngifika nayo igulela ukufa. Ngibonga noNkulunkulu owaba nabo ngoba ukube wayengekho ngabe abenzanga lutho. Umthandazo abawenza ekuseni besho bethi: “mana njalo, thandaza umthandazo odingekayo”, nabo bethandaza. Ngiyabonga ko Dokotela, oSister nama Nurse ababekhona eWard D5 ngalel-olanga lamhlaka 15 October 2008.

Ngiyabonga

Ward D5

H Ward Staff

Thank you very much for taking care of our late beloved mother during her last days . Your Nursing & Medical Care was appreciated in spite of your shortage of staff, you tried your best. Thank you again—God Bless.

Zanele Majola, Imbali

Ngiancoma oSister baphathana kahle bayazinakekela iziguli zabo ngendlela efanele futhi egculisayo.

2F ICU

Ngibonga kakhulu konesi base 6B1 ngesikhathi ngilalisiwe khona . Bengisiza ngingakwazi ukudla, ukugeza ukuziyela kochama etoilet. Ngifisa nenze njalo nakwabanye.

Makarabo Mosolodi

Che!! Ketsoarehile hantle koana Sepetlale, hobane ke ne ke thile ke kuleloa ke ngoana. Joale o folile ka le baka la Mancise a mothusa a phela ke ne kelahlile tsepo

Ke le kopela Mohlohomalo ho morena molimo ale etse, hamele a lefee matla le philise le babangata ba kulang

Ke Leboha thuso ae lona

Besihleli kahle namanesi nodokotela base Edendale ngincoma angiphezi. Bayakwazi ukunaka umuntu. Ningaluyeki uthando eninalo, nikwenze nakwabanye.

I was seriously sick when I got admitted in this hospital, that was on the 23rd of July. I receive a kind treatment from the nurses, sisters and doctors.

The Sister in charge (Mrs. Ngubane) and the staff treats us respectfully and leniently. Sisters (especially Miss S Zondi, Mrs. Gugu& Mrs. Mkhize are more sympathetic people. Nurses Mrs. Bongzi Mkhize, Miss Gwala and other nurses whom I forget their names were also kind.

I enjoyed my stay at Edendale because I am now much better although the doctors are still investigating. Thank you. - Zanele

Kuhlangezile kwi Ward yethu, imibhede iclean iyashintshwa njalo. Sidla ukudla okunomsoco. Istaff sizama ngawowonke amandla ukusisiza ezinhlungwini nge weekend baye bafonele no gqiga uma isimo sesingaphezulu

BIDDING FAREWELL TO OUR COLLEAGUES

The Systems Component and the Transport Section bid farewell to both Mr. M.D Chakwe and Mr. F Ndlovu who have served the Department of Health for more than 30 years. These members were employed at Edendale Hospital's Transport Section as Drivers. We are proud to see them off whilst they are still in one piece. May they go and have a well deserved retirement and rest. Farewell colleagues we will always be in our minds and thoughts. We will also miss you and your contribution to our Section.



Seen in this picture during their farewell function are:

Standing- L2R:

Mr. Khumalo (Colleague); Ms Mlaba (Assistant Systems Manager); Mr. Malinga (Colleague) and Mr. Pat Bhengu (Local Transport Management Officer).

Front- L2R: The farewell boys!

Mr.. F. Ndlovu and Mr.. M. D. Chakwe.

East Coast Radio's visit to Edendale Hospital—Paediatric Ward 7F on the 27 November 2008

